

# Summer Food 101

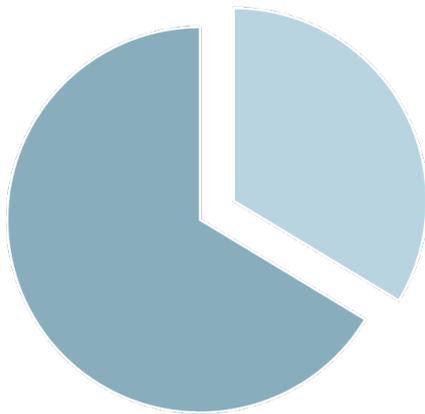
## What is the Summer Food Service Program (SFSP)?

The Summer Food Service program is a USDA funded program that allows our community to feed children during the summer months. This program has provided many communities with a way to engage and feed children once the school year ends. SFSP has been crucial in ensuring that youth have access to nutritious food, engaging activities, and a safe space while school is out.

There are many ways to participate in the program, and engaging community partners in the Summer Food program is essential in making SFSP successful for our children.

## What is the need?

33.6% of Children Under 18 are Food Insecure



■ Food Insecure Children ■ Food Insecure Adults

Source: Feeding America Map the Meal Gap

- More than 80% of children from low-income families experience limited access to nutritious meals during the summer.
- 1 in 4 children in NC are considered at risk of hunger.
- Last year, in Wake County, 41,060 children under 18 were food insecure.

## Wake County Summer Food '18 in review

- 147 meal sites
- 13 program sponsors
- 251,702 meals served
- Met 11.7% of the need (Out of the 54,094 children eligible for summer food, the average daily participation was 6,328 children.)

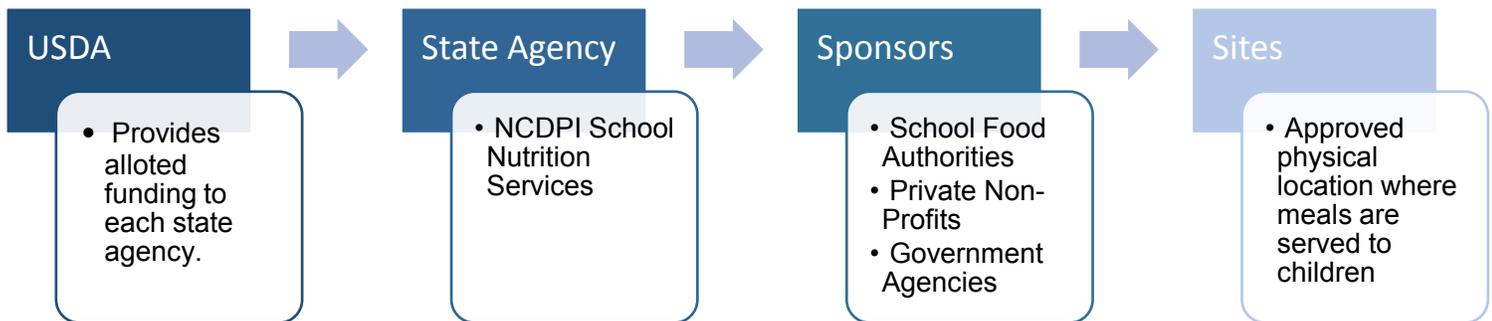
\*Please contact Amanda Salami for questions/more information at [amanda.salami@wakegov.com](mailto:amanda.salami@wakegov.com)



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## How can I be involved?

1. Sponsor
2. Site
3. Community Partner



## 1. SPONSOR

- ❖ A “sponsor” is an organization that has financial and administrative responsibility/oversight for feeding children and may or may not do direct feeding.
- ❖ A sponsor is ideal for non-profits and churches, but could also be local businesses, etc.

### *Advantages:*

- \*\* Address food security at no cost to you
- Build relationship with kids/families in your community
- Enhance current activities (e.g. vacation bible school, summer camps, teen service projects, etc.)
- Easier communication and autonomy over menu, meals, etc.
- Flexible & adaptable to your specific community's needs
- Create/strengthen partnerships & networking with other non-profit, state, local government, & business
- Attract service minded individuals to your organization
- Improve the nutrition & wellness of your community
- Bringing federal dollars into your community – Opportunity to financially impact your community
- A supportive partnership is available through collective partnerships in Western Wake County to help with developing resources
- Opportunity for participating in the development and/or utilization of regional collaboration
- Can serve as an emergency/disaster feeding site.

### *Requirements:*

- Must be financially viable (calculation for # kids you want to feed, and how much you need in reserve)
- Provides Administrative Support

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- Able to train volunteers
- Arrange for food (menus, procurement)
- Do the state-provided training
- Provide financial and data management
- Application process which takes 45 to 60 hours first year, then faster (but can be less with more resources)
- Pass an FBI Background Check (both the financial manager and primary contact/principal sponsor) \$55/each (4-5 days)
- Ensure that sites have activities
- Comply with State & USDA regulations
- Communicate with sites

\*Sponsor application deadline: March 1, 2019

## 2. Site

- ❖ A “site” is a location in a federally defined low-income area where children under 19 can build relationships while obtaining food and enjoying activities. (Food may be cooked on site or provided through a commercial kitchen, depending on the sponsor.)
- ❖ Examples of sites include: churches, Human Services Centers, apartment complexes, community centers, etc.
- ❖ Sites are ideal for non-profits/churches and groups.

