



## WAKE COUNTY HUMAN SERVICES

### RESOURCE GUIDE 2011(REVISION)

**Disclaimer: Every attempt has been made to provide accurate and timely information in this guide. However, agency numbers may change, addresses may change and services offered by agencies may change while this guide is in use.**

Please contact Contina Bell at [contina.bell@wakegov.com](mailto:contina.bell@wakegov.com) or 212-7593 for changes or updates.

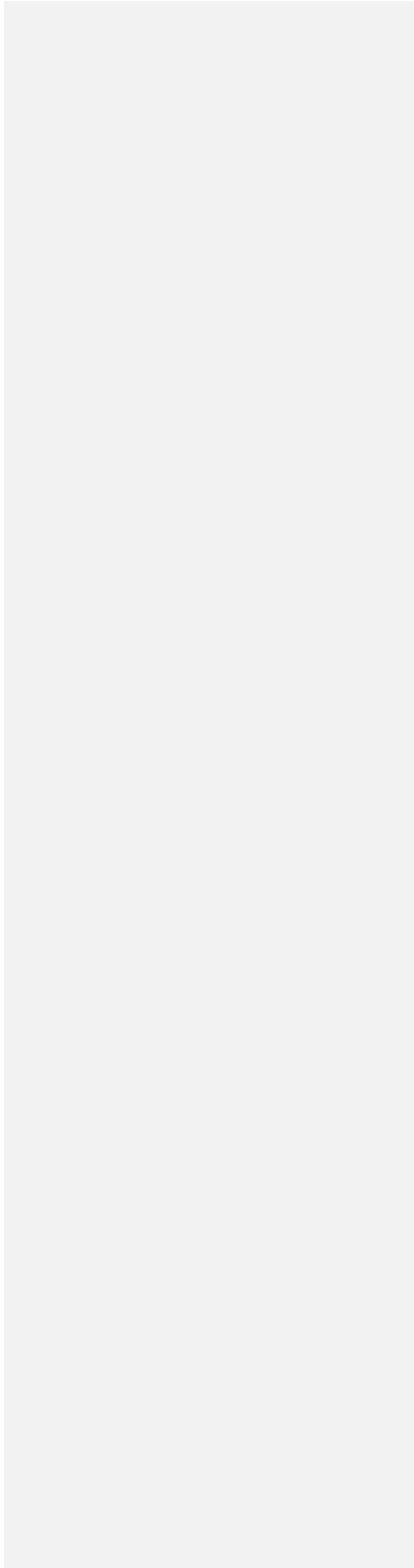
Version 8/2011

# WAKE COUNTY HUMAN SERVICES RESOURCE GUIDE

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## BUDGET COUNSELING

**Latino Community Credit Union (La Cooperativa Latina) .....855-9696**  
1420 Hardimont Road, Raleigh, N. C. 27609 Info available at  
<http://www.cooperativalatina.org>

Banking services for members. Costs \$10.00 to open an account and a \$20.00 once in a lifetime family membership fee for other services. Membership includes access to help with financial problems, financial education and credit counseling. Valid picture ID required to open an account.

**Triangle Family Services .....821-0790**  
3937 Western Blvd., Raleigh, N. C. 27603. Info available at  
<http://www.tfsnc.org>

Offers Consumer Credit Counseling Services (CCCS). Provides debt management services to families and individuals, as well as financial literacy education seminars, focusing on such topics as home budgeting and financial management, first-time home buying, avoiding identity theft, reducing consumer debt, and avoiding predatory lending schemes.

**Wake County Human Services**  
Supported Housing Program.....856-5277  
220 Swinburne Road, Raleigh, NC 27610

Supported Housing Program provides daily housing counseling and budget assistance Monday through Friday at 4pm-5pm in Swinburne Bldg. Sign in at the Information desk in the atrium.

**W.E.B. Dubois Community Development Corporation.....556-0709**  
150 A White Str., Wake Forest 27588 ext. 124 or 156  
[www.duboiscdc.org](http://www.duboiscdc.org)

Family Self Sufficiency Program offers money management class, credit repair, and support services such as assistance with school, work, childcare, limited financial assistance and counseling. Must be income eligible and complete application process.

**Hope Community Church.....532-0620**  
821 Buck Jones Rd., Cary 27511  
[www.gethope.net](http://www.gethope.net)

Provides personal budget counseling and Financial Peace University to get out of debt, stay out of debt, and build wealth.

Good Work.....682-8473

P.O.Box 6013, Raleigh 27628

[www.goodwork.org](http://www.goodwork.org)

Participants increase understanding of household economics, finances, asset development, entrepreneurship, business and organizational development, and stewardship and sustainability

North Carolina Real Enterprises.....781-6833

3739 National Dr. #110, Raleigh 27612

[www.ncreal.org](http://www.ncreal.org)

Building skills and knowledge for entrepreneurship through financial literacy. Programs for K-8, 9-12, and adults. Scholarships available. Professional development opportunities also available.

Consumer Education Services Inc.....785-0725

3801 Lake Boone Trail #400, Raleigh 27607

[www.mycesl.org](http://www.mycesl.org)

Nonprofit debt management company. Financial education, housing counseling, and credit counseling. Online courses are free and self paced.

National Council on Economic Education

[www.ncee.net](http://www.ncee.net)

Computer based learning for youth grades K-12.

[www.making-change.org](http://www.making-change.org)

Online money management education

[www.spendingonmainstreet.org](http://www.spendingonmainstreet.org)

Practical personal financial advise

[www.FDIC.gov](http://www.FDIC.gov)

Money Smart Program

## CRISIS HOTLINES

**Alcoholics Anonymous (AA) (24 hour hotline)..... 919-783-6144**

**Al-Anon .....919-713-1516**

**Care-Line ..... 800-662-7030**

**Carolinas Poison Center - In case of an emergency poisoning, call  
1-800-222-1222**

**CDC National STD and AIDS Hotline .....800-342-2437**

**English Service 24 hours a day, seven days a week.**

**Spanish Service 8:00 a.m. – 2:00 a.m., seven days a week.. 800-344-7432**

**Hotlines provide callers with anonymous and confidential answers to  
questions about sexually transmitted diseases (STDs) and HIV/AIDS.**

