



WAKE COUNTY HUMAN SERVICES

RESOURCE GUIDE

2016(REVISION)

Disclaimer: Every attempt has been made to provide accurate and timely information in this guide. However, agency numbers may change, addresses may change and services offered by agencies may change while this guide is in use. The guide is intended to be representative NOT exhaustive of all community programs or their offerings.

Please contact Contina Bell at contina.bell@wakegov.com or 212-7593 for changes or updates.

Version 6/2015

WAKE COUNTY HUMAN SERVICES RESOURCE GUIDE

TABLE OF CONTENTS

BUDGETING/CREDIT COUNSELING.....	P. 3
CRISIS HOTLINES	P. 4
CLOTHING & HOUSEHOLD GOODS.....	P.6
EDUCATIONAL RESOURCES.....	P. 10
EARLY EDUCATION RESOURCES.....	P. 14
EMPLOYMENT RESOURCES.....	P.15
Jobs for Life Programs.....	P.18
ENTREPRENEURIAL RESOURCES.....	P.19
EXOFFENDER RESOURCES.....	P. 20
FINANCIAL ASSISTANCE	P.22
FOOD RESOURCES	
Food Pantries.....	P. 26
Daily Meals.....	P.30
FNS/SNAP benefits.....	P.31
HOUSING:	
Shelters.....	P.32
Transitional Housing	P.35
Other Housing Programs/Services	P.39
Housing Advocacy.....	P.40
Are You Ready To Rent?.....	P.42
Fair Housing.....	P.44
Subsidized Housing.....	P.45
Home Ownership & Foreclosure Prevention.....	P.47
Home Repair and Rehabilitation.....	P.49
HYGIENE SERVICES (TOILETRY/LAUNDRY/SHOWERS).....	P.50
IDENTIFICATION	P.51
(Birth, Death, Divorce, Marriage, Social security cards, Driver's License, & Homeless I.D.)	
LATINO RESOURCES.....	P.52
LEGAL SERVICES.....	P.55
MEDICAL CARE:	
Medical Care – Homeless/Uninsured.	P.56
HIV/AIDS Services	P.60
Prescription Assistance	P.62
Cancer Care.....	P.65
Diabetic Care.....	P.66

Mental Health & Substance Abuse Services.....P.68
Dental Care.....P.73
Eyecare Assistance.....P.74
Hearing Aid Assistance.....P.77

PREGNANCY AND CHILD CARE:P.78

REFUGEE RESOURCES.....P.81

SENIOR SERVICES.....P.83

TRANSPORTATION.....P.86

VETERAN SERVICES.....P.88

YOUTH SERVICES.....P.90

(phone number area codes 919 unless otherwise specified)

BUDGET COUNSELING

Latino Community Credit Union (La Cooperativa Latina)

1420 Hardimont Road, Raleigh, N. C. 27609.....855-9696

4418 Fayetteville Rd., Garner N.C. 27529.....773-9180

www.latinoccu.org

Banking services for members. No minimum balance checking available. Membership includes access to help with financial problems, financial education and credit counseling. Help provided with application for ITIN, free notary services, money orders, and micro business loans. Valid picture ID required to open an account.

Triangle Family Services821-0790

3937 Western Blvd., Raleigh, N. C. 27603. Info available at

<http://www.tfsnc.org>

Offers Consumer Credit Counseling Services (CCCS). Provides debt management services to families and individuals, as well as financial literacy education seminars, focusing on such topics as home budgeting and financial management, first-time home buying, avoiding identity theft, reducing consumer debt, and avoiding predatory lending schemes.

Wake County Human Services

Supported Housing Program.....212-9379

220 Swinburne Rd Raleigh 27602

Supported Housing Program provides daily housing counseling and budget assistance Monday through Friday at 4pm-5pm in Swinburne Bldg. Sign in at the Information desk in the atrium.

Hope Community Church.....532-0620

821 Buck Jones Rd., Raleigh 27606

www.gethope.net

Provides personal budget counseling and Financial Peace University to get out of debt, stay out of debt, and build wealth.

Good Work.....682-8473

P.O. Box 6013, Raleigh 27628

www.goodwork.org

Participants increase understanding of household economics, finances, asset development, entrepreneurship, business and organizational development, and stewardship and sustainability

North Carolina Real Enterprises.....781-6833

3739 National Dr. #110, Raleigh 27612

www.ncreal.org

Building skills and knowledge for entrepreneurship through financial literacy. Programs for K-8, 9-12, and adults. Scholarships available. Professional development opportunities also available.

Consumer Education Services Inc. (CESI).....(1)866-635-7120

3700 Barrett Drive Raleigh 27609

www.cesisolutions.org

Nonprofit debt management company. Financial education, housing counseling, and credit counseling. Online courses are free and self paced.

National Council on Economic Education

www.councilforeconed.org

Computer based learning for youth grades K-12.

www.making-change.org

Online money management education to help people improve their financial lives

www.spendingonmainstreet.org

Practical personal financial advice

www.FDIC.gov

Money Smart Program is a comprehensive financial education curriculum designed to help low/moderate income individuals outside the financial mainstream to enhance their financial skills. Free curriculum.

CRISIS HOTLINES

Alcoholics Anonymous (AA) (24 hour hotline)..... 919-783-6144

Al-Anon919-713-1516

Al-Ateen..... 919-787-1653

Carolinas Poison Center - In case of an emergency poisoning, call
1-800-222-1222

CDC National STD and AIDS Hotline800-232-4636

English Service provided 24 hours a day, seven days a week.

Spanish Service 8:00 a.m. – 2:00 a.m., seven days a week.. 800-232-4636

Hotlines provide callers with anonymous and confidential answers to questions about sexually transmitted diseases (STDs) and HIV/AIDS. Referrals also provided.

Child Abuse and Neglect Reporting (Wake County Human Services)
.....212-7990
..... Or 212-7000
Crisis Intervention Hotline.....919-545-0224
7 days, 24 hours. Provides serves to victims of domestic violence,
domestic abuse and sexual assault.

Drug Helpline 1-800-662-4357

Gay and Lesbian Helpline800-844-7410
Provides general information on issues affecting the gay and lesbian
population; also provides information and referrals for services.

Holly Hill Respond (Crisis Intervention)919-250-7000
3019 Falstaff Rd., Raleigh, N. C. 27604
The RESPOND department provides crisis phone, assessment, and
admission services 24 hours a day, seven days a week and serves as the
emergency department of Holly Hill Hospital.

Hope Line.....919-231-4525
7 days, 24 hours. Crisis and suicide prevention. Provides confidential,
nonjudgmental, caring listening for community members facing life
difficulties or crisis.

**National Human Trafficking Resource Center (NHTRC) at 1-888-373-7888 or
Text: BeFree (233733)**

Interact Rape Crisis Hotline919-828-3005
www.interactofwake.org
24 hour crisis line. Provides information and support for survivors of
sexual assault (including incest) and information and support for their
friends and family members.

Interact Domestic Violence Hotline919-828-7740
24 hour hotline for battered women, victims of domestic violence.

Interact SAFE Center919-828-3067
24 hours hospital counseling and support

**Mental Health and Substance Abuse Emergencies (Wake County)Alliance
Access and Information Line.....(800)510-9132**

National Runaway Switchboard.....800-786-2929
7 days, 24 hours. Provides crisis intervention for youth at-risk between the ages of 12 and 20. Will make conference calls to parents, deliver messages from runaways to their parents or guardians, assists with free transportation for qualified runaways.

Teen Talk Line.....231-3626
24 hours a day: Offers teens an opportunity to talk to trained volunteers about important issues in their lives.

United Way Resource Information.....211
Information referral service serving Chatham, Durham, Orange, and Wake counties

Wrenn House Youth Crisis Hotline.....833-3312
600 W. Cabarrus Street. Raleigh 27603
www.havenhousenc.org
Serves youth ages 10-17 that are homeless, runaway, or just need a place to stay (24 hrs to 14 days) and provide crisis intervention.

CLOTHING & HOUSEHOLD GOODS

Comment [DP1]:

Brooks Avenue Church of Christ.....821-2400
700 Brooks Avenue, Raleigh, NC 27607
www.brooks.org
2nd and 4th Saturday of each month, 9:00am-12:00noon. No referral required.

Catholic Parish Outreach.....873-0245
2013 N. Raleigh Blvd, Raleigh, 27604
www.cporaleigh.org
Monday through Saturday, 10:00am-1:00pm. *Referral required.* I.D Card required for all family members receiving assistance. Provides clothing for small children and a limited supply of baby items.

First Baptist Church 832-4485
99 North Salisbury Street, Raleigh, NC 27601
www.fbcraleigh.org
Wednesday 10:00am- 11:30am; Thursday 1:00pm- 2:30pm. Some type of ID required such as social security card or driver license. Clothing for men, women and children.

Garner Area Ministries.....772-9100
558 Village Court, Garner, NC 27529 (Corner of HWY 70 & Aversboro Rd.)
www.gam.nc.org

Food Pantry--Monday, Wednesday, and Friday, 9:00am – 12:00pm. *Must be a resident of the Garner area.*

Thrift Store --Monday –Thursday, 9am-1pm; Friday, 9am-5pm,
562 Village Court, Garner, NC 27529

Helping Hand Mission 829-8048

623 Rock Quarry Road, Raleigh, NC 27610

www.helpinghandmission.org

Monday- Friday, 11:00 a.m. – 2:00 p.m. *Referral required.* Two changes of clothing provided.

Furniture discounted with referral. Price set by establishment.

Junior League of Raleigh Bargain Box 833-7587

401 Woodburn Avenue, Raleigh, NC 27605

Monday through Saturday 10:00 a.m. - 6:00 p.m.; *Referral required.* Bargain Box referrals only, accepted from participating agencies.

Salvation Army..... 834-6733

1863 Capital Blvd. , Raleigh, NC 27610

www.wakearmy.org

Appointments for clothing are made 8a.m each Monday morning for Friday of the same week. Must bring a I.D for each member of the family needing clothes (N. C.ID, other state ID, Homeless ID, Prison ID, Tax ID card). Each family member may receive up to 10 items of clothing per visit. Participants may come every 3 months. October- February coats are distributed.

The Salvation Army Family Store and Donation Centers

205 Tryon Rd. Raleigh 27603.....779-8867

902 Old Wake Forest Rd, Raleigh 27604.....832-6918

Mon-Fri., 10am-6pm; Sat 9am-6pm.

Dress for Success Triangle286-2128

1058 West Club Blvd, Ste. 634, Durham, NC 277707

www.trianglenc.dressfor success.org

Professional clothing provided. Also provides network support and career development tools to help women thrive in work and life. Referral from partner agency required (see website for list of partners). Serving Wake County on Tues. & Wedn. from 10a-4p. 2nd & 4th Saturdays every month from 10-1p.

With Love from Jesus233-8010

421 Chapanoke Road, Raleigh, N. C. 27601

www.withlovefromjesus.org

Public distribution hours: 9:30 a.m. – 12 p.m. Tuesday, Wednesday, Friday and Saturday. Guests arriving between 9:30 and 10:00 receive food only. Clothing provided as well as other home furnishings, diapers, etc., when available. To receive all resources, guests must arrive after 10:00 a.m. No charge for each individual item. No I.D or proof of income required. Please come to the back of the shopping center and a volunteer will show you where to enter the building

Dorcas Thrift Shop.....469-9861

187 High House Rd, Cary 27511

www.dorcas-cary.org

Monday- Friday 10am-6pm and Saturday 9am-5pm. Offers a wide variety of merchandise including clothing for the whole family, shoes, coats, small appliances, vintage items, books, in-store floral arrangements, jewelry, audio books, toys/games, lamps, dishes, and more, all at affordable prices.

Goodwill Industries834-0504

321 West Hargett Street, Raleigh, NC 27601

www.goodwillenc.org/retail.html

Monday- Saturday, 9:00am-5:00pm. From clothing to collectibles, GCF Donation Centers & Stores® stock a wide assortment of items with fresh merchandise arriving daily. Please contact Goodwill Industries through telephone or internet for other retail locations in Wake County.

Thrift 2 Gift.....651-0482

900 E. Chatham Street, Cary NC 27511

1402 E. Williams Str., Apex NC

www.seedofmustard.org

Mon-Fri 10a-7p; Sat 10a-5p. Clothing, furniture, household goods.

Victory Temple Ministries.....567-2399

www.victorytemplemin.org

300 Rogers Street, Holly Springs 27540

Clothing closet

Craigslist.....www.craigslist.com

Search for free furniture in the FREE offering section.

The Green Chair Project.....322-0474

1853 Capital Blvd, Raleigh

www.thegreenchair.org

Providing recycled furniture to those in need. Referral from partner agency required. See website for list of partners. Open Tuesday thru Friday and first and third Saturdays of most months from 10AM-1PM.

Morrison Outreach Ministries of Transformation Christian Center
2300 Westinghouse Blvd. Ste. 102, Morrisville.....521-6346
www.facebook.com/MorrisonOutreachMinistry

Food and clothing distributed on Tuesday & Thursday from 1p-4p and by appointment all other times.

Pass It On Thrift.....557-8020
www.interactofwake.org

309 S. Main Street, Fuquay Varina, NC 27526

Upscale new and used clothing sold. Operating Tues.-Fri. 10a-5p, Sat.10a-3p.

Pass It On Too.....865-1601
www.interactofwake.org

1012 Oberlin Rd., Raleigh, NC 27605

Operating Mon.-Fri 10a-5p and Sat.-10a-3p.

Habitat for Humanity.....833-6768
2420 Raleigh Blvd, Raleigh 27604

181 High House Rd. Cary 27511.....380-7512
www.habitatwake.org

The Re-Store is a thrift store open to the public and sells building material, furniture, appliances, flooring, lumber, and a wide variety of home improvement items at discounted prices. Mon-Fri 10a-6p; Sat 9a-5p.

St. John the Merciful Outreach Ministry.....815-9044
www.stjohnmerciful.org

5309 Round Hill Lane Raleigh NC 27616

Provides food, clothing, and household goods with referral from community agency on agency letterhead.

Recovered Treasures.....290-2888
3490 Kildaire Farm Rd., Cary 27518

<http://healing-transitions.org/thrift-store/>

Recovered Treasures provides men, women, and children's clothing, shoes, toys, books, and household items and furniture at an affordable price and jobs for graduates of the HealingTransition (The Healing Place) program. Hours: M-F 10a-6p; Sat.-10a-5p.

Soar Outreach.....600-7075

P. O. Box 90484 Raleigh 27675

www.soaroutreach.com

Soar Outreach is a community resource organization that provides professional and business casual clothing for men. Focusing on long term unemployed and formerly incarcerated individuals.

EDUCATIONAL RESOURCES

Goodwill Industries of Eastern North Carolina.....941-9600

321 West Hargett Street, Raleigh, North Carolina 27601

Beginning computer skills are taught: Introduction to Computers, Introduction to Internet and Email, and Introduction to Office Applications. Call about registration days and times. Also, tutorials available online at

www.LearnFree.org

GED/Adult Basic Education/English as a Second Language Classes:

www.bestgedclasses.com/raleigh-nc (for additional GED resources)

Forest Hills Baptist Church: 828-6161
201 Dixie Trail, Raleigh 27607

Wake Cross Roads Baptist Church.....266-2957
3329 Forestville Rd, Raleigh 27616

Raleigh Rescue Mission: 828-9014
Learning Center/Computer Lab: Educational Coordinator
314 E. Hargett St., Raleigh 27601

Wake Tech Adult Education Center: 334-1502
College and Career Readiness
3200 Bush Street, Raleigh 27610

Wake County Human Services.....212-7781
220 Swinburne Street, Raleigh 27610

First Presbyterian Church.....833-4070
120 W. Hargett Str., Raleigh 27601

Goodwill Industries.....828-7490
321 W. Hargett Street Raleigh 27601

Hispanic Family Center.....461-8407
2013 N. Raleigh Blvd. Raleigh 27604

North Carolina Community College System807-7100

200 West Jones Street, Raleigh, N. C. 27603

www.nccommunitycolleges.edu

Colleges provide education, training and retraining for the workforce, including basic skills, ESL and literacy education, occupational and pre-baccalaureate programs. (Technical Programs; Vocational Programs; Continuing Education; Basic Adult Education Programs; College Transfer Programs; General Education Programs; and Industry Programs). Contact any of your local community colleges for information on enrollment in classes.

Step Up Ministry781-0156

1701 Oberlin Road, Raleigh, NC 27608

www.stepupministry.org

Assist single adults, couples and families who have educational, employment and housing needs. Program participation includes a phased, incentive-driven curriculum that encourages spirituality, self-awareness and connection as building blocks to success.

Wake County Public School System850-1600

3600 Wake Forest Road, Raleigh, N. C. 27609; Mailing Address: P. O. Box 28041, Raleigh, N. C. 27611-8041

www.wcpss.net

Monday through Friday 8:00 a.m. – 5:00 p.m.

Haven House Services.....833-3312

600 W. Cabarrus Str., Raleigh 27603

www.havenhouseenc.org

Provides structured programs for middle school and high school students that are on long term suspension from Wake County Public School. GED online program for completion of high school diploma, independent living programs for ages 16-23, gang prevention programs, therapy, and life skills classes and outreach to homeless or displaced youth are also offered.

Literacy Council of Wake County.....787-5559

916 West Morgan Str., Raleigh 27603

www.wakeliteracy.org

Volunteer initiative that teaches adults better reading and writing skills. ESL programs, tutoring training available. Access to library and computer lab for participants. Free of charge.

Sylvan Learning Centers (Wake County locations)

1040 Darrington Dr. #101, Cary 27513.....388-3283

2347 Timber Dr., Garner 27529.....779-2229

1008 E. Big Oak Crt., Knightdale 27545.....217-0600
 3200 Spring Forest Rd., Raleigh 27616.....713-0038
 7209 Creedmoor Rd., Raleigh 27604.....844-9441
 1241 S. Main Str.,#20, Wake Forest 27587.....263-9184
 1008 Big Oak Crt. #E Knightdale 27545.....217-0600

<http://tutoring.sylvanlearning.com>

Sylvan Learning is the leading provider of tutoring and supplemental education services to students of all ages and skill levels. Tutors tailor individualized learning plans that build the skills, habits and attitudes students need to succeed in school and in life. Affordable tutoring instruction is available in math, reading, writing, study skills, homework help, test prep and more.

COLLEGES/UNIVERSITY

North Carolina State University.....515-2011
 Hillsborough Str., Raleigh 27695

www.ncsu.edu

North Carolina State University is a comprehensive university known for its leadership in education and research, and globally recognized for its science, technology, engineering and mathematics leadership.

Meredith College.....760-8600

3800 Hillsborough Str., Raleigh 27607

www.meredith.edu

Chartered in 1891, Meredith College has grown to become one of the largest independent private women’s colleges in the U.S. We offer a comprehensive liberal arts undergraduate education, as well as coeducational graduate programs in business, nutrition and education.

William Peace College.....508-2000

15 East Peace Str., Raleigh 27604

www.peace.edu

Peace is a liberal arts and sciences college offering four-year baccalaureate degrees in a variety of programs designed to give you the education and skills you need to build successful lives and careers

Shaw University.....836-9433

118 East South Str., Raleigh 27601

www.shawuniversity.edu

Shaw University, founded in 1865, is the first historically black college of the South. Shaw is a private, co-educational, liberal arts university affiliated with the Baptist Church. The University awards degrees at both

the undergraduate and graduate levels.

Saint Augustine University.....516-4000

1315 Oakwood Ave., Raleigh 27610

www.st-aug.edu

Augmenting the College's liberal arts core curriculum are rigorous, in-depth programs in business; computer science; teacher education; the natural sciences; mathematics; interdisciplinary studies; theater and film; adult education; community development; communications; and military science, a required course for all members of the College's notable Army ROTC battalion

Miller Motte Technical College.....723-2820

3901 Capital Blvd., Raleigh 27604

2205 Walnut Str., Cary, NC 27518.....532-7171

www.miller-motte.com

The following is a list of the program offerings at the Raleigh, NC location:

Accounting | Accounting Assistant | Cosmetology | Dental Assisting | Medical Assisting | Paralegal | Medical Office Assistant | Network Administration and Security

ECPI College of Technology.....844-611-0718

4101 Doie Cope Rd., Raleigh 27613.....283-5748

www.ecpi.edu/locations/raleigh-north-carolina

Earn Your Bachelor's Degree in 2.5 Years through our Year-Round Schedule: Technology, Health Science, Nursing, Business & Criminal Justice

Strayer University

8701 Wadford Dr. Raleigh 27616.....301-6500

3421 Olympia Dr. Raleigh 27603.....980-7502

4 Copley Pkwy., Morrisville 27560.....466-4400

www.strayer.edu

Undergraduate and graduate programs in high-demand fields such as accounting, business, criminal justice, education, health services administration, information systems, and public administration are available at this campus.

