DO’s and DON’Ts with Safe Disposal of Needles and Sharps

**DO**
- If possible, use an FDA approved Sharps container.
- Place used needles and sharps in a sealed container to avoid danger from loose sharps.
- Keep needles, sharps, and disposal containers away from children and pets.
- Call your local trash removal service to learn of disposal programs nearby.

**DON’T**
- Overfill your container. When you have filled 75% of your container, screw the cap on firmly.
- Throw individual needles/sharps in trash.
- Flush needles/sharps down the toilet.

Creating your own SHARPS container (if necessary)

**Bottle cap should be secured at all times!**
Make sure containers are:
- Leak-proof
- Puncture-resistant

Examples include:
- Detergent Jug, Bleach Bottle, 2 liter Bottle
- Coffee can (IF lid is secure)

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