**Referrals also provide**

**Child Abuse and Neglect Reporting (Wake County Human Services)**

**.....212-7990**

**..... Or 212-7000**

**Crisis Intervention Hotline.....919-545-0224**

**7 days, 24 hours. Serves victims of domestic violence, domestic abuse and  
sexual assault.**

**Drug Helpline ..... 1-800-662-4357**

**Gay and Lesbian Helpline .....919-821-0055**

**Provides general information on issues affecting the gay and lesbian  
population; also provides information and referrals for services.**

**Holly Hill Respond (Crisis Intervention) .....919-250-7000**

**3019 Falstaff Rd., Raleigh, N. C. 27604**

**The RESPOND department provides crisis phone, assessment, and  
admission services 24 hours a day, seven days a week and serves as the  
emergency department of Holly Hill Hospital.**

**Hopeline.....919-231-4525**

**7 days, 24 hours. Crisis and suicide prevention. Provides confidential,  
nonjudgmental, caring listening for community members facing life  
difficulties or crisis.**

**Interact Rape Crisis Hotline .....919-828-3005**  
 24 hour crisis line. Provides information and support for survivors of sexual assault (including incest) and information and support for their friends and family members.

**Interact Domestic Violence Hotline .....919-828-7740**  
 24 hour hotline for battered women, victims of domestic violence.

**Interact SAFE Center .....919-828-3067**  
 24 hours hospital counseling and support

**Mental Health and Substance Abuse Emergencies (Wake County) 919-250-3133**

**National Runaway Switchboard.....800-786-2929**  
 7 days, 24 hours. Provides crisis intervention for youth at-risk between the ages of 12 and 20. Will make conference calls to parents, deliver messages from runaways to their parents or guardians, assists with free transportation for qualified runaways.

**Teen TalkLine.....919-231-3626**  
 24 hours a day: Offers teens an opportunity to talk to trained volunteers about important issues in their lives.

**United Way Resource Information.....211**  
 Information referral service serving Chatham, Durham, Orange, and Wake counties

**Wake County Human Services Crisis and Assessment .....919-250-3133.**

**Wren House Youth Crisis Hotline.....919-832-7866**  
 Serves youth ages 10-17 who are homeless, runaway, or just need a place to stay (24 hrs to 14 days) and provide crisis intervention.

**CLOTHING & HOUSEHOLD GODDS**

Comment [DP1]:

**Brooks Avenue Church of Christ.....821-2400**  
700 Brooks Avenue, Raleigh, NC 27607  
www.brooks.org  
2<sup>nd</sup> and 4<sup>th</sup> Saturday of each month, 9:00am-12:00noon. No referral required.

**Catholic Parish Outreach.....873-0245**  
2013 N. Raleigh Blvd, Raleigh, 27604  
www.cporaleigh.org  
Monday through Saturday, 10:00am-1:00pm. *Referral required.* I.D Card required for all family members receiving assistance. Clothing for children (up to children’s size 4); maternity clothing for expectant mothers. Limited supply of baby items.

**First Baptist Church ..... 832-4485**  
99 North Salisbury Street, Raleigh, NC 27601  
www.fbcraleigh.org  
Wednesday 10:00am- 11:30am; Thursday 1:00pm- 2:30pm. Some type of ID required such as social security card or driver license. Clothing for men, women and children.

**Garner Area Ministries.....772-9100**  
560 Village Court, Garner, NC 27529 (Corner of HWY 70 & Aversboro Rd.)  
Monday, Wednesday, and Friday 9:00am – 12:00pm. *Must be a resident of the Garner area.*

**Helping Hand Mission ..... 829-8048**  
623 Rock Quarry Road, Raleigh, NC 27610  
Monday through Friday 11:00 a.m. – 2:00 p.m. *Referral required.* Two changes of clothing provided.  
Furniture discounted with referral. Price set by establishment.

**Junior League of Raleigh Bargain Box ..... 833-7587**  
401 Woodburn Avenue, Raleigh, NC 27605  
Monday through Saturday 10:00 a.m. - 6:00 p.m.; *Referral required.* Bargain Box referrals only, accepted from participating agencies.

Life Care Pregnancy Center ..... 873-2442  
1001 Navaho Drive, Suite 101, Raleigh, NC 27609  
[www.pregnancylifecare.org](http://www.pregnancylifecare.org)  
*Appointment required.* Clothes for expecting mothers, babies up to 12 months and baby items for participants in the Life Skills Program. Also provides parenting skills, budgeting skills and pregnancy tests by appointment . M-TH 9a.m-2p.m., Tues. 6:30p.m-8:30p.m.

Salvation Army..... 834-6733  
215 South Person Street, Raleigh, NC 27601  
<http://www.keepthebellringing.org>  
Appointments for clothing are made each Monday morning for Friday of the same week. Must bring a Social Security card for each member of the family needing clothes, and a N. C.ID, Homeless ID or Prison ID of the person shopping at the clothing closet. Each family member may receive up to 10 items of clothing per visit. Participants may come every 3 months.

The Salvation Army Family Store and Donation Centers  
205 Tryon Rd. Raleigh 27603.....779-8867  
902 Old Wake Forest Rd, Raleigh 27616.....832-6918  
Mon-Fri 10am-6pm; Sat 9am-6pm.

The Women’s Center ..... 829-3711  
128 East Hargett Street, Suite 10, Raleigh, NC 27601  
[www.wcwc.org](http://www.wcwc.org)  
Resource for women. Clothing closet for employment clothing provided to clients with appointment. Abbeygail’s Closet is a thrift shop extension of the Women’s Center, which specializes in upscale, name brand women’s and children’s gently owned clothing. It is located at 5205 Hillsborough St, Raleigh, N. C. 27606..... 859-6337  
Abbeygails’s hours are Wed. – Sat., 10:00 a.m. – 6:00 p.m., and Sun. 1:00 p.m. – 5:00 p.m.

Soroptimist International of Raleigh.....833-2740  
[www.soroptimistraleigh.org](http://www.soroptimistraleigh.org)  
Professional clothing. Referral from partner agency required (see website for list of partners)

With Love from Jesus .....233-8010  
421 Chapanoke Road, Raleigh, N. C. 27601

Public distribution hours: 9:00 a.m. – 2 p.m. Tuesday, Wednesday, Friday and Saturday.

