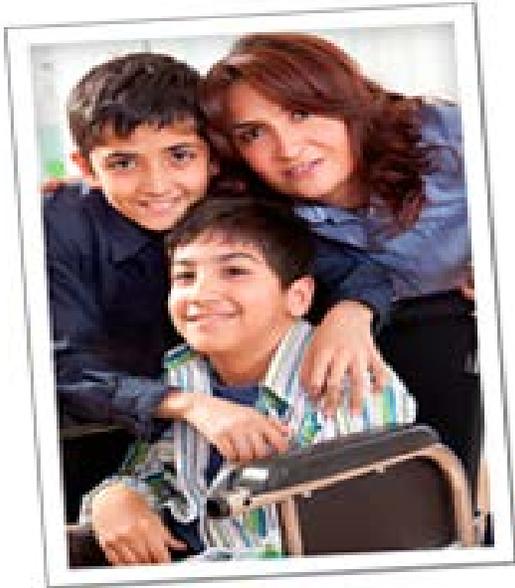




# LATINO RESOURCE GUIDE 2013



## INTRODUCTION

The [Latino Resource Guide](#) is compilation of services and resources available for those who speak Spanish as their primary language in Wake County. It was developed in 2008 by Wake County Human Services staff in collaboration with the Network of Spanish-speaking Therapists & Counselors and the Network of Spanish-speaking Community Support Professionals and it has been updated in February 2013 by Maria Ines Robayo. The purpose of The [Latino Resource Guide](#) is to improve the connection to resources for clients as well as service providers. Many of the services described in this guide are available in Spanish. The [Latino Resource Guide](#) includes 26 categories of resources as well as five appendices (A through E.)

**Also, there is information with some organizations that offer services for clients that speak English.**

To keep this information up-to-date we need your assistance. Please contact Maria Ines Robayo at 919-212-7256.

[Maria.robayo@wakegov.com](mailto:Maria.robayo@wakegov.com)

# WAKE COUNTY HUMAN SERVICES LATINO RESOURCE GUIDE

## TABLE OF CONTENTS

	Page
<b>TABLE OF CONTENTS</b>	<b>3-4</b>
<b>ADVOCACY</b>	<b>5-6-7</b>
<b>BANKING/ CREDIT COUNSELING</b>	<b>8</b>
<b>CHILDCARE</b>	<b>9</b>
<b>CLOTHING (free)</b>	<b>10-11</b>
<b>DENTAL</b>	<b>See appendix A</b>
<b>DOMESTIC VIOLENCE</b>	<b>See appendix B</b>
<b>EDUCATION</b>	<b>12</b>
<b>EMPLOYMENT</b>	<b>13</b>
<b>ESL AS A SECOND LANGUAGE</b>	<b>See appendix C</b>
<b>EYE DOCTORS</b>	<b>See appendix A</b>
<b>FINANCIAL ASSISTANCE</b>	<b>14</b>
<b>FOOD</b>	<b>15-17</b>
<b>FURNITURE</b>	<b>18</b>
<b>HOTLINES</b>	<b>19</b>
<b>HOUSING</b>	<b>20</b>
<b>IDENTIFICATION</b>	<b>21-22</b>

<b>LEGAL RESOURCES</b>	<b>23-26</b>
<b>MEDIA</b>	<b>27</b>
<b>MEDICAL</b>	<b>28 - 29</b>
<b>MENTAL HEALTH</b>	<b>See appendix B</b>
<b>PARENTING CLASSES</b>	<b>30</b>
<b>RECREATION &amp; SOCIALIZATION</b>	<b>31-32</b>
<b>RELIGIOUS RESOURCES</b>	<b>33-34</b>
<b>SCHOOLS</b>	<b>35</b>
<b>SUBSTANCE ABUSE</b>	<b>See appendix E</b>
<b>THRIFT STORES (Segundas)</b>	<b>37</b>
<b>TRANSPORTATION</b>	<b>38</b>
<b>WEB SITES</b>	<b>39</b>
<b>APPENDIX A</b>	
<a href="#">List of doctors, dentists and eye doctors serving Latinos in Wake County</a>	
<b>APPENDIX B</b>	
<a href="#">List of Mental Health and Domestic Violence Agencies serving Latinos In Wake County</a>	
<b>APPENDIX C</b>	
<a href="#">List of ESL classes in Wake County</a>	
<b>APPENDIX D</b>	
<a href="#">List of Wake County Human Services Health Clinics</a>	
<b>APPENDIX E</b>	
<a href="#">List of Wake County Substance Abuse Treatment Providers</a>	

## ADVOCACY

<p><b>Child Protective Services</b>.....<b>Spanish Report Line 212-7963</b>  Wake County Human Services, 220 Swinburne, Raleigh, 27610      <b>English Report Line 212-7990</b>  To make reports of child abuse, neglect and dependency.</p>
<p><b>City of Raleigh Community Services</b> .....<b>996-5714 or 996-6100</b>  <a href="http://www.Raleigh-nc.org">www.Raleigh-nc.org</a></p> <p>Purpose: To actively seek out members of the Latin American community in an effort to facilitate their integration into our culture through City sponsored community initiatives and community-based initiatives. Provide comprehensive information as to the availability of human services in conjunction with the Wake County Human Services Department and other appropriate agencies. Network with other public and private entities to identify available community resources and services to enhance quality of life. Orientate Latin American citizens to City ordinances and the enforcement of the same. Promote quality neighborhood improvement through citizen participation and civic leadership. Serve as a referral agency for quality of life issues both government and non- government. Encourage the respect and interfacing of all ethnic groups in our City.</p>
<p><b>Consumer Rights</b>..... <b>212-7155</b>  Wake County Human Services, 220 Swinburne, Raleigh, 27610  Leticia Mendez  Dedicated to the rights of consumers of services at Wake County Human Services (including contract agencies of WCHS)</p>
<p><b>El Pueblo, Inc.</b> ..... <b>835-1525</b>  <a href="http://www.elpueblo.org">www.elpueblo.org</a></p> <p>Non-profit statewide advocacy and public policy organization dedicated to strengthening the Latino Community. This mission is accomplished through leadership development, proactive and direct advocacy, education, and promotion of cross-cultural understanding in partnerships at the local, state, and national levels.</p>
<p><b>Human Trafficking</b> .....<b>National line</b> ..... <b>1-888-373-7888</b>  <a href="http://www.acf.hhs.gov/trafficking">www.acf.hhs.gov/trafficking</a></p> <p>US Dept of Health and Human Services provides rescue of victims of human trafficking, including immediate shelter, case management, health care, food, legal assistance, immigration assistance.</p>
<p><b>Interact</b> ..... <b>828-8320</b>  <b>24 hour Crisis Lines: Domestic Violence 828-7740 Sexual Assault: 828-3005</b>  <a href="http://www.interactofwake.org">www.interactofwake.org</a></p> <p>Advocacy for victims of domestic violence and sexual assault. Community education. Court advocacy. Information and referral. Hospital response. Shelter.</p>
<p><b>Immigrants Legal Assistance Project</b> ..... <b>856-2159</b>  NC Justice Center, 224 S. Dawson St., Raleigh, 27601      <a href="http://www.ncjustice.org">www.ncjustice.org</a>  Private, nonprofit anti-poverty organization whose mission is to reduce and eliminate poverty in North Carolina by helping to ensure that every North Carolina household gains access to the resources, services</p>

<p>and fair treatment that it needs in order to enjoy economic security. Helps low-income immigrants with certain kinds of legal problems related to immigration law. Provides direct legal representation to immigrants and migrant workers in selected cases related to employment law.</p>	
<p><b>Immigration (INS) ..... 800-375-5283</b>  <b>Citizenship</b></p>	
<p><b>Legal Aid of NC .....local office 828-4647</b>  224 S. Dawson St, Raleigh, 27601 <b>state office 856-2564</b>  <a href="http://www.legalaidnc.org">www.legalaidnc.org</a></p> <p>Provides free legal services in civil matters to low-income people in order to ensure equal access to justice and to remove legal barriers to economic opportunity. Helps children, families, individuals, and migrant workers solve problems that affect their basic needs, such as housing, safety from domestic violence or abuse, health care, subsistence income, environmental safety, and consumer loan problems.</p>	
<p><b>Mexican Consulate (Consulado Mexicano).....754-0046</b>  336 E. Six Forks rd., Raleigh, 27609 <a href="http://portal.sre.gob.mx/raleigh">http://portal.sre.gob.mx/raleigh</a></p> <p>Functions: obtaining documents, protection and legal matters, community affairs and promotion.</p> <p>For obtaining a Matricula Consular, an official I.D. card, which is issued by the Mexican Government through its Consular Offices. The document ONLY proves that the bearer is of Mexican nationality and is living outside of Mexico. The Matricula operates as a Mexican citizen's primary identification and proof of residency in Mexico. It includes a photo.</p> <p><b>Requirements to obtain the Matricula Consular:</b>  Applicant must appear in person; Applicant must present an original birth certificate to prove Mexican nationality, an official government-issued photo I.D. to prove identity, and proof of address (utility bill, lease, etc) under the same name.</p> <p><b>Secondary requirements:</b>  Telephone number, next of kin information; If a married woman wishes to use her married name, she must present an original marriage certificate. In case of a lost or stolen ID the applicant must also provide a police report in order to obtain a new Matricula Consular. Call for an appt.</p> <p>Will assist with return of remains of deceased Mexicans to Mexico.</p>	
<p><b>National Center For Missing &amp; Exploited Children .....1- 888-NETS411 (888-638-7411)</b>  Parents and guardians can speak to experts about internet safety from noon to 8 p.m. eastern time, in English or Spanish.</p>	
<p><b>National Council of La Raza ..... 202-785-1670</b>  <a href="http://www.nclr.org">www.nclr.org</a></p> <p>The largest national Hispanic civil rights and advocacy organization in the United States – works to improve opportunities for Hispanic Americans, focusing on five key areas – assets/investments, civil rights/immigration, education, employment and economic status, and health</p>	
<p><b>NC Division of Child Development ..... 662-4499</b>  319 Chapanoke Road, Suite 120, Raleigh, 27603 <a href="http://www.ncchildcare.net">www.ncchildcare.net</a></p>	

