

Classification Title: Nutritionist

FLSA Status: Non-Exempt

BRIEF DESCRIPTION: Provides nutrition information and patient care to eligible clients. Counsels patients based on identified health need or risk, determines treatment plan, refers to outside providers as appropriate and coordinates care with direct medical providers.

ESSENTIAL FUNCTIONS:

This information is intended to be descriptive of the key responsibilities of the position. The following examples do not identify all duties performed by any single incumbent.

S Sedentary	L Light	M Medium	H Heavy	V Very Heavy
Exerting up to 10 lbs. occasionally or negligible weights frequently; sitting most of the time.	Exerting up to 20 lbs. occasionally, 10 lbs. frequently, or negligible amounts constantly OR requires walking or standing to a significant degree.	Exerting 20-50 lbs. occasionally, 10-25 lbs. frequently, or up to 10 lbs. constantly.	Exerting 50-100 lbs. occasionally, 10-25 lbs. frequently, or up to 10-20 lbs. constantly.	Exerting over 100 lbs. occasionally, 50-100 lbs. frequently, or up to 20-50 lbs. constantly.

#	Code	Essential Functions
1	L	Provides direct patient care by completing client health assessments and determining nutrition needs. Reviews medical and social history. Consults with agency and medical providers to discuss plan of treatment. Discusses treatment plan with clients and provides nutritional education information for review. Follows up with clients to determine progress and answer questions.
2	L	Conducts health risk appraisals to determine at-risk factors for disease, which could include measuring blood cholesterol, blood pressure, blood glucose, body fat and body mass index. Provides feedback to individuals regarding appropriate intervention strategies.
3	S	Promotes nutrition awareness through outreach activities, news releases, public service announcements, exhibits and brochure distribution. Develops and presents or facilitates presentations on programs and services of the County and provides general or specific nutrition information. Targets specific groups or specific illnesses.
4	L	Plans, conducts and evaluates programs which promote health nutrition and physical activity which could include seminars, workshops, health fairs and employee wellness programs.

CLASSIFICATION REQUIREMENTS:

CLASSIFICATION REQUIREMENTS	
Education	Bachelor's degree in Nutrition.
Experience	One year of experience as a nutritionist.

CLASSIFICATION REQUIREMENTS	
Equivalent Education & Experience Accepted?	Yes
Certification and Other Requirements	Eligibility for certification as a Registered Dietician.
Reading	Advanced
Math	Advanced
Writing	Advanced
Managerial	Receives General Direction.
Budget Responsibility	Has no budget responsibility.
Supervisory / Organizational Control	Work requires the occasional direction of helpers, assistants, seasonal employees, interns, volunteers or temporary employees.
Interpersonal / Human Relations Skills	Work requires frequent and regular contact with others in a direct reporting relationship and may involve contact with others outside of the direct reporting relationship. The purpose of the contact is to address specific issues and/or general policies. Contact may involve support of controversial positions or the negotiation of sensitive issues.

OVERALL PHYSICAL STRENGTH DEMANDS:

Sedentary	Light	X	Medium	Heavy	Very Heavy
Exerting up to 10 lbs. occasionally or negligible weights frequently; sitting most of the time.	Exerting up to 20 lbs. occasionally, 10 lbs. frequently, or negligible amounts constantly OR requires walking or standing to a significant degree.		Exerting 20-50 lbs. occasionally, 10-25 lbs. frequently, or up to 10 lbs. constantly.	Exerting 50-100 lbs. occasionally, 10-25 lbs. frequently, or up to 10-20 lbs. constantly.	Exerting over 100 lbs. occasionally, 50-100 lbs. frequently, or up to 20-50 lbs. constantly.

MACHINES, TOOLS, EQUIPMENT, AND WORK AIDS:

Measuring devices, computers, printers and related software

PRIMARY WORK LOCATION	
X Office Environment	Shop
X Clinic	Vehicle
Recreation Centers/Neighborhood Centers	Warehouse
Outdoors (see 1 below)	Other (see 2 below)

- (1) N/A
- (2) Community

PROTECTIVE EQUIPMENT REQUIRED:

None.