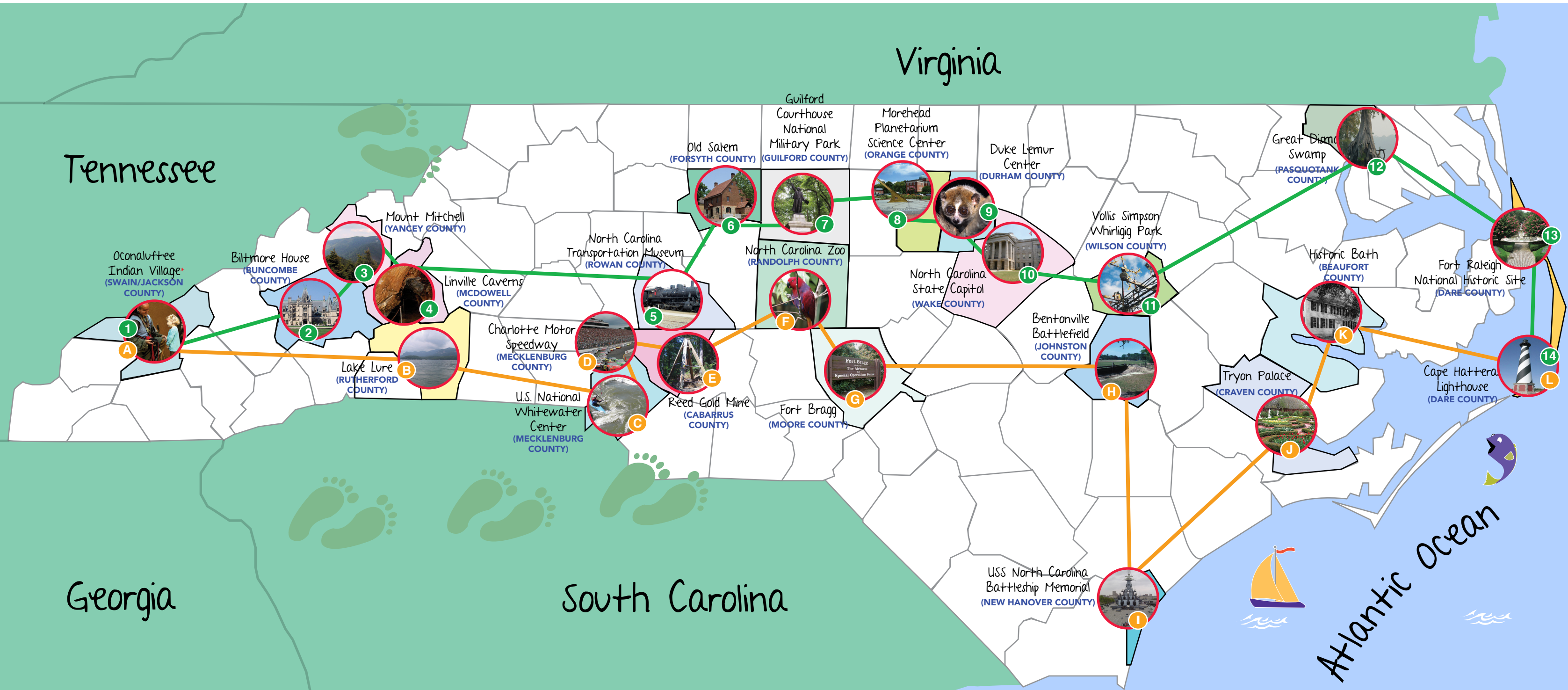


Walk Across North Carolina



MAP LEGEND

Northern Trail

1 TO 2 = 44 Miles Walked	4 TO 5 = 86 Miles Walked	7 TO 8 = 47 Miles Walked	10 TO 11 = 41 Miles Walked	13 TO 14 = 49 Miles Walked
2 TO 3 = 22 Miles Walked	5 TO 6 = 29 Miles Walked	8 TO 9 = 7 Miles Walked	11 TO 12 = 98 Miles Walked	
3 TO 4 = 21 Miles Walked	6 TO 7 = 23 Miles Walked	9 TO 10 = 24 Miles Walked	12 TO 13 = 59 Miles Walked	

Total Miles Walked 550

Southern Trail

A TO B = 62 Miles Walked	D TO E = 13 Miles Walked	G TO H = 62 Miles Walked	J TO K = 29 Miles Walked
B TO C = 70 Miles Walked	E TO F = 46 Miles Walked	H TO I = 77 Miles Walked	K TO L = 74 Miles Walked
C TO D = 19 Miles Walked	F TO G = 38 Miles Walked	I TO J = 79 Miles Walked	

Total Miles Walked 569



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