



Attendees: Clif Lavenhouse, Edward White, Valerie White, Wanda Harvey, LaShonda Richardson, Bryan Coates, Desiree G, LaKia Young, Jacqueline Gupton, D McCullers, Antoinette Hoskins, Tony Craddock, Sharon Peterson, Priscilla Awkard, Sylvia Anderson, Linda Ware, Sherri Lopez, Quan Copeland, Vielka M Gabriel, Christal Toodle, Helen Lupton-Smith, Cheryl Garris, George Adler, Shonveal Harvey, Wanda Hunter, Susan Gardner, Shawn McNamara, Nicholas Dula, Evonne Wiggs, Kim McNeil, Alicia McNeil, Tamara Perkins, Kristin Feierabend, Passion Hunter, Paul Alston, Verna P. Best, Stephanie Sims

Welcome, Review of Minutes and Introductions

- Meeting called to order by Priscilla Awkard at 6:30 pm.
- Introductions and a brief history of the Crosby Advocacy Group
- November meeting minutes will be approved at the January meeting
- Meeting held in conjunction with Middle Class Express

Information Presentation: Bryan Coates, Wake County Community Services/Planning - Plan Wake

- Bryan Coates gave information about the upcoming comprehensive plan. The last plan was completed in 1999. The needs of residents have changed.
- Approximately every 10 years there are 250,000 more people in Wake County that were born or moved here.
- Plan Wake is seeking public outreach to gain community input in areas such as traffic, housing, parks, schools, and more.
- A specific survey link has been created to capture responses generated from Social and Economic Vitality activities. Please visit <https://publicinput.com/U763> to complete the survey.

CCERC- Helen Lupton-Smith, Clinical Coordinator

- CCERC, or Community Counseling, Education and Research Center, provides short-term and affordable counseling services to individuals, couples and families that focus on healthy personal, emotional, social, and career development.
- The Counselors are graduate students of NCSU who are in training for their master's and doctorate counseling programs.
- Culturally sensitive sessions are available. Service costs are based on a sliding scale of the client's self-reported income and are at a low to no cost to families.
- These services are for mental health and wellness. CCERC is not a CRISIS or medical center. No in-home training is offered. CCERC does not provide comprehensive mental health services (e.g., on-call counselor, psychiatry, 24-hour crisis support).

- Services provided are for ages 14 and older at no cost for Wake County School students.
- Counseling sessions are 50 minutes and the program could last for 1- 1.5 years.
- Referrals can be made via an on-line form at the website <https://sites.ced.ncsu.edu/ccerc/> or telephone (919-856-9233 ext 107). Hours vary according to the NCSU schedule.
- There is also a location at the Women's Center of Wake County, 112 Cox Ave, Raleigh, NC 27605
- Attendees engaged in the activity, 'Tis the Season: Holiday Wellness, which provides strategies for dealing with holiday stress. Examples of the strategies include: rethinking negative thoughts, reflecting on successful past strategies, gratitude, normalizing plans and feelings, etc.

COR Affordable Housing Programs- Shawn McNamara, Program Manager

- Shawn offered information about federal and city program funding for housing. The information about money for the programs is given to Social Services agencies.
- The city has funds/programs for affordable housing, home buyers, rental homes, building and constructing of property and rentals, people with low to moderate income, first time home buyers, homeowners in need of repairs (limited repair program).
- In partnership with DHIC, homebuyer classes are offered. COR also works in partnership with for-profit builders, multi-family developments, special needs housing (homelessness, emergency housing) and development of new apartment complexes.

Due to the length of presentations, the meeting was adjourned without completion of Social and Economic Vitality reports as outlined on the agenda.

Next Meeting: January 17, 2019 6 PM

This meeting has since been cancelled. The next meeting will be February 21st at 6PM