

## Facility Related Links

NC Division of Health Services Regulation:	State agency regulates medical, mental health and group care facilities, emergency medical services and local jails.	<a href="http://www.ncdhhs.gov/dhsr/">http://www.ncdhhs.gov/dhsr/</a>
NC Division of Aging and Adult Services:	State agency that supports older and disabled adults and their families through a community-based system of opportunities, services and protections.	<a href="http://www.ncdhhs.gov/aging/service.htm">http://www.ncdhhs.gov/aging/service.htm</a>
Triangle J Area Agency on Aging Ombudsman Program:	A local agency that advocates for residents living in long term care facilities.	<a href="http://www.tjaaa.org/ombudsmen.aspx">http://www.tjaaa.org/ombudsmen.aspx</a>
Resources for Seniors:	A non-profit organization providing information and support for decision-making, and also direct services such as home care, adult day care, senior centers, home repair, and more.	<a href="http://www.resourcesforseniors.com/">http://www.resourcesforseniors.com/</a>
Adult Medicaid Program in Wake County DSS:	A program that helps provide medical care for the elderly, people who are blind or disabled, and people who need help with rest home costs and nursing home costs.	<a href="http://www.wakegov.com/humanservices/economic/medicaid/adultmedicaid.htm">http://www.wakegov.com/humanservices/economic/medicaid/adultmedicaid.htm</a>
NC Division of Mental Health/Developmental Disabilities/Substance Abuse Services:	The Division makes policies and rules and monitors public services to people with mental illness, developmental disabilities or substance abuse throughout NC.	<a href="http://www.ncdhhs.gov/mhddsas/divisioninfo.htm">http://www.ncdhhs.gov/mhddsas/divisioninfo.htm</a>
Licensed Mental Health Facilities:	Lists of facilities licensed by the Mental Health Licensure and Certification section.	<a href="http://www.ncdhhs.gov/dhsr/mhlcs/facilities.html">http://www.ncdhhs.gov/dhsr/mhlcs/facilities.html</a>
NC Division of Social Services:	A state agency that is responsible for various program and services to protect children, strengthen families, and help all North Carolinian to achieve maximum self-sufficiency.	<a href="http://www.ncdhhs.gov/dss/programs/">http://www.ncdhhs.gov/dss/programs/</a>

## Residents' Rights Related Links

General Statues (Adult Care Home Residents' Bill of Rights):	<a href="http://www.ncleg.net/EnactedLegislation/Statutes/pdf/ByArticle/Chapter_131D/Article_3.pdf">http://www.ncleg.net/EnactedLegislation/Statutes/pdf/ByArticle/Chapter_131D/Article_3.pdf</a>	
General Statues (Declaration of Residents' Rights):	<a href="http://www.ncga.state.nc.us/enactedlegislation/statutes/pdf/bysection/chapter_131d/gs_131d-21.pdf">http://www.ncga.state.nc.us/enactedlegislation/statutes/pdf/bysection/chapter_131d/gs_131d-21.pdf</a>	
Complaint Intake Unit:	Unit in NC Division of Health Service Regulation that is available to receive complaints regarding the care and services provided to patients/residents/ consumers by health care facilities/ agencies/homes licensed by the DHSR.	<a href="http://www.ncdhhs.gov/dhsr/ciu/filecomplaint.html">http://www.ncdhhs.gov/dhsr/ciu/filecomplaint.html</a>
Long Term Care Ombudsman:	An advocacy program for residents in nursing homes and adult care homes (rest homes/assisted living) throughout North Carolina. Ombudsmen receive and investigate complaints made by or on behalf of long term care residents and work for their resolution.	<a href="http://www.ncdhhs.gov/aging/ombud.htm">http://www.ncdhhs.gov/aging/ombud.htm</a>
Medicare Rights:	<a href="http://www.medicarerights.org/?gclid=CLqGjOO12LACFYFo4Aodsw253Q">http://www.medicarerights.org/?gclid=CLqGjOO12LACFYFo4Aodsw253Q</a>	