Clothing provided as well as other home furnishings, diapers, etc., when available. They ask for \$3.00 donation to shop for items. No charge for each individual item.

**Basic Needs Ministry.....661-6565**

5533 NC HWY 42 West. Garner (by Bojangles)

[www.4042needs.org](http://www.4042needs.org)

Serving Garner and Johnston county residents. Clothing, Food Pantry , Library. Mon & Thur 6p-9p; Sat 9a-6p.

**Dorcas Thrift Shop.....469-1351**

1231 Northeast Maynard Road, Cary, NC 27513

[www.dorcas-cary.org](http://www.dorcas-cary.org)

Monday through Friday, 9:00am-4:00pm; Thur 9am-7pm; Saturday, 10:00am-2:00pm. Offers a wide variety of merchandise including clothing for the whole family, shoes, coats, small appliances, vintage items, books, in-store floral arrangements, jewelry, audio books, toys/games, lamps, dishes, and more, all at affordable prices.

**Garner Area Ministries.....772-9100**

560 Village Court, Garner, NC 27529

Thrift Store --Monday through Friday 9am-1pm; Sat. 10am-5pm,

**Goodwill Industries .....834-0504**

321 West Hargett Street, Raleigh, NC 27601

[www.goodwillenc.org/retail.html](http://www.goodwillenc.org/retail.html)

Monday through Saturday, 9:00am-5:00pm. From clothing to collectibles, GCF Donation Centers & Stores® stock a wide assortment of items with fresh merchandise arriving daily. Please contact Goodwill Industries through telephone or internet for other retail locations in Wake County.

**Mustard Seed Thrift Store.....828-1166**

1504 New Bern Ave, Raleigh 27601

Thur-Sat 10am-4pm. Clothing, furniture, household goods

**Alpha Thrift.....832-8387**

2475 Wendell Blvd, Wendell 27591

[www.alphathrift.org](http://www.alphathrift.org)

Mon-Fri 10am-6pm; Sat 9am-4pm. Clothing, furniture, household goods

Victory Temple Ministries.....567-2399

[www.victorytemplemin.org](http://www.victorytemplemin.org)

300 Rogers Street, Holly Springs 27540

Clothing closet

Craigslist.....www.craigslist.com

Search for free furniture in the FREE offering section.

The Green Chair Project.....809-7982

1319 Capital Blvd, Raleigh

[www.thegreenchair.org](http://www.thegreenchair.org)

Providing recycled furniture to those in need. Referral from partner agency required. See website for list of partners.

#### EDUCATIONAL RESOURCES

Goodwill Industries of Eastern North Carolina.....828-7490

321 West Hargett Street, Raleigh, North Carolina 27601

Beginning computer skills are taught: Introduction to Computers, Introduction to Internet and Email, and Introduction to Office Applications. Call about registration days and times. Also, tutorials available online at

<http://gcflearnfree.org>

Tutorials available online at [www.GCFLearnFree.org](http://www.GCFLearnFree.org)

**GED/Adult Basic Education/English as a Second Language Classes:**

**Building Together: ..... 834-7626**

1116 N. Blount St., Raleigh, NC 27604

GED - Tuesday and Thursday, 7:00 p.m. - 9:00 p.m. (May be discontinued in September 2006)

**Forest Hills Baptist Church: ..... 828-6161**

201 Dixie Trail, Raleigh, NC 27607

ESL - September through May. Wednesdays 6:00 - 7:45 p.m.; Sundays 9:30 - 10:45 a.m. Contact Mr. Frober.

**Raleigh Rescue Mission: ..... 828-9014**

Learning Center/Computer Lab: Educational Coordinator

314 E. Hargett St., Raleigh, NC 27601

GED and Adult Basic Education Mon-Thurs 2pm-4pm. Computer skills, money management, life skills, bible studies, and ESL classes as needed.

**Wake Tech Adult Education Center: ..... 715-3434**  
1920 Capital Blvd., Raleigh, NC 27604  
Adult Basic Education/General Educational Development (ABE/GED) classes are for students who want to learn reading, writing and math (Adult Basic Education) and/or who want to complete a high school equivalency (GED) diploma.  
Monday through Thursday 8:00 a.m. – 9:00 p.m.; Friday 8:00 a.m. – 5:00 p.m.  
GED, ABE, ESL, and Basic Skill classes offered. Various class schedules available.

**Wake County Human Services.....212-7781**  
220 Swinburne Street, Raleigh, 27610  
Onsite GED classes. T-W-Th 9am-12 and 6pm-8:30pm

**North Carolina Community College System .....807-7100**  
200 West Jones Street, Raleigh, N. C. 27603  
Colleges provide education, training and retraining for the workforce, including basic skills, ESL and literacy education, occupational and pre-baccalaureate programs. (Technical Programs; Vocational Programs; Continuing Education; Basic Adult Education Programs; College Transfer Programs; General Education Programs; and Industry Programs)  
Contact any of your local community colleges for information on enrollment in these classes at  
[www.ncccs.cc.nc.us](http://www.ncccs.cc.nc.us)

**Step Up Ministry .....781-0156**  
1701 Oberlin Road, Raleigh, NC 27608  
[www.step-up.us](http://www.step-up.us)  
Assist single adults, couples and families who have educational, employment and housing needs. Program participation includes a phased, incentive-driven curriculum that encourages spirituality, self-awareness and connection as building blocks to success.

**Wake County Public School System .....850-1600**  
3600 Wake Forest Road, Raleigh, N. C. 27609; Mailing Address: P. O. Box 28041, Raleigh, N. C. 27611-8041  
Office hours Monday through Friday 8:00 a.m. – 5:00 p.m.

**Haven House Services.....833-3312**  
706 Hillsborough Str., Raleigh 27603  
[www.havenhousenc.org](http://www.havenhousenc.org)

Structured Day program for middle school students who are short-term suspended from Wake County Public School. Referral needed from school principal or juvenile court. GED online program for completion of high school diploma. Project Ready for ages 16 to 21 for independent living. Second Round Boxing program-Basic boxing classes for female and males ages 11-18; M-W-F 5pm-7pm.

Literacy Council of Wake County.....787-5559

916 West Morgan Str., Raleigh 27603

[www.wakeliteracy.org](http://www.wakeliteracy.org)

Volunteer initiative that teaches adults better reading and writing skills. ESL programs, tutoring training available. Access to library and computer lab for participants. Free of charge.