Handles reports of neglect and abuse in daycares; website allows one to lookup a daycare in Spanish	
<b>NC Hispanic Chamber of Commerce</b> .....	<b>782-8764</b>
5800 Farringdon Place Raleigh, 27609 <a href="http://www.nchcc.org">www.nchcc.org</a>	
Advocate, promote and facilitate the success of Hispanic businesses in collaboration with the business community at large.	
<b>NC Society of Hispanic Professionals</b> .....	<b>467-8424</b>
8450 Chapel Hill Rd Cary NC <a href="http://www.thencshp.org">www.thencshp.org</a>	
To enhance the integration and cooperation among the Hispanic professionals of North Carolina and concerned individuals (Hispanic, non-Hispanic, professionals, and non-professionals) and organizations to promote the education of Hispanic students at all levels.	
<b>Raleigh Police Department Family Violence Unit</b> .....	<b>996-1476</b>
Yvonne Breve, Crisis Counselor	
Crisis counseling for victims of domestic violence. Assistance in taking out a restraining order.	
<b>Victims Compensation Services</b> .....	<b>1-800-826-6200</b>
NC Dept of Crime Control and Public Safety <a href="http://www.nccrimecontrol.org">www.nccrimecontrol.org</a>	
Compensation for medical bills, funeral bills and for lost wages; Needs to be 100 % innocent and not involved in criminal activity at time of incident. Is a payer of last resort.	
Beatriz Velazquez – Law Enforcement program Specialist	
Aida Cardenas – Victim Advocate	

## BANKING/ CREDIT COUNSELING

<p><b>Banco de la Gente</b> ..... <b>747-8000</b>          4011 Capital Blvd. Suite 121          Raleigh</p>
<p><b>BB&amp; T</b></p> <p>Raleigh - North Ridge ..... 716-9635          6659 Falls of Neuse Rd</p> <p>Raleigh – Capital Boulevard .....716-9535          4424 CAPITAL BLVD</p> <p>Fuquay Varina ..... 567-4750          1405 Main St          Fuquay Varina</p> <p>Garner .....779-6705          301 Vandora Springs Rd          Garner</p>
<p><b>Consumer Credit Counseling</b> ..... <b>821-1770</b>          Triangle Family Services <span style="float: right;"><a href="http://www.tfsnc.org">www.tfsnc.org</a></span>          401 Hillsborough St, Raleigh, 27603          Budget counseling; help for those who are overwhelmed with debt.</p>
<p><b>Latino Community Credit Union</b> (Cooperativa Comunitaria Latina de Credito)..... <b>855-9696</b>          1420 Hardimont Street, Raleigh, 27609 <span style="float: right;"><a href="http://www.cooperativelatina.org">www.cooperativelatina.org</a></span>          Banking services for members. Costs \$10.00 to open an account and a \$20.00 once in a lifetime family membership fee for other services. Membership includes access to help with financial problems, financial education and credit counseling. Car loans. Personal loans. Need current ID with photo, tax ID and/or social security card.</p>

## CHILDCARE

<p><b>Child Care Services Association</b> ..... 779-2220            319 Chapanoke Road, Suite 114, Raleigh, 27603 <a href="http://www.childcareservices.org">www.childcareservices.org</a>            For information about available quality child care slots. Conducts workshops in Spanish &amp; English on choosing and using daycares.</p>
<p><b>Christian Community in Action</b>  <b>Western Wake Crisis Ministries</b>..... 362-0657  <a href="http://www.wwcm.org">www.wwcm.org</a>            Provides scholarships for children in western Wake County who need daycare, childcare, or after-school care.</p>
<p><b>Head start</b>            Cary ..... 657-0577            Raleigh ..... 856-5232            Knightdale ..... 266-1240</p>
<p><b>More at Four (Mas a los Cuatro)</b>..... 851-9550 ext 1408            Smart Start <a href="http://wakesmartstart.org">wakesmartstart.org</a>            1121 Situs Court, Suite 250 , Raleigh, 27606            Preschool for 4 year old children whose first language is not English; free but is income-based.            Application in English and Spanish at website; application allows one to apply for Title 1            Headstart, More @ Four and Child Care Subsidy all at once.</p>
<p><b>NC Division of Child Development</b> ..... 662-4499            319 Chapanoke Road, Suite 120 , Raleigh, 27603 <a href="http://www.ncchildcare.net">www.ncchildcare.net</a>            Handles reports of neglect and abuse in daycares; website allows one to lookup a daycare in Spanish</p>
<p><b>Telamon Corporation Head Start</b> .....851-7611            3937 Western Blvd, Raleigh, 27606 <a href="http://www.telamon.org">www.telamon.org</a>            Preschool for 3 &amp; 4 year olds. August – May, Monday thru Friday 8:30 – 3 pm @ Crosby HeadStart, Knightdale Headstart, and Parkway Head Start.</p>

## CLOTHING (free)

(Note: for low cost clothing see listing entitled Thrift Stores)

<p><b>Brooks Avenue Church of Christ Clothing Closet</b> .....821-2400            700 Brooks Ave., Raleigh, 27607            2<sup>nd</sup> and 4<sup>th</sup> Saturday of each month, 9:00a – 12:00p. No referral required.</p>
<p><b>Catholic Parish Outreach</b> ..... 873-0245            2013 N Raleigh Blvd. Ste. C, Raleigh, 27607 <a href="http://www.cporaleigh.org">www.cporaleigh.org</a>            Monday through Saturday, 10:00a – 1:00p. Referral preferred. Clothing for children (up to children’s size 4); maternity clothing for expectant mothers. Limited supply of baby items. Can pick up items once a month.</p>
<p><b>Family Place, Inc.</b> ..... 834-0169            114 E. Lenoir Street, Raleigh, 27601            Clothing closet normally open 1<sup>st</sup> and 4<sup>th</sup> Thursdays. Must call for an appointment. Documents required: photo ID, proof of income and birth certificates of any children.</p>
<p><b>First Baptist Church</b> ..... 832-4485            99 N. Salisbury Street, Raleigh, 27603            Wednesdays 10:00a – 11:30a; Thursdays 1:00p – 2:30p (No Spanish speaking) <a href="http://www.fbcraleigh.org">www.fbcraleigh.org</a>            Can obtain clothing, shoes, coats, underwear, socks, and gloves for each household member. If your client has minimal English you should accompany them the first time. Can get clothing every 3 months.</p>
<p><b>Gethsemane Seventh Day Adventist Food Pantry</b> .....833-8526            2525 Sander ford Road, Raleigh, 27610            Penny Taylor            Wednesday 11- 1 pm            Thursdays 4 – 6 pm</p>
<p><b>Helping Hand Mission</b> ..... <a href="http://www.helpinghandmission.org">www.helpinghandmission.org</a>            102 East Third Street, Wendell 27591 ..... 365-0757            623 Rock Quarry Road, Raleigh 27610.....829-8048            414-C Old Apex Road, Cary 27511 ..... 481-1411</p>
<p><b>Salvation Army Clothing Closet</b>..... 834-6733            215 S. Person Street, Raleigh <a href="http://www.keepthebellringing.org">www.keepthebellringing.org</a>            Provides free clothing on Thursday s at 9:00am. The first 25 people are served. SS card/ITIN and Photo ID required. Each family member may receive up to 10 items of clothing per visit. Shelter residents and homeless individuals may attend monthly; all others may come once every three months. Free coats for kids.</p>
<p><b>Tabernacle Linen Closet</b>.....            8304 Leesville Road, Raleigh            Linen closet is a referral from Social Services. Linens are provided for families who have been displaced or are starting out and in need of basic supplies such as; sheets, towels, washcloths, blankets &amp; clothing, bedspreads, blankets, etc. The program is from October through April.</p>