## Food Related Links

Meals on Wheels of Wake County:	Delivering nutritious meals to fail, homebound senior adults and person with disabilities of Wake County.	<a href="http://wakemow.org/index.php?s=services">http://wakemow.org/index.php?s=services</a>
Food Distribution Programs with Food Bank:	A non-profit organization that provides food for people at risk of hunger in central and eastern North Carolina.	<a href="http://www.foodbankcenc.org/site/PageServer?pagename=programs_distribution">http://www.foodbankcenc.org/site/PageServer?pagename=programs_distribution</a>
The Salvation Army of Wake County:	An evangelical part of the universal Christian church organization that provide food for the hungry and various other charitable services.	<a href="http://www.keepthebellringing.org/page/food">http://www.keepthebellringing.org/page/food</a>
Inter-Faith Food Shuttle:	A non-profit organization that provide program to feed residents in Wake County.	<a href="http://www.foodshuttle.org/">http://www.foodshuttle.org/</a>
Catholic Parish Outreach:	A Catholic Charities program that provide emergency food assistance.	<a href="http://www.cporaleigh.org/">http://www.cporaleigh.org/</a>
Dorcas Ministries:	A Christian Charity program that provide emergency food pantry to residents in Cary, Morrisville, and New Hill.	<a href="http://dorcas-cary.org/services_foodpantry/">http://dorcas-cary.org/services_foodpantry/</a>
Fuquay Varina Emergency Food Pantry:	A nonprofit, faith-based organization, serving western Wake County, providing wholesome box of food.	<a href="http://www.fvfoodpantry.com/">http://www.fvfoodpantry.com/</a>
North Raleigh Ministries:	A faith-based organization that provides food and emergency financial assistance to residents in North Raleigh neighborhoods.	<a href="http://www.northraleighministries.com/food-assistance">http://www.northraleighministries.com/food-assistance</a>
NC Division of Social Services - Food and Nutrition Services:	A state agency that oversees administration of a federal food assistance program that helps low-income families.	<a href="http://www.ncdhs.gov/dss/foodstamp/">http://www.ncdhs.gov/dss/foodstamp/</a>
Food Assistance in Wake County DSS:		<a href="http://www.wakegov.com/humanservices/economic/foodassistance/foodassistance.htm">http://www.wakegov.com/humanservices/economic/foodassistance/foodassistance.htm</a>

## Housing Related Links

Capital Towers Senior Apartments:	Senior Apartments	<a href="http://www.capitaltowers.com/">http://www.capitaltowers.com/</a>
Chavis Heights Senior Housing:	Senior Apartments	<a href="http://www.cadcommunities.com/chavisheights/index.aspx">http://www.cadcommunities.com/chavisheights/index.aspx</a>
Murphy School Senior Apartments:	Senior Apartments	<a href="http://www.dhic.org/murphey_school.shtml">http://www.dhic.org/murphey_school.shtml</a>
Parkview Manor Senior Apartments (Tax Credit Building):	Senior Apartments	<a href="http://www.cadcommunities.com/parkviewmanor/index.aspx">http://www.cadcommunities.com/parkviewmanor/index.aspx</a>
Sir Walter Senior Apartments:	Senior Apartments	<a href="http://www.sirwalterliving.net/forms.html">http://www.sirwalterliving.net/forms.html</a>
Raleigh Housing Authority:	Senior Apartments	<a href="http://www.rhaonline.com/">http://www.rhaonline.com/</a>
Housing Choice Voucher Program (Section 8):	Senior Apartments	<a href="http://www.rhaonline.com/leased_housing.htm">http://www.rhaonline.com/leased_housing.htm</a>
Subsidized and Affordable Senior Housing (from Resources for Seniors):	List of apartment complexes which are limited to seniors and disabled adults, and which provide affordable rent or rent based on income.	<a href="http://www.resourcesforseniors.com/pdf/housing.doc">http://www.resourcesforseniors.com/pdf/housing.doc</a>
NC Housing Search:	This housing locator service allows people to locate available housing that best fits their individual and family needs.	<a href="http://www.nchousingsearch.org/">http://www.nchousingsearch.org/</a>
NC Fair Housing Act:	NC Department of Administration oversees Fair Housing Act law that makes it illegal to discriminate in housing because of race, color, religion, sex, national origin, physical or mental handicaps, or family status.	<a href="http://www.doa.nc.gov/hrc/fairhousing.aspx">http://www.doa.nc.gov/hrc/fairhousing.aspx</a>
Weatherization Assistance Program thru Resources for Seniors:	Resources for Seniors provide free weatherization services to make your house more energy-efficient.	<a href="http://www.resourcesforseniors.com/weather.php">http://www.resourcesforseniors.com/weather.php</a>