The Purple Elephant Computer Factory.....788-7740

6808 Davis Circle, Raleigh 27613

[www.purpleelephant.org](http://www.purpleelephant.org)

Nonprofit computer reuse facility. We accept donated computers, refurbish them, erase the hard drives, install new programs, and make them available to ALL KIDS through requests and referrals. Priority given to disadvantaged, at risk, and disabled. A complete Desktop computer system is available for \$100. Some financial assistance available for those who cannot afford \$100.

Sylvan Learning Centers (Wake County locations)

1040 Darrington Dr. #101, Cary 27513.....380-1201

2347 Timber Dr., Garner 27529.....779-2229

1008 E. Big Oak Ct., Knightdale 27545.....217-0609

3200 Spring Forest Rd., Raleigh 27616.....954-1241

7209 Creedmoor Rd., Raleigh 27604.....844-3372

12339 Wake Union Church Rd, Wake Forest 27587.....562-8180

<http://tutoring.sylvanlearning.com>

Sylvan Learning is the leading provider of tutoring and supplemental education services to students of all ages and skill levels. At Sylvan, our warm and caring tutors tailor individualized learning plans that build the skills, habits and attitudes students need to succeed in school and in life. Affordable tutoring instruction is available in math, reading, writing, study skills, homework help, test prep and more at more.

## COLLEGES/UNIVERSITY

North Carolina State University.....5152011

Hillsborough Str., Raleigh 27695

[www.ncsu.edu](http://www.ncsu.edu)

North Carolina State University is a comprehensive university known for its leadership in education and research, and globally recognized for its science, technology, engineering and mathematics leadership.

Meredith College.....760-8600

3800 Hillsborough Str., Raleigh 27607

[www.meredith.edu](http://www.meredith.edu)

Chartered in 1891, Meredith College has grown to become one of the largest independent private women's colleges in the U.S. We offer a comprehensive liberal arts undergraduate education, as well as coeducational graduate programs in business, nutrition and education.

Peace College.....508-2000

15 East Peace Str., Raleigh 27604

[www.peace.edu](http://www.peace.edu)

Peace is a liberal arts and sciences college offering four-year baccalaureate degrees in a variety of programs designed to give you the education and skills you need to build successful lives and careers

Shaw University.....836-9433

118 East South Str., Raleigh 27601

[www.shawuniversity.edu](http://www.shawuniversity.edu)

Shaw University, founded in 1865, is the first historically black college of the South. Shaw is a private, co-educational, liberal arts university affiliated with the Baptist Church. The University awards degrees at both the undergraduate and graduate levels.

Saint Augustine University.....516-4000

1315 Oakwood Ave., Raleigh 27610

[www.st-aug.edu](http://www.st-aug.edu)

Augmenting the College's liberal arts core curriculum are rigorous, in-depth programs in business; computer science; teacher education; the natural sciences; mathematics; interdisciplinary studies; theater and film; adult education; community development; communications; and military science, a required course for all members of the College's notable Army ROTC battalion

Miller Motte Technical College.....723-2820

3901 Capital Blvd., Raleigh 27604  
2205 Walnut Str., Cary, NC 27518.....532-7171  
[www.miller-motte.com](http://www.miller-motte.com)

The following is a list of the program offerings at the Raleigh, NC location:  
Accounting | Accounting Assistant | Cosmetology | Dental Assisting |  
Medical Assisting | Paralegal | Medical Office Assistant | Network  
Administration and Security

ECPI College of Technology.....571-0057  
4101 Doie Cope Rd., Raleigh 27613  
[www.ecpi.edu/capus/raleigh\\_nc](http://www.ecpi.edu/capus/raleigh_nc)

**Earn Your Bachelor's Degree in 2.5 Years through our Year-Round Schedule**

- [Network Security](#)
- [Web Development](#)
- [Wireless Systems](#)
- [Business Administration](#)
- [Criminal Justice](#)
- [Healthcare Administration](#)
- [Food Service Management](#)
- [Electronics Engineering](#)
- [Game Programming](#)
- [Database Programming](#)
- [Mechatronics](#)
- [Nursing](#)
- [Homeland Security](#)
- [IT Management](#)

[Associate Degrees](#) Also Available -- Earn in 1.5 Years

Strayer University  
8701 Wadford Dr. Raleigh 27616.....878-9900  
1812 Garner Station Blvd., Raleigh 27603.....890-7500  
4 Copley Pkwy., Morrisville 27560.....466-4400  
[www.strayer.edu](http://www.strayer.edu)

Undergraduate and graduate programs in high-demand fields such as accounting, business, criminal justice, education, health services administration, information systems, and public administration are available at this campus.

#### Early Childhood Education

Telemon Corporation.....851-7611  
5560 Munford Rd., Raleigh 27612  
[www.telemon.org](http://www.telemon.org)  
Head Start Programs: Raleigh...857-9427; Cary...657-0577; Knightdale...266-1953  
Ages 0-3 and 3-5 programs available

Wake County Smart Start.....851-9550

1121 Situs Court Raleigh 27606

[www.wakesmartstart.org](http://www.wakesmartstart.org)

Project Enlightenment for parent education and family support for enhancement of child development through parent education. More at 4 Program prepares 4 year olds not enrolled in preschool for success in school. Serving ages 0-5.

State Child Care Licensing Office .....662-4499  
(Regulatory Services Section).....Toll Free (800) 859-0829 NC

Residents Only

319 Chapanoke Road, Suite 120, Raleigh, N. C. 27603

Mailing Address: 2201 Mail Service Center Raleigh, N. C. 27699-2201

Regulates the health, safety, and well-being of children in out-of-home care; provides support and quality control services to child care providers.

<http://www.ncchildcare.net>

Childcare Subsidy.....773-7600

319 Chapanoke Rd, Ste104, Raleigh, NC 27603

Apply for Childcare assistance for daycare, before and after-school care.

## EMPLOYMENT RESOURCES

Culinary Job Training Program (Interfaith Food Shuttle).....250-0043

1001 Blair Drive, Raleigh, N. C. 27610

[www.foodshuttle.org](http://www.foodshuttle.org)

11-week culinary (chef) training program. Resume and interviewing skills, job placement. All materials provided, and students receive weekly stipend.