<p><b>Tri-Area Ministries</b> .....556-7144  149 E. Holding Ave, Wake Forest 27587  Open Monday, Wednesday &amp; Friday 9:00am – 12:00pm. Serves Wake Forest, Rolesville and Youngsville residents only. Photo ID required. Application in English only.</p>
<p><b>Women’s Center of Wake County Clothing Boutique</b>..... 829-3711  128 Hargett Street, Ste. 10, Raleigh, 27601 <a href="http://www.wcwc.org">www.wcwc.org</a>  Employment clothing provided to clients with appointment. Intake form in English only.</p>
<p><b>With Love from Jesus</b> .....233-8010  421 Chapanoke Road, Raleigh, 27603 <a href="http://www.withlovefromjesus.org">www.withlovefromjesus.org</a>  Hours: 10:00 a.m. – 12 p.m. Tuesday, Wednesday, and Saturday. Clothing provided as well as other home furnishings, diapers, etc., when available. \$3.00 donation requested to shop for items. No charge for each individual item.</p>

**DENTAL**

**See Appendix A for list of Wake County dentists providing services in Spanish.**

**DOMESTIC VIOLENCE**

**See Appendix B for list of Wake County agencies providing services in Spanish to victims and perpetrators.**

## EDUCATION

<p><b>Centro Para Familias Hispanas</b> ..... <b>873-0094</b>                  Catholic Charities                  2013 Raleigh Blvd, Raleigh, 27604</p> <p><b>ESL</b> Classes for adults (mornings only)  <b>Computer classes</b> (with fee)  <b>GED</b> in Spanish (M – Thurs 6:30pm-9pm)  <b>Literacy</b> program in Spanish (Mondays and Fridays 6pm-9pm)  <b>Grammar &amp; Middle School</b> in Spanish  <b>After-school tutoring</b> programs (Tuesdays and Thursdays)  <b>Preschool</b>                  Preparation thru activities for parents and children ages 3 &amp; 4                  Stories and activities based on ready                  Book loan from our library for preschoolers                  Assistance in the transition to kindergarten                  Developmental screenings                  Case management                  Health education: sessions on Mondays from 10:30 till noon</p> <p><b>Accredited Immigration Specialist</b></p>
<p><b>GCF Global Learning</b>..... <a href="http://www.gcflearnfree.org">www.gcflearnfree.org</a>                  Free online computer courses in Spanish, e.g. Office programs such as Word, Power Point, Excel, Access, etc.</p>
<p><b>La Red de Familias Latinas de Carolina del Norte</b> ..... <b>515-9156</b>                  NC State University/A &amp; T State University Cooperative Extension                  Andrew Behnke <span style="float: right;"><a href="mailto:Andrew_behnke@ncsu.edu">Andrew_behnke@ncsu.edu</a></span>                  Connecting Latino families with child and family programming in Wake County. Providing financial literacy, after-school programs, parenting, nutrition, and health and safety information.</p>
<p><b>Raleigh Parks and Recreation</b> ..... <b>831-6844</b>                  2401 Wade Avenue, Raleigh, 27607                  Monica Quechol-Bradley <span style="float: right;"><b>664-5258</b></span>                  ESL classes, computer classes, social dancing, events</p>
<p><b>Wake Literacy Council</b> .....<a href="http://www.wakeliteracy.com">www.wakeliteracy.com</a> .....<b>787-5559</b></p>
<p><b>Wake Technical Community College</b>                  See Appendix C for list of Wake County ESL and GED classes.</p>

## EMPLOYMENT

<p><b>Department of Labor</b> .....</p> <p>Investigation of complaints about unpaid salaries, mistreatment @ work.</p>	<p><b>807-2796</b> <b>1-800-625-2267</b></p>
<p><b>E.E.O.C.</b> .....</p> <p>1309 Annapolis Drive, Raleigh, 27608 Jorge Morales Investigate workplace discrimination. Legal status is not an issue.</p>	<p><b>856-4152</b></p>
<p><b>Employment Security Commission</b> .....</p> <p>700 Wade Ave, Raleigh, 27605 Assistance with finding a job or entering a training program; must be documented</p>	<p><b>1-888-372-3453</b> <a href="http://www.ncesc.com">www.ncesc.com</a></p>
<p><b>Job link</b> .....</p> <p>Wake County Human Services, 220 Swinburne, Raleigh, 27610 Self-help center using computers to do job search. For orientation in Spanish: Monday &amp; Friday 12:30 – 4:15.</p>	<p><b>250-3770</b></p>
<p><b>Telamon Corporation</b> .....</p> <p><b>National Farmworker Jobs Program</b> 3937 Western Blvd, Raleigh, 27606 Employment, training, and related services to migrant and seasonal farmworkers. <b>Youth Opportunities</b> (for children of farmworkers or farmworkers who are under age 18. Project S.A.V.E. is a federal child labor demonstration effort. Its goals are to decrease the incidence of young children working in agriculture and to increase educational opportunities for school-age children of migrant farm workers. Work Experience, Classroom Training, and On-the-Job-Training (diploma or GED not required) for youth Anthony Harris, Youth Specialist ext 261; Lamont Middleton, Youth Specialist ext 260</p>	<p><b>851-7611</b> <a href="http://www.telamon.org">www.telamon.org</a></p>
<p><b>Work First</b> .....</p> <p>Wake County Human Services, 220 Swinburne, Raleigh, 27610 Provides families with temporary assistance while helping them with supportive services such as day care, transportation, cash assistance, training opportunities and Medicaid during their time of need.</p>	<p><b>212-7000</b></p>
<p><b>Working For Kids</b> .....</p> <p>Wake County Human Services, 220 Swinburne, Raleigh, 27610 <a href="http://www.wakegov.com/humanservices/economic/employment/working">www.wakegov.com/humanservices/economic/employment/working</a> Assists non-custodial parents who are unemployed or underemployed obtain employment with wages high enough to both support themselves and to make required child support and arrearage payments.</p>	<p></p>

## EYE DOCTORS

**See Appendix A for list of Wake County opticians serving people**

## FINANCIAL ASSISTANCE

<p><b>Crisis Support Center</b> ..... <b>834-4707</b>  Urban Ministries <span style="float: right;"><a href="http://www.urbanmin.org">www.urbanmin.org</a></span>  1390 Capital Blvd, Raleigh, 27603  Financial assistance for rent and utilities call on Mondays (only) between 8:30 – 9 for appointment.  Appointments are scheduled for Monday – Friday 9:00 am – 11:30 am.</p>
<p><b>North Hills Crisis Center</b> ..... <b>872-7379</b>  5001 Six Forks Rd, Raleigh 27609 <span style="float: right;"><a href="http://www.northhillshelp.org">www.northhillshelp.org</a></span>  Currently, serves only Wake County residents who reside in the following zip codes: 27609, 27612, 27613, 27614, and 27615. Financial assistance interviews by appointment</p>
<p><b>Salvation Army</b> ..... <b>834-6733</b>  215 S Person Street, Raleigh, 27601 <span style="float: right;"><a href="http://www.keepthebellringing.org/clients/clients">www.keepthebellringing.org/clients/clients</a></span>  Will pay up to \$100 towards utility bill, rent or prescription; require final notice, photo ID, immigrant ID card, and proof of rent; Mon, Tues, Wed, Friday at 8:30 am; financial help provided 1/yr. No assistance with deposits or first month’s rent</p>
<p><b>Tri-Area Ministries</b> ..... <b>556-7144</b>  149 E. Holding Ave, Wake Forest 27587  Open Monday, Wednesday &amp; Friday 9:00am – 12:00pm. Serves Wake Forest, Rolesville and Youngsville residents only. Photo ID required. Application in English only.</p>
<p><b>Wake County Human Services Service Intake</b> ..... <b>212-7000</b>  Wake County Human Services  220 Swinburne, Raleigh, 27610  Financial assistance for payment of light bills, rent, medications, etc.</p>
<p><b>Western Wake Crisis Ministries</b>..... <b>362-0657</b>  103 E Chatham St, Apex, 27502 <span style="float: right;"><a href="http://www.wwcm.org">www.wwcm.org</a></span>  Mon – Thurs 10 – 1pm  Apex/Holly Springs/New Hill residents only.</p>
<p><b>Under One Roof</b> ..... <b>250-4479</b>  Private information please call Yvonne Torres  Financial assistance for HIV + individuals; also case management.</p>

