

Keep Medicine Out of Children's Reach

Every year **thousands** of children are hospitalized and some die after taking medicine not meant for them. Don't let your children or grandchildren become a statistic!

- Keep **ALL** medications/vitamins/supplements locked up and out of reach of children.
- Keep purses, bags, or coats that have medicines/vitamins/supplements out of reach. Never leave medicines out on a table, countertop, or bedside where children can reach them.
- Make sure safety caps are secured. Put medicines away after each use.
- Keep the Carolinas 24 Hour Poison Center help number near or programmed in your phone:
1-800-222-1222



WHY IS SAFE USE, STORAGE AND DISPOSAL SO IMPORTANT?

75% of abusers got prescription pain relievers from friends or relatives, not a drug dealer.

1 REASON teens use prescription drugs is they're easy to get from parent's medicine cabinets.

15,000 of opioid overdose deaths each year-now greater than deaths from heroin and cocaine combined.

71,000 children 18 and younger go to emergency departments each year for accidental medication poisonings.

1 Use only as directed.

Never take more than the prescribed amount of pain medications. If you are not getting the pain relief you need, always talk to your doctor first. Simply increasing the dose can be dangerous and even life threatening.

2 Never Share.

Your prescription is for you and you only. Not only is sharing a prescription illegal, it can result in serious even fatal consequences to others that take them.

3 Lock it up.

Cases of abuse by family members or others who steal prescriptions are all too common. Always keep your prescription medications in a secure place so they don't end up in the wrong hands.

4 Dispose of the extra.

Minimize the potential theft or misuse or unused medications by participating in a take-back event or talk with your pharmacist about responsible ways to dispose of prescription drugs.

5 Spread the word.

Safety is simple. If we work together we can make a difference.

<http://blog.mallinckrodt.com/learn-about-safe-use-storage-and-disposal-during-national-safety-month/>

How to safely throw away medicines:

- Do **not** flush medicines down the sink/toilet.
- Scratch out your name if the medicine has a pharmacy label on it.
- Drop off medications in a medicine drop box.
- If there is not a medicine drop box near you, you can:
 - Take the medicine out of the original container, and mix it with dirt, kitty litter, or coffee grounds.
 - Put the mixture in a bag that can be closed or an empty can (with a lid) so the mixture won't leak from the bag or can.

Wake County Area Dropbox Locations

Dropboxes do not accept liquids or needles

- **Apex Police Department**
205 Saunders Street Raleigh, NC
(919) 362-8661
Monday-Friday: 8am-5pm
- **Cary Police Department**
120 Wilkinson Avenue Cary, NC
(919) 469-4012
Monday-Friday: 8am-5pm
- **Fuquay-Varina Police Department**
114 N. Main Street Fuquay-Varina, NC
(919) 552-3191
Open 24/7
- **Garner Police Department**
912 7th Avenue Garner, NC
(919) 772-8810
Monday-Friday: 8am-5pm
- **Holly Park Pharmacy**
3058 Wake Forest Road Raleigh, NC
(919) 865-9993
Monday-Friday: 8am-5pm
Saturday: 10am-1pm
- **Holly Springs Police Department**
750 Holly Springs Road Holly Springs, NC
(919) 557-9111
Open 24/7
- **Morrisville Police Department**
260 C Town Hall Drive Morrisville, NC
(919) 463-1600
Monday-Friday: 9am-5pm
- **Wake County Human Services Building**
10 Sunnybrook Road Raleigh, NC
(919) 250-4553
Monday-Friday: 8:30am-8pm
Saturday: 8:30am-4:30pm
- **Wake County Law Enforcement Training Center**
2300 Law Enforcement Drive Raleigh, NC
(919) 856-6900
Monday-Friday: 8am-5pm
- **Wake County Sheriff's Office**
330 S. Salisbury Street Raleigh, NC
(919) 856-6900
Monday-Friday: 8am-5pm
- **Wake Forest Police Substation**
221 S Brooks Street Wake Forest, NC
(919) 554-6150
Monday-Friday: 8am-5pm