Employment Security Commission.....212-3849

Job Service Offices: 3351 Carl Sandburg Court Raleigh 27610

724-F East Chatham St., Cary, N. C. 27511 .....469-1406

[www.ncesc.com](http://www.ncesc.com)

Monday through Friday 8:30 a.m. – 5:00 p.m.

Register at a local office and get access to information on Jobs Line

212-5700

**Family Resource Center.....834-9300**  
501 South Bloodworth Street Raleigh 27601  
[www.frcofraleigh.org](http://www.frcofraleigh.org)  
Onsite computer lab for independent job searches. Must be a Wake County resident.

**Goodwill Industries..... 828-7490**  
321 W. Hargett Street, Raleigh, NC 27601  
Employment opportunities in retail setting for individuals with disabilities or social disadvantages.  
<http://www.goodwillenncc.org>

**JobLink Career Center.....250-3770**  
Wake County Human Services Center, 220 Swinburne Street, 3<sup>rd</sup> Floor, Raleigh, N. C. 27610  
Monday – Friday, 9:00 a.m. – 4:15 p.m; Tuesdays open until 8:00 p.m.  
The JobLink Career Center located in the Wake County Human Services Center on Swinburne Street provides a professional setting where job seekers can search for employment and training opportunities and where businesses can access a large pool of potential job applicants. Bi-lingual staff are available (call for availability). Note: There are several JobLinks in Wake County. For locations and hours of operation, visit the JobLink website at [www.joblinkcc.com](http://www.joblinkcc.com)

**Jubilee Jobs..... 781-0156**  
Step Up Ministry, 1701 Oberlin Road, Raleigh, N. C. 27608  
[www.step-up.org](http://www.step-up.org)  
The Jubilee Jobs Program provides skilled compassionate job preparation and placement services to unemployed job seekers through a process of mentoring and active assistance. Workshops and networking support groups focus on job retention, goal setting and practical steps toward wage growth, education and training.

**North Carolina Division of Services for the Blind ..... 733-4234**  
2601 Mail Service Center, Raleigh, NC 27699  
[www.dhhs.state.nc.us/dsb](http://www.dhhs.state.nc.us/dsb) or [www.visionaware.org](http://www.visionaware.org)  
Rehabilitation Program-Services offered to assist individuals who are blind or visually impaired in obtaining or maintaining employment and in living more independently.

- Independent Living Program-Services are provided to help the senior visually impaired adult population maintain self-sufficiency in their place of residence.
- School to Work Program- Transition services are provided to help high school students obtain various employment opportunities.

**Telamon..... 851-6141**

**5560 Munford Rd. #201, Raleigh 27606, Raleigh, NC 27606**

**[www.telemon.org](http://www.telemon.org)**

**Employment training for migrant/seasonal farm workers.**

**Assistance provided to adult and youth with special needs. Job listings, occupational training, career counseling, and assistance obtaining occupational credentials or educational certificates.**

**Vocational Rehabilitation.....733-7807**

**436 N. Harrington Street, Raleigh, NC 27603**

**[www.dvr.dhhs.state.nc.us](http://www.dvr.dhhs.state.nc.us)**

**VR employment services provide opportunities to persons who have mental, physical , or learning disabilities that prevent them from getting and keeping a job. Wake County residents may call or apply in person for services.**

**Wake County Supportive Employment Program.....212-7577**

**220 Swinburne Street, 3<sup>rd</sup> Floor (Joblink), Raleigh, N.C. 27610**

**Monday – Friday, 8:30 a.m. – 5:15 p.m.**

**The Supportive Employment Program provides intensive employment support to Wake County residents (18 years of age and older) who have severe mental illness and overlapping disabilities. Individualized supports are provided by employment specialists to help consumers find competitive employment in integrated job settings. Community based services such as job development, job placement and coaching services are provided; follow-along supports are maintained indefinitely. Supportive Employment also serves Work First consumers who need intensive employment support.**

**Workforce Investment Act (WIA) Programs.....250-3770**

**220 Swinburne Street, 3<sup>rd</sup> Floor, Raleigh, N. C. 27610**

**Monday – Friday, 8:30 a.m. – 5:15 p.m.**

**Wake County Human Services operates two programs through the Workforce Investment Act: 1) Adult Program; 2) Dislocated Worker Program. Both offer assistance with job search and/or training to assist customers in re-entering the workforce. The WIA Adult Program determines eligibility on an individual basis based on the individual’s employment or economic situation. The WIA Dislocated Worker Program assists persons who have lost their job due to layoffs, plant closings, economic downturns or natural disasters. 4 to 6 month waiting list.**

## **EXOFFENDER RESOURCES**

**Department of Corrections Re-entry Coordination.....716-3080**  
2020 Yonkers Rd, MSC 4221, Raleigh 27699

**Community Success Initiative.....834-7626**  
1116 N. Blount Str., Raleigh 27604  
[www.communitysuccess.org](http://www.communitysuccess.org)

Through a network of community partners, we work with men and women in prison, former prisoners, people in transition, and their families through our "Resource Center Without Walls". We provide small group trainings and individual mentoring in general life skills, leadership, entrepreneurship, financial literacy, and areas related to transitioning back into family and community life.

**Step Up Ministries.....781-0156**  
1701 Oberlin Rd., Raleigh 27605  
[www.step-up.us](http://www.step-up.us)

Providing second chances for those committed to living independent, responsible and constructive lives. Year long program focusing on education and job preparation. Some job placement provided.

**Work Force Investment.....856-5992**  
Wake County Human Services, Joblink, 3<sup>rd</sup> Floor  
220 Swinburne Str., Raleigh 27610

Collaboration between NC Depart. Of Corrections, Employment Security Commission, Wake County Human Services, and Department of Labor. 2 year program. Must be at least 18. Men and women accepted. Childcare provided. Educational and employment preparation. Assistance with job placement.

**Passage Homes.....834-0666**  
712. W. Johnson Str., Raleigh 27603  
[www.passagehomes.org](http://www.passagehomes.org)

Providing re-entry and support services for female ex-offenders and their children.