## FOOD

<p><b>Angel Food Ministries</b> ..... 832-7112            Hillier Memorial Christian Church, Raleigh            718 Hillsborough St, Raleigh, 27603            Darlene Tafoya            St. Andrews United Methodist Church, Raleigh..... 722-4410  <a href="http://angelfoodministries.com">angelfoodministries.com</a>            Box of Food \$25.00; Program to “help food dollar go further.” “Open to everybody.” Prepaid program.            Cash, money order or EBT. Need to pick up food. No assistance in Spanish.</p>
<p><b>Aldi</b> .....<a href="http://www.aldifoods.com">www.aldifoods.com</a>            4241 Louisburg Rd, Raleigh, 27604            4031 Wake Forest Rd, Raleigh, 27609            1375 N Main St, Fuquay-Varina, 27526            Inexpensive food; Accept EBT, cash and debit cards: no credit cards; bring your own bag; grocery cart            is \$.25 to rent which they return.</p>
<p><b>Brooks Ave Church of Christ</b> ..... 821-2400            700 Brooks Ave            2<sup>nd</sup> and 4<sup>th</sup> Saturdays 9 - 12</p>
<p><b>Capital City Food Pantry</b> ..... 847-2273            Capital Christian Church, 4112 Garland Drive, Raleigh 27606            Tuesday 4:30 – 6:30 pm, Friday 10 am – 1 pm; no ID required; can get food 1/mth            834-0169</p>
<p><b>Catholic Parish Outreach</b> ..... 873-0245            2013 Raleigh Blvd, Raleigh, NC, 27604  <a href="http://www.cporaleigh.org">www.cporaleigh.org</a>            Monday through Saturday, 10:00a – 1:00p. Referral preferred. One week of food provided once a            month. Includes soap powder, toothpaste, toilet paper, etc.</p>
<p><b>Christian Community in Action (Dorcas)</b> ..... 469-9861            1231 N E Maynard Rd, Cary, 27513            Food Pantry for residents of Cary, Morrisville, Apex, Holly Springs, Willow Springs, Friendship, and            New Hill.</p>
<p><b>Food Pantry</b> ..... 834-4707            Urban Ministries  <a href="http://www.urbanmin.org">www.urbanmin.org</a>            1390 Capital Blvd, Raleigh, 27603            Food and Rx Assistance 9 – 1 pm Mon – Fri (no appt necessary); Photo ID is required.</p>
<p><b>Food Stamps</b> ..... 250-4720            Monday through Friday, walk-in to apply (application times are 8:30am, 10:00am, 12:30pm, and            2:30pm). The application session lasts approximately 2 hours. Documents required: birth certificates,            Social Security numbers, ID of head of household, verification of rent and utilities, all pay stubs for the            prior 2 months and verification of any other income such as child support, self-employment income and</p>

contributions.	
<b>Helping Hand Mission</b> ..... 829-8048 623 Rock Quarry Rd, Raleigh 27610 <a href="http://www.helpinghandmission.org">www.helpinghandmission.org</a>	834-2795
<b>Ministerio de Benevolencia</b> ..... 788-0060 Iglesia Nueva Esperanza, 3500 Edwards Mill rd. Raleigh 27612 Dagoberto Grenet Needs name, address, # of children, names, birth dates. Will provide food and transportation to pick up food.	<a href="http://iglesianuevaesperanzanc.org">iglesianuevaesperanzanc.org</a> <a href="mailto:grenet@niehs.nih.gov">grenet@niehs.nih.gov</a>
<b>North Hills Crisis Center</b> .....872-7379 5001 Six Forks Rd, Raleigh 27609 Serves residents who reside in the following zip codes: 27609, 27612, 27613, 27614, and 27615. Hours are Tuesday 10am-1pm, 1st and 3rd Wednesday 10am-1pm, Wednesday 5:30pm-6:30 pm (Food Only), Thursday 10am-1pm, 1st and 3rd Sunday 2pm-4pm. Financial assistance interviews by appointment	<a href="http://www.northhillshelp.org">www.northhillshelp.org</a>
<b>St. Savior's Church</b> ..... 833-6400 616 Tucker Street, Raleigh, 27603 Referral required. Mon 1 – 3 pm, Wed. 10 – 12, Fri 10 – 12; must be there by 11:30 am	
<b>Salvation Army</b> .....834-6733 215 S Person Street, Raleigh, 27601 Food given out on Tuesdays and Thursdays @ 1 pm; food tickets dispensed between 8:30 am – 1 pm; 1 – 3 bags of groceries every 3 months; Required: Social Security Card/ITIN, proof of Wake County residence, and photo ID; homeless may not apply.	<a href="http://www.keepthebellringing.org/clients/clients">www.keepthebellringing.org/clients/clients</a>
<b>Tri-Area Ministries</b> .....556-7144 149 E. Holding Ave, Wake Forest 27587 Open Monday, Wednesday & Friday 9:00am – 12:00pm. Serves Wake Forest, Rolesville and Youngsville residents only. Photo ID required.	
<b>Under One Roof</b> .....250-4479 Private Information Call Yvonne Torres Food closet as well as case management services for HIV + individuals	
<b>Urban Ministries</b> ..... 836-1642 1390 Capital Blvd, Raleigh Monday thru Friday 9 – 1	
<b>Western Wake Ministries</b> ..... 362-0657 103 E Chatham St, Apex, 27502 Mon – Thurs 10 – 1pm Apex/Holly Springs/New Hill residents only. Once a month food pantry.	<a href="http://www.wbcm.org">www.wbcm.org</a>
<b>WIC</b> ..... 250-4737	

WCHS, 10 Sunnybrook Road, Raleigh, 27610

Monday - Friday 8:30am – 5:15 pm. Food supplement program for pregnant women, breastfeeding women who have had a baby in the last 12 months, women who have had a baby in the last six months and children under five. Call to schedule an appointment to apply. Bring proof of identification, residence and household income. Eligibility based on income and nutritional need. Vouchers are given out for milk, formula, cereal, fruit, juice and beans. Wellness Clinic for infants is also available.

**With Love From Jesus ..... 233-8010**

421 Chapanoke Road, Raleigh, 27603

[www.withlovefromjesus.org](http://www.withlovefromjesus.org)

Hours: 10:00 a.m. – 12 p.m. Tuesday, Wednesday, Friday and Saturday. Clothing provided as well as home furnishings, diapers, etc. when available. \$3.00 entrance fee. Note: This agency prays with the client and gives a short religious message (in English) as a large group, prior to admittance.

## FURNITURE

<b>ReStore</b> .....	<b>833-6768</b>
Habitat for Humanity, 2400 N Raleigh Blvd 27604	<a href="http://www.Habitatwake.org">www.Habitatwake.org</a>
New and used building materials, appliances; sofas; <b>Hours:</b> Tuesday-Friday 10 a.m. to 6 p.m. and Saturday 9 a.m. to 5 p.m.	
<b>Helping Hand Mission</b> .....	<b>829-8048</b>
623 Rock Quarry Rd, Raleigh 27610	<b>834-2795</b>
	<a href="http://www.helpinghandmission.org">www.helpinghandmission.org</a>
<b>With Love from Jesus</b> .....	<b>233-8010</b>
421 Chapanoke Road, Raleigh, 27603	<a href="http://www.withlovefromjesus.org">www.withlovefromjesus.org</a>
<b>Hours:</b> 10:00 a.m. – 12 p.m. Wednesdays, and Fridays. A sofa, coffee tables, beds, cribs, etc, when available. \$3.00 donation. No charge for each individual item. Note: This agency prays with the client and gives a short religious message (in English) as a large group, prior to admittance.	

## HOTLINES

<b>ASHA STD Hotline</b> .....	<b>1- 800-227-8922</b>
<b>DHHS</b> .....	<b>1-800-662-7030</b> <a href="http://www.dhhs.state.nc.us/ocs/careline">www.dhhs.state.nc.us/ocs/careline</a>
Information and referrals regarding human services in government and non-profit agencies. For clients to call to learn of mental health providers anywhere in NC.	
<b>Child Support Hotline</b> .....	<b>1- 800-992-9457</b>
<b>Gang Prevention Hotline</b> .....	<b>256-0919</b>
To prevent youth gang activity and violence in Wake County through community mobilization, opportunities provision, social intervention, gang suppression, and organizational change and development.	
<b>United Way Info Line</b> .....	<b>211</b> <b>1-800-831-1754</b> <a href="http://www.211.org">www.211.org</a>
Provides information on services available in Spanish.	
<b>Interact</b> .....	<b>828-8320</b>
24 hour Crisis Lines: Domestic Violence: <b>828-740</b> Sexual Assault: <b>828-3005</b> <a href="http://www.interactofwake.org">www.interactofwake.org</a>	
<b>National Migrant Education Hotline</b> .....	<a href="http://www.escort.org">www.escort.org</a>
The National Migrant Education Hotline is free and accessible to migrant farmworkers and their families anywhere in the United States and Puerto Rico. Migrant workers can call the Hotline when they move to get help enrolling their children in school or other educational services. There are pre-school, summer school and high school equivalency programs all around the country.	
<b>NC Family Health and Child Care Resource Line</b> .....	<b>1-800-367-2229</b> <a href="http://www.nchealthystart.org/ncfhr/owncfhrl">www.nchealthystart.org/ncfhr/owncfhrl</a>
For information on children and women’s health, social services, health, children’s health insurance, health and safety in child care settings, pregnancy, family planning, breastfeeding, nutrition, WIC, choosing quality childcare, etc	

