

Falls Lake Trail (A part of the NC Mountains-to-Sea Trail) – East to West

Shortened version with beginning and end information.

Section 1

0.0 mi – Parking area of the Tailrace Fishing Area, just below the dam, off Falls of the Neuse Rd. Trail starts across from the restrooms, by three large boulders. Following white blazes, start on an open path.

3.5 mi – Reach Raven Ridge Rd by a gravel pull-off. Turn R to cross the causeway and continue on the trail.

Section 2

3.7 – At end of guardrail, turn R to head back into the woods.

6.3 mi – Junction with Possum Track Rd, by a dead end, and cross this to continue on the Falls Lake Trail.

Section 3

6.3 – By dead end of Possum Track Rd reenter woods.

9.3 mi – Walk up a concrete culvert to arrive at Possum Track Rd. Turn R to walk across the causeway.

Section 4

9.5 – At end of guardrail, turn R to reenter woods.

12.3 mi – Reach the Yorkshire Center, a NC Parks and Recreation facility. Bayleaf Church Rd, L, dead ends here.

Section 5

12.3 – By a signboard, cross the paved road and quickly turn L to reenter woods.

13.6 mi – Walk up a rock-lined drainage to reach Six Forks Rd. Turn R to walk across the causeway.

Section 6

13.9 – By end of the guardrail, at a graveled pull-off, turn R. Note signboard welcoming you to Blue Jay Point, a Wake County Park. Reenter woods to continue on the Falls Lake Trail.

17.0 mi – Walk down some steps and reach Six Forks Rd. To continue on the trail, turn R to cross the causeway. The boat ramp is in view here.

Section 7

17.3 – By a graveled pull-off, turn R to reenter woods.

19.7 mi – Descend to reach NC-98, by end of a guardrail. To continue to the next section, turn R to walk along the grassy shoulder and cross (Use caution!) the road by a double-blazed utility pole.

Section 8

19.8 – By a graveled pull-off, to W of NC-98 causeway, reenter woods. You are still on state gamelands.

23.4 mi – Reach New Light Road. Turn R to walk along the grassy shoulder.

Section 9

23.5 – Turn L to cross the road into woods (No hunting in this section).

24.0 mi – Reach Ghoston Road and cross to enter the next section (gamelands).

Section 10

24.5 – After some minor ups and downs, cross the outlet of a small pond, L, on a footbridge.

26.7 mi – By a signboard and graveled parking area, reach NC-50 (1.6 mi N of NC-98).