**Second Chance Alliance.....856-2183**  
224 S. Dawson Str., Raleigh 27601  
[www.ncjustice.org](http://www.ncjustice.org)

Advocacy agencies working together to achieve the safe and successful reintegration of adults and juveniles returning home from incarceration by promoting policy that removes barriers to productive citizenship.

Strategies Empowerment Group.....758-0788

[www.empowerme2day.com](http://www.empowerme2day.com)

Providing support services for youth and adult ex-offenders. Individualized plans developed. Some fees may apply.

Diversity Community Foundation.....888-521-7986

1008 Bullard Crt. #203D, Raleigh 27615

[www.turningboysintomen.com](http://www.turningboysintomen.com)

Providing educational assistance in prevention for youth and reconciliation for the previously convicted.

Diversity Community Foundation is a non-profit organization that is committed to the success of minority males from 8th grade to age 21 in making positive contributions to society. Diversity Community Foundation's primary goals are to decrease minority male high school dropout rate, decrease minority male incarceration rate, and increase minority male literacy through college and career readiness. This program provides access to study & life skills, cultural enrichment and job training for those who have the desire and drive to excel.

Divine Interventions After care Network.....616-3477

P.O. Box 46738, Raleigh 27620

[www.dianetwork.org](http://www.dianetwork.org)

Pre-entry plans and providing outreach and resources that support successful transitions. **Whether rebuilding life after incarceration, drug use, homelessness, or any other life challenge, Divine Intervention Aftercare Network is ready to support with respect, realistic readiness evaluations, and a network of resources.**

Employment Security Commission.....733-4896

3351 Carl Sandburg Crt., Raleigh 27610

[www.ncesc.com](http://www.ncesc.com)

Assists job seekers with criminal background, older workers, summer youth, and persons with disabilities.

Fathers Forever.....332-5793

451 New Bern Ave. #130-227, Raleigh 27610

[www.afatherforever.com](http://www.afatherforever.com)

Fathers Forever's first priority is fathers who are delinquent in their child support payments. The Judicial System can refer participants to us as a jail diversion and Child Support agencies can refer clients to us as a

preventative measure. We will also take referrals from other community support agencies.

North Carolina Legal Services Inc.....856-2212  
1110 Wake Forest Rd., Raleigh 27604

[www.ncpls.org](http://www.ncpls.org)

Non-profit protecting clients constitutional rights by challenging illegal convictions and sentences. Monitoring of conditions in county jails throughout the state.

#### FINANCIAL ASSISTANCE

American Red Cross.....231-1602

[www.trianglredcross.org](http://www.trianglredcross.org)

100 North Peartree Lane, Raleigh 27610

Providing assistance for disaster or disaster related crises such as flood, fire, and severe weather, etc.

Church Net.....569-0020

121 East South Ave., Wake Forest 27587

Assistance provided to residents of Wake Forest, Youngsville, and New Hill for past due utilities. ID and social security cards required.

Community Partnerships, Inc. (First in Families).....781-3616

3522 Haworth Drive, Raleigh 27609

[www.compart.org](http://www.compart.org)

One time financial assistance for adults with a diagnosed developmental disability or for parents that have a child with a diagnosed developmental disability in the home.

Dorcas Ministries..... 469-1351

1231 NE Maynard Road, Cary, NC 27511

[www.dorcas-cary.org](http://www.dorcas-cary.org)

Monday through Friday 10 a.m. – 1:00 p.m. Emergency financial assistance for rent, utilities, and prescriptions for only residents of Cary, Apex, Holly Springs, Willow Springs, Friendship, New Hill and Morrisville areas. Food pantry, educational, and childcare assistance also available. Proof of residence and picture ID required.

W.E.B Dubois Community Development Corporation.....556-0709

150-A North White Str., Wake Forest, N. C. 27588

[www.duboiscdc.org](http://www.duboiscdc.org)

Financial assistance to Wake Forest area residents. Food pantry, clothing closet, household items and computer donations available.

**First Presbyterian Church Outreach Ministry..... 833-4070**  
1240 W.Hargett Street, Raleigh, NC 27601  
Must call for an appointment: Monday starting at noon & Tuesdays starting 9:30 until appointments are filled. Must be working at least 30 hours or disabled or retired receiving assistance, some type of benefits.

**Garner Area Ministries.....772-9100**  
560 Village Court, Garner, NC 27529  
Monday thru Friday, 9:00am-12:00noon. Serves residents of Garner and closely surrounding areas(zip codes 27603, 27610). Past due utilities and rent with eviction notice.

**Lifeline & Link-up (NC Utilities Commission) .....733-9277**  
[www.usac.org](http://www.usac.org)  
Low income individuals receiving SSI, Food Stamps, Medicaid, WorkFirst or housing assistance can apply for discounts for basic telephone service.  
**Assurance Wireless.....888-359-4205**  
**Safe Link Wireless.....800-977-3768**

**North Hills Crisis Center.....844-6676**  
9650 Strickland Rd, Ste.161, Raleigh 27615  
Mon thru Thursday. Call for appt. between 10am-1pm. Help with rent, prescriptions, utilities, food.  
Serves Raleigh residents in zip codes 27604, 27609, 27612, 27613, 27614 and 27615.

**Sacred Heart Cathedral.....832-6030**  
200 Hillsborough Street Raleigh 27610  
Please come by on Wedn. To register for an appointment. Amount of assistance based on availability of funds and requirements.

**Salvation Army..... 834-6733**  
215 S. Person St., Raleigh, NC 27601  
Call on Friday from 8-9a.m. for appt. Will pay up to \$100.00 towards a utility bill, rent, or prescription for medication if the following requirements are met (no assistance with rent deposits or first month's rent): Must bring 1) NC ID card or valid photo ID, 2) Social Security card or immigrant ID card; 3) Proof of currently working 30 hours per week, or currently receiving Social Security benefits, unemployment pay or have been laid off within the past 6 months; 4) Proof of a rent/mortgage payment at the address on the bill (ex,

recent rent receipt, current lease, letter on letter head from landlord, canceled check or money order receipt); 5) Final notice for a utility bill, proof of utility deposit or court eviction papers for rental assistance. (If disabled, must have proof of disability benefits.)

**Southern Wake Faith Community in Action.....567-8100**  
605 Bridge Street, Fuquay Varina 27526  
Tuesday and Thursday, 9am-11:45 am. Fuquay Varina and Willow Springs residents only.