## HOUSING (including shelters)

<b>Helen Wright Center</b> ..... 833-1748 W. Cabarrus St, Raleigh, 27603 Homeless shelter for women
<b>Helping Hand Mission</b> ..... 829-8048 New Bern Transitional Housing ..... 828-9744 501 New Bern Ave, Raleigh 27601 <a href="http://www.helpinghandmission.org">www.helpinghandmission.org</a> Transitional housing for families with children
<b>Joyner Real Estate</b> ..... 832-1572 815 New Bern Ave, Raleigh, 27601
<b>Raleigh Rescue Mission</b> ..... <b>Men's shelter 828-9014</b> 314 E Hargett St, Raleigh, 27601 <b>Women's shelter</b> <span style="float: right;"><a href="http://www.raleigh-rescue.org">www.raleigh-rescue.org</a></span> Homeless shelter for men, women and children
<b>Salvation Army</b> .....834-6733 215 S Person Street, Raleigh, 27601 <a href="http://www.keepthebellringing.org">www.keepthebellringing.org</a> Homeless shelter for women and children
<b>See Appendix D for list of Latino Apt and Trailer Parks in Wake County</b>
<b>South Wilmington Street Center</b> ..... 857-9428 1420 S. Wilmington Street, Raleigh, 27603 Homeless shelter for men; case management available; mental health services available

## IDENTIFICATION

<p><b>Department of Motor Vehicles</b> ..... <b>715-7000</b>            3148 Mail Service Center, Raleigh, 27699            To obtain NC ID; Requirements: proof of residency, proof of age and identity, <b>social security card or valid Visa</b>, additional documents if applicant is under 18</p>	<p><a href="http://www.ncdot.org/dmv">www.ncdot.org/dmv</a></p>
<p><b>Centro Para Familias Hispanas</b> ..... <b>873-0094</b>            2013 N Raleigh Blvd. Raleigh, NC 27607            To obtain Tax Identification Number (ITIN); cost \$15; you have to file taxes when you apply; takes 6 – 12 weeks to come back</p>	
<p><b>Costco</b> ..... <b>755-2801</b>            2838 Wake Forest Rd, Raleigh, NC 27609            To obtain a photo ID; Membership is \$50/yr; Photo ID required (e.g. Matricula Consular) and a bill/lease with current address</p>	
<p><b>La Esquina Latina</b> ..... <b>790-0220</b>            2816 Trawick Rd, Raleigh, 27604            To obtain Tax Identification Number (ITIN); cost: \$95 to do taxes and \$30 for ITIN; you have to file taxes when you apply; takes 6 –12 weeks to come back</p>	
<p><b>La Oficina</b> ..... <b>878-3800</b>            4020 Capital Boulevard Suite 136, Raleigh, NC 27604            To obtain Tax Identification Number (ITIN); cost: \$95 - \$200 to do taxes plus \$25 for ITIN; need birth certificate and photo ID (non-expired) plus Income Statement (W-2 or 1099); you have to file taxes when you apply; takes 6 –12 weeks to come back</p>	
<p><b>Mexican Consulate (Consulado Mexicano)</b>..... <b>754-0046</b>            336 E. Six Forks Rd, Raleigh, 27609            For Mexican citizens only; apply for a Matricula Consular (photo ID from Mexico); call for appt.</p>	<p><a href="http://portal.sre.gob.mx/raleigh">http://portal.sre.gob.mx/raleigh</a></p>

**Sam's Club**

1801 Harrison Ave, Cary ..... **474-5440**

3001 Calvary Drive, Raleigh ..... **874-0112**

2537 S Saunders Street, Raleigh ..... **839-1700**

To obtain a photo ID; Membership is \$40/yr; Photo ID required (e.g. Matricula Consular)

**Solución Latina** ..... **855-6995**

3601 Capital Blvd, Raleigh, 27604

To obtain Tax Identification Number (ITIN); cost \$70 for taxes plus \$35 for ITIN; you have to file taxes when you apply; takes 6 –12 weeks to come back. Need to take passport, W-2, driver's license or NC ID, birth certificate, Matricula Consular. Call to make appt.

**S. Wilmington Street Center** ..... **857-9428**

1420 S. Wilmington Street, Raleigh, 27603

Photo ID for homeless men living at shelter

## LEGAL RESOURCES- General

<p><b>Battered Immigrant Project</b> ..... <b>1-866-204-7612</b>                  224 S. Dawson St, Raleigh 27601                  Provide legal assistance for immigration purposes to victims of crimes and battered victims. Covers NC.</p>
<p><b>Birth and Death Certificates</b> ..... <b>Wake County 856-5218</b>  <span style="float: right;"><b>State 733-3526</b></span></p>
<p><b>DHHS Division of Social Services</b> ..... <b>733-3055</b>                  Carlotta Dixon                  Provides training and technical support on Title VI for DSS</p>
<p><b>DHHS Office of the General Counsel</b> ..... <b>733-4534</b>                  Office of The Secretary                  101 Blair Drive, Adams Building, Raleigh                  Terry Hodges –Compliance Attorney                  Investigates complaints of Title VI violations within all of Department of Health and Human Services.                  Provides technical support, answers questions.</p>
<p><b>Immigrants Legal Assistance Project</b> ..... <b>856-2159</b>                  NC Justice Center, 224 S. Dawson St., Raleigh, 27601  <span style="float: right;"><a href="http://www.ncjustice.org">www.ncjustice.org</a></span></p> <p>Private, nonprofit anti-poverty organization whose mission is to reduce and eliminate poverty in North Carolina by helping to ensure that every North Carolina household gains access to the resources, services and fair treatment that it needs in order to enjoy economic security. Helps low-income immigrants with certain kinds of legal problems related to immigration law. Provides direct legal representation to immigrants and migrant workers in selected cases related to employment law.</p>
<p><b>Legal Aid – Farmworker Unit</b> ..... <b>800-777-5869</b>                  224 S. Dawson St, Raleigh, 27601  <span style="float: right;"><b>856-2180</b></span>  <span style="float: right;"><a href="http://www.legalaidnc.org/fwu">www.legalaidnc.org/fwu</a></span></p> <p>Provide civil legal services to farmworkers. Legal residents, US citizens or those here on a work visa. Can answer questions regarding farm work or resources for farmworkers.</p>
<p><b>Legal Aid of NC</b>                  224 S Dawson St, Raleigh NC 27601  <span style="float: right;"><b>state office 856-2564</b></span>  <span style="float: right;"><a href="http://www.legalaidnc.org">www.legalaidnc.org</a></span></p> <p>Provides free legal services in civil matters to low-income people in order to ensure equal access to justice and to remove legal barriers to economic opportunity. Helps children, families, individuals, and migrant workers solve problems that affect their basic needs, such as housing, safety from domestic violence or abuse, health care, subsistence income, environmental safety, and consumer loan problems.</p>
<p><b>NC Advocated for Justice</b> ..... <b>1-800-688-1413</b>                  1312 Annapolis Drive, PO Box 10918, Raleigh, 27605  <span style="float: right;"><a href="http://www.ncatl.org">www.ncatl.org</a></span>                  Directory of Spanish-speaking lawyers in NC. Click on “Find a Lawyer.”</p>

<b>NC Department of Health and Human Services</b> ..... <b>334-1006</b> Office of Citizen Services Ombudsman –Rogelio Valencia Addresses inquiries and complaints that consumers have regarding services that DHHS oversees or administers.
<b>NC Department of Labor</b> ..... <b>807-2796</b> For workplace discrimination, unpaid salary issues.
<b>NC Lawyer Referral Service NC Bar Association</b> ..... <b>677-0561</b>
<b>Office of the Governor</b> ..... <b>733-5361</b> 116 W Jones Street, Raleigh, 27603 Matty Lazo Director of Hispanic/Latino Affairs  Liaison with non-profits, other governmental offices; outreach presentations
<b>Office of Minority Health &amp; Health Disparities</b> ..... NC Department of Health and Human Services, 1110 Navaho Drive, Suite 510, Raleigh, 27609  Support community-based organizations. Provides cultural diversity training. Assist with grant information.