Campbell Law School.....865-4650

225 Hillsborough Street Raleigh 27603

<http://law.campbell.edu>

EARLY CHILDHOOD EDUCATION

Telamon Corporation.....866-437-9067

NC Head Start Office

5560 Munford Rd., Ste. 201, Raleigh 27612

www.telamon.org

Early Head Start Programs: Raleigh...857-9427; Cary...657-0577;

Knightdale...266-1953

Ages 0-3 and 3-5 programs available

Wake County Smart Start.....851-9550

4901 Waters Edge Dr. #101, Raleigh 27606

www.wakesmartstart.org

Wake County SmartStart administers the Pre-K program in Wake County (formerly More at Four), and works in collaboration with the Wake County Public School System, early childhood professionals and Wake County Human Services. The Wake County Pre-K program operates in numerous child care facilities across Wake County with smaller class sizes to prepare children for kindergarten.

Pre-K Title 1.....431-7700

110 Corning Rd., Ste.2100, Cary 27518 (Office of Early Learning)

www.wcpss.net

The Title I Pre-Kindergarten Program is designed to provide a child-centered, developmentally appropriate experience for four-year-old children in need of academic support. The goal of the program is to prepare children to enter kindergarten ready to learn and succeed. Screenings for student participation are offered each spring and students qualify based on academic need.

Division of Child Development and Early Education.....527-6335

820 S. Boylan Avenue, Raleigh, NC 27603

Mailing Address: 2201 Mail Service Center Raleigh, N. C. 27699-2201

Regulates the health, safety, and well-being of children in out-of-home care; provides support and quality control services to child care providers.

<http://www.ncchildcare.net>

STEM for Kids.....297-8366

9200 Strickland Rd., Raleigh 27615

www.stemforkids.net

A Raleigh based organization that provides, day camps, after school and in school programs focused on Science, Technology, engineering , and Math. Hands on experience for children grades K-7. Programs in robotics,

computer game making, aerospace, mechanical engineering. Supported by Wake County Commission.

Childcare Subsidy.....212-7376

220 Swinburne Rd, Raleigh, NC 27610

<http://www.wakegov.com/humanservices/social/pages/ccs>

Apply for Childcare assistance for daycare, before and after-school care.

Family Resource Center.....834-9300

108 S. Harrington Street Raleigh 27603

www.frcoraleigh.org

The Family Resource Center has launched a new program to assist parents to in acquiring the skills necessary to be primary educator of their preschool aged children. The HIPPY (www.hippyusa.org) initiative involves 30 weeks of home visits to supply school readiness curriculum activities and books to parents who have 3, 4, and 5 year olds in the home (Smartstart funded)

EMPLOYMENT RESOURCES

Work First 200% Program(WCHS).....212-7048

220 Swinburne Street Raleigh

200% provides services to assist families in crisis with maintaining employment. Appointments set on Tues., Wedn., and Thurs. Walk in seen on first come first service basis on Monday and Friday 8a-3p.

Culinary Job Training Program (Interfaith Food Shuttle) Main#....250-0043

1001 Blair Drive, Raleigh, N. C. 27610

www.foodshuttle.org

11-week culinary (chef) training program. Resume and interviewing skills, job placement. All materials provided, and students receive weekly stipend. Call 256-3882 for application and admission information

JobAccess.org or AbilityJobs.com

Websites that enable people with disabilities to enhance their professional lives by providing a dedicated system for finding employment.

Goodwill Industries..... 828-7490

321 W. Hargett Street, Raleigh, NC 27601

Employment opportunities in retail setting for individuals with disabilities or social disadvantages.

<http://www.goodwillenc.org> or www.gcfglobal.org

NCWorks Career Center@ Swinburne.....250-3770/212-7000

Wake County Human Services Center, 220 Swinburne Street, 3rd Floor,
Raleigh, N. C. 27610

www.ncworks.gov

Monday – Friday, 9:00 a.m. – 4:15 p.m.; Tuesdays open until 8:00 p.m.

The NCWorks Career Center is located in the Wake County Human Services Center on Swinburne Street. Provides a professional setting where job seekers can search for employment and training opportunities and where businesses can access a large pool of potential job applicants. Bi-lingual staff are available (call for availability). Computers, printer, fax machine available for job search ONLY. Employment advisors available to provide assistance, guidance, and referrals. Note: There are several career centers in Wake County. For other locations and hours of operation, visit website.

Step Up Ministries..... 781-0156

1701 Oberlin Road, Raleigh, N. C. 27608

www.stepupministry.org

This community of diverse faith partners works with individuals to provide skilled compassionate job preparation and placement services to unemployed job seekers through a process of mentoring and active assistance. Workshops and networking support groups focus on job retention, goal setting and practical steps toward wage growth, education and training.

Passage Homes BOOST Workforce Development Program...834-0666

513 Branch Str., Raleigh, 27601

www.passagehome.org

Three week course that provides participants with soft-skills training, such as resume building, interview skills and other employment tactics.

North Carolina Division of Services for the Blind 733-9822

2601 Mail Service Center, Raleigh, NC 27699

www.dhhs.state.nc.us/dsb or www.visionaware.org

Rehabilitation Program-Services offered to assist individuals who are blind or visually impaired in obtaining or maintaining employment and in living more independently.

- Independent Living Program-Services are provided to help the senior visually impaired adult population maintain self-sufficiency in their place of residence.
- School to Work Program- Transition services are provided to help high school students obtain various employment opportunities.

Telamon..... 851-6141

5560 Munford Rd. #201, Raleigh 27606, Raleigh, NC 27606

www.telamon.org

Employment training for migrant/seasonal farm workers.
Assistance provided to adult and youth with special needs. Job listings, occupational training, career counseling, and assistance obtaining occupational credentials or educational certificates provided

Vocational Rehabilitation Services.....733-7807

1300 St. Mary's Street, Raleigh, NC 27617.....(1) 888-479-6095

www.ncdhhs.gov

VR employment services provide opportunities to persons who have mental, physical, or learning disabilities that prevent them from getting and keeping a job. Wake County residents may call or apply in person for services.

NC Labor Department Wage and Hour Bureau.....807-2796

www.nclabor.com

Responsible for enforcement of Wage and Hour Act, wage disputes, info on youth employment laws, controlled substance examination, and personnel services companies. Also at 1 800 NC LABOR

NC State Industrial Commission.....807-2500

www.ic.nc.gov

430 N. Salisbury Str., Raleigh, NC 27601

Workmen's compensation dispute claims handled. Also at 1 800 688-8349

Apprenticeship USA.....1-866-487-2365

www.dol.gov/apprenticeship

Earn and learn. Apprenticeship USA offers opportunities to earn a salary while learning the skills necessary to succeed in high-demand careers. Apprenticeship USA exemplifies high standards, instructional rigor and quality training.

NC Triangle Apprenticeship Program.....946-7096

www.nctap.org

Partnership between NC Triangle Region industry, community colleges, high schools (public, charter, private, and home) and the North Carolina Apprenticeship and Training Bureau. An apprenticeship combines on-the-job training with formal lectures and hands-on learning. NCTAP has a wide variety of opportunities for high-demand careers that include: Welding Fabricator, CNC Machinist, Mold/Plastics Technology, Sheet Metal Fabrication, Machine assembly and repair, Electronics Technician, Automation.

Jobs for Life

Jobs for Life (JfL) is a national non-profit organization that offers a unique solution to poverty and joblessness in communities and for individuals across the country. Jobs for Life equips churches and community organizations with the materials they need to lead JfL classes, teaching men and women timeless biblical principles concerning work and the ways those principles are applied in the marketplace. With JfL, communities and businesses are transformed through the dignity of work.

Dorcas Ministries, 469-9861, 187 High House Rd, Cary NC 27511 www.dorcas-cary.org

Community of Hope, 201-1211, 601 St. Mary's St, Garner NC 27529
www.communityofhopeministries.org

Trinity Baptist Church, 787-3740, 4815 Six Forks Rd, Raleigh NC 27609
www.tbcraleigh.com

North Raleigh Ministries, 850-9735, 9650 Strickland Rd #161, Raleigh NC 27615
www.northraleighministries.com

Neighbor to Neighbor, 833-7218, 1200 S. Blount St, Raleigh NC 27601
www.n2noutreach.org

The Encouraging Place, 834-7626, 1012 N. Blount St, Raleigh NC 27604
www.theencouragingplace.org

Edenton Street UMC, 832-7535, 228 W. Edenton St, Raleigh NC 27603 www.esumc.org

Northpark Church, 790-9898, 600 Mt. Vernon Church Rd, Raleigh NC 27614
www.discovernorthpark.com

Catholic Charities, 790-8533, 3000 Highwoods Blvd Ste.128 Raleigh NC 27604
www.catholiccharitiesraleigh.org

Grace AME, 834-9286, 1401 Boyer St Raleigh NC 27610 www.graceamezionchurch.org

Salvation Army of Wake County, 828-0911 or 688-7308 x. 26, 1863 Capital Blvd, Raleigh NC 27611 www.wakearmy.com

Friendship Chapel Baptist Church, 556-1759, 237 Friendship Chapel Rd, Wake Forest NC 27587 www.friendship-chapel.org

Dew4Him Ministries, 868-5931, 614 Arendell Ave, Zebulon NC 27597 www.dew4him.org

Step Up Ministries, 781-0156, 1701 Oberlin Rd. Raleigh NC 27608
www.stepupministry.org

ENTREPRENEURIAL RESOURCES

Good Work, 682-8473, www.goodwork.org

N.C. Small Business Technology Development Center, 715-7272.
www.sbtcd.org

N.C. Cooperative Extension, 515-2813, www.ces.ncsu.edu

N.C. Institute for Minority Economic development and Women's business Center, 956-8889, www.theinstitutenc.org

U.S. Small Business Administration, 404-331-4999, www.sba.gov

The Small Business Resource Guide (City of Raleigh office of Economic Development), 996-2707, www.raleigh4u.com

Wake Tech Small Business Center, 335-1001, www.waketech.edu

Business Link North Carolina, (1)800-228-8443 or 807-4280, www.BLNC.gov

www.ncreal.org Training on how to start a business

www.doi.com Business insurance information

www.self-help.org loans for all kinds of businesses including micro loans

www.score.org Mentoring and technical assistance one-on-one for your business

www.hcacarolina.org Technical training and business opportunities for construction, landscaping, and cleaning businesses

FORMER OFFENDER RESOURCES

DOC Office of Transition Services.....825-2739
www.doc.state.nc.us/rap/OTS

Community Success Initiative.....715-0111 x.216
1830-B Tiller Place Raleigh 27604
www.communitysuccess.org

NO FINANCIAL ASSISTANCE! Through a network of community partners, we work with men and women in prison, former prisoners, people in transition, and their families through our "Resource Center Without Walls". We provide small group trainings and individual mentoring in general life skills, leadership, entrepreneurship, financial literacy, and areas related to transitioning back into family and community life.

Step Up Ministries.....781-0156
1701 Oberlin Rd., Raleigh 27605
www.stepupministries.org

Providing second chances for those committed to living independent, responsible and constructive lives. A year long program focusing on education and job preparation. Some job placement provided.

NCWorks Career Center.....212-7000
220 Swinburne Street, 3rd floor Wake County Human Services
Wake County Human Services operates two programs through the Workforce Investment Act: 1) Adult Program; 2) Dislocated Worker Program. Both offer assistance with job search and/or training to assist customers in re-entering the workforce. The WIA Adult Program determines eligibility on an individual basis based on the individual's employment or economic situation. The WIA Dislocated Worker Program assists persons who have lost their job due to layoffs, plant closings, economic downturns or natural disasters. 4 to 6 month waiting list.

Passage Homes.....834-0666
712. W. Johnson Str., Raleigh 27603
www.passagehome.org
Providing re-entry and support services for female ex-offenders and their children.

Petite a Petite Support Group Inc.....201-960-3061
4207 Village Crossway, Cary, NC 27518
www.petite-a-petite.org

Our purpose is to help recently adjudicated felons, with the resources to become productive citizens in the Wake county community. This is achieved by resume building, training in computer programs, access to food pantries, homeless shelters, aid in addictive behavior, as well as help to obtain voting rights as well as state identification.

Second Chance Alliance.....856-3194
224 S. Dawson Str., Raleigh 27601 or 861-2061
www.ncjustice.org

Advocacy agencies working together to achieve the safe and successful reintegration of adults and juveniles returning home from incarceration by promoting policy that removes barriers to productive citizenship. *Details regarding expunction of criminal records and certificates of relief.*

Diversity Community Foundation.....888-521-7986
410 N. Boylan Ave, Raleigh 27603
www.dcfcare.org

A nonprofit organization 501 c(3) that provides academic, social and educational services for youth ages 8 through 21 who have a disadvantage due to lack of financial and social acceptability, education, job skill or experience. This program provides access to educational, literacy advancement, life skills, athletics, cultural enrichment and career readiness for those who have the desire and drive to excel, but historically have not been granted the opportunity or access to programs that enhance that desire.

NC Division of Workforce Solutions (formerly :Employment Security Commission.....715-0111
1830-B Tillery Pl., Raleigh 27604
www.ncworks.gov

To file an unemployment claim: <https://desncc.com> or 877-841-9617
Questions about a claim, email: des.ui.customerservice@nccommerce.com
File weekly certification: www.ncesc.com or 888-372-3453

Assists job seekers with criminal background, older workers, summer youth, persons' with disabilities, veterans, and displaced homemakers. Computers, printer, fax machine available for job search ONLY. Employment advisors are available to provide assistance, guidance, and referrals. Note: There are several career centers in Wake County. For other locations and hours of operation, visit website at www.ncworks.gov

Fathers Forever.....779-9905
2421 Timber Drive, Raleigh 27604

www.afatherforever.com

Fathers Forever is a non-profit organization that serves as a map to help fathers chart a new course of fatherhood. Our aim is to make a lasting impression and difference in the lives of fathers through classes and support groups. Fathers Forever's first priority is fathers who are delinquent in their child support payments. The Judicial System can refer participants to us as a jail diversion and Child Support agencies can refer clients to us as a preventative measure. We will also take referrals from other community support agencies.

North Carolina Prisoner Legal Services Inc.....856-2200
1110 Wake Forest Rd., Raleigh 27604

www.ncpls.org

Non-profit agency protecting client's constitutional rights by challenging illegal convictions and sentences. Also monitors of conditions in county jails throughout the state.

Triangle Restoration House Inc.....491-4138
501 E. Lane Str., Raleigh 27601

www.trianglerestorationhouse.com

Primary work is with women who have been previously incarcerated. We work to rebuild lives, encourage self-efficiency, teach essential life skills, facilitate family unification, and promote financial independence. Triangle Restoration House will be able to connect with women after reentry

FINANCIAL ASSISTANCE

American Red Cross.....231-1602

www.triangleredcross.org

100 North Peartree Lane, Raleigh 27610

Providing assistance for disaster or disaster related crises such as flood, fire, and severe weather, etc.

Church Net.....569-0020

121 East South Ave., Wake Forest 27587

www.wakeforestnc.gov/hope

A partnership between the Town of Wake Forest and Church Net to provide residents with assistance for Town of Wake Forest, Rolesville, and Youngsville past due utilities. Church Net determines who receives assistance and in what amounts .ID and social security cards required. Hours are Tuesday 9-11:30a; Thursday 12:30-3p with no appointment.

Dorcas Ministries..... 469-9861

187 High House Rd, Cary 27511

www.dorcas-cary.org

Monday- Friday 9a- 3p. Sign in by 2:30p. Emergency financial assistance for rent, utilities, and prescriptions for only residents of Cary and Morrisville areas. Food pantry, gas, educational, and childcare assistance also available. Proof of residence and picture ID required.

First Presbyterian Church Outreach Ministry 833-4070

112 S. Salisbury Str.,Raleigh, NC 27601(physical)

120 W. Hargett Str., Raleigh, NC 27601(mailing)

www.fpcraleigh.org

Must call for an appointment: Tuesdays starting 9:30 until appointments are filled. Must be working at least 30 hours or disabled or retired receiving assistance, some type of benefits. Please provide Identification and income information

Garner Area Ministries.....772-9100

562 Village Court, Garner, NC 27529

www.gam-nc.org

Monday- Friday, 9-12 p.m. Serves residents of Garner and closely surrounding areas (zip codes 27603, 27610). Past due utilities and rent (no eviction required).Provide identification and income information. Food and clothing pantry available.

Lifeline & Link-up (NC Utilities Commission)733-9277

www.usac.org

Low income individuals receiving SSI, Food Stamps, Medicaid, WorkFirst or housing assistance can apply for discounts for basic telephone service.

Assurance Wireless.....888-898-4888

Safe Link Wireless.....800-977-3768

Love in the Name of Christ.....780-4211

6339 Glenwood Ave., Raleigh 27612

Love in the Name of Christ is a ministry that seeks to assist those who are in need of financial assistance through a referral process. Amount of assistance determined with assessment of emergency situation and verification of legitimacy. Referrals provided to other organizations also. Please call Monday thru Friday 9a-5p.

North Raleigh Ministries.....844-6676

9650 Strickland Rd, Ste.161, Raleigh 27615

www.northraleighministries.com

Mon. or Thursday. Call for appt. between 10a-3p & Tuesday or Wednesday from 10a-12:30p. Help with rent, prescriptions, utilities, food. Valid NC driver's license/photo ID Social security card for all household members (originals, no copies) All current household bills (anything that is paid monthly) from last two months, Copy of current signed lease or mortgage agreement, Proof of any household income from last two months, Documentation of cause of crisis, like car repair, layoff, or medical bill.

Serves Raleigh residents in zip codes 27604, 27609, 27612, 27613, 27614 and 27615 & 27616

Sacred Heart Cathedral.....832-6030

Door Ministry for appts.—16 N. Dawson Street Raleigh

www.sacredheartcathedral.org

Please call to find out our current scheduling times and scope of financial help. Assisting with delinquent rent or eviction summons ONLY. Must have identification and eviction summons or late notice on landlord letter head ONLY. Closed for the summer (early June to after Labor Day).

Southern Wake Faith Community in Action.....567-8100

www.helpsouthwake.org

605 Bridge Street, Fuquay Varina 27526

Tuesday and Thursday, 9am-11:45 am. Fuquay Varina and Willow Springs residents only. Will consider help for electric, gas for heating, prescriptions, eviction. Must provide identification, proof of income, proof of expenses.

Triangle Family Services/Emergency & Housing Services Assistance Program.....861-1195 (intake)/821-0790

3937 Western Blvd., Raleigh, NC 27603 (main office)

www.tfsnc.org

Financial services for eligible families with rent, utilities, and transportation. Group case management and financial skill building offered for those families in TFS programs. Emergency housing assistance for eligible families with minor children.

Under One Roof.....834-2437

1637 Old Louisburg Rd Raleigh 27604 (Tillery Place)

www.aas-c.org

Financial assistance with rent, utilities, and transportation for persons with HIV/AIDS by appointment only.

Wake County Human Services – Energy Program
 220 Swinburne Street, Raleigh, NC 27610.....212-7000
 130 N. Judd parkway NE (Southern Regional).....557-2501
 350 E. Holding Ave., Wake Forest (Northern Regional).....562-6300
 1002 Dogwood Drive, Zebulon (Eastern Regional).....404-3900
 Monday- Friday 7:30 a.m. - 5:00 p.m. @ Swinburne (Times at regional center may differ) Assistance with utility with final or disconnect notice. Persons may apply on the date of final notice. (October begins the heating season and applicant requiring gas for heating purposes may apply at that time for help) Must be income eligible and meet other criteria. Please provide picture ID for applicant, SSN for all HH members, current income information for ALL sources of income in the home for all persons required, lease required for deposits. It is applicant’s responsibility to provide the documentation required to complete requests. WATER BILLS & RENT assessed with final notice and/or eviction summons from TANF-EA funding (July 1 - Nov 30, and then April 1 - June 30 or until funds are exhausted.. Food referrals and other community resource information also available. LIEAP applications will begin in December for 60 year and older persons and households with disabled person receiving DAAS services ONLY! All other households may apply for LIEAP beginning the first working day in Jan.

Triangle East Fellowship of Churches.....365-6557
 421 Mattox Str., Wendell 27591
 Call to apply. Cases assessed on individual basis. Rent, electric, and fuel one time per year to WENDELL RESIDENTS ONLY.

Western Wake Crisis Ministries..... 362-0657
 103 E Chatham St., Apex, NC 27502
www.wwcm.org
 Monday-Thursday 10:00 a.m. – 12:30p.
 Serves Apex, Holly Springs, & New Hill areas. Must provide ID, proof of address, and proof of crisis. Requests for residents seeking help with Energy, housing, repairs, and prescription assistance will be considered.

NC Lighthouse Foundation.....306-1031
 4700 Falls of Neuse Rd, Ste. 110, Raleigh , NC 27609
www.NCLighthouseFoundation.org
 NCLF provides support to chronically ill medically underserved individuals who are struggling financially to make their health care a priority. Application/referral is available on website. Self- referrals are welcome.