## Medicaid/Medical Related Links

<p>NC Division of Medicaid:</p>	<p>State agency that oversees administration of Medicaid program, health insurance program for low-income individuals and families who cannot afford health care costs.</p>	<p><a href="http://www.ncdhhs.gov/dma/medicaid/abd.htm">http://www.ncdhhs.gov/dma/medicaid/abd.htm</a></p>
<p>Medicare:</p>	<p>Federal government-sponsored benefits available to retired persons, the disabled, and their dependents.</p>	<p><a href="http://www.medicare.org/">http://www.medicare.org/</a></p>
<p>Alliance Medical Ministry:</p>	<p>A faith-led non-profit organization that provide health care services to working, uninsured adults.</p>	<p><a href="http://www.alliancemedicalministry.org/primary-care/">http://www.alliancemedicalministry.org/primary-care/</a></p>
<p>Friends of Disabled Adults and Children (FODAC):</p>	<p>FODAC is a charity organization that provides refurbished equipment and services for disabled adults and children.</p>	<p><a href="http://www.fodac.org/">http://www.fodac.org/</a></p>
<p>Mariam Clinic:</p>	<p>Mariam Clinic is a non-profit organization that provides free health clinic and find community healthcare resources.</p>	<p><a href="http://www.mariamclinic.org/html/services.html">http://www.mariamclinic.org/html/services.html</a></p>
<p>Project Access:</p>	<p>Wake County Medical Society is a non-profit organization that provides a physician referral program.</p>	<p><a href="http://www.wakedocs.org/PAParticipationRequirements.html">http://www.wakedocs.org/PAParticipationRequirements.html</a></p>
<p>Wake Health Services:</p>	<p>WHS is a private, nonprofit community health center.</p>	<p><a href="http://www.whsi.org/">http://www.whsi.org/</a></p>
<p>Shepherds Care Medical Clinic (Zebulon):</p>	<p>Clinic provides care for individuals between 18 and 65, with chronic disease such as asthma, diabetes, high blood pressure and more in Eastern Wake County – Rolesville, Wendell, Zebulon and Knightdale.</p>	<p><a href="http://www.shepherdscaresclinic.com/cms/">http://www.shepherdscaresclinic.com/cms/</a></p>

Urban Ministries – Open Door Clinic:	Free clinic that provides comprehensive primary care and all medications in medical home model	<a href="http://www.urbanmin.org/open-door-clinic/">http://www.urbanmin.org/open-door-clinic/</a>
Wake Smiles:	An organization that provides dental care to Wake County.	<a href="http://www.rwcds.org/wake/patients.htm">http://www.rwcds.org/wake/patients.htm</a>