## LEGAL RESOURCES- Immigration

<b>Katy Strait Chavez</b> ..... <b>858-7840</b> 2720 Lake wheeler Rd , Raleigh, 27603
<b>Sharon Cole</b> ..... <b>571-8980</b> 5540 McNealy Drive, Suite 301, Raleigh, 27612
<b>Immigrants Legal Assistance Project</b> ..... <b>856-2159</b> NC Justice Center, 224 S. Dawson St., Raleigh, 27601 Helps low-income immigrants with certain kinds of legal problems related to immigration law. Provides direct legal representation to immigrants and migrant workers in selected cases related to employment law.
<b>Ann Robertson</b> ..... <b>834-7004</b> 16 W Martin Street, Suite 1101, Raleigh, 27601 Is also the attorney for Mexican Consulate.
<b>Jorgelina E Aranedá</b> ..... <b>788-9225</b> 4600 Marriot Dr. Ste 350 Raleigh
<b>Jennifer M Chun</b> ..... <b>783-8999</b> 9194 Glenwood Av. Ste. 101 Raleigh
<b>Hans C Linnaertz</b> ..... <b>633-6755</b> PO Box 1629 Raleigh

## LEGAL RESOURCES- Specific

(Serving Wake County residents)

<b>Velásquez Asociados</b> ..... 667-1788 108 E. Parrish Street, Durham, 27702 Criminal Defense, Consumer Fraud, Personal Injury, Workers’
<b>Joseph Dipierro</b> ..... 821-4640 5 West Hargett Street, Suite 1004, Raleigh, 27601 Criminal, Traffic, Personal Injury, Workers’ Comp, Some Immigration
<b>Kenneth J. Duke</b> ..... 683-2175 315 East Chapel Hill St Suite 400 Cary Workers’ Comp, Personal Injury, Traffic
<b>Robert Fuerst</b> ..... 719-2715 4030 Wake Forest Road, Suite 300 Raleigh, NC 27609
<b>K. Gregory Gunter</b> ..... 829-0449 Hardison & Leone 225 Hillsborough Street, Suite 400, Raleigh, 27603 Worker’s Comp, Personal Injury, Medical Malpractice, Pharmaceutical Lit, Toxic Mold
<b>Robert Hale</b> ..... 838-0058 16 W Martin St, Suite 101, Raleigh Traffic, Criminal,
<b>Laura S. Jenkins</b> ..... 846-7766 178 Mine Lake Court, Suite 100, Raleigh, 27615 Civil, Personal, Injury, Workers’ Comp
<b>Gabriel Jiminez</b> ..... 571-7788 3737 Glenwood Ave, Suite 100, Raleigh, 27612 Auto accident injury, Worker’s Comp, traffic violations, misdemeanors <a href="mailto:gjf@jiminezlaw.com">gjf@jiminezlaw.com</a>
<b>Enrique Loncan</b> .....271-8634 4020 Capital Blvd suite 148 Raleigh 27604 All misdemeanors, minor felonies, DWI
<b>Joseph Luzzi</b> ..... 833-4642 5 W. Hargett Street, Suite 407, Raleigh, 27601 Felonies, misdemeanors, all traffic, personal injuries regarding car accidents

<b>Gabriela Matthews</b> .....	<b>956-7888</b>
100 E Parrish St, Durham, 27701 Domestic Law	
<b>Terence McNealy</b> .....	<b>836-1580</b>
15 E. Martin St, Raleigh, 27601 Personal Injury, Traffic, Criminal, Worker's Comp	
<b>Elizabeth McLaughlin</b> .....	<b>828-1456</b>
P O Box 28186, Raleigh, 27601 Civil Rights, Employment, Worker's Comp	
<b>Robert Nunley</b> .....	<b>835-1977</b>
5 W. Hargett St, Suite 1012, Raleigh 27601 Criminal	
<b>A. Patrick Roberts</b> .....	<b>838-6643</b>
203 West Millbrook Rd. Suite 200 27609 Criminal	
<b>Deborah Sandlin</b> .....	<b>850-9199</b>
15617 Departure Dr. Suite 109 Raleigh 27616 Domestic	
<b>Alice Tejada</b> .....	<b>256-2591</b>
150 Fayetteville St Suite 1910 Raleigh 27602 Injured Workers	
<b>Jeanne Washburn</b> .....	<b>821-7555</b>
414 W. Jones St, Raleigh, 27603 Civil, Worker's Comp	
<b>Robert Willis</b> .....	<b>821-9031</b>
5 W. Hargett St, Suite 104, Raleigh, 27601 Criminal, Traffic, Worker's Comp, Wage Claims, Employment, Personal Injury	
<b>Anna Worley</b> .....	<b>821-1860</b>
Two Hanover Square, Suite 1860, Raleigh, 27602 Domestic	

## MEDIA

<b>La Conexion</b> .....	<b>832-1225</b>
15 E Martin St Raleigh 27601	
<b>La Ley (96.9 FM)</b> .....	<b>790-9392</b>
3012 High woods Blvd. Raleigh, 27604	
Radio station	
<a href="http://www.laley969.com">www.laley969.com</a>	
<b>Que Pasa</b> .....	<b>645-1680</b>
4600 New Bern Av Raleigh	
Weekly newspaper	
Radio Station (AM)	
<a href="http://www.quepasamedia.com">www.quepasamedia.com</a>	
<b>La Noticia newspaper</b> .....	<b>594-6464</b>
<b>Univision 40</b> .....	<b>790-6148</b>
900 Ridgefield Dr Raleigh 27609	
<a href="http://www.Univision.com">www.Univision.com</a>	

## MEDICAL

<b>Alliance of AIDS Services Carolina</b> ..... 834 2437 324 S Harrington Street Javier Leon Padilla, Latino Coordinator Free testing for syphilis, gonorrhea, Chlamydia and HIV
<b>Bilingual Therapeutic Resources</b> ..... 367-9830 128 Salem Towne Court, Apex, 27502 Madeline Torres, Speech and Language Pathologist Bilingual speech and language therapy services
<b>Care Coordination for Children</b> ..... 250-1154 Wake County Human Services, 10 Sunnybrook, Raleigh, 27610 Coordination of services for children birth to 5 and their families; focus on child's development and strengthening relationship between child and parents.
<b>Educate Our Women (Eduquemos a Nuestras Mujeres)</b> .....250-3876 Lidia Tiller <a href="http://www.bcresourcedirectory.org/directory/05-hispanic_american">www.bcresourcedirectory.org/directory/05-hispanic_american</a> Assists low-income, uninsured African American and Latina women in Wake County with mammograms. Provides education about breast health through lay health advisors. Conducts Latina Support Group for Breast Cancer (Fe, Amor e Esperanza) on 2 <sup>nd</sup> Saturday of the month @ El Pueblo.

<b>HIV Information &amp; Testing</b> .....	<b>250-3882</b>
Katherine Hernandez	
<b>Immunization Hotline</b>	<b>1-800-344-7432</b>
Can answer questions related to vaccinations, vaccine-preventable diseases.	
<b>Immunization Request Line</b> .....	<b>250-3853</b>
To request copies of shot records from WCHS	
<b>Low Cost Vasectomy Program</b> .....	<b>250-3954</b>
Carlyn Hull Cunningham	
<b>Mariam Clinic</b> .....	<b>824-4672</b>
3126 Blue Ridge Rd <a href="http://www.mariamclinic.org">www.mariamclinic.org</a>	
Free medical clinic providing acute care and short-term chronic care to uninsured adults; open Sundays from 2 – 5 pm; must call on Thursdays between 2 – 5 pm for a Sunday appointment; no pregnancy care.	
<b>Pregnancy Care Management</b> .....	<b>250-4640</b>
Wake County Human Services 10 Sunnybrook, Raleigh, 27610 Coordination of services for pregnant women.	
<b>Project Access Wake County</b> .....	<b>792-3623</b>
<a href="http://www.wakedocs.org/physician_information">www.wakedocs.org/physician_information</a>	
Free medical (specialty) services donated by area doctors to people referred by their physician. Client needs to speak with their medical provider to access this service.	
<b>See Appendix A for list of Wake County medical doctors and clinics serving adults and children in Spanish.</b>	
<b>See Appendix E for list of Clinics @ Wake County Human Services Sunnybrook Building (La Clinica Roja.)</b>	