Moratorium of Utilities (Requirements for North Carolina)..212-7000

Moratorium is a prohibition against disconnecting service to residential customers (during a designated time period) who meet eligibility requirements established by the North Carolina Utilities Commission

North Carolina Moratorium Period - November 1 through March 31 - 5 month

To qualify annually under the moratorium provision, a customer must establish ALL of the following: (1) Someone in the customer's household must be either handicapped, elderly (65 or older), or both. (2)Customer cannot pay his/ her account in full, nor installments to bring the account into balance within 6 months. (3)The county Department of Social Services which administers the ENERGY CRISIS ASSISTANCE PROGRAM has certified that the household is eligible to receive such assistance(130% of poverty level income requirements), regardless of availability of funds. (DSS will present the customer with a "Certification Utilities Moratorium" to be mailed /faxed to Duke Energy Progress, 9700 David Taylor Drive, Charlotte, NC 28262-2363, if eligibility is met.)

To apply, please contact your local Dept. of Social Services office Energy Program 212-7000

FOOD RESOURCES
FOOD PANTRIES

Food Bank of Eastern/ Central NC.....875-0707

3808 Tarheel Dr., Raleigh 27608

Open 8:30a-5p Monday-Friday

North Carolina Food Bank

www.foodbankcenc.org

Can provide zip code specific information regarding emergency food pantry participating locations.

One Harvest Food Ministries.....845-0470

Triangle Christian Center, 11100 Fellowship Dr., Raleigh 27617

www.oneharvest.com

Providing discount food orders purchased in bulk. Pre-ordering required. Cash transactions preferred, however some locations accept money orders debit, credit card orders, and EBT. No income restrictions. See website for list of other participating locations and monthly menu offering.

Brooks Avenue Church of Christ.....821-2400

700 Brooks Avenue, Raleigh, NC 27607

www.brooks.org

Food Pantry every 2nd and 4th Saturday of each month, 9:00 a.m. - 12:00 noon. ID required. No referral required.

Capital City Christian Church.....851-5958
4131 Western Blvd., Raleigh 27606
1st and 3rd Mondays of the month; 11:30am-12:30pm. Serving zip codes 27603, 27606, 27607.

Catholic Parish Outreach 873-0245
2013 North Raleigh Blvd., Raleigh 27604
www.cporaleigh.org
Monday through Saturday, 10:00am-1:00pm. *Referral required*. I.Ds required for all family members receiving assistance. Provides up to a week of groceries once every 30 days.

Cornerstone Ministries Group Inc.....937-2764
303 E. Durham Rd Ste. G1, Cary 27511
[ww.cornerstoneministresradio.com](http://www.cornerstoneministresradio.com)
Food Bank services provided Thursday from 6:30p-1:30p. Free ESL classes, computer literacy, job search assistance, and drug prevention counseling, immigration services and attorneys for low income clients provided also.

Dorcas Ministries.....469-1351
187 High House Rd., Cary 27511
www.dorcas-cary.org
Monday -Friday, 10:00 a.m. - 1:00 p.m; Sign in by 12:30 p.m. Serves only residents of Cary and Morrisville. ID and proof of residence required.

Fuquay Emergency Food Pantry552-7720
216 West Academy Street, Fuquay Varina, NC 27526
www.fvfoodpantry.com
Open Tuesday 9:00 a.m. –11:45; and Thursday 3:00 – 5:45 p.m. Fuquay Varina, Willow Springs and Holly Springs residents only.

Garner Area Ministries.....772-9100
564 Village Court, Garner 27529
www.gam-nc.org
Monday- Friday, 9:00am-12:00noon. Must be a resident of the Garner area or zip code 27603 and 27610. Every 3 months. Some gas assist available.

Longview United Methodist Church 834-7554
2312 Milburnie Rd., Raleigh, NC 27610

Food pantry on 2nd and 4th Wednesdays 12:30pm – 3:30pm. Must be a resident of Raleigh, ID required.
MUST CALL FOR AN APPOINTMENT.

North Raleigh Ministries..... 844-6676
9650 Strickland Rd., Ste. 161, Raleigh, NC 27615
www.northraleighminities.com
Food pantry by walk-in or appointment, Monday through Thursday 10:00am – 1:00pm. Must present picture ID, Social Security card, and proof of address (Must be a resident in zip code 27609, 27612, 27613, 27614, or 27615).

Salvation Army..... 834-6733
1863 Capital Blvd., Raleigh, NC 27601
www.wakearmy.org
Call for appt. on Tues-Thurs at 1p.m. Appointments can be made up to two weeks in advance. May receive food assistance once every 3 months. Must bring a photo ID for applicant and some form of ID for all other member (picture ID, shot records, school records, Medicaid or insurance card) and proof of residence. Individuals or families must have a permanent residence to receive the food bags.

Tri-Area Ministries556-7144
149 E. Holding Ave., Wake Forest, NC 27588
www.triareaministry.com
Open Monday, Wednesday, Friday 9:00 a.m. – 12:00 p.m.
Serves mainly Wake Forest, Rolesville and Youngsville residents.

Under One Roof.....212-7801
3000 Falstaff Rd, Raleigh 27610
www.wakegov.com
Free counseling, financial assistance and initial intake by appointment only. Mon. 9a-4:30p, Tues. 9a-5p, Wedn. 9a- 5p, Thurs. 9a-5pFriday 9:00 a.m. – 4:30 p.m. The food pantry remains at 1812 Tillery Place hours: 12:30-4p Tues, Wedn. and Thurs.

Urban Ministries Crisis Intervention Center836-1642
1390 Capital Blvd., Raleigh 27603
www.urbanmin.org
Food and prescription assistance available on walk-in first come basis Monday- Friday 9:00 a.m. – 1:00 p.m.
Limit 25 people per day, subject to availability. Every 3 months.

Referrals made to other agencies for food also. Please provide photo ID with full name and date of birth, proof of Address, an acceptable form of ID for all family members to receive benefits, documentation of income/expenses for household.

Wake Relief 833-6400
616 Tucker St., St Saviors Church (bottom floor), Raleigh, NC 27603
www.wakerelief.org or www.saintsaviourcenter.org
Mondays and Tuesday 1pm-3pm; Wednesday and Friday 10:00 a.m. - 12:00 noon & 4th Saturday of the month. Wake County Human Services/Financial Case Manager referral required. Will provide a week's supply of groceries given to clients screened & referred to us by WCHS every 60 days. If client is referred from an agency other than Wake Co. Human Services, then client is limited to assistance once per year.

****DIAPER TRAIN-** Families with a referral from an approved referring agency may come to Saint Saviour's Center on Tuesday or Thursday between 10:00 a.m. and 12:00 noon to receive diapers. Families must reside in Wake County, NC. Triangle Family Services 821-0790 x. 142 is also a referring diaper train agency distributing Friday Mornings. Please call to schedule an appointment.
WWW.DIAPERTRAIN.ORG

Western Wake Crisis Ministries..... 362-0657
103 E Chatham St., Apex, NC 2750
www.wbcm.org
Monday, Tuesday, Wednesday and Thursday 10:00 a.m. - 1:00 p.m.
Serves Apex residents. Must provide ID and current utility bill.

With Love from Jesus.....233-8010
421 Chapanoke Rd., Raleigh 27603
www.withlovefromjesus.org
Distribution behind shopping center. Tuesday, Wednesday, Friday & Saturday from 9:30am-Noon. Please arrive 30 minutes prior to closing time in order to shop. Guests arriving between 9:30 and 10:00 receive food only. No ID, proof of residence, or referral needed.

The Women's Center 829-3711
112 Cox Avenue, Raleigh 27605
www.wcwc.org
Resource for single women and women with children. Services include food for improved nutrition, access to transportation (bus tickets), personal hygiene products, emergency food and food referrals, clothing, direct

financial assistance, mail and message services, access to a phone, and aid in obtaining an identification card (vital to their ability to access other community services) and a criminal record check.

A Place Called Hope.....662-8059
3807 Junction Blvd. Garner, NC 27529
www.apchchurch.com
Food distributed on Wednesday 11 a-2p.

Morrison Outreach Ministries of Transformation Christian Center
2300 Westinghouse Blvd. Ste. 102, Morrisville.....521-6346
Thursdays 11a.m.-12p.m.

Community Gardens
www.raleighnc.gov

Food Cooperatives
www.ncfoodcoop.com

FOOD-MEALS

Hallelujah Soup Kitchen.....538-2106
1904 S.Wilmington Str. Raleigh 27603
www.gods-helpers.org
Breakfast served Monday-Friday 7:15a-9a

First Baptist Church 832-1649
101 S. Wilmington St., Raleigh, NC 27601.
www.fbcraleigh.org
Sunday, breakfast served at 8:30 a.m. for homeless who attend 7:30 a.m. service.

Shepherd's Table Soup Kitchen 831-2010
125 Hillsborough Str., Raleigh, NC 27603
www.shepherds-table.org
Monday- Friday, hot lunch served 11:00 a.m. - 12:00 noon.

Salvation Army..... 834-6733
1863 Capital Blvd., Raleigh, NC 27601
www.wakearmy.org
The evening soup line is open to the public Monday- Friday from 5:00 p.m. until 6:00 p.m. No identification information is required to receive a meal through the soup line – *the soup kitchen is open to all members of the community.*

The Women’s Center 829-3711
112 Cox Avenue Raleigh 27605

www.wcwc.org

For homeless women only. Monday and Wednesday, lunch served 11:30 a.m.

Oak City Outreach Center.....812-5546

215 ½ South Person Str. Raleigh 27601

Serving meals on Sat and Sun from 9a-6p.

Meals on Wheels.....833-1749 or 832-2592

1001 Blair Drive, Raleigh 27603

www.wakemow.org

Home delivered meals for the disabled and home bound seniors. The prospective applicant or a family member or caregiver can apply to receive meals over the phone. Please call 919-833-1749 from Monday to Thursday from 2 to 4 p.m. and Friday from 9 to 11 a.m., to begin our application process today. Disabled residents under 60 can qualify for our program if they meet certain criteria. For more information about this service please call. Our congregate dining program serves anyone who is 60 or older and can get to one of our dining sites located throughout Wake County. We ask that participants please call (919) 833-1749 or one of our dining sites to make a reservation for meal service. See webpage for dining site locations in Wake County.

FNS/SNAP Benefits

Wake County Human Services 212-7000

220 Swinburne Road, Raleigh, NC 27610

Residents of Wake County may apply for FNS benefits by going to www.epass.nc.gov. Those without computer access may visit Human Services between the hours of 7:30a-4p to use the self-service center on site to apply. In order to determine eligibility for assistance, the following information will be needed for household members: birth certificates, Social Security numbers, ID of head of household, verification of rent and utilities, all pay stubs for the prior 2 months and verification of any other income such as child support, self-employment income and contributions, bank statements (if applicable).

WIC (Women, Infants, and Children) PROGRAM.....250-4728 or 250-4720

Public Health Center

10 Sunnybrook Road, Raleigh, NC 27610

www.nutritionnc.com/wic

Monday- Friday 8:30 a.m. – 4:30 p.m. Call to schedule an appointment to apply. Bring proof of identification, residence and household income. Eligibility based on income and nutritional need. WIC is a food supplement program for pregnant women, breastfeeding who have had a baby in the last 12 months, women who have had a baby in the last six months and children under five. Vouchers are given out for food that includes milk, formula, cereal, fruit, juice, and beans. Wellness Clinic for infants is also available here.

HOUSING –EMERGENCY SHELTERS

Easter Seals UCP of North Carolina-ASAP.....783-8898
5171 Glenwood Ave., Raleigh 27612

www.easterseals.com/NCVA

Provides emergency respite and planned respite care to children ages 3-21 of fragile families with mental health diagnosis, substance abuse, and/ or intellectual or developmental disabilities. Services provided by trained professional and/ or volunteers in home of host family.

The Healing Place (Men’s Facility)..... 838-9800
1251 Goode Drive, Raleigh, NC 27603

www.healing-transitions.org

Serving homeless men from Wake County, ages 18 and older. Offers overnight shelter, 3-5 day non-medical detox center, 7-12 month long-term recovery program. Beds are available seven days a week on a first-come, first-served basis. The Healing Place does not turn away people who are intoxicated.

The Healing Place (Women's Facility)..... 838-9800
3304 Glen Royal Road, Raleigh, NC27617

www.healing-transitions.org

Serving homeless women from Wake County, ages 18 and older. Offers overnight shelter, 3-5 day non-medical detox center, 7-12 month long-term recovery program. Pregnant women may stay in the overnight shelter but are not admitted to detox or the recovery program. Walk-ups are not allowed and beds are not reserved. In order to enter the emergency night shelter, women must be at the Women's Center (112 Cox Avenue, Raleigh) by 3:15 pm each day for the van pick-up.

The Helen Wright Center for Women..... 833-1748
401 W. Cabarrus Street, Raleigh, NC 27603.....833-7500

www.urbanmin.org

Serving homeless women, no families. Please call or stop by to be placed on the waiting list. Open 24 hours a day on weekend, closed 9:00am to

4:00pm weekdays. You will be contacted when a bed is available.
Emergency housing begins at 6:00 p.m. and ends at 7:00 a.m. Participation in case management services is required for all new clients. Initial stay is two months; assigned case manager must approve extensions.
****Emergency Housing is available during White Flag nights****

Interact of Wake County..... 828-7740
1012 Oberlin Rd, Raleigh 27605
www.interactofwake.org
Shelter for victims of domestic violence. Call for assistance. Average 1-2 month length of stay. All meals provided.

Raleigh Rescue Mission
314 E. Hargett Street, Raleigh, 27601
www.raleighrescue.org
Men (Recovery & Rehab).....828-9014 ext.147
Women: (Recovery & Rehab).....828-4980 ext.109
Homeless men, women, & families
Men: Elderly men (age 55 and up) and men who have never stayed with us before receive priority placement. To request a bed, men must line up on the ramp in front of the Mission at 2:45pm.
Women: Emergency Shelter - Women/ and or women and children's emergency beds are assigned based on availability, Mon – Fri (closed on weekends and holidays). Arrive at 3:30pm to find out about availability. Male children must be 10 years or younger. The elderly and moms with children who have never stayed with us before receive priority placement.

Safe Space Inc.....(Business Line)497-5599 or(Crisis Line) 497-5444
www.ncsafespace.org
Domestic violence shelter for Franklin county and surrounding counties. All services are provided confidentially. Crisis line operates 24/7. Open Mon-Fri 9am-5pm. Assistance shelter, financial, court advocacy, and support groups available.

Salvation Army..... 834-6733
1863 Capital Blvd., Raleigh, NC 27601
www.wakearmy.org
Women with children up to age 17. Must arrive at 4:30pm for overnight shelter. Walk-ins after 3:30 are welcome for the 30 night program but must Call to get on waiting list. Case management once per week, meals three times per day, weekly parent support groups & workshops, tutoring for children, access to a children's medical clinic, and access to our after-school program. Must pass a drug test on admission.

South Wilmington Street Center.....857-9428
1420 South Wilmington Street, Raleigh, NC 27603
www.wakegov.com/humanservices/locations/swsc
Homeless men, age 18 and older. Hours/Days: 7 days, 24 hours. Check-in is from 5:00 p.m. – 7:00 p.m. (anytime for new guests). Emergency shelter beds distributed daily using a lottery system, except for new guests who are guaranteed a bed for their first night only. All guests have access to services such as meals, comprehensive case management, and information and referral assistance. A transitional program and access to permanent housing assistance is also available to those motivated to become self-sufficient. *The shelter will provide a bed to those who have a doctor's note and are suffering from an illness. They have a medical respite bed program and a person can stay up to 14 days in the shelter.*
**Overflow emergency shelter is available during winter White Flag nights.*

PLM Families Together.....(Administrative Office)212-1123 x. 233
908-101 Plainview Drive
www.plmft.org
Families with children (working or with a source of income)
Families that are “literally” homeless — meaning they have no place to go and are living in places not meant for habitation, are served by PLM Families Together by moving into one of our short-term housing apartments. PLM also offers a Rapid Rehousing program for families that have lost housing but have found temporary housing with family or hotels. Once in this program, a family stays where it is, but has immediate access to a Mentor Advocate (Masters-level Social Worker), who guides and empowers them as they seek permanent housing. Financial assistance from PLM Families Together is provided for initial rent costs and gradually decreases as families meet their goals. Call to make a referral or schedule a screening assessment Mon-Fri. 9am-5pm.

Wake Interfaith Hospitality Network..... 832-6024
Day Center – 903 Method Road, Raleigh, NC 27606
www.wihn.org
Married Couples with or w/out children; single persons with minor children, single pregnant women in 1st or 2nd trimester. Short-term shelter program; application and background check required. Support services provided. Must be prepared to work, be already working, or have some form of reliable income. Must have completed treatment if there is a known history of substance abuse. Assessment and referrals from service agencies preferred. Intake hours are Monday through Friday, 7:00 a.m. - 6:00 p.m. at the Day Center. The Transitional Housing Program provides 12 units of

housing for homeless families. It serves each family for a period up to one year.

Wrenn House (Haven House)..... 833-7866
908 W. Morgan Street, Raleigh, NC 27607
www.havenhousenc.org

The Outreach Center-- Adolescents aged 10-17. Crisis intervention program for youth/families. 24 hour Telephone Crisis hotline: 832-7865. 24 hour walk-in services; temporary shelter for homeless runaway and other youth in crisis aged 10 – 17 years. Maximum length of stay, 21 days. Outreach through Project Safe Place aftercare services. Individual, group and family counseling provided.

The Transition in Place Program--The purpose of the program is to teach these young adults the skills necessary to become self- sufficient in the community. Participants are eligible for services through the outreach center and are provided intensive support from case managers. Transition in Place Program uses a Scattered Site model that empowers participants to make successful transitions into permanent, market-rate housing. Clients will receive support from the Haven House Street Outreach Center before formally entering the program to prepare them for successful participation and to ensure eligibility. Housing subsidies can be provided for up to 18 months. The Transition in Place program works with young adults that range in age from 18 to 21.

****White Flag Initiative:** White Flag (WF) is a coordinated effort among area shelters to provide emergency overflow shelter to homeless persons in the event of severe weather conditions. In extremely cold or extremely hot conditions, the WF sites will provide shelter beyond their regular capacity. WF events do not include natural disasters such as hurricanes, flooding, or tornadoes; in these events, all citizens will be able to access services at the community disaster shelters.

HOUSING-TRANSITIONAL HOUSING

St. Paul's AME Men's Empowerment Center.....834-3734
412 Capital Blvd., Raleigh 27606
Housing for men. Has a capacity of 40 beds in a shared living space. \$60 per week. Meals provided. Call on Mondays for bed availability. Service provided on a first-come-first served basis.

The Caring Place..... 462-1800
919 Kildaire Farm Rd., Cary 27511
www.thecaringplace.org
Working Families with children

For every family that is accepted into the program, The Caring Place provides: (1)A furnished apartment home. (2)Rent and utilities. (3) Support Partners, who help in teaching families how to balance a checkbook; create and follow a budget; improve career opportunities; and start a savings program. (4) Children’s program that works with and assesses the needs of each child. The candidate families that are accepted enter into a four-month life-skills training program that provides counseling on financial management, budgeting, goal setting, time management and self-sufficiency

Incentive Housing Dormitory (IHD).....856-6109
220 Snow Avenue, Raleigh 27603
Homeless Men Returning to Self-Sufficiency. Capacity for 19 Men. Length of stay is 1-6 Months. Studio Apartments (located inside the Cornerstone Building, Snow Ave.)
Extension of South Wilmington Street Center’s transitional housing program, the program offers intensive case management, substance abuse support, and life skills development; voluntary program with a monthly program fee.

Women’s Center of Wake County – Epiphany House 829-3711
112 Cox Avenue Raleigh 27605
www.wcwc.org
With funding from the City of Raleigh and contributors, women and families who are facing potential eviction are able to retain their housing. Targeted Prevention uses such criteria. The criteria are: (a) income for the household is less than 30% of area median income and (b) the household lives in one of the following zip codes – 27601, 27603, 27604, 27610, or 27529. The Women’s Center owns two affordable single family homes. These homes are used to provide housing for single mothers with children who earn at or below 40% of area median income. Support services are also provided for these families to insure their ability to maintain housing. Case managers provide support services to maintain families in their housing at Oak Hollow. The same services are provided at Harrington Place for single women. On site services are regularly scheduled at both locations by four case managers. The focus of the services is not only individual support, but activities to build a sense of community among the residents.

Fellowship Home of Raleigh 833-6030
506 Cutler Str., Raleigh 27603
www.fellowshiphome.org

Half-way house for men recovering from substance abuse. Referral required. Length of stay averaged 4 to 6 months. Program fee, 11pm curfew, attending AA, and work required during stay.

Passage Homes.....834-0666 x.244
 513 Branch Str., Raleigh 27601
www.passagehome.org

Creech Road House provides re-entry support services for 24 months for mothers exiting prison.

Matthew House provides 12 month program for women with children experiencing homelessness.