**Triangle Family Services/Emergency & Housing Services Assistance Program..... 821-0790**  
3937 Western Blvd., Raleigh, NC 27603 (main office)  
[www.tfsnc.org](http://www.tfsnc.org)  
Financial services for eligible families with rent, utilities, and transportation. Case management and financial skill building. Emergency housing assistance for families with minor children.

**“Under One Roof” .....571-6600**  
3622 Haworth Drive, Raleigh 27609  
Financial assistance with rent, utilities, and transportation for persons with HIV/AIDS by appointment only.

**Wake County Human Services – Energy Program ..... 212-7000**  
220 Swinburne Street, Raleigh, NC 27610  
Monday through Friday 7:30 a.m. - 5:00 p.m. Must register by 4:00 p.m.  
Assistance with electricity with final or disconnect notice. Walk in on date of notice. Must be income eligible and meet other criteria. Limited transportation (bus tickets) and food referrals available. Call for additional information.

**East Triangle of Churches.....365-6557**  
421 Mattox Str., Wendell 27591  
Call to apply. Cases assessed on individual basis. Rent, electric, and fuel one time per year to WENDELL RESIDENTS ONLY.

**Western Wake Crisis Ministries..... 362-0657**  
103 E Chatham St., Apex, NC 27502  
Monday-Thursday 10:00 a.m. - 1:00 p.m. last sign in at 12 noon.

Serves Apex, Fuquay-Varina, Holly Springs, & New Hill and Friendship areas. Financial assistance available with documented crisis once every 12 months.

Catholic Charities of the Diocese of Raleigh.....821-9750

[www.dioceseofraleigh.org](http://www.dioceseofraleigh.org)

715 Nazareth Str. Raleigh 27606

Private non-profit social services agency. Provides emergency assistance, family support services, counseling, and community advocacy in Spanish and English.

## FOOD RESOURCES

### FOOD PANTRIES

Angel Food Ministries.....832-7112

718 Hillsborough Street, Hillyer Memorial Church, Raleigh 27603

[www.hillyerchurch.org](http://www.hillyerchurch.org)

Providing discount food orders purchased in bulk. Pre-ordering required. Cash and EBT accepted. Some locations with debit and credit card orders. No income restrictions. See [www.angelfoodministries.com](http://www.angelfoodministries.com) for sample menu and locations in Raleigh, Cary, Fuquay Varina, Garner, Wendell, and Zebulon.

Brooks Avenue Church of Christ.....821-2400

700 Brooks Avenue, Raleigh, NC 27607

[www.brooks.org](http://www.brooks.org)

Food Pantry every 2<sup>nd</sup> and 4<sup>th</sup> Saturday of each month, 9:00 a.m. - 12:00 noon. ID required. No referral required.

Capital City Christian Church.....851-5958

4131 Western Blvd., Raleigh 27606

1<sup>st</sup> and 3<sup>rd</sup> Mondays of the month; 11:30am-12:30pm. Serving zip codes 27603, 27606, 27607.

Catholic Parish Outreach ..... 834-9680

2013 North Raleigh Blvd., Raleigh 27604

[www.cporaleigh.org](http://www.cporaleigh.org)

Monday through Saturday, 10:00am-1:00pm. *Referral required.* I.Ds required for all family members receiving assistance. Provides up to a week of groceries once every 30 days.

**Chest of Hope Food Pantry .....831-1200**  
3309 Cedar Springs Drive, Living Waters FGB Church, Raleigh 27603  
Saturday mornings from 9:00 a.m. – 12 noon. Need N. C. ID

**Dorcas Ministries.....469-1251**  
1231 Northeast Maynard Road, Cary, NC 27513  
[www.dorcas-cary.org](http://www.dorcas-cary.org)

Monday -Friday, 10:00 a.m. - 1:00 p.m; Sign in by 12:30 p.m. Serves only residents of Cary, Morrisville, Apex, Holly Springs, Willow Springs, New Hill, and Friendship. ID and proof of residence required.

**Fuquay Emergency Food Pantry .....552-7720**  
216 West Academy Street, Fuquay Varina, N. C. 27526  
Open Tuesday 9:00 a.m. –11:45; and Thursday 2:00 – 5;45 p.m. Willow Springs and Holly Springs residents only.

**Garner Area Ministries.....772-9100**  
560 Village Court, Garner 27529  
Monday- Friday, 9:00am-12:00noon. Must be a resident of the Garner area or zip code 27603 and 27610. Every 3 months. Some gas assist available.

**Islamic Association of Raleigh .....834-9572**  
808 Atwater Str., Raleigh 27607  
[www.raleighmajid.org](http://www.raleighmajid.org)  
Wake County residents only. Muslim and non-Muslim residents served. Every 1<sup>st</sup> Saturday of the month.

**Lincoln Park Holiness Church .....832-5119**  
13 Heath Street, Raleigh, N. C. 27610  
By appointment only. On bus route.

**Longview United Methodist Church ..... 834-7554**  
2312 Milburnie Rd., Raleigh, NC 27610  
Food pantry on 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays 12:30pm – 3:30pm. Must be a resident of Raleigh, ID required.  
**MUST CALL FOR AN APPOINTMENT.**

**North Raleigh Ministries..... 844-6676**  
9650 Strickland Rd., Ste. 161, Raleigh, NC 27615  
Food pantry by walk-in or appointment, Monday through Thursday 10:00am – 1:00pm. Must present picture ID, Social Security card, and proof of

address (Must be a resident in zip code 27609, 27612, 27613, 27614, or 27615).

**Salvation Army..... 834-6733**

215 S. Person Street, Raleigh, NC 27601

<http://www.keepthebellringing.org>

Call for appt. on Fridays between hours of 8am-9am. May receive food assistance once every 3 months. Must bring Social Security cards for household members, an NC ID card, and a recent rent receipt or proof of residence. Individuals or families must have a permanent residence to receive the food bags.

**Tri-Area Ministries .....556-7144**

149 E. Holding Ave., Wake Forest, NC 27588

Open Monday, Wednesday, Friday 9:00 a.m. – 12:00 p.m.

Serves mainly Wake Forest, Rolesville and Youngsville residents.