## PARENTING CLASSES

<p><b>Maria Ines Robayo</b> .....212-7256  <b>Wake County Human Services</b>  <b>220 Swinburne St Raleigh</b>  <b>Support group</b> for parents of children with autism  <b>Preschool</b>  Preparation thru activities for parents and children ages 3 &amp; 4  Stories and activities based on ready  Book loan from our library for preschoolers  Assistance in the transition to kindergarten  Developmental screenings  Case management  Health education</p>
<p><b>La Red de Familias Latinas de Carolina del Norte</b> .....515-9156  NC State University/A &amp; T State University Cooperative Extension  Andrew Behnke  <a href="mailto:Andrew_behnke@ncsu.edu">Andrew_behnke@ncsu.edu</a>  Connecting Latino families with child and family programming in Wake County. Providing financial literacy, after-school programs, parenting, nutrition, and health and safety information.</p>
<p><b>Project Enlightenment</b> ..... 856-7785  Wake County Public Schools <span style="float: right;"><a href="http://www.projectenlightenment.wcpss.net">www.projectenlightenment.wcpss.net</a></span>  501 S Boylan Ave, Raleigh, 27603 <span style="float: right;"><a href="http://www.parentsasteachers.org">www.parentsasteachers.org</a></span>  Screenings for early detection in 3 – 5 year olds for developmental or speech delays; Parents as Teachers Program (Padres Como Maestros)-teaching parents to recognize and prepare for the developmental stages of their children and to recognize accomplishments of their children; Home Visits; Library; Parent Meetings.</p>
<p><b>Prevent Child Abuse North Carolina</b> .....829-8009  3725 National Drive, Suite 101, Raleigh, 27612 <span style="float: right;"><b>1-800-422-4453</b></span>  <span style="float: right;"><a href="http://www.preventchildabusenc.org/just_for_families/spanish">www.preventchildabusenc.org/just_for_families/spanish</a></span>  Information and Referral Line; Parenting tips in Spanish; publish and distribute information on child abuse and neglect.</p>
<p><b>SafeChild (Crianza Con Carino)</b> .....743-6140  864 W. Morgan Street, Raleigh, 27603 <span style="float: right;"><a href="http://www.safechildnc.org">www.safechildnc.org</a></span>  Parenting classes dealing with discipline and children’s behavior</p>

## RECREATION & SOCIALIZATION

<p><b>4-H</b> .....231-5536                  NC Cooperative Extension                  4001-E Cary Dr, Raleigh, 27610                  Gina Garcia-Somuk                  Programs, clubs, and camps are open to youth ages 5 to 19</p>
<p><b>Boy Scouts</b>..... 872-4884                  Occoneechee Council, Boy Scouts of America <span style="float: right;"><a href="http://www.ocscouts.org">www.ocscouts.org</a></span>                  3231 Atlantic Avenue, Raleigh, 27604                  John Ackerman                  Based out of Kiwanis Park off Wake Forest Rd; Meet once a week. 45 min soccer game plus 15 – 20 min scouting session. Games on Saturday. Uniforms provided. \$50 for season.</p>
<p><b>Brentwood Girls &amp; Boys Club</b> ..... 790-8284                  Pepe Caudillo                  2025 New Hope Church Rd, Raleigh, 27604 <span style="float: right;"><a href="http://www.wakebgc.org/kids_clubs/brentwood">www.wakebgc.org/kids_clubs/brentwood</a></span>                  Provides: A safe place to learn and grow; ongoing relationships with caring, adult professionals; and offers life enhancing programs and character developing experiences that give youth hope and opportunity.</p>
<p><b>Diamante Arts &amp; Cultural Center</b> ..... 852-0075  <span style="float: right;"><a href="http://www.diamanteinc.org">www.diamanteinc.org</a></span>                  315 N. Academy Street, Suite 256, Cary, 27513                  “Nourishing Cultural &amp; Community Participation Among North Carolina Hispanics”</p>
<p><b>Girl Scouts</b> .....782-3021                  Pines Of Carolina                  Lauren Marcello <span style="float: right;">600-6332</span>                  6901 Pinecrest Road, Raleigh, 27613                  There are no Latina-specific troops; however Latinas are integrated into all troops. No one speaks Spanish at main office.</p>
<p><b>Kid’s Café</b> .....<a href="http://www.foodbanknc.org/programs/kidscafe">www.foodbanknc.org/programs/kidscafe</a>                  3 Raleigh locations                  An after-school program that offers tutoring, nutrition education, mentoring, and nutritious meals to children at risk of hunger.</p>

<b>Libraries</b> <a href="http://www.wakegov.com/libraries/libraryservices/spanish">www.wakegov.com/libraries/libraryservices/spanish</a>	
Most Wake County libraries have books in Spanish	
<b>East Regional Center</b> .....	<b>217-5300</b>
946 Steeple Square Court, Knightdale, 27545	
Bilingual Story Times on Saturdays once a month for whole family	
Audiotapes for learning English	
Large selection Spanish materials	
Have one staff member who speaks Spanish	
<b>Green Road Library</b> .....	<b>790-3200</b>
4101 Green Rd, Raleigh, 27604	
First Tuesday Bilingual story time 7 pm	
<b>Mambo Dinamico</b> .....	<b>656-8845</b>
Salsa/Mambo Dance Company	<a href="http://ncmambo.com">ncmambo.com</a>
Betto Herrera	<a href="mailto:betto@ncmambo.com">betto@ncmambo.com</a>
Carmen's Cuban Cafe	
108 D Factory Shops Rd.	
Morrisville 27560	
<b>NC Museum of Natural Sciences</b> .....	<b>733-7450 Ext 525</b>
11 W. Jones St., Raleigh, 27601	
Stephanie Bohr	
Story time reading book in Spanish and use live animals that relate to the story and talk about the animals and how they relate. First and Third Sat. of the month at 11:30am for 30 minutes. The Museum will do presentation for groups of kids in Spanish on 25 different topics with a cost of \$90 non-profits, \$100 for everybody else. They are often go to ESL camps or libraries in the area for these presentations. Audio tour of museum in Spanish. Bilingual staff at big events.	
<b>Raleigh Parks and Recreation</b> .....	<b>831-6844</b>
2401 Wade Avenue, Raleigh, 27607	
Monica Quechol-Bradley	<b>664-5258</b>
	<a href="mailto:Monica.quechol-bradley@ci.raleigh.nc.us">Monica.quechol-bradley@ci.raleigh.nc.us</a>
Educational opportunities such as English as a Second Language classes, computer classes, and fitness classes to recreational opportunities such as social dancing, biking, swimming, arts, athletics, nature programs, teen programs, tennis, senior programs, specialized recreation, and festivals.	
<b>Savv Youth Services</b> .....	<b>544-1436</b>
2235 Garner Rd, Raleigh	
The Dubois Center, 518 N Franklin Street, Wake Forest	
Assistance with employment and educational goals for 14 – 21 year olds	
<b>Second Round</b> .....	<b>833-3312</b>
Haven House	
908 W Morgan St, Raleigh	
MR. Rogers, Boxing program for youth at risk	

## RELIGIOUS RESOURCES

<p><b>Apex Hispanic Mission</b> ..... 362-6176          110 S Salem St.          Apex 27502-1823          Fax: 919-362-6761          Pastor: Rev. Alex Cosío  <a href="http://www.apexbaptist.org">www.apexbaptist.org</a></p>
<p><b>Apex United Methodist Church</b> ..... 362-7807          1005 Hughes St.          Apex, NC 27502          Fax: 919-362-8851          Rev. José Villaseñor  <a href="http://www.apexumc.org">www.apexumc.org</a>  <a href="mailto:joseluis.villasenor@apexumc.org">joseluis.villasenor@apexumc.org</a></p>
<p><b>Casa de Oración en Raleigh</b> .....559-5714          7000 Destiny Drive          Raleigh, NC 27604</p>
<p><b>Catedral Sagrado Corazón</b> ..... 832-6030          (Sacred Heart Cathedral)          200 Hillsborough St.          (Correos: 219 W. Edenton St.)          Raleigh, NC 27603</p>
<p><b>Comunidad Cristiana de Hosanna</b> ..... 834-4122          204 Sheldon Drive, Raleigh, NC 27610          Revs. Rafael Carattini Jr. y María Carattini. Tabernáculo Pentecostal  <a href="http://comunidadch.org">http://comunidadch.org</a></p>
<p><b>Iglesia Adventista Hispana de Raleigh</b> ..... 326-9683          6317 Sunset Lake Rd          Fuquay Varina NC 27526-8609          Pastor Domingo Paulino</p>
<p><b>Iglesia Arcángel San Rafael</b> ..... 865-5700          5801 Falls of the Neuse Rd.          Raleigh, NC 27609</p>
<p><b>Iglesia Bautista de Leesville</b>          13305 Leesville Rd.          Raleigh, NC 27617          848-8141</p>