Hustead House..... 787-8129
 3104 Orton Place, Raleigh 27607

Caring for persons with AIDS that need daily care. Five Beds. As Long as Desired. Full services provided by 24 hour staff (cooking, cleaning, pastoral care, etc.)

Oxford House.....395-8192 or (800)689-6411
www.oxfordhousenc.org / or (national website) www.oxfordhouse.org.

Oxford Houses are a clean and sober housing option for individuals in recovery. North Carolina is part of a network of 1,600 Oxford Houses with more than 13,200 beds. Individuals typically enter an Oxford House after completing a drug and alcohol treatment program. Individuals who are interested in living in an Oxford House apply directly to the house of their choice. Houses are financially self-supporting; members split house expenses, which average \$90.00 to \$125.00 per person per week.

Kurtis Taylor 919-247-7831 as the Outreach Worker for Wake County

Karen McKinnon 919-812-8282 as the Women’s Resource Coordinator for Wake County.

(There may be locations available that are not listed. Please check web page).

OXFORD HOUSE ARROW WOOD	919-838-9939
OXFORD HOUSE BATTLE RIDGE	919-326-8824
OXFORD HOUSE BRENTWOOD	919-876-0206
OXFORD HOUSE BRINKLEY	919-981-6523
OXFORD HOUSE CARY	919-651-9603
OXFORD HOUSE CROSSLINK	919-755-0603
OXFORD HOUSE FIRELIGHT	919-834-8139
OXFORD HOUSE GARNER	919-329-0325
OXFORD HOUSE HEARTH	919-875-9656
OXFORD HOUSE HOLLY DRIVE	919-844-3543

OXFORD HOUSE JONES FRANKLIN	919-900-8538
OXFORD HOUSE LORIMER	919-851-1756
OXFORD HOUSE MORDECAI	919-325-9753
OXFORD HOUSE NEW BERN	919-803-4943
OXFORD HOUSE NEW HOPE	919-803-4943
OXFORD HOUSE NORTH RALEIGH	919-784-8611
OXFORD HOUSE NORTH HILLS	919-844-8311
OXFORD HOUSE OAKRIDGE	919-468-9306
OXFORD HOUSE POND	919-651-9456
OXFORD HOUSE PINECREST	919-876-9335
OXFORD HOUSE STEEDS RUN	919-803-1046
OXFORD HOUSE STOCKTON DRIVE	919-322-0685
OXFORD HOUSE VAN THOMAS	919-803-5547
OXFORD HOUSE WIMBLETON	919-781-6505

Emmaus House.....327-2229

10 North East Str., Raleigh 27601

www.emmaushouseofraleigh.org

Providing housing to single men in recovery. Rent fees required. Portion of rent kept in savings plan for residents to move out.

Christian Life Home.....510-5400

P.O. Box 31705 Raleigh 27622

www.christianlifehome.org

Residential maternity home for pregnant women ages 10-23. Cannot have any other children with them. Discharge from home will occur at the time of the discharge from the hospital following child's birth. Women may apply from any of NC 100 counties and from other states in the U.S. Only 6 residents at a time.

Southlight.....787-6131

3125 Poplarwood Crt. #203, Raleigh 27604 (Admin. Office)

www.southlight.org

Pregnant and post- partum homeless substance abusing women. Housing and treatment provided

Supervised Independent Living Program is a unique program that recognizes the need for a complete continuum of residential services for the chronically addicted adult with multiple life issues, including homelessness and mental health disorders. Supervised Independent Living is a 6-month transitional housing program for the homeless, chronically addicted adult.

AVAILABLE SERVICES--Short Term Housing, Comprehensive Rehabilitation & Substance Abuse Treatment, Life Skills & Daily Living Activities, Job Placement, & Initiatives Psychiatric Services & Medication

Management.....250-9126

Lutheran Services Carolinas.....(1) 800-435-7464

616 Hutton Str., Raleigh 27606

www.lfscarolinas.net

Whittecar Home (Raleigh NC) A residential program for adults with intellectual and/or developmental disabilities, Whittecar Home provides its residents with the person-centered care and services they need to reach their fullest potential. Support and 24-hour care to include all aspects of individual treatment plans as well as assistance with personal care needs are available.

Green Level Apartments (Cary NC) Located in the Triangle area of North Carolina near Raleigh, Durham, and Chapel Hill, the Green Level Apartments serve adults with intellectual and/or developmental disabilities. This program gives its residents an opportunity to live in an independent living community with supervision and on-call support available 24/7.

Florence Crittenton Service of NC.....704-372-4663

1300 Blythe Blvd. Charlotte 28203

www.fcsnc.org

If you or your client is pregnant, a mother enrolled in DSS custody, or a non-pregnant young woman aged 16-21 enrolled in DSS custody. Provides a safe place and understanding to at-risk, single, pregnant and non-pregnant adolescents aging out of foster care or not. Offers a maternity home for women ages 10-40 years who are pregnant and experiencing homelessness. Application on website.

OTHER HOUSING PROGRAMS/SERVICES

Raleigh Housing Authority..... 919-831-6620

900 Haynes Street, Raleigh, NC 27604

Public Housing and Housing Choice Vouchers, Scattered Sties housing

Wake County Housing Authority 919-269-6404

100 Shannon Street, Zebulon, NC 27597

Public housing and Housing Choice Vouchers

Supportive Housing Program 919-212-9379

220 Swinburne Str., Raleigh, NC 27610

Provides case management services to help participants maintain housing. Offers housing education through the Ready To Rent class. Call for dates and location. Daily Housing Session provided from 4-5pm (must register at information desk by 3:30pm)

CASA.....754-9960

624 West Jones Str., Raleigh 27603

www.casanc.org

Casa develops, owns, and manages affordable housing for consumers of Wake County Human Services (WCHS) who have a disability (Supportive Housing). There are some limited housing (Workforce Housing) for persons who are not homeless and not receiving services from WCHS. Housing applications are made to CASA. Referral from service provider is strongly recommended for Supportive Housing. Those applying for Workforce Housing may submit their own application.

City of Raleigh Affordable Rental Program.....859-0044

1401 Sunday Drive, Ste. 113, Raleigh NC 27607

<http://www.raleighnc.gov/community/content/HousingNeighborhoods/>

Administered by Barker Realty (859-0044). Household must meet income requirements of at least 200% of the poverty level for the number of people in the home. Properties are within Raleigh city limits.

Uphill Homes LLC.....225-8496

1009 Holloway Str., Durham, NC 27701

Francina Steele, email: francina31@yahoo.com

Providing community residential care in a bus line accessible location. Furnished rooms with 2 meals per day provided and cable and laundry facility access. Minimal health monitoring provided for those with diabetes or hypertension. Charges for rooms are based upon meals or no meals provided.

The Women's Center Day Shelter for Women829-3711

112 Cox Ave., Raleigh 27605

www.wcwc.org

The Women's Center provides the only day shelter for women and families in Wake County. Day shelter insures that women and children have a safe place to be during the day time hours. It also insures that they can get in out of the cold and rain or out of the harsh heat during the summer.

Subsidized Housing List

www.nchfa.com

Search for affordable housing options by area, size, price, and other categories.

HOUSING ADVOCACY

Fair Housing Hearing Board.....966-5710

222 W. Hargett Street, Raleigh, NC 27601

<http://www.raleighnc.gov/government/content/BoardsCommissions/Articles/FairHousingHearingBoard.html>

The Fair Housing Hearing Board works to improve public awareness of the City's Fair Housing Ordinance, which prohibits discrimination in housing opportunities on the basis of race, color, religion, family status, disability, national origin or sex. Meeting are open to the public.

City of Raleigh Housing and Neighborhood Preservation.....966-2444

One Exchange Plaza, Ste., 504, Raleigh, NC 27601

<http://www.raleighnc.gov/community/content/Departments/Articles/HousingandNeighborhoods.html>

Code enforcement: Inspects apts./houses to make sure there is no violation of minimum Raleigh housing code. City of Raleigh addresses only.

Wake County Inspections.....856-6060

Wake County Office Building (1st fl.)

336 Fayetteville St., Raleigh, 27601

www.wakegov.com

Housing-related complaints for the unincorporated areas (Knightdale, Rolesville, Wendell, Zebulon) of the county are addressed by the Wake County Inspections, Development Plans & Permits Division (IDPP). The building inspectors conduct inspections of residential dwelling complaints to determine if the homes are unsafe based on the unsafe rules of the NC State Building Code. The Wake County IDPP Department is only responsible for inspecting homes within the unincorporated areas of the county.

ARE YOU READY TO RENT?

Before you begin your housing search, review the following steps for helpful housing hints.

FIRST: Determine what you can afford and order your credit report.

According to HUD, Affordable means:

- A family should not spend more than 33% of their gross income for rent and utilities combined.
- A family who is spending more than 50% of their gross income on housing is in serious crisis and is at a high risk for homelessness.

Multiply your monthly income by .33 to determine the maximum rent and utility you should pay.

$$\frac{\text{monthly income}}{\text{monthly income}} \times .33 = \frac{\text{affordable rent \& utility}}{\text{affordable rent \& utility}}$$

To order your credit report call:

Equifax at order online at www.equifax.com, Transunion www.transunion.com or Experian www.experian.com

Know what's on your credit report. Take the time to improve your rating before you apply for housing.

SECOND: Determine your Move-In Costs and SAVE

Estimate the amount you'll need to move into your new home. You may have to save for some or all of the following:

<i>Security Deposit</i>	<i>\$300</i>
<i>First Month Rent</i>	<i>\$600</i>
<i>Gas Deposit</i>	<i>\$150</i>
<i>Water Deposit</i>	<i>\$50</i>
<i>Telephone</i>	<i>\$150</i>
<i>Truck Rental -</i>	<i>\$30</i>

TOTAL ESTIMATED MOVING COSTS **\$1,280**

Note: These are only estimates. Your actual move-in costs may be more or less than \$1,280.

Deposit amounts can be very high or low and the amount depends on your credit rating, your previous pay history with the utility company and the previous utility history at the new home in which you plan to move. If you are moving, call the utility company well before you move to get an idea of what your deposit may be.

Tips:

Truck Rentals may be cheaper during the week. Call around to get the best rates.

Get family and friends to help you move instead of renting a truck.

THIRD: Locate Housing

Here are a few things to consider when choosing a home:

Do I NEED/WANT a home close to my employer to reduce gas cost and transportation fees?

Do I NEED/WANT a home in close proximity to my child's school?

Do I NEED/WANT a luxury unit with a high rent or can I take a smaller unit with a lower rent and use the money I save to pay off bills and build my emergency savings account?

Once you've made a list of your wants and needs for the type of unit you seek, check the following website for housing resources.

www.nchfa.com - follow the 'Renters path'

FOURTH: Tips for establishing a good rental history.

TIPS:

- √ Pay your rent on the 1st of the month. Your rent is the most important payment and usually the largest. Make paying your rent on time a priority - always pay it first.
- √ Create a monthly budget and use it to plan how you'll spend your money.
- √ Rental agreements should be in writing. Read your lease agreement and ask questions if you don't understand the terms.
- √ Contact your landlord as soon as you know you'll have problems with paying your rent on time. Some landlords may work with you if you've paid your rent on time in the past and are in good standing with the landlord.

For additional information on Ready To Rent classes call 919-212- 9379 for details or visit

www.wakegov.com/humanservices/economic/housing/resources

FAIR HOUSING IS THE LAW

The Fair Housing Act prohibits discrimination in housing because of:

- Race or color
- National origin
- Religion
- Sex
- Family Status (including children under the age of 18 living with parents or legal custodians; pregnant women and people securing custody of children under 18)
- Handicap

What Housing Is Covered?

The Fair Housing Act covers most housing. In some circumstances, the Act exempts owner-occupied building with no more than four units, single-family housing sold or rented without the use of a broker and housing operated by organizations and private clubs that limit occupancy to members.

What is Prohibited?

In the Sale and Rental of Housing: No one may take any of the following actions based on race, color, national origin, religion, sex, familial status or handicap:

- Refuse to rent or sell housing
- Refuse to negotiate for housing
- Make housing unavailable
- Deny a dwelling
- Set different terms, conditions or privileges for sale or rental of a dwelling
- Provide different housing services or facilities
- Falsely deny that housing is available for inspection, sale or rental
- For profit, persuade owners to sell or rent (blockbusting)
- Deny anyone access to or membership in a facility or service (such as a multiple listing service) related to the sale or rental of housing.

Protections For People With Disabilities

- People with handicaps are to be treated the same as other people.
- Accommodations should be made for handicapped person that are not required for others:

- Reasonable changes or exceptions to rules may be necessary. Example: A landlord must make an exception to a “no-pets” policy to allow a tenant who is sight –impaired to live with his/her seeing eye dog.
 - Handicapped tenants must be allowed to make reasonable changes to properties if they are necessary to allow the tenants to use the property. The landlord’s duty is to permit the changes, NOT pay for them. Example: A landlord must allow a handicapped tenant to install a wheelchair ramp, but is not obligated to pay for it.
- Apartment buildings with four or more units built after March 12, 1991 must be accessible to the physically handicapped.

IF YOU ARE DISCRIMATED AGAINST YOU CAN FILE A COMPLAINT WITH:

**NC Human Relations Commission
 116 W. Jones Street, Ste. 2109
 Raleigh, NC 27601
 (919)807-4435/ (1) 866-324-7474
 WWW.DOA.STATE.NC.US/HRC**

The Commission advocates, enforces and promotes equality of opportunity in the areas of housing, public accommodations, education, justice and governmental services.

NO REASONABLE ACCOMODATION OR EMPLOYMENT COMPLAINTS

**Dept. of Housing and Urban Development
 451 Seventh Str., SW, Rm. 5204
 Washington, DC 20410-2000
 202-708-1122 /(1) 800-669-9777
WWW.HUD.GOV**

Federal law prohibits housing discrimination based on your race, color, national origin, religion, sex, familial status, or disability. If you have been trying to buy or rent a home or apartment and you believe your civil rights have been violated, you can file your fair housing complaint

**Housing-Subsidized
www.nchfa.org**

Please see above website for complete updated list of affordable and subsidized housing units in Wake County.

Raleigh Housing Authority.....831-6620/831-6043

900 N. Haynes Str., Raleigh 27611
www.rhaonline.com
Application for Housing Choice Vouchers (Section 8) and Public Housing

Wake County Housing Authority.....269-6404
100 Shannon Str., Zebulon 27592

DHIC (Developing Housing/Improving Communities).....832-4345
113 South Wilmington Street, Raleigh 27601
ww.dhic.org
Subsidized housing, tax credit housing, senior housing and supportive housing options offered.

HOME OWNERSHIP PROGRAMS/FORECLOSURE PREVENTION

Agency	Phone	Services
Triangle Family Services 3937 Western Blvd. Raleigh 27606 www.tfsnc.org	919-821-0790	Homebuyer Education, Loss Mitigation, Money/Debt Management, Mortgage Delinquency, and Default Resolution Counseling,
DHIC Homeownership Center 450 E. Davie Street Raleigh 27601 www.dhic.org	919-832-4345	Homebuyer education, pre-purchase counseling, revolving loan fund, foreclosure prevention
Passage Home CDC 513 Branch Street Raleigh 27601 www.passagehome.org	919-834-0666	Pre-purchase counseling, renter's assistance
Resources for Seniors 1110 Navaho Drive #400 Raleigh 27606 www.resourcesforseniors.com	919-812-7933	Home equity conversion Mortgage Counseling
Habitat for Humanity of Wake County 2420 North Raleigh Blvd. Raleigh 27604 www.habitatwake.org	919-833-1999	Construction and sale of affordable homes for low-income households, www.habitatwake.org
Smithfield USDA Rural Development www.rurdev.usda.gov	919-934-6089 ext 4	

NC Housing Finance Agency.....877-5700
 3508 Bush Str., Raleigh 27609 (800)393-0988
www.nchfa.org
 Low interest rates, down payment assistance, foreclosure prevention.
 Also provides housing counseling

Raleigh Area Development Authority (RADA).....807-8400
4030 Wake Forest Rd #205, Raleigh 27609

www.rada-nc.org

Foreclosure prevention services. Homeowner education.

N.C. Foreclosure Prevention Fund.....888-623-8631

www.NCForeclosurePrevention.gov

Helps North Carolina homeowners who are struggling to make their mortgage payments due to job loss or temporary financial hardship, such as divorce, illness or death of a spouse. The Fund also assists returning veterans who are transitioning to civilian jobs. For qualified homeowners, the Fund can pay your mortgage and other related expenses for up to 36 months (\$36,000) while you search or retrain for new employment. Active partnership with HUD approved housing counseling agencies, legal assistance organizations, mortgage servicers and community organizations to assist home owners to avoid foreclosure

State Home Foreclosure Prevention Project.....888-442-8188

NCForeclosurePrevention.gov

If you have received a 45-day pre-foreclosure notice, the State Home Foreclosure Prevention Project (SHFPP) offers free help, including housing counseling, access to legal services if your income is low, and assistance working with your servicer. *You are eligible for assistance whatever the cause of your pending foreclosure – the reason does not need to be related to your employment.* There are no credit restrictions for this help. The SHFPP coordinates HUD-approved housing counseling agencies, state and federal agencies, legal assistance organizations, mortgage servicers and community organizations to provide the resources you need to avoid foreclosure. The program was created by the General Assembly in 2008 and is administered by the North Carolina Housing Finance Agency, a self-supporting public agency.

Citywide Homeownership Program.....966-4330

www.raleighnc.gov

The Citywide Homeownership Program is for first-time homebuyers (HUD defines this as someone who hasn't owned a home in the last three years) who meet income qualifications and want to buy a home in Raleigh's city limits. The homebuyer must qualify for a first mortgage from a participating mortgage lender. Applications can be obtained from participating lenders.

HOME REPAIR AND REHABILITATION

Cary Housing Rehabilitation Program.....380-2782

www.townofcary.org

316 N. Academy Str., Cary 27511

Loan program for home repairs and improvements. These improvements can range from minor repairs and painting to substantial roof and structural renovations on houses. Loan converts to grant that is forgiven if homeowner remains in home 5 years. Any residential homeowner who meets the income requirements and are located within the town limits can apply for rehabilitation assistance.

Homebuyer Rehabilitation Programs.....996-4330

(part of City of Raleigh Community Development program)

310 W. Martin Str. Ste. 101, Raleigh 27601

www.raleighnc.gov

Deferred payment home rehab loans for low income elderly homeowners living in City of Raleigh. Some home repairs loans offered to other low income households. Loan programs for moderate income families for home rehabilitation also available. Call for more information.

Weatherization Assistance Program.....713-1543

1110 Navaho Dr. #400, Raleigh 27606

www.resourceforseniors.com

The weatherization program is implemented in all counties in the State. Household with elderly, disabled, and children under 18 may apply. Applicants must meet income eligibility. Residence can be a rental property. Tune up & repairs on heating and cooling system, sealing and insulating ducts, installing insulation in walls, floors, and attics, etc. If you receive SSI or TANF you are automatically eligible to receive this assistance. Resources for Senior is the contact agency for Wake county residents. For those outside of Wake county, please call 715-5850 or visit www.ncgov.com for more information.

Housing and Home Improvement.....-872-7933

1110 Navaho Dr. #400, Raleigh 27606

www.resourceforseniors.com

Are you a Wake County resident and age 55 or older? Our Housing and Home Improvement Department may be able to help your clients make health and safety modifications to their homes. Certain types of home repair and adaptation may be covered under a sliding fee scale. RFS Renovation and Repair is also a licensed general contractor, offering a wide variety of services on a private pay basis, to the entire community.

Rebuilding Together of the Triangle.....341-5980

324 S. Wilmington Str. #118, Raleigh 27601

www.rebuildingtogethertriangle.org

Rehabilitation of homes for low income families. Volunteer based and materials are donated. Homeownership and residency in the home required. Must meet income guidelines. Serving Wake, Durham, Chatham, and Orange counties.

Wake County Rehabilitation Program.....856-5689/856-5906

www.garner.nc

Eligible properties include those throughout Wake County but that are not within the city limits of Raleigh, Cary or Holly Springs. This program is offered to low income residents that are in need of help to make their homes safer, more energy efficient, and more able to meet living standards. Eligible repairs include HVAC, Well/Septic systems, electrical, plumbing, roof repairs, windows, foundation, exterior and framing repair. One time only \$10000 program limit. Homeowner must reside in property, property taxes are current, proof of income, most recent bank statements, and meet income requirements.

HYGIENE SERVICES (Laundry, Showers, Toiletries) FOR HOMELESS

Cornerstone.....508-0777

220 Snow Avenue, Raleigh 27603

Wake County operates Cornerstone, a day center that provides services to persons experiencing homelessness, including basic need items, showers, telephone access, mail access, traveler's aid, financial assistance, mental health treatment, substance abuse treatment, veteran services, information and referral, and assistance in applying for mainstream resources.