Types of Summer Food Sites:

Open Sites

Closed  
Enrolled  
Sites

Camps

- **Open Site:** At least 50% of the children in the area qualify for free or reduced school lunch. Any child who comes to an open site receives a free meal.
- **Closed Enrolled Site:** At least 50% of the children enrolled in the program qualify for free or reduced school lunch. All children *enrolled* in the program receive a free meal.
- **Camp:** Offers a regularly scheduled food service as part of a residential or day camp program

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## *Advantages of being a site:*

- Know that kids are not going hungry and are cared for
- Have sponsor support to create & maintain the program
- Develop Relationships with children and families AND you get to be the face of caring in your community
- Develop partnerships with other non-profits, the community state and local government
- Limited paperwork /easier
- Build infrastructure within your organization to serve your community
- Build on existing programs (program can be integrated into your camps, VBS, reading programs, etc.)

## *Requirements:*

- Must have or find an accessible space for children to eat on site
- Must provide space and supervision for the number of kids within the number you set
- Engage with children, youth, and their families in relationship building activities
- This could be playing soccer or inviting parks & rec to come play
- Engage & coordinate with community partners to provide additional activities & services
- Maintain upkeep of the space (trash, clean up)
- Collaborate to provide outreach/media
- Maintain & submit daily records
- All site staff must be trained by sponsor in program guidelines, including civil rights.
- Work with sponsor to determine times and number of days you will serve (breakfast, lunch, dinner, weekdays or weekends). \*some flexibility exists\*
- Estimated Time Commitment: Varies – 1-hour training + program time + planning time
- Must recruit enough volunteers who will be checked against NC Sex Offender Registry
- Minimum 3-10 volunteers depending on number and age of children (enough to maintain safety for the children/youth served)

*\*Site Application deadline: May 15, 2019*

## 3. Community Partner

- ❖ A “partner” is a collaborator who supports the community effort (including non-profits, businesses, individuals, groups, service groups, health care providers, community members) by providing needed services including: activities, transportation, site support, etc.)
- ❖ Partners are ideal for individuals/groups, such as: service clubs, book clubs, Sunday school classes, scouts, businesses, and health professionals.

## *Advantages:*

- No training required
- Time limited commitment that is self-scheduled
- Build relationships/partnerships with community organizations/participants
- Enhance outreach efforts (# served, # hours service provided)
- Maximize resources for all involved
- Publicizes resources in the community
- Collaboration

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## Requirements:

- Background checked with NC Registry of Sex Offenders OR be directly supervised by someone who is background checked
- Enjoy working with youth/adults
- Have time, skills, or resources to share in the summer

## Best Practices at Sites:

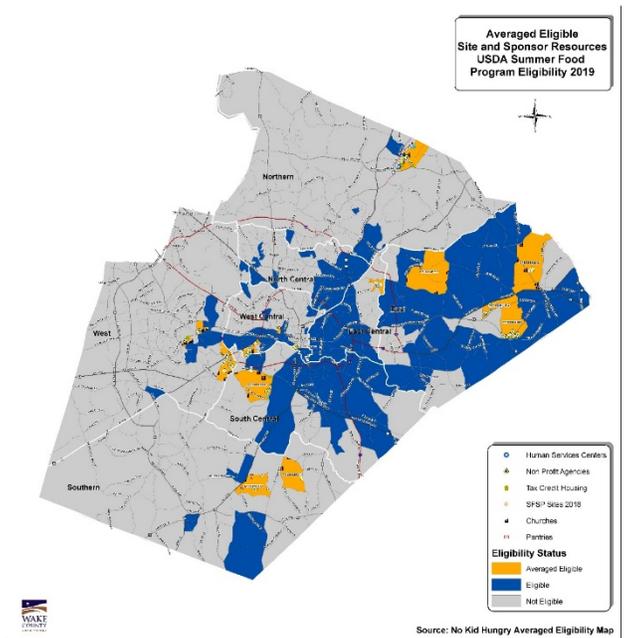
- ❖ Provide Activities
- ❖ Make parents feel welcomed
- ❖ Choose strategic location
- ❖ Invest time in outreach
- ❖ Use creative partnerships
- ❖ Provide transportation
- ❖ Utilize volunteers

## Resources Available for you

- ❖ Activities & Programming support
- ❖ Marketing & Outreach support
- ❖ AmeriCorps VISTA Summer Associates
- ❖ No Kid Hungry Best Practices
- ❖ NC DPI Application Assistance
- ❖ Summer Food Program Work Groups
- ❖ Regional Food Security Collaboration

## Potential Sponsors for Sites:

- ❖ Wake County Public Schools
- ❖



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## Summer Food Key Terms:

- ❖ **Eligible zone:** The proposed meal site must be located in the attendance area of a school where at least 50 percent of the children are eligible for free or reduced-price school meals. When using census data to determine eligibility, the proposed site must be in a Census Block Group (CBG) or Census Tract in which 50 percent or more of the children are eligible for free or reduced-price meals.  
*\*click here to see if your site is in an eligible zone: <https://www.fns.usda.gov/areaeligibility> or <http://bestpractices.nokidhungry.org/Averaged-Eligibility-Map>*
- ❖ **Site:** The physical location, approved by the State agency, where you serve SFSP meals.
- ❖ **Sponsor:** Must be organizations that are fully capable of managing a food service program. Sponsors receive payments from USDA, through their State agencies, based on the number of meals they serve. All meals are served free to eligible children.
- ❖ **Unitized meal:** Meals served that are 'ready-to-go'
- ❖ **Vendor:** Organizations with kitchens and food service staff, including schools, commercial companies, or public or nonprofit institutions, can participate in SFSP as vendors. Instead of administering or supervising a meal service site, a vendor sells prepared meals under an agreement or a contract with an approved SFSP sponsor.

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