<b>Iglesia Bautista Nueva Esperanza</b> .....	<b>788-0060</b>
3500 Edwards Mill rd. Raleigh, NC 27612 Pastores Luis Y Marlene Rivas <a href="http://www.iglesianuevaesperanzanc.org">www.iglesianuevaesperanzanc.org</a>	
<b>Iglesia Bautista Nueva Vida</b> .....	<b>552-4644</b>
301 N Woodrow St. Fuquay Varina 27526-2048 Rev. Leo Guerrero <a href="http://www.fvbaptist.org">www.fvbaptist.org</a>	
<b>Iglesia Bautista Vida Abundante</b> .....	<b>779-9456</b>
7900 Ten Ten Rd. Raleigh, NC 27603	
<b>Iglesia Centro Evangelista</b> .....	<b>872-0208</b>
2013 New Hope Church Rd, Raleigh <a href="http://www.launcionfinal.com">www.launcionfinal.com</a>	
<b>Iglesia Cristiana Casa</b> .....	<b>838-5019</b>
2773 Milburnie Rd Raleigh, NC 27610	
<b>Iglesia Cristiana Renacer Inc.</b> .....	<b>431-8380</b>
4000 Atlantic Ave., Suite 116 Raleigh, NC 27604	
<b>Iglesia Hispana Eben-Ezer de los Hermanos En Cristo</b> .....	<b>337-5533</b>
700 Old Apex Rd Cary, NC 27513 Pastor Pedro Hernandez	
<b>Iglesia Menonita de Raleigh</b> .....	<b>833-1182</b>
1116 N. Blount St. Raleigh, NC 27604	
<b>Iglesia San Bernadette</b> .....	<b>552-2922</b>
1005 Wilbon Rd. Fuquay-Varina, NC 27526	
<b>Iglesia Santa María</b> .....	<b>772-5524</b>
1008 Vandora Springs Rd. Gardner, NC 27529	

## SCHOOLS

<p><b>Helping Hand Mission</b> .....</p> <p>623 Rock Quarry Rd, Raleigh 27610</p> <p>School supplies</p>	<p><b>829-8048</b></p> <p><b>834-2795</b></p> <p><a href="http://www.helpinghandmission.org">www.helpinghandmission.org</a></p>
<p><b>Project Enlightenment</b> .....</p> <p>Wake County Public Schools</p> <p>501 S Boylan Ave, Raleigh, 27603</p> <p>Tulia Pascht</p> <p>Screenings to identify children ages 3 to 5 who may have special needs. Parents can refer children if they have concerns about: speech, language, motor, behavior, hearing, vision, health, socio-emotional, and learning.; Parents as Teachers Program (Padres Como Maestros) is a home visit program that provide information and support to the parents to help children develop optimally during the crucial early years of life; parent meetings; parenting counseling. Observations in preschool classroom; parent workshops about several issues on child development; teacher training; literacy workshops for parents so they can support literacy at home with their children, and <b>Spanish Help Line</b> for consultation over the phone on simple issues <b>856-7785</b>. Resource center and library for parents who want to learn more about child development open 3:00pm to 5:00pm every Tuesday with Spanish speaking staff available. Families can always call to set up an appointment at <b>856-7785</b>.</p>	<p><b>856-2799</b></p> <p><a href="http://www.projectenlightenment.wcpss.net">www.projectenlightenment.wcpss.net</a></p> <p><a href="http://www.parentsasteachers.org">www.parentsasteachers.org</a></p>
<p><b>Latino Outreach Services</b> .....</p> <p>maría Rosa Rangel</p> <p>Wake County Public Schools</p> <p>Helps with communication between schools and parents; provides school training re: Latinos; provides 5 week training to parents on school issues. Serves as Latino liaison between schools and media.</p>	<p><b>431-7703</b></p> <p><a href="http://www.wcpss.net/espanol">www.wcpss.net/espanol</a></p>

## **SUBSTANCE ABUSE**

**Mother Against Drunk Drivers (in Spanish) .....787-6599**

5104 Western Blvd Suite B, Raleigh, 27606

**National Website**

[www.madd.org/spanish/3727](http://www.madd.org/spanish/3727)

**North Carolina Website**

[www.madd.org/chapter/3700\\_9595](http://www.madd.org/chapter/3700_9595)

**See Appendix E for list of bilingual Wake County Substance Abuse  
Treatment Providers serving people in Spanish**

## THRIFT STORES (Segundas)

<b>Around Again.....</b> 872-7283 6350 Plantation Center Dr. Suite 103 Owner also A Bridal World, a shop that sells new quinceanera gowns.
<b>Bargain Box .....</b> 833-7587 401 Woodburn Road, Raleigh 27605
<b>Children's Orchard .....</b> 876-8550 3514 Capital Blvd. Raleigh 2865 Jones Franklin rd. 27606 ..... 852-0550
<b>Dorcas Thrift Shop .....</b> 469-1351 187 High House rd. Cary 27511 Christian Community In Action Hours: 9- 4 Monday thru Friday, 10 – 2 Saturday
<b>Goodwill Industries</b> 321 W. Hargett Street, Raleigh <b>834-0504</b> 6808 Davis Circle Drive, Raleigh <b>782-2435</b>
<b>Habitat For Humanity Re-Store .....</b> 833-1999 2420 Raleigh Blvd, Raleigh
<b>NEXT .....</b> 875-1721
<b>Salvation Army .....</b> 779-8867 205 Tryon Road, Raleigh, 27603 .....773-3004 6714 Old Wake Forest Rd, Raleigh, 27616 .....

## TRANSPORTATION

<b>Cary Transit</b> .....	<b>481-2020</b>
	<a href="http://www.townofcary.org">www.townofcary.org</a>
<b>CAT Bus.....RIDE</b> .....	<b>485-7433</b>
For help in Spanish with bus schedules	
<b>Taxis</b>	
<b>Amigos</b> .....	<b>862-6162</b>
<b>Angeles</b> .....	<b>796-1371</b>
<b>Apolo</b> .....	<b>332-7947</b>
<b>Fiesta</b> .....	<b>524-8105</b>
	<b>625-8257</b>
<b>Hossana</b> .....	<b>395-2613</b>
<b>Poli</b> .....	<b>538-1749</b>
<b>Velo</b> .....	<b>271-5719</b>
	<b>875-0391</b>
<b>Star</b> .....	<b>761-3895</b>
<b>TRACS Wake Coordinated Transportation Service</b> .....	<b>212-7005</b>
	Cancellations 772-2218 Ext 100
Hours: 7:00am – noon and 1pm-6pm Require 24 hour notice.	
\$2 one way for in-zone, \$4 round trip; \$4 one way for Out-of-Zone, \$8 round trip	
<b>Wake County Human Services</b> .....	<b>212-7000</b>
220 Swinburne	
Transportation to medical appointments for Medicaid recipients and OB patients.	

## WEBSITES

<p><b>El Futuro</b>.....<a href="http://www.elfuturo-nc.org">www.elfuturo-nc.org</a> List of mental health providers and programs in North Carolina</p>
<p><b>Hablemos en Confianza</b> (Let's Talk in Confidence) .....<a href="http://www.soyunica.gov/adults/default.aspx">www.soyunica.gov/adults/default.aspx</a> Website providing materials designed to help Spanish-speaking parents and their children talk about the dangers of substance abuse</p>
<p><b>Medline</b> .....<a href="http://www.Medline Plus.Gov/Esp">www.Medline Plus.Gov/Esp</a> Website conducted by US Library of National Medicine and The National Institutes of Health; contains information in Spanish on illnesses and treatments.</p>
<p><b>National Institute on Aging</b> .....<a href="http://www.nia.nih.gov/Espanol">www.nia.nih.gov/Espanol</a> Information on health issues affecting seniors in Spanish.</p>
<p><b>NC Care Link</b>..... <a href="https://www.nccarelink.gov">https://www.nccarelink.gov</a> A complement to traditional help-line resources and is geared to people who use computers in their homes or in the community. The site will soon be fully translated to Spanish.</p>
<p><b>NC Coalition Against Domestic Violence</b> .....<a href="http://www.nccadv.org/spanish_espanol">www.nccadv.org/spanish_espanol</a> Information on domestic violence in Spanish.</p>
<p><b>NC Coalition Against Sexual Assault</b> .....<a href="http://www.nccasa.org/espanol">www.nccasa.org/espanol</a> Information for victims of abuse and sexual assault in Spanish.</p>
<p><b>NC Folic Acid Council</b> .....<a href="http://www.getfolic.com/espanol">www.getfolic.com/espanol</a> To promote the benefits and consumption of folic acid in Spanish.</p>
<p><b>NC Health Info</b> .....<a href="http://www.nchealthinfo.org">www.nchealthinfo.org</a> Health information, Health resources, information on health insurance, prescription plans, etc. Conducted by librarians at the Health Sciences Library @ UNC –CH with help from the National Library of Medicine. (Not available in Spanish.)</p>
<p><b>United Methodist Latino Ministries</b> ..... <a href="http://www.raleighboardofmissions.org/hispanicMinistries">www.raleighboardofmissions.org/hispanicMinistries</a> List of outreach ministries in Raleigh.</p>

# Appendix A

List of doctors, dentists, and eye doctors serving Latinos in Wake  
County

# Appendix B

List of Mental Health and Domestic Violence Agencies serving  
Latinos in Wake County

# Appendix C

List of ESL and other Classes Offered in Spanish in Wake County

# Appendix D

List of Wake County Human Services Health Clinics

# Appendix E

List of Substance Abuse Treatment Providers in Wake County