Cornerstone offers intensive, community-based services targeted to each person that is experiencing chronic homelessness. Wake County sponsors a community voicemail system for persons experiencing

homelessness. This voicemail service allows those who are seeking jobs, housing, healthcare or safety to receive messages

M, T, Th., F- 8:30- 5pm; Wed. 1p-5p. Offering showers, laundry services, and toiletries from Mon-Fri 1:30pm-4:30pm. Subject to availability.

The Women's Center.....829-3711

112 Cox Avenue, Raleigh NC 27605

www.wcwc.org

Donated toiletries are distributed to those in need.

Love Wins.....835-2777

824 N. Bloodworth Street, Raleigh 27604

Open Monday-Thursday 9a-5p. with worship on Sunday at 3p. Visitors offered community, Wi-fi, telephone, mail, laundry services.

IDENTIFICATION

BIRTH, DEATH, MARRIAGE, DIVORCE, SOCIAL SECURITY CARDS, DRIVER'S LICENSE

N. C. Division of Vital

Records.....733-1511

225 N. McDowell St., Raleigh, N. C. 27601

www.vitalrecords.nc.gov

Citizens can immediately obtain birth certificates, death certificates, marriage and divorce certificates in person from any of the North Carolina county where the event took place for a \$24.00 fee; \$15.00 fee for each additional copy. Hours: 8a.m-3p.m. Persons can use a credit card for requests online or by fax or telephone (1-800-669-8310) or by mail with a money order/ certified check to: North Carolina Vital Records,1903 Mail Service Center, Raleigh, NC 27699-1900. You can also drop off the form at the Vital Records Office in Raleigh between 8:00 a.m. and 3:00 p.m., Monday–Friday.

Wake County Register of Deeds.....856-56-5460

300 S. Salisbury Str. Ste. 1700, Raleigh 27601

www.wakegov.com

Monday through Friday 8:30 a.m. – 5:15 p.m. Wake County birth and death certificates. Must bring driver's license and \$10 fee.

Wake County Birth certificates also issued at:

Eastern Regional Center,

1002 Dogwood Dr., Zebulon, N. C. 27597404-3900

Southern Regional Center,

130 N. Judd Parkway NE, Fuquay Varina, N. C.557-2501

Northern Regional Center

350 E. Holding Ave. Wake Forest NC.....562-6300

SOCIAL SECURITY CARDS:

Social Security Administration877-803-6311

4701 Old Wake Forest Rd., Raleigh, N. C. 27609

www.ssa.gov

Monday, Tuesday, Thursday, Friday 9 a.m. – 3 p.m. Wednesday 9a.m.-12 p.m. Walk-in; identification required. You may apply for replacement social security cards here with the correct documentation. Please see website for further instructions.

N. C. STATE IDENTIFICATION CARD/DRIVER'S LICENSES:

N. C. Division of Motor Vehicles816-9128

1110 New Bern Ave., Raleigh 27607

www.ncdot.org/dmv (see for list of other locations)

Many services available online.

Monday through Friday 8:00 a.m. – 5:00 p.m. Valid or expired photo ID or 3 forms of approved identification required. PROVIDING FREE I.D FOR VOTER REGISTRATION (MUST PROVIDE PROOF OF IDENTITY) see website.

OTHER ID (FOR HOMELESS INDIVIDUALS):

Cornerstone.....508-0777

220 Snow Avenue, Raleigh 27603

Friday 1 p.m.

ID FOR MEN and WOMEN

LATINO FAMILY RESOURCES

Cento Para Families Hispanas (Catholic Charities).....873-0094

2013 North Raleigh Blvd, Raleigh 27604

www.cpfhraleigh.org

Family support, parenting programs, support groups. ESL, GED, HEP, computer classes available. Food pantry and clothing assistance. NO FINANCIAL SERVICES

Cornerstone Ministries Group Inc.....937-2764

2523 Sanderford Rd. Raleigh 27610

[ww.cornerstoneministresradio.com](http://www.cornerstoneministresradio.com)

Food Bank services provided Thursday from 6:30p-1:30p. Free ESL classes, computer literacy, job search assistance, and drug prevention counseling, immigration services and attorneys for low income clients provided also.

National Migrant Education Hotline.....800-234-8848

www.escort.org

National Council of La Raza202-785-1670

www.nclr.org

Advocacy organization for Hispanic rights and interests.

El Pueblo, Inc..... 835-1525

2321 Crabtree Blvd., Ste. 105, Raleigh NC 27604

www.elpueblo.org

El Pueblo is a N. C. non-profit statewide advocacy and public policy organization dedicated to strengthening the Latino community. Provides leadership development, proactive and direct advocacy, education, and promotion of cross-cultural understanding in partnerships at the local, state and national levels

Governor’s Advisory Council on Latino Affairs..... 733-5361
116 West Jones Str., Raleigh 27603

Hispanic Ministry Coordination..... 835-1525
Coordinates Hispanics ministries for 13 parishes in Wake and Franklin Counties

Immigrants Legal Assistance Project - NC Justice Center.... 856-2570
224 S. Dawson St. Raleigh, NC 27601
www.ncjustice.org

The North Carolina Justice Center provides legal assistance to low-income North Carolinians in selected, “high-impact” cases that are designed to help alleviate poverty by protecting or expanding important rights for large numbers of vulnerable people. Client intake for immigration law matters takes place on alternate Tuesdays from 9:00 a.m. to 5:00 p.m. only. Appt. required; no “walk-ins”.

Harvest of Hope Foundation.....800-234-8848
www.harvestofhope.net

Providing emergency aid and assistance to migrant farm worker and their families with education, immunizations, medical and social services.

Interact..... 828-7501
24 Hour Crisis Lines: Domestic Violence: 828-7740 Sexual Assault:
828-3005 Solace Center: 828-3067
1012 Oberlin Rd Raleigh 27605
Souther Wake Outreach Center
309 S. Mian Str., Fuquay Varina 27526.....557-8025

www.interactofwake.org
Interact is a private, non-profit, United Way agency that provides safety, support, and awareness to victims and survivors of domestic violence and rape/sexual assault. Services are confidential and free of charge.

Latino Community Credit Union
1420 Hardimont Rd., Raleigh 27609.....855-9696
4418 Fayetteville Rd., Garner 27603..... 773-9180
www.latinoccu.org

Open Monday-Thursday; 9am-5pm and Friday 9am-6pm.
Services tailored to new immigrants

Office of Minority Health & Health Disparities, NC DHHS..... 707-5040
1110 Navaho Drive, Suite 510, Raleigh, NC 27609

www.ncminorityhealth.org

Mission: To promote and advocate for the elimination of health disparities among all racial and ethnic minorities and other underserved populations in North Carolina.

Legal Services of NC..... 856-2564
224 S. Dawson Str., Raleigh 27601 (866)219-5262

www.legalaidnc.org

Legal representation for farm workers and discrimination issues.

Lutheran Family Services..... 832-2620

616 Hutton Str., Raleigh 27606

www.lfscarolina.org

Provides a variety of refugee and immigration services

NC Society of Hispanic Professionals..... 467-8424

8450 Chapel Hill Rd., Cary 27511

www.thencshp.org

It is the intent of the NCSHP to develop and secure educational opportunities and financial support to improve Hispanic youth's success and school performance.”

NC Hispanic Chamber of Commerce.....782-8764

150 Fayetteville Str. #110, Raleigh 27601

www.nchispanicchamber.org

New Hope Baptist Church Hispanic Ministry.....876-5250

4301 Louisburg Road, Raleigh, NC 27604

National Alliance for Hispanic Health.....(202)387-5000

1501 16th Str. N.W. Washington DC 20036-1401

www.hispanichealth.org

Helpline (866) 783-2645

Provides information to the hispanic community regarding health issues.

Raleigh International Church 919-875-0950

4020 Capital Boulevard, Raleigh, NC 27604

LEGAL SERVICES

Attorney General – Consumer Protection.....Local Concerns 716-6400
or for out of area concerns1-800-566-7226
www.ncdoj.gov

Governor’s Info. & Referral Line (Community & Citizen Services.1-800-662-7952
www.nc.gov.com

Legal Services of North Carolina..... 856-2564
224 S. Dawson Street, Raleigh, NC 27601 toll free (866)219-5262
www.legalaidnc.org

Provides free legal advice and assistance for low income individuals in civil matters related to fair housing, mental disability benefits, prison issues, and justice issues. Field offices located throughout the state.

East Central Community Legal Services.....828-4647
www.nc-van.org/directory or 800-348-5068

5700 Six Forks Rd, Ste. 101, Raleigh 27609

Provides free legal assistance in civil matters to low income individuals. With the exception of victims of domestic violence and persons 60 yrs. old and over, clients must meet an income requirement before services will be rendered. Areas of service include: disability, domestic violence, custody disputes, unemployment insurance & other public assistance programs, wills, elder law, consumer problems, employment, tenant/landlord issues. Assistance in other areas may be provided. Litigation and service areas are limited, please call for more information. Counties Served: Harnett, Johnston, Lee, Sampson, Wake. Hispanic Outreach programs provided.

N. C. Lawyer Referral Service1-800-662-7952
www.lawhelpnc.org

The NC Lawyer Referral Service is a nonprofit public service sponsored by the North Carolina Bar Association Foundation. While using the Service you can be confident that you’ll be referred to an attorney who is in good standing, able to answer your legal questions and if necessary will provide representation. WE DO NOT MAKE REFERRALS TO PRO BONO, OR FREE, ATTORNEYS

SouthLight (Court Services)787-6131
12 W. Martin Str., Raleigh 27601
www.southlight.org

Assists individuals with drug violations to avoid further criminal involvement by providing intervention, education and monitoring services

Rosen Law Firm 787-6668

www.rosen.com

4101 Lake Boone Trail, Ste. 118, Raleigh, NC 27607

Legal seminars conducted via webinar on topics of separation, divorce, child support, and child custody issues.

Carolina Dispute Settlement Services.....755-4646

3737 Glenwood Avenue, Ste. 370, Raleigh, NC 27612

www.notrials.iactprogram.com

Providing mediation services for Child custody and visitation issues, small claims, community services, and district criminal court. Sliding scale costs based on income. Court fees and processing fees apply. File it yourself clinic available on Thursdays from 9-3p. and you must call for appointment.

Cornerstone Ministries Group Inc937-2764

2523 Sanderford Rd., Raleigh 27610

ww.cornerstoneministresradio.com

Immigration services and attorneys for low income clients provided also.

Disability Rights of NC.....856-2195

Toll-Free 877-235-4210

3724 National Drive, Ste. 100, Raleigh 27612

www.disabilityrightsncc.org

Disability Rights North Carolina is a 501(c)(3) nonprofit organization based in Raleigh. Its team of attorneys, advocates, paralegals and support staff provide advocacy and legal services at no charge for people with disabilities across North Carolina. As the state's federally mandated protection and advocacy system, Disability Rights North Carolina is charged with protecting the rights of children and adults with disabilities living in North Carolina.

MEDICAL CARE-PRIMARY CARE

HOMELESS AND/OR UNINSURED

Advance Community Health.....(Adm. Offices).255-6721

1001 Rock Quarry Rd. Raleigh 27610 (formerly Wake Health Services)

www.advancechc.org

Senior Health Services (Rex Healthcare).....833-3111

Family Dental Center (prev. New Bern Dental)833-3111

Horizon Healthcare for Homeless.....833-3111

1001 Rock Quarry Rd Raleigh 27610

Apex.....833-3111
 212 S. Salem St., Apex, N. C. 27502
 Louisburg.....833-3111
 111 S. Church St. Louisburg 27549
 Fuquay.....833-3111
 130 N. Judd Parkway, NE, Fuquay Varina 27526
 Services provided include General Primary Medical Care (Camp Physicals, Diagnostic Tests/ Screens, Family Planning, Geriatric Care, Gynecological Care, Health Checks, Hearing & Vision Screening, Immunizations, Pediatric Care, Sports Physicals). Support Services include Diabetes Education, Diagnostic Tests/Screens, Drug Assistance, Health Education, Eligibility Assistance, Substance Abuse Services, Social Workers.

Horizon Healthcare For the Homeless Outreach.....833-3111
 1420 S. Wilmington Street, Raleigh 27603
<http://www.advancechc.org/locations/south-wilmington-outreach-center/>
 General Primary Care, Complete Physicals, Immunizations, Behavioral Health Counseling, Substance Abuse Counseling, Drug Assistance Program (DAP, &) Horizon Healthcare for the Homeless. Tuesday and Thursday: 7:30am – 11:30a . Appointments for guest of the shelter.

Alliance Medical Ministries250-3320
 101 Donald Ross Dr., Raleigh 27610
www.alliancemedicalministry.org
 Monday- Friday 8:30-4p. Participants must complete an application and provide necessary personal and income documentation (see website for details). The clinic provides affordable health care to the uninsured. Must be a resident of Wake County, must be 18 or older, must be employed or living with family who is employed, not receiving Medicaid or Medicare. Application and appointments required (see website for application to print and documentation requirements). Bilingual services provided. This is a faith-based medical clinic for the working poor in Wake County. The clinic serves many Hispanic and other minority families and operates on a sliding fee scale (due at time of service).

Urban Ministry (Open Door Clinic).....832-0820 x.620
 1390 Capital Blvd., Raleigh 27603
www.urbanmin.org
 Health care facility providing services at low charge (\$20 cash fee for all clinic appointments with some exclusions) to uninsured, low-income

residents of Wake County. The Open Door Clinic provides acute and chronic medical care, prescription medications, and laboratory services on site. Services include: Continuing care for chronic illness, prescription medications, specialty care on site and by referral, laboratory services, health education, social work counseling. Interpreter Services are available for Spanish-speaking patients. Operating from Monday- Thursday 8:30a-8p by appointment ONLY

Wake County Public Health212-7000

10 Sunnybrook Rd., Raleigh, NC 27610

www.wakegov.com/humanservices/publichealth

Monday through Friday 8:15 a.m. - 5 p.m. Call for appointments for all types of health care needs including education, immunizations and treatment.

Public Health Clinics also at:

Southern Regional Center

130 N. Judd Parkway NE, Fuquay Varina, N. C.557-2501

Eastern Regional Center

1002 Dogwood Dr., Zebulon, N. C.404-3900

Northern Wake Health Clinic

350 East Holding Ave., Wake Forest, N. C.....562-6300

Milbrook Human Services Center

2809 E. Millbrook Rd, Raleigh, NC 27616.....431-4000

Shepard's Care Medical Clinic.....404-2474

304 Pony Rd Zebulon 27597

www.shepardscareclinic.com

Clinic hours: Monday-Thursday 9a-5p; Friday 9a-12p.

Serving Eastern Wake County and some of Nash, Franklin, Johnson County residents (areas that overlap Eastern Wake County). Picture I.D required, proof of income and address, Ages 18-64. Must meet 200% poverty level guidelines by completing an assessment. Spanish Speaking clients welcome. General clinic services, Gyn. clinic, counseling, cardiac clinic and mammography

Mariam Clinic.....824-4672

3126 Blue Ridge Rd., Raleigh 27612

www.mariamclinic.org

Free for those who meet income eligibility. Must be age 18-64. One Member of the household must be employed. Must live in or work in Wake or Durham counties. No private or public insurance, must meet 200%income poverty guidelines. Services provided: (See website for document requirements)

Acute care, short term chronic care, referrals, discount labs and radiology

services, psychiatry and counseling, monthly dental clinic, gynecology and interpreter services. No emergency or obstetric services.
Call on Wednesday 10a-12p for current patients and Thursday 5p-6p for new patients. All appts. Scheduled on Sundays.

The Salvation Army.....834-6733
1863 Capital Blvd, Raleigh 27604 (Judy D. Zelnak Center of Hope)

www.wakearmy.org

The free clinic is for the homeless and uninsured.

Project Access of Wake County.....554-3762

www.projectaccess.wakedocs.org

Project Access connects low-income, uninsured people to donated care across Wake County

Project Access of Wake County is a physician referral program, which means qualified patients can only be referred into the program due to medical necessity. Patients are carefully screened for eligibility before being referred

If you are interested in Project Access services, you must establish primary care at one of the participant clinics. (See website for clinic info). Your primary care provider will refer you to PA based on medical need and specialty availability

Patients are screened for eligibility at these safety net clinics and receive primary care, patient education for chronic disease and drug assistance services.

Charity Care-Area hospitals (Wake Med, Rex Healthcare, Duke Medicine) all provide options for the self-pay and uninsured patients who are having difficulty paying medical bills. See individual hospital websites to see criteria and access forms to apply. Websites:

www.wakemed.org, www.rexhealth.com, www.dukemedicine.org

Heartland Hospice.....981-6238

Providing hospice care. Care provided by an interdisciplinary team.

Care provided at home or at the setting of patient /family choice.

Medicare, Medicaid, insurance billed but also can assist individuals with no payor source as well as homeless individuals

The Women's Center.....829-3711

112 Cox Avenue Raleigh 27605

www.wcwc.org

The Capital Care Collaborative provides a nurse on-site one afternoon each week to do health screenings and provide basic care. Health education and

services are provided in a variety of ways. All women and families we serve who are homeless are encouraged to connect with Horizon Healthcare and are provided with a referral letter.

MEDICAL-HIV TESTING/AIDS SERVICES

Alliance of AIDS Services Carolina834-2437
1637 Old Louisburg Rd, Raleigh 27604

www.aas-c.org

Free confidential HIV testing and other STDs. Mon-Thur. 9am-12pm and Monday evening 5p-7p or by appointments available also. Offering primary care and continuum of care, preventative education, counseling, substance abuse treatment, mental health counseling, nutritional counseling, food pantry (Tuesday & Wednesday 12:30p-4p), case management, family care homes, emergency financial assistance, transportation, housing info and referrals.

Horizon Health Center (homeless population).....833-3111
1001 Rock Quarry Rd Raleigh 27610 or S. Wilmington St. Raleigh 27603

<http://www.aas-c.org/alliance-care-services/project-clear.html>

Provides HIV treatment services and related medical care Thurs. 2p-4p.

National CDC Hotline1-800-458-5231

www.cdcnpin.org

Southlight832-1400

1201 Garner Rd., Raleigh 27601

<http://www.southlight.org/>

Outreach and case management services focusing on HIV/AIDS and substance abuse awareness, prevention, and education. Services offered at various locations. Call for more information.

Under One Roof (WCHS).....212-7801

3000 Falstaff Rd, Raleigh 27610

www.wakegov.com

Free counseling, financial assistance and initial intake by appointment only.

Strengthening the Black Family.....856-5271

568 East Lenior Str., Raleigh 27601

www.stbf.org

Free HIV testing. Basic nutrition and sex education programs for teens.

Urban Ministries836-1642

1390 Capital Blvd., Raleigh

www.urbanmin.org

Free confidential testing Tuesdays from 5:30 p.m. – 7:30 p.m. Last person taken at 7:00 p.m. Spanish speaking employees present.

Wake County Public Health..... 250-3950

10 Sunnybrook Road, Raleigh, NC 27610

All clinics will do free, confidential testing. Call for an appointment and information regarding all testing centers.

Clinic E. Spanish speaking employees available on Wednesday evenings. Testing for all STDs and treatment for HIV/AIDS patients also done Monday through Friday at Clinic A. Call for appointments and times for Clinic A at 250-4410.

WCHS, 350 E. Holding Ave Wake Forest 27587.....562-6300

WCHS, 1002 Dogwood Dr., Zebulon 27597.....404-3900

WCHS, 130 N. Judd Pkwy., Fuquay Varina 27526.....557-2501

WCHS, 214 W. Milbrook Rd, 2nd fl., Raleigh 27609.....844-6348

Women’s Center829-3711

112 Cox Ave., Raleigh 27605

www.wcwc.org

Testing and counseling service

Planned Parenthood.....833-7526

100 S. Boylan Ave., Raleigh 27603

www.plannedparenthood.org

HIV testing by appointment on: Mondays: 8:30am - 5:30pm Tuesdays: 10:00am - 7:30pm Wednesdays: 9:00am - 2:00pm Thursdays: 10:00am - 7:30pm Fridays: 8:30am - 6:00pm Saturdays: 9:00am - 2:00pm 2nd and 4th Saturday of the month. Rapid HIV testing can be done with a blood sample taken from a finger stick. The results are available in 10-40 minutes. Call about \$\$

Gateway Campus.....833-0096

HIV Testing available by walk in or appointment. All services free and confidential.

www.gatewaycampus.org

1306 Hillsborough Str. Raleigh 27610

1st and 3rd Tuesdays from 12:00 noon – 3:00 pm

3300 Idlewood Village Drive Raleigh 27610

1st and 3rd Thursdays from 2:00 pm – 4:00

554 E. Hargett Str. Raleigh 27601

2nd and 4th Wednesdays from 2:00 pm – 4:00 pm

LGBT Center of Raleigh.....832-4484
324 Harrington Str. Raleigh 27603
www.lgbtcenterofraleigh.com

Free HIV testing available. The [Alliance of AIDS Services – Carolina](#) offers testing services at the LGBT Center every Monday and Thursday evening from 6pm-8:30. Saturday and Sunday Noon to 6pm

My Sister’s Keeper of the Triangle.....508-6124
4922 Windy Hill Drive, Ste. A, Raleigh 27609
www.mysisterskeepernc.org

Call Mon- Friday from 7am to 5pm for an appointment. Provides case management to individual with HIV in order to facilitate the recipient’s medical, social, and education needs.

