



Community Feature Libraries

FOR IMMEDIATE RELEASE

October 10, 2012

WakeGOV.com/news

HEALTHY HAPPY CHILDREN SERIES AT WAKE LIBRARIES

Wake County Public Libraries is sponsoring a parenting series in the month of October to keep children happy and healthy and parents better informed. The series offers a host of parenting tips in keeping with the library's programming goal of providing adults with the opportunity to broaden life skills. The programs are free to the public.

Saturday, October 13, 1 p.m. – Bully Prevention 101 for Parents

Learn strategies to practice conflict resolution and problem solving at North Regional Library. The workshop will explore the impact of overt aggression, social isolation and cyber-bullying and focus on effective parental responses to these situations. For information, call 919-870-4000. North Regional Library is located at 7009 Harps Mill Rd., Raleigh.

Saturday, October 20, 10:30 a.m – Homework Battles: Helping Homework Struggles

Come and learn a variety of strategies to help your child with their homework. To register, call 919-387-2100. Eva Perry Regional Library is located at 2100 Shepherd's Vineyard Dr., Apex.

Monday, October 22, 6:30 p.m . – Quick Meals for your Family

Cameron Village Regional Library is pleased to present Kathy Hester, author of the cookbook "The Vegan Slow Cooker" and blog "Healthy Slow Cooking." To register, call 919-856-6710. Cameron Village Library is located at 1930 Clark Ave., Raleigh.

Tuesday, October 23, 10 a.m. – Car Seat Safety Check with Wake County Human Services

Visit the Southeast Regional Library to get your child's car seat inspected or to learn what to look for in a car seat for your child. For information, call 919-662-2250. Southeast Regional Library is located at 908 7th Ave., Garner.

###

www.wakegov.com