### Pharmacy Related Links

Needy Meds:	Needy Meds is an online information resource of programs that provide assistance to people who are unable to afford their medications and health care costs.	<a href="http://www.needy meds.org/indices/advocates.htm">http://www.needy meds.org/indices/advocates.htm</a>
Filling-In-Gaps:	FIGS is a private, nonprofit organization located in Raleigh that helps people in Wake County purchase prescription medications.	<a href="http://www.figsofwake.org/index.html">http://www.figsofwake.org/index.html</a>
Partnership for Prescription Assistance (PPA):	PPA helps qualifying patients without prescription drug coverage get the medicines that they need for free or nearly free.	<a href="http://www.pparx.org/en/prescription_assistance_programs">http://www.pparx.org/en/prescription_assistance_programs</a>
The Seniors' Health Insurance Information Program	SHIIP counsels Medicare beneficiaries and caregivers about Medicare related information.	<a href="http://www.ncdoi.com/SHIIP/Default.aspx">http://www.ncdoi.com/SHIIP/Default.aspx</a>

## Senior Related Links

Aging Family Services (AFS):	AFS is a private professional, geriatric care management service.	<a href="http://www.agingfamilyservices.com/index.php">http://www.agingfamilyservices.com/index.php</a>
Business Cents of N.C. Inc.:	Representative Payee Agency.	<a href="http://www.businesscentsofncinc.com/">http://www.businesscentsofncinc.com/</a>
Center for Volunteer Caregiving (CVC):	CVC is a private, nonprofit, faith based organization to provide volunteer services to help Wake County seniors, family caregivers, and adults with disabilities.	<a href="http://www.volunteercaregiving.org/CaregiverSupport">http://www.volunteercaregiving.org/CaregiverSupport</a>
Companion Plus Registry Services:	Companion Plus program provide workers who can assist older adults by providing companionship and light homemaker services.	<a href="http://www.resourcesforseniors.com/compsit.php">http://www.resourcesforseniors.com/compsit.php</a>
In-Home Care Services:	Resources for Seniors provide home care services, private duty or cost-shared in-home programs.	<a href="http://www.resourcesforseniors.com/inhome.php">http://www.resourcesforseniors.com/inhome.php</a>
Legal Aid of NC:	Legal Aid of NC provides legal assistance in civil matters to eligible, low-income clients who have problems with their basic needs and live in Wake County.	<a href="http://www.legalaidnc.org/public/learn/locations/offices/raleigh/default.aspx">http://www.legalaidnc.org/public/learn/locations/offices/raleigh/default.aspx</a>
Social Security Administration:	SSA is a federal agency that administers Social Security programs.	<a href="http://www.ssa.gov/">http://www.ssa.gov/</a>

## Transportation Related Links

Accessible Raleigh transportation Service (ARTS):	ARTS provides transportation services for people with disabilities.	<a href="http://www.raleighnc.gov/services/content/PWksTransit/Articles/AccessibleRaleighTransportationService.html">http://www.raleighnc.gov/services/content/PWksTransit/Articles/AccessibleRaleighTransportationService.html</a>
C-Tran:	The Town of Cary's transit service, offers inexpensive and reliable transportation around Cary for anyone any day except for Sunday.	<a href="http://www.townofcary.org/Departments/Planning_Department/Transportation/C-Tran.htm">http://www.townofcary.org/Departments/Planning_Department/Transportation/C-Tran.htm</a>
Capital Area Transit (CAT):	CAT provides bus service throughout Raleigh as well as R-Line service in Downtown Raleigh.	<a href="http://www.raleighnc.gov/transit">http://www.raleighnc.gov/transit</a>
Triangle Transit Authority (TTA):	TTA operates regional bus and shuttle service, paratransit services, ridematching, vanpools, provides commuter resources and an emergency ride home program for the Raleigh-Durham-Chapel Hill area.	<a href="http://www.triangletransit.org/about/">http://www.triangletransit.org/about/</a>
RDU Ground Transportation:	Raleigh-Durham International Airport offers passengers a variety of transportation options.	<a href="http://www.rdu.com/groundtrans/groundtrans.htm">http://www.rdu.com/groundtrans/groundtrans.htm</a>
NC Department of Transportation:	NCDOT is a state agency that oversees programs.	<a href="http://www.ncdot.gov/programs/">http://www.ncdot.gov/programs/</a>