MEDICAL-PRESCRIPTIONS

Dorcas Ministries.....469-9861
187 High House Rd. Cary 27511
www.dorcas-cary.org

Assistance for Cary & Morrisville. Residents of Fuquay, Apex, and Holly springs must have a written referral from Western Wake Crisis Ministry. Durable medical supplies also available as resources allow. See website for required documentation.

Open Monday through Friday 10:00 a.m. to 1:00 p.m.

Applicants must sign in by 12:30 p.m.

Extended hours on Tuesday until 3 p.m. Applicants must be signed in by 2:30 p.m

North Carolina Drug Card

www.northcarolinadrugcard.com

The NC Drug Card program is a FREE statewide RX assistance program available to all residents. Print card from website. Share info with family and friends.

Drug Assistance Program (HIV/AIDS)877-466-2232
Division of Public Health, N. C. Dept of Health & Human Services
1902 Mail Service Center, Raleigh, N. C. 27699-1902

https://www.pparx.org/prescription_assistance_programs/north_carolina_aids_drug_assistance_program

The North Carolina AIDS Drug Assistance Program (ADAP) uses a combination of state and federal funds to provide low-income residents of North Carolina with assistance in obtaining essential medications for treatment of HIV as well as prevention and/or treatment of related opportunistic infections and other co-morbidities. Please either download

the application (if available) or go to the program website for more information on how to apply.

N. C. Division of Medical Assistance.....(800)662-7030
1918 Umstead Dr., Kirby Building, Raleigh, N. C. 27699-2501
www.dhhs.state.nc.us/dma
State resource for questions regarding Medicaid or NC Health Choice

North Raleigh Ministries.....844-6676
2431 Spring Forest Rd, Ste. 152, Raleigh 27615
www.northraleighministries.com/
Mon thru Thursday. Call for appt. between 10am-1pm. Help with prescriptions. Serves Raleigh residents in zip codes 27604, 27609, 27612, 27613, 27614 and 27615.

Southern Wake Crisis Ministries.....567-8100
605 Bridge Str., Fuquay Varina, 27526
www.helpsouthwake.org
Prescription assistance. T-Th from 9a-11:45a

Urban Ministries836-1642
1390 Capital Blvd., Raleigh 27603
www.urbanmin.org
Prescription assistance for low-income and homeless individuals. First come first served. Once in 4 month period. N. C. ID required. Will pay copays. Monday-Friday 9am-1pm.

WakeBrook Recovery Center (Mental Health Services)250-1500
www.wakegov.com
107 Sunnybrook Rd
Prescription assistance for mental health clients.

Wake County Human Services, Medicaid.....212-7000
220 Swinburne Rd., Raleigh 27610
www.wakegov.com
Residents of Wake County may visit the Human Services building in their area to apply for Medicaid. Medicaid provides assistance to income eligible persons for prescriptions, doctor and hospital visits, vision, and dental care.

Southern Regional Center, Fuquay Varina.....557-2501
Eastern Regional Center, Zebulon.....404-3900
Northern Regional Center, Wake Forest.....562-6300
Millbrook Center.....844-6348

Medicare Prescription Drug Plan.....(800)633-4227

www.medicare.gov/find-a-plan

This tool will allow you to find plans in your state that match your required drug list.

Patient Assistance Program Center

<http://www.rxassist.org/>

Patient assistance programs are run by pharmaceutical companies to provide free medications to people who cannot afford to buy their medicine. RxAssist offers a comprehensive database of these patient assistance programs, as well as practical tools, news, and articles so that health care professionals and patients can find the information they need all in one place.

Partnership for Prescription Assistance

www.pparx.org/Intro.php

The Partnership for Prescription Assistance helps qualifying patients without prescription drug coverage get the medicines by matching them with the right assistance programs. Many will get their medications free or nearly free.

The Partnership for Prescription Assistance will help you find the program that's right for you, free of charge. Remember, you will never be asked for money from the PPA.

Download access to applications for prescription assistance from individual drug providers. Must meet financial requirements

Help with Medicare prescription drug plan premiums....1-800-772-1213

www.socialsecurity.gov

Help with Medicare prescription drug premiums. Form SSA-1020.

The Medicare prescription drug program gives you a choice of prescription plans that offer various types of coverage such as Extra help to pay for monthly premiums, annual deductibles, and co-payments related to the Medicare prescription drug program. You must complete an application at www.socialsecurity.gov or you may request a paper copy. IF YOU ARE RECEIVING SSI OR MEDICAID AND MEDICARE ALREADY YOU WILL AUTOMATICALLY GET THE EXTRA HELP AND DO NOT NEED TO COMPLETE AN APPLICATION

Canada Pharmacy.....800-891-0844

CANADA PHARMACY is the largest Canadian mail order pharmacy on the internet, and offers sizable discounts on a number of prescription medications for diabetics. You will need a prior, valid prescription from a U.S. physician on file with them before they will ship your products. The discounts can be quite substantial, as compared to U.S. pharmacies on many well-known, brand-name medications. Generic medications are typically cheaper to buy in the United States.

MEDICAL-CANCER CARE

The CancerCare Financial Assistance.....813-552-4673

www.cancercare.org

CancerCare® provides limited financial assistance to people affected by cancer. As a nonprofit organization, funding depends on the sources of support we receive at any given time. In order to be eligible for financial assistance you must: have a diagnosis of cancer confirmed by an oncology health care provider, be in active treatment for your cancer, live in the U.S. or Puerto Rico, and meet our eligibility guidelines of 250% of the Federal Poverty Limit. CancerCare's financial assistance does not cover basic living expenses such as rent, mortgages, utility payments, or food.

CancerCare Co-Payment Assistance.....866-552-6729

www.cancercarecopay.org

Need help paying co-payments for chemotherapy and targeted treatments? The CancerCare® Co-Payment Assistance Foundation (CCAF) is a non-profit organization that helps people afford insurance co-payments for chemotherapy and targeted treatments.

Leukemia & Lymphoma Society Co-pay Assistance Program...877-557-2672

www.lls.org

LLS's Co-Pay Assistance Program offers financial support toward the cost of insurance co-payments and/or insurance premium costs for prescription drugs. Patients must qualify both geographically, medically and financially for this program. See website for specific qualifying diagnosis and additional eligibility criteria

The Breast Cancer Assistance Program (BCAP)

www.sistersnetworkinc.org

A National African American Breast Cancer Survivorship Organization that provides services to women facing financial challenges. The BCAP program provides financial assistance for but not limited to: *medical related lodging, co-pay, office visits and prosthesis*. This program also provides FREE mammograms for those who qualify. Application necessary.

The Caring Community Foundation

www.caringcommunityfoundation.org

P.O. Box 1364, Cary, NC 27512

Charitable organization that provides financial support through modest grants to cancer patients in need of providing assistance with rent, utilities, treatment or other expenses that become difficult to manage during cancer treatments. Referral must be received from a social worker at the hospital/clinic where they are receiving their cancer treatment. No direct contact between organization and applicants. Social workers must join network by sending info to info@caringcommunityfoundation.org

MEDICAL-DIABETIC CARE RESOURCES

Roche Accu-Chek Patient Assistance Program.....800-881-4090 or 800-545-6962

P.O.Box 18740 Louisville, KY 40261

<https://www.acu-chek.com>

Roche Diagnostics, which manufactures the ACCU-CHEK line of blood glucose monitors, offers a patient assistance program for low-income diabetics that are without insurance coverage. The program provides free blood glucose test strips from the ACCU-CHEK line of blood glucose monitors. As with most other patient assistance programs, the offer is only available in the United States, requires a significant amount of paperwork and proof of low income may be required.

Publix Supermarkets.....460-20821020

Bradford Plaza Way Cary 27519

Website: <http://www.publix.com>

Details: Offers free refills of Metformin, free blood glucose meter, discounts of diabetes test supplies. FREE metformin. No forms to fill out. No cards to carry. Simply FREE medications, for as long as your doctor prescribes them. Just drop off your prescriptions on your next visit.

The Free Pharmacy

<http://medassist.org/free-pharmacy-program/>

Program provides free prescription medication to North Carolina residents who are low-income, uninsured and fall at or below 200% of the Federal Poverty Level. This statewide program is the answer for those who do not have the means to obtain *lifesaving* prescription medication to treat common diseases, such as: heart disease, diabetes and asthma.

Eligibility Requirements:(1)North Carolina Residents,(2)Adults and children living at or below 200% of the Federal Poverty Level, (3)Adults and children who do not qualify for: Medicaid, Veterans Administration or private health insurances who do not have the means to obtain *lifesaving* prescription medication to treat common diseases, such as: heart disease, diabetes and asthma.

The Dispensary of Hope.....888-428-4673

The Dispensary of Hope is an organization that has created a nationwide network of prescription medication dispensing sites. The locations are available for low to moderate income patients and the service will assist people who lack prescription drug coverage. It provides them with free or heavily discounted medications and drugs.

http://www.needhelppayingbills.com/html/dispensary_of_hope_prescription.html

ACT I Diabetes Group

Volunteer group that has been helping to provide Type 1 diabetics with non-prescription diabetes test supplies such as blood glucose meters, test strips and lancets. It is not a long-term solution for obtaining free diabetes test supplies, but rather a short-term assistance program for those in more immediate need. <http://www.act1diabetes.org> or to apply directly for the organization's Supply Exchange Program, which supplies free test strips and other non-prescription diabetic test supplies to the public for free, e-mail them directly at supplies@act1diabetes.org.

BD Insulin Syringe Assist Program.....866-818-6906

<http://www.bd.com/us/diabetes>

Diabetes care offers a patient assistance program for people who use BD Ultra-fine Insulin Syringes. No Medicaid or Medicare recipients. A small co-pay required.

MEDICAL-MENTAL HEALTH & SUBSTANCE ABUSE SERVICES

Wake Brook Recovery Center.....984-974-4850
(formerly Crisis/Assessment of WCHS) Crisis Stabilization Ctr.
107 Sunnybrook Rd Raleigh 27610

www.wakegov.com

Crisis help is available for emergency situations 24 hours a day for children and adults by walking in or calling. Wake Brook Crisis and Assessment Services is an outpatient facility intended to provide crisis assessments and referrals to other service providers. Wake Brook is also the transfer point for law enforcement to bring individuals who are in crisis. If you are determined to need admission to a psychiatric hospital, staff will locate a bed either in the UNC Wake Brook Psychiatric Hospital, Holly Hill Hospital or in another hospital which may be as close as Durham, Chapel Hill or Rocky Mount or as far as Jacksonville or Asheville.

WAKE COUNTY HUMAN SERVICES

Cornerstone 508-0777
Path and Community Outreach Team Referral Line..... 508-0770
220 Snow Avenue, Raleigh, NC 27603

www.wakegov.com

Outreach and engagement, psychiatric services, and intensive case management services offered to homeless individuals with severe and persistent mental illness and/or substance abuse problems. Please call to make a referral on Tuesdays 1pm-4pm.

NAMI (National Alliance on Mental Illness).....848-4490
P.O. Box 12562, Raleigh 27605

www.nami-wake.org

Provide support, education, and advocacy for persons with mental illness and their families and friends. Support group for families, peer to peer support and more

Monarch (Walk-in Mental Health Clinics).....866-986-1763

www.monarchnc.org

If you are a Wake County resident in need of mental health services, you may receive an assessment by walking into: Monarch's walk-in mental health clinics (919) 856-4703 for 401 E Whitaker Mill Rd, Raleigh, NC 27608, 919 -375-4453 for 1002 Dogwood Dr., Zebulon, NC 27597, (919) 650-3325 for 300 Asheville Ave. Ste. 200 Cary NC 27518, (919) 552-4283 for 130 N. Judd Pkwy. NE, Fuquay Varina NC 27526, and (919)-263-9365 for 350 E. Holding Ave. Wake Forest NC 27587

Fellowship Health Resources (Drop in Center).....573-6520
5509 Creedmoor Rd, Raleigh 27612

www.fellowshiphr.org

A safe and supportive environment is offered to individuals in the community experiencing life challenges. Daily programs not only focus on mental health/addiction recovery counseling, but also on physical health education and support, as well as leisure activities, structured skills training groups, peer recovery services, and creative arts program.

Strategic Behavioral Center..... 855-537-2262
3200 Waterfield Drive Garner 27529

<http://www.sbcraleigh.com/>

Offers acute psychiatric inpatient services for males and females age 5 to 17.

Easter Seals UCP North Carolina & Virginia(800)662-7119
5171 Glenwood Ave., Ste., 400 Raleigh 27612 (783-8898 local)

www.easterseals.com/NCVA

For children, adults and families who are dealing with disability issues. Easter Seals UCP North Carolina offers a variety of supports available in the home, community, or at a clinic. Our services are structured around best-practice models, with a continuing focus on maintaining a person- center, strengths-based approach. Programs provided: Autism Services, Children Services, Adult services, Senior services, employment & training, Medical rehabilitation, Camp & recreation, Military & veterans

Hope Services, LLC.....714-7500

3000 Highwoods Blvd. Ste. 310 Raleigh

www.hopeservices4u.com

Child mental health services including treatment for children with complex trauma histories of exposure to domestic violence, neglect, physical abuse and sexual abuse. Intake/Referral 714-7500 x. 1101

Carolina Community Mental Health.....875-3211

4020 Capital Blvd., Raleigh 27604

www.carolinacmhc.com

CCMHC is an outpatient mental health facility that was developed with the goal of providing outpatient mental health services to adults, adolescents and children in a multicultural and bilingual environment, with emphasis on the Latino communities in the Raleigh area.

RHA Health Services, Inc.(Raleigh Interpreter)825-2869

2527 E. Lyon Station Rd, Creedmoor 27522.....528-2558

www.rhahealthservices.org

RHA provides services to the deaf and hard of hearing, and deaf-blind population including psychological assessment and testing, individual, group and family therapy, psychiatric assessment and medication management. Also see website for full menu of services provided to with developmental disabilities.

Community Partnerships, Inc.....781-3616 x.287
3522 Hawthorne Drive, Raleigh 27609

www.communitypartnerships.org

CPI will provide supported employment services to adults with serious mental illnesses, including help with finding jobs, intensive job training and support, and long-term vocational support. CPI also operates “Community Connections,” a program for persons with intellectual/developmental disabilities who are in the process of accessing or waiting for services and their families. This program works to empower families to access services and benefits available in the community at minimal or no cost. Community Partnerships, Inc. contracts with Alliance Behavioral Healthcare (800-510-9132) to provide services. When you call, ask to speak to an I/DD Access Coordinator and tell them you are interested in the Community Connections program at Community Partnerships.

The Healing Place of Wake County (Men’s Facility)838-9800
1251 Goode Drive, Raleigh, N. C. 27603

www.hpowc.org

Target Group: Homeless men, age 18 and older, who are from Wake County. Length of stay: Shelter – one night/ Non-medical Detox – 3 to 5 days; Recovery Program – 7 to 12 months.

Other: The Sobering- Up Center offers non-medical detoxification. The overnight shelter offers emergency shelter one night at a time. The recovery program is a long-term, 12-Step based, peer-run program for homeless men with alcohol and other drug problems. Walk-ups are not allowed and beds are not reserved. 4p pick up from South Wilmington Street Ctr.

The Healing Place (Women’s Facility)865-2550
3304 Glen Royal Road, Raleigh, N. C. 27617

www.hpowc.org

Target Group: Homeless women, age 18 and older, who are from Wake County. Length of Stay: Shelter – one night; Non-medical Detox – 3 to 5 days; Recovery Program – 7 to 12 months.

Other: The Sobering- Up Center offers non-medical detoxification. The overnight shelter offers emergency shelter one night at a time. The

recovery program is a long-term, 12-Step based, peer-run program for homeless women with alcohol and other drug problems. Pregnant women may stay in the overnight shelter but are not admitted to Detox or the recovery program. Walk-ups are not allowed and beds are not reserved. In order to enter the emergency night shelter, women must be at the Women's Center at 112 Cox Ave. Raleigh by 3:15 p.m. each day for the van pick-up.

Holly Hill Hospital(Admissions) 800-447-1800
3019 Falstaff Road, Raleigh, N. C. 27610
www.hollyhillhospital.com

Provides treatment programs for children, adolescents, and adults covering a wide range of behavioral health issues. Provides treatment for: Depression; Anxiety and Stress, Bipolar Disorder; Other Emotional and Mood Disorders; Behavioral Problems; Alcohol Abuse and Dependency; Illicit and Prescription Drug Abuse and Dependency. A no-cost, confidential evaluation of a patient's needs is available 24 hours a day, seven days a week through the RESPOND department. Locations: Adult Campus, 3019 Fallstaff Rd. Raleigh 250-7000; Children's Campus, 201 Michael J Smith Lane Raleigh 27610 250-7600

SouthLight787-6131
3117 Poplarwood Court, Suite 203, Raleigh 27604 (Administrative offices)
www.southlight.org

SouthLight is an organization which offers numerous services for substance abuse including assessment, education, treatment, counseling, youth and juvenile offender services, court services, intervention, intensive outpatient treatment, methodone treatment, independent living skills, supervised living services. SouthLight also offers a wide variety of programs to address these issues. If you would like more information about the admission process, services or facilities, please call the above number. Below are just a few of the programs/services offered:

Adult Services787-6131
2101 Garner Rd., Suite 107, Raleigh 27610 &
3125 Poplarwood Crt. Ste. 150 Raleigh

Youth & Family Services.....872-7373
1012 Oberlin Rd, Raleigh 27604

Criminal Justice Service.....828-4892
12 W. Martin Street, Raleigh, N. C. 27601

Primary Care.....832-1400

2101 Garner Rd, Ste. 107 Raleigh 27610

Clients can receive evaluation and treatment of acute conditions (sinus infections, bronchitis, UTI); chronic condition management (hypertension, diabetes, pain), routine wellness exams, health education, etc.

Pregnant & Postpartum.....787-6131
Residential program for pregnant/post-partum women

Triangle Family Services821-0790

3937 Western Blvd, Raleigh 27609

www.tfsnc.org

Individual, group, and family counseling. Also offering sex abuse treatment programs for children. Fees based on a sliding fee scale.

UNC Alcohol and Substance Abuse Program966-6039

1101 Weaver Dairy Rd., Chapel Hill, N. C. 27514

www.med.unc.edu.alcohol

or (888)457-7457

Outpatient mental health and substance abuse services. Payment Accepted: Self payment, Medicaid, Medicare, Private health insurance, Military insurance, Payment Assistance. Mon-Fri 9am-6pm

UNC Horizons

Administrative office.....966-9803

Clinic.....966-2131

Residential...../960-3775

127 Kingston Drive, Chapel Hill 27514

www.med.unc.edu/obgyn

A drug abuse treatment program for pregnant women and mothers with children, will provide perinatal substance abuse services. The program will include screening, case management, family planning, substance abuse and parenting education, and other in-home supports.

The Catholic Center(Catholic Diocese-Raleigh).....821-9700

7200 Stonehendge Dr., Raleigh 27613

www.dioceseofraleigh.org

Jewish Family Services.....676-2200

8210 Creedmoor Rd., Raleigh 27613

www.shalomraleigh.org

Women's Center.....829-3711

112 Cox Avenue, Raleigh 27605

www.wcwc.org

Providing support services and mental health counseling to women in need.

Armstrong

House.....601-8551

9660 Falls of the Neuse Rd, Ste. 138, #231, Raleigh 27615

www.armstronghouse.org

Armstrong House is a supportive housing organization which provides transitional housing for recovering alcoholics and substance abusers. We are run by, and for, those actively seeking recovery. We are a welcome place for men who are vested in living a life of recovery. We have several locations in Raleigh.

Life Resources of NC.....896-8520

www.lrofnc.com

183 Wind Chime Ct., Ste. 100 Raleigh 27615

Outpatient clinic that serves children, adults, and families with individual , family, and group counseling, psychiatric evaluations, medication management, speech therapy EAP programs. Yoga classes for youth, adults, family also offered. Currently accepting Medicaid, Health Choice, BCBS, and self- pay and sliding scale discount for outpatient services

ASPIRE800-708-0048

UNC Chapel Hill-Dept. Psychiatry, 2218 Nelson Hwy.Ste1

Chapel Hill, NC 27517

www.psychiatry.unc.edu/aspire

Organization provides a range of service for children adolescents, and young adults with ASD spectrum, Bi-polar, or Schizophrenia disorder.

