

Norovirus Outbreak Control Checklist

For Staff and Volunteers

- 👉 Stay home if you are sick and for 48 hours after last time you vomited or had diarrhea.
- 👉 Wash hands often with soap and water, especially after patient contact—even if gloves are worn. Do not rely on hand sanitizers, especially when it comes to norovirus.
- 👉 Follow “Contact Precautions” with all residents.
- 👉 Do not “float” from affected to unaffected areas. Work only in either affected or unaffected areas, not both.
- 👉 Limit staff in affected areas to only those staff that are absolutely necessary staff only.
- 👉 Stop all new admissions and transfers until the outbreak is over.
- 👉 Clean and disinfect following the steps in the “Clean-up and Disinfection for Norovirus” poster.
- 👉 Food service workers should follow the steps on the “STOP the Stomach Bug from Spreading” poster.

For Residents

- 👉 Sick residents should be kept in private rooms as much as possible and for 48 hours after last time they vomited or had diarrhea.
- 👉 Wash residents hands often with soap and water. Do not rely on hand sanitizers, especially when it comes to norovirus.
- 👉 Stop all group activities and celebrations in affected areas.
- 👉 Do not let residents serve any food themselves, not even with tongs or other utensils. Consider serving residents meals in their rooms.

For Visitors

- 👉 Post “No Visiting” sign.
- 👉 Encourage phone calls, Skype, facetime or other types of interaction with residents.
- 👉 Visitors must check in with front desk staff and follow “instructions”.
- 👉 Visitors must wear gloves and wash hands before and after spending time with residents.
- 👉 Keep sick visitors away until 48 hours after last time they vomited or had diarrhea.

Remember! In accordance with the “Act to Protect Adult Care Home Residents” enacted in 2011, you are required to report all suspected communicable disease outbreaks within 24 hours. In Wake County, please call 919-250-4462 to report.

Wake County Human Services
Communicable Disease Program
919-250-4462