TROSA (Triangle Residential Options for Substance Abusers..419-1059

1820 James Street, Durham 27707

www.trosainc.org

TROSA is a FREE two-year residential program. Key elements of the program include vocational training, education, peer counselling / mentoring, leadership training, and continuing care. TROSA is funded through the operation of several non-profit businesses that are operated by many TROSA participants and graduates.

MEDICAL-DENTAL

Wake Smile Community Dental Outreach.....390-6497

In The Salvation Army Judy D. Zelnak of Hope Center

1863 Capital Blvd Raleigh 27604

www.wakesmiles.org

Nonprofit dental clinic servicing low income, uninsured adults of Wake

County. Referrals accepted from local safety net organizations: Alliance Ministries, The Healing Place, Open Door Clinic of urban Ministries, Mariam Clinic, Project Access, Raleigh Rescue Mission, and The Salvation Army.

Wake Tech Dental Hygiene.....747-0126

Perry Health Sciences Building, 2nd Floor
2901 Holston Ln., Raleigh 27610

<http://www.waketech.edu/programs-courses/credit/dental-hygiene/clinic-patient-information>

The Dental Hygiene Clinic accepts adults and children age 4 and older for cleanings, fluoride treatments, sealants, and radiographs. Patients are screened to determine eligibility and treatment needed. Some patients may not be appropriate for treatment in the clinic, and appointments cannot be guaranteed; availability varies by semester, according to the number of dental hygiene students enrolled. Referrals will be given for additional dental work needed. Fees are \$20 for each series of appointments (\$10 for screening; \$10 at start of cleaning). Payment may be made in cash or by check or debit/credit card. Patients with dental insurance are responsible for filing their own insurance claims. Services are FREE for Wake Techs students with valid ID.

UNC Chapel Hill Dental School

For application for 4-14 year old & older.....537-3737

For applications for 0-3 year old.....537-3956

Manning Dr. & Columbia Ave, Chapel Hill

www.dentistry.unc.edu

Monthly drawings held to determine patient selection. Candidates placed on waiting list after application screening is passed. Applications do expire and must be renewed to be considered for drawings every 3 months. During screening appointment, the dentist will estimate the cost of treatment and the prospective patient must commit to paying for treatment. If unable to pay the estimated amount, the patient will be dismissed from the program.

MEDICAL-EYECARE

Division of Services for the Blind.....733-9822

or (866) 222-1546

309 Ashe Avenue Raleigh 27603

www.ncdhhs.gov

Must meet income eligibility based on household size for particular services. Some services provided free of charge. Must be a citizen or have Permanent Residency Card. Can include children up to age 22 (if listed on income tax return as dependents). Assistance for Employment, Medical, Training, Independent Living Skills, and Technology service provided.

Wake County Human Services.....250-4651 or 250-4690

220 Swinburne Str., Raleigh 27610

NO LONGER PROVIDING ASSISTANCE FOR EYE EXAMS OR GLASSES.

Some assistance for some surgeries and/ or eye medications. If a current eye exam has been performed and only in need of glasses, refer to New Eyes (<http://new-eyes.org/>) to print off application and bring to Human Services. Any Social Worker can sign off on the application but client must already have a prescription for glasses. Application can be electronically submitted by social worker. No fax or email of applications accepted. If approved, voucher for purchase of glasses will be sent to SW for pick up. Applicants can take their voucher to a local optical dispenser. The voucher is for full payment for a basic pair of glasses. New Eyes will directly reimburse the optical dispenser. Voucher recipients do NOT pay any additional money.

Lions Clubs International.....(headquarters) (630) 571-5466

www.LionsClubs.org

Provides financial assistance for eye care through local clubs. Eligibility based on income and household size. Contact local club in your area.

UNC Department of Ophthalmology.....966-2061

UNC Kittner Eye Center

2226 Nelson Hwy, Ste. 200 Chapel Hill 27517

<http://www.med.unc.edu/ophth/>

Free or low cost eye exams for people of all ages. Income verification is required. Call 966-5296 with questions regarding financial assistance.

Eye-Care America.....(800)222-3937

<http://www.aao.org/eyecare-america/online-referral-center>

A public service foundation of the American Academy of Ophthalmology. Provides comprehensive eye exams and care for up to one year to those that are eligible. Those 65 or older and have not received an EyeMD in 3 or more years or those at risk for glaucoma and have not had an eye exam in 12 months or more may be eligible for a free glaucoma eye exam. Eye glasses NOT covered.

Optometry Cares.....(800) 766-4466

www.aoafoundation.org

Vision USA provides free eye care to uninsured, low income working individuals and families. Eligibility based on income and household size. Must go thru referral agency (Raleigh Locations: Alliance Medical

Ministries, Alliance of Disability Advocates, Cottage Health Care Services, NC Recovery Support Services, Southlight, Community Partners Inc., Capital Care Collaborative, Urban Ministries, Salvation Army, First United Methodist Ch. Of Cary, Wake County Human Services & Turning Point Family Care). Referral submitted online ONLY by referring agency. Please see website for information on how the program works and for referral agencies in other NC counties or other states.

Prevent Blindness NC (Resource Center).....800-331-2020
4011 West Chase Blvd. #225, Raleigh 27607.....755-5044
www.preventblindness.org

Delivers direct service programs through screening, publications, safety, education, information, and referral. Healthy Eyes Eyeglasses Program is for adults and children. Must be income eligible (200% poverty level), no other eyeglass benefits, referral provided by partner agency (National Association of Community Health Clinics). Vouchers provided by VSP.

NC Association of Educators.....(800) 662-7924 ext 205
www.ncae.org

No income requirements. Eyeglasses and other items provided as deemed necessary. Must be a student enrolled in public school. Citizenship not required. School staff or school nurse must request assistance on behalf of the child. Parents cannot request the assistance. Cost of eye exam not covered. Application available September- June.

Sight for Students.....1(888) 290-4964
www.sightforstudents.org

Vision Service Plan program that provides eye exams and glasses to children 18 years (still in high school) and younger whose families cannot afford vision care. Must be income eligible (200% poverty level), no other eyeglasses benefits, US citizen or legal immigrant with a social security number. Referrals provided by National Association of Community Health Clinics partners (see website). Vouchers provided to VSP participating doctor in the area.

ZenniOptical.....(800) 211-2105
www.zenniOptical.com

Provides online ordering of low cost eyeglasses. Must have valid prescription. Must have credit card, debit card, paypal express or gift card) to make purchase.

We do not accept insurance. However, some insurance companies will accept an invoice copy for reimbursement. Flex Spending (with VISA or Master Card logo) can be used.

MEDICAL-HEARING AIDS

Lions Clubs International..... (Headquarters) 630-571-5546

www.LionsClubs.org

Provides financial assistance for hearing aids through local clubs. Eligibility based on income and household size. Contact Wayland Rhodes Jr. 733-6659/872-7770 locally.

NC Services of the Deaf and Hard of Hearing..... (Voice) 890-0859

(Videophone) 859-8526, (TTY) 233-7082, (toll free TTY) 800-233-7082

4900 Waters Edge Dr., Raleigh 27606

www.ncdhhs.gov.dsdhh

The Division of Services for the Deaf and the Hard of Hearing (DSDHH) provides not only direct services to individuals with hearing loss and the agencies and businesses that serve them but also the resources and linkages to programs and services all across North Carolina. DSDHH's customers include all North Carolinians who have questions, concerns or needs affecting Deaf, Hard of Hearing and Deaf-Blind individuals. Counties Served: Caswell, Chatham, Cumberland, Durham, Franklin, Granville, Harnett, Hoke, Johnston, Lee, Moore, Nash, Orange, Person, Vance, Wake and Warren.

NC Assistive Technology Program (DHHS).....859-8360

www.ncatp.org

Provides any type of equipment that helps people with disabilities or older individuals be more independent at home, school, work, leisure, or community life. Free and fee based services provided. (Administered by NC Services of the Deaf and Hard of Hearing).

Foundation for Sight and Sound.....631-366-3461

PO Box 1245 Smithtown, NY 11787

www.foundationforsightandsound.org

The Foundation for Sight and Sound through its Help America Hear Program (HAH) provides hearing aids for men, women, and children with limited financial resources. With this program, each person receives: two hearing aids, custom ear molds and one year limited service. After an application fee (see Tier 1, 2, 3 below) the only expenses are the cost of the hearing evaluation and batteries. These costs are not paid to HAH. Tier 1: \$25,000 or less in Gross Household Annual Income, no financial assets and NO hearing aid benefits . Tier 2: \$25,000-30,000 Gross Household Annual Income and allowable assets not to exceed \$5000. Tier 3: \$30,001-35,000

Gross Household Annual Income and allowable assets not to exceed \$10,000.

Miracle Ear Foundation.....(800) 464-8002

www.miracle-ear.com

Please consult website for locations near you (5 Wake County locations).
Miracle-Ear Foundation, together with our donors, has been providing hearing aids, follow-up care, and educational resources to people with hearing loss who demonstrate personal inability to financially provide for their hearing health needs. Free hearing tests provided.

PREGNANCY & CHILD CARE

Birthchoice.....781-5433

2304 Wesvill Ct., Raleigh 27607

www.birthchoicewake.org

Free pregnancy testing and Free limited ultrasounds performed. Abortion information and post- abortion counseling provided. Referral and resources for maternity homes and adoption agencies provided. Assistance to apply for Medicaid available if needed. If you are in need of baby items and support during your pregnancy, we can refer you to a group called Project Gabriel. Food referrals to Catholic Parish provided.

Sacred Heart Cathedral.....673-2156

219 West Edenton Str., Raleigh 27603

www.sacredheartcathedral.org

The Gabriel Project tries to provide the needed emotional, material and spiritual support during pregnancy and after the birth of the baby as long as help is needed. Relationships are established with members of the church to bring new hope and comfort to women who are alone. Women we help include women who have chosen to put their baby up for adoption. You may also contact Catholic Social Ministries for referral churches and Birthchoice.

Community Partnerships, Inc.....781-3616 ext. 235

3522 Haworth Dr., Raleigh 27609

www.communitypartnerships.org

Early Intervention services at Community Partnerships are available to children, ages 0-5, in Wake County who have a developmental disability or a suspected delay in their development. Offering assistance with daycare, preschools or after school programs. Inclusion assistance also offered.

Planned Parenthood833-7526

100 S. Boylan Ave., Raleigh 27603

www.plannedparenthood.org

Preventive reproductive healthcare and education provided. Pregnancy testing, Birth Control pick up and Emergency Contraception are available on a walk-in basis during business hours. Please come at least one hour prior to close. All other services require an appointment. Mondays: 8:30a – 5p Tuesdays: 12:30p - 7:30p Wednesdays: 9:00a - 2:00p Thursdays: 11:30am- 7:30p Fridays: 9a - 5p Saturdays: 9:00a - 1:00 p. If you need emergency contraception (morning after pill), you can walk in any time the health center is open.

Your Choice Pregnancy Clinic

1701 Jones Franklin Rd Raleigh 27606.....758-8444

607 N. Ennis Str., Fuquay Varina 27526.....577-9050

3824 Barrett Drive #105, Raleigh 27612.....787-7423

<http://www.yourchoicepregnancyclinic.com/>

Does **NOT** perform abortions or arrange adoptions. Information provided that would help determine what kind of abortion procedure you would be eligible to receive if that is your choice. Medical quality pregnancy test, followed up with a confidential ultrasound exam provided. Our services are available regardless of income, race or religion. We serve the following cities: Fuquay-Varina, Holly Springs, Apex, Garner, SW Raleigh, Lillington, Benson, Dunn and surrounding areas.

First Choice Pregnancy Solutions/ICU Wake County.....554-8093

4237 Louisburg Rd Ste. 105 Raleigh 27604

www.firstchoicepregnancy.org

Pregnancy tests, limited sonography, education regarding conception and abortion provided by medical professionals, shared decision making model, post procedure support, case management, and connections to community support. Walk-in or by appointment. After hours appointments also available. Mobile clinics also available, walk-ups welcome, text 919-269-4088 for appointment (see website for mobile clinic locations).

Pregnancy Support Services

Durham.....490-0203

14 Consultant Place, Durham 27707

Chapel Hill.....942-7318

1777 N. Fordham Blvd., Ste. 203, Chapel Hill 27514

Pregnancy test, 1st trimester ultrasounds, adoptions, abortions, individual peer counseling, sexual integrity support/education, after abortion counseling, and infant starter kit.

NC Division of Child Development and Early Education527-6335
(Regulatory Services/ Licensing) Toll free NC residents only 1-800-859-0829
820 S. Boylan Ave., Raleigh 27603
Mailing Address: 2201 Mail Service Center Raleigh, NC 27699-2201
www.ncchildcare.nc.gov
Regulates the health, safety, and well-being of children in out-of-home care;
provides support and quality control services to child care providers.

Wake County Health Department.....212-7000
10 Sunnybrook Rd, Raleigh 27601
www.wakegov.com

Women’s Clinic F provides pregnancy testing and Clinic G provides prenatal care for uninsured and low income. Maternal Care Coordination is offered to the prenatal patients. Nurse Family Partnership program works with 1st time mothers.
WIC Program provides various food and supplies for mothers and their newborns to enhance healthy outcomes.

Wake County Child Care Subsidy Program 773-7600
Main location: 220 Swinburne Str., Raleigh NC 27620
Southern Regional Center: 130 North Judd Parkway NE, Fuquay, N. C. 27526....557-1076
Northern Regional Center – 350 E. Holding Ave., Wake Forest, N. C. 27587463-8439
www.wakegov.com

Only available for families in Wake County. Provides financial assistance to parents for their child care needs. The child care subsidy is based on an assessment of need, income and family size. If the person is eligible, the case manager will assist in finding a program that meets the needs of the child/children. Parental choice is honored whenever possible. Parental fees are assessed for families who are income eligible. Waiting list.

Florence Crittenton Service of NC.....800-448-0024
1300 Blythe Blvd., Charlotte NC 28203 704-372-4663 (Charlotte NC)
www.fcsnc.org

Maternity Home for women ages 10-40. Application required. Referral from State social worker needed.

Sarah’s House Mother/Child Residential Parenting Program-Serves girls/women in legal custody of the Dept. of Social Services (foster care) to keep teen mothers and their children together in a safe supportive environment. Length of stay varies, 24 hour supervision provided.

Legacy Hall Independent Living Program--Legacy Hall is a department in our residential facility that caters to at-risk adolescent females, ages 16-21, in legal custody of the Department of Social Services. These clients receive vocational, life, and social skills development in order to facilitate positive future outcomes. *(Application available on website)*

With Love from Jesus.....233-8010421
Chapanoke Rd Raleigh 27603

www.withlovefromjesus.com

Provide clothing and other household items FREE of charge. Hours: Tuesday, Wednesday, Friday, & Saturday 9:30a-12p.

Catholic Parish Outreach.....873-0245

2013 Raleigh Blvd. Raleigh 27604

www.cporaleigh.org

Maternity clothing and clothing for infants available with a referral from a participating agency. Hours: M-F 10a-1p.

North Raleigh Ministries.....844-6676

9650 Strickland Rd., Raleigh 27615

www.northraleighministries.com

Clothing and household items provided. Hours: Mon-Fri 10a-7p; Sat 10a-6p.

REFUGEE/IMMIGRATION PROGRAMS

Lutheran Services Carolinas.....(919) 832-2620

Raleigh Office: 112 Cox Avenue, P. O. Box 12287, Raleigh, N. C. 27605

www.lscarolinas.net

Provides a variety of refugee and immigration services. Offers immigration counseling, refugee social services, sponsorships and assistance with resettlement

NC Justice Center.....856-2570

224 S. Dawson Str., Raleigh 27601

www.ncjustice.org

Immigration Law: Provide free legal advice and representation to hundreds of low-income immigrants. **Employment Law:** Provide legal representation to immigrant workers whose employers did not pay them the promised wage, discriminated against them on the job, or committed other violations

of employment law. **Public Benefits:** Provide assistance to immigrants who have been inappropriately denied services by various public agencies, such as the Division of Motor Vehicles, offices of the Department of Health and Human Services, and the court system. Can also provide help for parents who encounter obstacles when enrolling their children in school. **Consumer Protections and Housing:** Represent immigrants who are victims of fraud, and we work to stop businesses from engaging in predatory and illegal practices. Help litigating cases involving landlord abuses of tenants who are immigrants

USCRI-Raleigh/ Boat People SOS.....334-0072

5 W. Hargett Str., Ste. 202, Raleigh 27601

www.refugees.org

Organization working on issues of human trafficking, refugee resettlement, and immigration. Emergency relief and recovery, domestic violence, labor exploitation, citizenship preparation, livelihood development, and workforce readiness training provided to eligible immigrants.

Boat People S.O.S.....770-458-6700

Regional Branch location: 607 Oakbrook Pkwy, Norcross, GA 30090

www.bpsos.org

A national Vietnamese American community organization with the mission to empower, organize, and equip Vietnamese individuals and communities in their pursuit of liberty and dignity.

The NC Refugee Assistance Program.....527-6300

820 s. Boylan Ave, Raleigh 27603 (Dorothea Dix Campus)

www.ncdhhs.gov

The North Carolina Refugee Assistance Program (NC-RAP) is a short-term transitional program that is intended to produce early economic self-sufficiency for refugees and other eligible populations. NC-RAP consists of two primary service areas – Refugee Public Assistance and Refugee Social Services. The Refugee Social Services (RAP-SS) program provides help with employment, adjusting to life in the United States, certain immigration paperwork, and learning the English language. Other support services such as interpretation and transportation may also be available. There is no income eligibility criteria for RAP-SS, but services must be provided in accordance with a written service plan. A person is no longer eligible upon becoming a U.S. citizen. Lutheran Services Carolinas in Raleigh Area under contract with the state to provide specialized services to eligible newcomers. See website for other NC partners.

State Refugee Coordinator.....733-4650
325 Salisbury Str., Raleigh 27603

SENIOR RESOURCES

Division of Aging and Adult Services,.....733-3983
Taylor Hall, 693 Palmer Drive
Mailing Address: 2101 Mail Service Center, Raleigh, N. C. 27699-2101
www.dhhs.state.nc.us/aging

The Division of Aging and Adult Services (DAAS) works to promote independence and enhance the dignity of North Carolina's older adults, persons with disabilities, and their families through a community-based system of opportunities, services, benefits, and protections; to ready younger generations to enjoy their later years; and to help society and government plan and prepare for the changing demographics.

Triangle J Area Agency on Aging.....558-2711
4307 Emperor Blvd., Ste., 110, Durham 27703
www.tjaaa.org

Provided training, education, and outreach for county based aging programs. The Ombudsman Program (800-310-9777), Advisory Council on Aging (558-2707), and Family Caregiver Support (558-9391) can be contacted here.

National Caucus and Center on Black Aged..... 558-2711
2500 Meridian Pkwy#106 Durham 27713
www.ncba-aged.org

Senior Community Service Employment Program (SCSEP) is administered through this agency. This program provided temporary full-time or part-time employment typically at non-profit agencies for minimum wage. Must be at least age 55 or older, meet low income guidelines, and be unemployed. National address & phone: 1220 L Street NW, Ste. 800, Washington DC 20005, 202-637-8400. Representative available at WCHS NCWorks center @ 220 Swinburne Str. Raleigh.

Eastern NC Chapter of the Alzheimer's Association832-3732
1305 Navaho Dr. #101 Raleigh 27605 toll free: 1-800-228-8738
www.alznc.org

Alzheimer's North Carolina provides family support, community education, public awareness and supports research for the prevention, cure and treatment of Alzheimer's disease and related disorders. Provide assistance with information, educational programs and services to patients, their families, health care professionals and the general public. Through support groups, Helpline and networking with other non-profits and local, state and federal agencies, additional information and care is provided

Transitions Life Care828-0890

or 888-900-3959

(formerly Hospice of Wake County)

250 Hospice Circle, Raleigh 27605

www.transitionslifecare.org

Offer a range of services including hospice, home health, palliative care, and bereavement support. Services are tailored to meet the exact needs, wishes and goals of each patient and family member.

North Carolina Assisted Living Association467-2486

3392 Six Forks Rd., Raleigh 27609

www.ncala.org

Provides information, advocacy, and support regarding assisted living facilities in NC.

Resources for Seniors872-7933

1110 Navaho Dr., Suite 400, Raleigh, N. C. 27609

www.resourcesforseniors.com

Resources for Seniors operates programs and services for independent as well as dependent senior and disabled adults in Wake County.

Provides information on support services, affordable senior housing, medical care, facilities, etc.

Volunteer Raleigh (City of Raleigh).....996-6295

222 Hargett Str., Raleigh 27601

www.raleighnc.gov/community/content/CommServices/Articles/VolunteerRaleigh.html

Volunteer Raleigh is a city sponsored volunteer management program and referral source connecting volunteer sites with active volunteers for service. Opportunities for those 18 and older to volunteer.

Foster Grandparents Program- 55 and older. Serve 20 hours per week to help elementary school children learn to read and tutoring. Hourly stipend, transportation reimbursement, ongoing training and supplemental insurance provided.

RFS/Friendly Visitor Programs872-7933

1110 Navaho Drive, Raleigh 27609

www.resourcesforseniors.com

Provides outreach services by phone or 1 hour weekly home visit to older adults who live alone and/ or are socially isolated. Call RFS Information Desk and ask to be referred. Center for Volunteer Caregiving will match client and volunteer FREE of charge.

Wake County Human Services (Senior/Adult Services).....212-7164
220 Swinburne Rd, Raleigh 27620

www.wakegov.com

The Senior & Adult Services Department provides: Placement services
Assessment services for at-risk individuals. Case management services for
people receiving Special Assistance/In-Home funds. Monitors adult care
homes and adult day care programs. Protective services to disabled adults
who are alleged to be abused/neglected/ exploited and in need of protection
provided. Services are also provided to consumers who have been declared
mentally incompetent and who have no one else to assume decision-
making responsibility
Providing short term generic case management to bridge consumers with
community services

Medicare Prescription Drug Plan.....(800)633-4227

www.medicare.gov/find-a-plan

This tool will allow you to find plans in your state that match your required
drug list.

Help with Medicare prescription drug plan premiums....1-800-772-1213

www.socialsecurity.gov

Help with Medicare prescription drug premiums. Form SSA-1020.

The Medicare prescription drug program gives you a choice of prescription
plans that offer various types of coverage such as Extra help to pay for
monthly premiums, annual deductibles, and co-payments related to the
Medicare prescription drug program. You must complete an application at
www.socialsecurity.gov or you may request a paper copy. IF YOU ARE
RECEIVING SSI OR MEDICAID AND MEDICARE ALREADY YOU WILL
AUTOMATICALLY GET THE EXTRA HELP AND DO NOT NEED TO
COMPLETE AN APPLICATION

North Carolina SHIP855-408-1212

11 South Boylan Ave., Raleigh 27603

www.ncdoi.com

Senior's Health Insurance Information Program (SHIP) is a consumer
information division of North Carolina Department of Insurance that assists
people with Medicare, Medicare Part D, Medicare supplements, etc.

Wake Community Resource Connection (Wake CRC).....713-1530

www.wakecrc.org

Provides Options Counselors that can help identify and connect the elderly and disabled and care-givers to service options available to them in the community.

TRANSPORTATION

Accessible Raleigh Transportation (A.R.T.)996-3459
www.raleighnc.gov

The City of Raleigh provides transportation services for persons with disabilities. There are two levels of services:

Tier 1 service is available for permanent Raleigh residents who do not have a valid driver’s license, and are identified as a person with a physical or mental disability. Tier II service is available to persons who qualify under the Americans with Disabilities Act (ADA) or individuals whose functional disabilities prevent use of accessible fixed route bus and rail systems. Call for instructions on how to apply. ART eligibility is valid for two years from the date of approval. You must reapply to keep your eligibility current beyond the date listed above. To avoid any loss of service eligibility, please request a new application from our office eight (8) weeks in advance of the expiration date. Eligible riders will receive a photo identification card to be used for scheduling service and purchasing tickets.

C-Tran481-2020
129 Maury O’Dell Place, Cary 27513 (Cary Senior Center)
316 Academy St Cary 27513 (Town of Cary)
www.townofcary.org

Hours of operation Monday-Saturday, 6 a.m. to 10 p.m.

The Town of Cary provides two types of service: fixed route and door-to-door service. The new fixed route system replaces the previous general public door-to-door service. Cary citizens who are disabled or at least 60years old will continue to have the option of door-to-door service. All seniors (age 60 or older) and persons with disabilities must go to the Cary Senior Center in order to verify residence, age, and/or disability and to have a photo ID made. A free ride to and from the Senior Center will be provided by calling (919) 481-2020. Town of Cary offers an assistance program on C-Tran tickets for those residents who have limited financial means to pay for public transportation. Dorcas Ministries is the designated non-profit agency serving as the distribution point for these tickets. The contact person is Jill Straight; 919-469-9861, ext. 201

GO Raleigh -Capital Area Transit (CAT)
4104 Poole Rd, Raleigh 27610 (Adm. Office).....996-4040
214 S. Blount St., Raleigh 27601 (Route Info).....996-3285
www.gotriangle.org

Call for information and schedule. Harris Teeter stores only sell 7 Day Passes, Reduced Fare 7 Day Passes and 31 Day Passes. GoLinx (485-7433 route info & 485-7468 for and application) is a curb-to-curb paratransit service (with a door-to-door option, upon request) provided by GoTriangle for the citizens of Raleigh, Durham and Chapel Hill. The service is designed for residents with disabilities that prevent them from using the GoTriangle fixed-route bus service.

Resources for Seniors, Inc.713-1527
1110 Navaho Dr. #404, Raleigh 27609
www.resourcesforseniors.com
Limited medical transportation, nutrition site transportation and grocery shopping transportation available. Call for more information.

Traveler's Aid (Cornerstone)508-0777
220 Snow Avenue, Raleigh 27603
One time assistance to displaced/stranded travelers when funds are available. Call before coming to Cornerstone to apply in order to see if funds are available. Must be able to contact someone on destination end to ensure willingness to accept traveler. Monday and Friday mornings at 9; serving first 6 persons.

GO Raleigh-Triangle Transit Authority (TTA).....485-7433
4104 Poole Rd, Raleigh 27610 (Admin. Office).....996-4040
4600 Emperor Blvd. #100, Durham 27703 (Adm. Offices)
www.gotriangle.org
Office hours Monday through Friday 6:00 a.m. – 6:30 p.m. Bus hours Mon-Fri 6a. – 10:30 p.; Sat 6:30a-10:30p., Sun-6:30a-6:30p. Free vanpool matching available to the general public (485-7461) and regional bus service to Raleigh, Durham, Chapel Hill, RTP, and RDU. Bus schedules available at Moore Square information booth. Offers direct airport shuttles from Regional Transfer Center.

Wake County Transportation Center212-7005
220 Swinburne Rd., Raleigh, N. C. 27610
www.wakegov.com
Monday – Friday, 8:00 a.m. – 5:00 p.m.
Walk-ins: Monday - Friday, 9:00 – 11:00 a.m. and 2:00 – 4:00 p.m.
Medical transportation through Medicaid and other transportation services for Wake County citizens.

TRACS (Wake County Human Services).....212-7005
220 Swinburne Rd., Raleigh 27610

www.wakegov.com

Transportation provided to residents of non urbanized areas of the county. Service is delivered by zone. The service zones are the northern, eastern, southern and southwest areas of the County. Services are provided five days a week. 24 hour or more advance notice for pick up. First come first served. Fees charged per trip. Mon-Fri 5a-8p; Saturday for dialysis and employment ONLY. Service hours vary daily depending on appointments and scheduling but generally 5a-8p.

Wolfline.....515-3424

2721 Sullivan Dr., Raleigh

<http://www2.acs.ncsu.edu/trans/wolfline/index.html> or www.gotriangle.org

Open to students and the general public. No fare or Student ID required to ride. Operates everyday classes are in session. Routes vary between Fall, Spring, and Summer service.

Wheels for Hope.....832-1941

929 S. Saunders Str., Raleigh 27603

www.wheels4hope.org

Faith based nonprofit that repairs donated cars and recycles them back in the community. Referral by partner agency required. General public sales also provided on Tuesday and Thursday from 9:00am-4:00pm.

VETERAN'S SERVICES

Durham VA Hospital 286-0411

Raleigh VA Clinic.....212-0129

3305 Sungate Blvd., Raleigh 27601

Medical Care available @ 508 Fulton St, Durham and at the Raleigh Clinic.

Limited transitional, housing for homeless veterans. Primary care and behavioral services.

NC Division of Veteran's Affairs 733-3851

1325 N. Salisbury Str., Raleigh

www.doa.state.nc.us/vets

State level office that assists veterans and their dependents with applying for and obtaining veterans benefits. Open Monday thru Friday from 8:00am-5:00pm.

The Raleigh Vet Center..... 361-6419

Or 877-927-8387

8851 Ellstree Lane, Ste. 122 Raleigh 27617

www.va.gov

Free counseling and referral services for veterans suffering from combat trauma and sexual trauma provided by a qualified team of counselors.

Hours of operation-8:00am-4:30pm. Services available after hours and on weekends with appointment. Call for more information.

The Raleigh Vet Center II..... 899-6259
3040 Hammond Business Place, Ste. 105, Raleigh 27603
www.va.gov

Intensive Outpatient services for Veterans in the Raleigh, NC, the capital and surrounding areas. Behavioral Health services. Handicapped Accessible: full and easy access for all veterans. Prescriptions: Routine prescriptions processed through the mail or My HealthVet.

Wake County Human Services Veterans Services 212-8387
3000 Falstaff Rd, Raleigh 27610
www.wakegov.com/veterans

The Wake County Veterans Services Office assists eligible veterans, their dependents and/or surviving spouses, children of deceased veterans, members of the Reserves or National Guard, and active-duty service members in applying for benefits and services from the Department of Veterans Affairs and North Carolina Division of Veterans Affairs .Hours 8:30-5p Monday-Friday.

Veterans Services.....857-9428
1420 S. Wilmington St., Raleigh 27603 (Men’s Shelter)

Assists homeless veterans with obtaining military paperwork, housing, employment assistance, medical care, help with transportation and other services.

Veterans Services.....508-0777
220 Snow Ave., Raleigh (Cornerstone Bldg.)

Assists homeless veterans with obtaining military paperwork, housing, employment assistance, medical care, help with transportation and other services. Thursdays from 1:00pm-4:30pm.

National Record Center.....(314)801-0800
9700 page Ave., St. Louis, MO 63132-5100

www.archives.gov

Military personnel records, health, and medical records of discharged and deceased veterans of service during the 20th century. Records prior to WWI see National Archives Building in Washington DC.

US Department of Labor.....(866)487-2365
3rd Str. NW, Washington DC

www.dol.gov/vets

National Resource Directory

www.ebenefits.va.gov

Online partnership for connecting wounded, ill, and injured service members, veteran, families, and those who support them.

National Call Center for Homeless Veterans.....(877) 424-3838

www.va.gov

Providing transition services to discharged and wounded veterans. The Department of Veterans Affairs' (VA) has founded a National Call Center for Homeless Veterans hotline to ensure that homeless Veterans or Veterans at-risk for homelessness have free, 24/7 access to trained counselors. The hotline is intended to assist homeless Veterans and their families, VA Medical Centers, federal, state and local partners, community agencies, service providers and others in the community. One on one employment assistance.

YOUTH SERVICES

Raleigh Boys Club.....834-6281

Raleigh Girls Club.....821-9191

701 N. Raleigh Blvd., Raleigh 27601

Brentwood Club.....790-8284

2025 New Hope Church Rd Raleigh 27604

Wake Forest Club.....556-7266

325 S. Wingate Street, Wake Forest 27587

Washington Elementary School.....518-9609

1000 Fayetteville Str. Raleigh 27601

The Club Teen Center.....250-3595

721 N. Raleigh Blvd Raleigh 27610

Zebulon Club.....404-1087

1320 Shepard School Rd Zebulon 27597

www.wakebgc.org

Offers arts, sports, health, life skills, educational and career development, and character and leadership development in a fun atmosphere. Open after school from 2:30pm- 8:00pm daily. Programs are administered and supervised by trained and caring staff. We accept new members between the ages of 6 and 14(\$7.50 annual fee). Existing members can renew their membership yearly until high school graduation. The Club is open in accordance with the Wake County Public School System Traditional Calendar.

Youth & 4-H.....250-1100

4004 E Carya Dr., Raleigh 27610 (NC Extension Bldg.)

www.wakegov.com

4-H club, summer camps, teen programs, leadership experiences, afterschool programs.

Salvation Army Community Center.....834-6733
1863 Capital Blvd

www.wakearmy.org

The Salvation Army's After-school and Track-out Programs provide a safe and positive environment for children (ages 5-12) to meet new friends and become more self-sufficient. The many activities focus on developing a child's mind, body and spirit...but to the kids, it's all just fun and games! Some components of the After-school Program, serving both traditional and modified calendar schools, include: Bible study Tutoring through the REACH & LEAP Program Learning to engage in a healthy lifestyle Recreational activities Developing hobbies and interests through photography, arts and crafts, chorus and journalism, and more.

Volunteer Raleigh (City of Raleigh).....996-6295
222 Hargett Str., Raleigh 27601

www.raleighnc.gov/community/content/CommServices/Articles/VolunteerRaleigh.html

Volunteer Raleigh is a city sponsored volunteer management program and referral source connecting volunteer sites with active volunteers for service. Opportunities for those 18 and older to volunteer.

City of Raleigh Parks and Recreation
2401 Wade Ave., Raleigh 27607

www.raleighnc.gov

Teen program.....996-2142 or 9962141
12 -18 year olds that are still attending school. Team building activities, Teen Outreach Programs, Summer Camps, and Raleigh Youth Council involvement. Facilities located in Raleigh and surrounding areas.

Saint Monica Teen Center.....996-4770
13-19 year olds that are still attending school. Free membership. Activities include: Teen Advisory Board, Homework Assistance, Interview Skills, Fitness & Healthy Living, Art Class, Card and Board Games & Video Game Tournaments. Teen Lounge, Technology Room, and Dance & Fitness room available.

Youth and Family.....966-1276
Vocational, educational, and social skills training. Offers summer employment opportunities also age 15-18.

Youth School Based Programs/ Summer Camps.....996-6165
Year round track out, before/afterschool programs, and summer camps

Work Force Investment.....814-0400
301 N. Wilmington Str., Raleigh 27601
www.capitalareawdb.com

WIA Youth Services-The Workforce Investment Act (WIA) youth program provides education, training and employment opportunities for low-income youth. Services are tailored to meet the specific needs of the individual and may include the following elements: Tutoring, study skills, and dropout prevention strategies Alternative secondary school offerings, Summer employment opportunities linked to academic and occupational learning, Comprehensive Guidance and Counseling, Paid and unpaid work experience ,Occupational skills training, Leadership development Supportive services, Adult mentoring, Follow-up activities.

NC Theatre 4 Change.....855-0015
3043 Barrow Drive Raleigh 27616
www.nctheatre.com

Semi-Professional Actors and a Moderator bring an in-class workshop to your school or organization. Through the use of self-expression enhancing theatre games, exercises centered on creating an open forum for safe and comfortable discussion, student involved role playing, subject matter specific performances, and in-character processing, Theatre 4 Change heightens awareness and encourages individual change in a variety of situations including Body Image, Boundaries, Bullying, Conflict Resolution, Exclusion, Peer Pressure, Substance Abuse, and more. All program prices vary, usually requiring only a small stipend. Fees are kept to a minimum due to generous corporate and private support.

Job Corps.....(Raleigh) 954-0691
1096 US Hwy 1 South, Kittrell 27544.....(252)438-6161
<http://kittrell.jobcorps.gov>
www.jobcorps.gov

Education and job training program. Students who don't already have a high school diploma upon their arrival at Kittrell can enroll in our GED/high school program. The College Program provides our students with an opportunity to advance their skills and knowledge through courses at Vance-Granville Community College. The college offers two programs: Off-Center Training and Advanced Career Training. Must be between ages of 16-24. No cost to participants and family. Some stipends for living expense provided.

Tarheel Challenge Academy.....(910) 525-5520
600 N. Main Str., Salemburg 28385 (800) 573-9966

www.nc-tcachallenge.org

Mission to improve the life coping skills and employment potential for high school drop outs and expellees. No cost to families. Quasi-military program. No military obligation upon completion of program. Anyone can recommend a candidate. The National Guard Youth Challenge Programs are a national program and all 50 states (and U.S. territories) have programs 888-684-5437 or www.ngycp.org.

Kids Peace.....872-6447

3117 Poplarwood Crt, Cypress Bldg., Ste. 100 Raleigh 27604

www.kidspeace.org

Foster care, community support, outpatient counseling, juvenile justice programs

Haven House.....833-3312

600 W. Cabarrus Str., Raleigh 27603 (Main office)

www.havenhousenc.org

Teen shelter (Wrenn House) for ages 10/17 offering safe, legal, responsible environment for runaways located at 908 W. Morgan Street 832-7866. Day program for long-term suspended youth (SCORE), community service, life skills training, counseling, Second Round athletic program, diversion and intervention programs located at 600 W. Cabarrus Street 833-3312. Outreach Center for homeless youth ages 17-23 located at 832 Wake Forest Rd., 919-896-7865, Mon, Wed., & Fri 1p-5p, offering shelter, food, hygiene, and crisis counseling. Also scattered sites apartment program (Transition in Place) offered for 18-21 year olds .

YMCA.....719-9633

801 Corporate Center Pkwy #200 (Admin. Office, Raleigh

www.ymcatriangle.org

Several locations in Wake County. Summer day camps, after school programs, track out programs, fitness, sports, and fitness.

Youth Empowerment Solutions.....878-8777

4418 Louisburg Rd., Ste.13, Raleigh 27616

www.youthempoweredolutions.org

Y.E.S! Academy (Youth Empowerment School) is designed to empower, educate youth for personal growth, leadership development, creativity, financial literacy, volunteerism, and civic education. YES! has developed a nationally-recognized model of social change through youth empowerment and provides training and customized services to organizations and individuals to leverage the unique skills and advocacy power of young people.

Big Brother Big Sister.....850-9772
 909 Aviation Pkwy Ste.1500 Morrisville 27560
www.bbbstriangle.org
 Volunteer organization for mentoring youth

100 Black Men.....(no public #)
 P.O. Box 13756, RTP, NC 27709
www.100blackmentriangleeast.org
 Providing mentoring, education, health and wellness, economic development, and leadership skills to young men.

Backpack Tutoring.....800-8787
www.backpacktutoring.com
 Our tutor program places volunteers in elementary schools throughout Wake County for children in grades K-5 at no cost to the school or the parents. Our tutors work one-on-one with children who are below grade level in math, reading, and writing and at risk of retention.

Neighbor to Neighbor Outreach.....833-7218
 1200 S. Blount Street, Raleigh 27601
www.n2n outreach.org
 Young Life Teen Outreach program, Student employment program, and Upward-bound college preparation.

House of Hope.....550-8184
 408 Covered Bridge Rd., Clayton 27520
www.houseofhopeofnc.com
 Therapeutic school, home, and counseling center for hurt and troubled girls age 12-17.

Passage Homes Youth Development.....834-0666
 513 Branch Str., Raleigh, 27601
www.passagehome.org
 This program provides a thriving environment for children ages 5-12 to receive tutoring, mentoring and enjoy recreational activities. Each kid is provided with after-school snacks and access to our computer lab.

Apprenticeship USA.....1-866-487-2365
www.dol.gov/apprenticeship
 Earn a paycheck from day one. Learn hands on career training in a wide selection of programs such as health care, construction, information

technology and geospatial careers. An education and the potential to earn college credit and in some cases paid for by your employer.

NCWorks Apprenticeship.....814-0400

313 Chapanoke Rd, Ste. 120 Raleigh 27603

<https://www.nccommerce.com/wf/job-seekers/apprenticeships>

NCWorks Apprenticeship helps workers learn new specialized skills needed in today's workforce through its apprenticeship programs. Apprentices will receive a Certificate of Completion and will have earned the highly skilled "journey worker" designation. The program can last one to five years, depending on the occupation. Veterans can continue to supplement their income through the GI Bill while they are employed as part of an apprenticeship program. Students looking for an alternative to a four-year college degree should consider apprenticeship training. As opposed to spending significant financial resources preparing for a career, students in an apprenticeship program are paid a progressively increasing wage as they learn the occupation. Students are encouraged to contact their high school or technical college counselor, an employer, employer's organization, or local union. They can also call the bureau at 919-814-0303, or e-mail apprenticeshipmail@nccommerce.com

Americorps Programs.....1-800-942-2677

www.ncworks.gov or www.nationalservice.gov

AmeriCorps NCCC-Ages 18-24. 10 months, full residential program. Living allowance, housing, meals, child care (if eligible), uniforms, health insurance provided. Members become eligible for the Segal AmeriCorps Education Award. Mission to address community concerns, public safety, the environment and other areas.

Camp SWAG (Students with Ambition & Goals).....443-5866

P.O.Box 3392 Cary 27519

www.cswag.org

Camp S.W.A.G. is poised to be a 21st century high-tech entrepreneurship and innovation center geared toward cultivating the minds and talents of teenagers. The mentorship program will focus mainly on: preparing youth for the corporate world (teaching youth how to build strong resumes, interviewing techniques, and professionalism), aiding in academic endeavors, planning/applying for colleges, and time management training. Our mentorship program matches teens with adult volunteers of similar ethnicity, gender and cultural backgrounds. Must be at least 13 years old, parent must complete application and fees apply.

Sparkle Mentoring Program.....231-5553
SPARKLE is a 501(c)3 nonprofit organization formed for minority girls ages 12-18. We will provide a group mentoring experience. We provide a nonjudgmental and safe environment in which teens participate in interactive monthly enrichment workshops facilitated by community professionals and leaders.