**Under One Roof.....571-6600**

3622 Haworth Drive, Raleigh 27609

Free counseling, financial assistance and initial intake by appointment only.

Walk-in food pantry and bus ticket assistance available Monday, Tuesday, Wednesday, Friday 9:00 a.m. – 4:30 p.m. and Thursday 9:00 a.m. – 5:00 p.m.

**Urban Ministries Crisis Intervention Center .....834-4707**

1390 Capital Blvd., Raleigh 27603

Monday through Friday 9:00 a.m. – 1:00 p.m.

Limit 25 people per day, subject to availability. Every 3 months.

Referrals made to other agencies for food also.

**Wake Relief ..... 833-6400**

616 Tucker St., St Saviors Church (bottom floor), Raleigh, NC 27603

Mondays 1:00 - 3:00 p.m.; Tuesday 1pm-3pm; Wednesday and Friday 10:00 a.m. - 12:00 noon. Wake County Human Services/Financial Case Manager referral required. Will provide a week's supply of groceries given to clients screened & referred to us by WCHS every 60 days. If client is referred from an agency other than Wake Co. Human Services, then client is limited to assistance once per year.

**W.E.B. Dubois Community Development Corporation.....5556-0709**

150 A North White Street, Wake Forest 27587

Serves Wake Forest residents.

Western Wake Crisis Ministries..... 362-0657  
103 E Chatham St., Apex, NC 27502  
Monday, Tuesday, Wednesday and Thursday 10:00 a.m. - 1:00 p.m.  
Serves Apex, Fuquay-Varina, Holly Springs, & New Hill and Friendship areas.

With Love from Jesus.....233-8010  
421 Chapanoke Rd., Raleigh 27603  
[www.withlovefromjesus.org](http://www.withlovefromjesus.org)  
Distribution behind shopping center. Tues, Wedn., Fri. and Sat. distribution.  
No ID, proof of residence, or referral needed.

The Women's Center ..... 829-3711  
128 E. Hargett St., Raleigh, NC 27601  
[www.wcwc.org](http://www.wcwc.org)  
Resource for women. Food referrals available by appointment and subject to availability. Emergency food given when no other resources available.

HOPE.....662-8059  
3807 JUNCTION BLVD., Raleigh 27603  
11:00 am - 1:00 pm Wednesdays

Second Harvest Food Bank.....875-0707  
3808 Tarheel Dr., Raleigh 27608  
Call for hours.  
North Carolina Food Bank  
[www.foodbankcenc.org](http://www.foodbankcenc.org)  
Can provide zip code specific information regarding emergency food pantry participants.

Common Cents Integrity Grocers.....787-8177  
6904 Glenwood Ave., Raleigh, NC 27606  
1/2 price groceries b/c of seasonal, discontinued items, packaging changes, damaged packaging, and near expiration. Also carrying household items, pampers, pet products, toiletries. No frozen or refrigerated items. EBT accepted. Mon-Fri-11am-7pm, Sat. 8am-6pm, Sun 11am- 5pm

**FOOD-MEALS**

First Baptist Church ..... 832-1649  
101 S. Wilmington St., Raleigh, NC 27601.

Sunday, breakfast served at 8:30 a.m. for homeless who attend 7:30 a.m. service.

Shepherd's Table Soup Kitchen ..... 831-2010  
121 W. Morgan St., Raleigh, NC 27601  
[www.shepherds-table.org](http://www.shepherds-table.org)  
Monday through Friday, hot lunch served 11:00 a.m. - 12:00 noon.

Salvation Army..... 834-6733  
215 S. Person Street, Raleigh, NC 27601  
The evening soup line is open to the public Monday through Friday from 5:00 p.m. until 6:00 p.m. No identification information is required to receive a meal through the soup line – *the soup kitchen is open to all members of the community.*

The Women's Center ..... 829-3711  
128 E. Hargett Street, Raleigh, NC 27610.  
For homeless women only. Monday and Wednesday, lunch served 11:30 a.m.

Meals on Wheels.....833-1749 or 832-2592  
616 Tucker Str., Raleigh 27603  
[www.wakemow.org](http://www.wakemow.org)  
Home delivered meals for the disabled and home bound seniors.  
Congregate dining program also available at sites throughout Wake County

## FOOD STAMPS

Wake County Human Services ..... 212-7000  
220 Swinburne Road, Raleigh, NC 27610  
Monday through Friday, walk-in to apply 7:30 a.m. daily. The application session lasts approximately 2 hours. In order to determine eligibility for assistance, the following information will be needed for household members: birth certificates, Social Security numbers, ID of head of household, verification of rent and utilities, all pay stubs for the prior 2 months and verification of any other income such as child support, self-employment income and contributions, bank statements (if applicable).

**WIC (Women, Infants, and Children) PROGRAM..... 250-4720**  
Public Health Center  
10 Sunnybrook Road, Raleigh, NC 27610  
Monday through Friday 8:30 a.m. - 5:15 p.m. Call to schedule an appointment to apply. Bring proof of identification, residence and household income. Eligibility based on income and nutritional need. WIC is a food supplement program for pregnant women, breastfeeding who have had a baby in the last 12 months, women who have had a baby in the last six months and children under five. Vouchers are given out for food that includes milk, formula, cereal, fruit, juice, and beans. Wellness Clinic for infants is also available here.

**HOUSING –EMERGENCY SHELTERS**

**Easter Seals UCP of North Carolina-ASAP.....270-8067**  
2315 Myron Drive Raleigh 27607 **1-800-662-7119**  
[www.nceasterseasupc.com](http://www.nceasterseasupc.com)  
Provides emergency respite and planned respite care to children of fragile families from homelessness, substance abuse, illness, stress of parenting, etc. Services provided by trained professional and/ or volunteers in home of host family.

**The Healing Place (Men’s Facility)..... 838-9800**  
1251 Goode Drive, Raleigh, NC 27603  
Serving homeless men from Wake County, ages 18 and older. Offers overnight shelter, 3-5 day non-medical detox center, 7-12 month long-term recovery program. Walk ups not allowed. To enter the emergency shelter, men must be at the South Wilmington Street Center by 3pm each day for the van pickup.

**The Healing Place (Women's Facility)..... 865-2550**  
3304 Glen Royal Road, Raleigh, NC27617  
Serving homeless women from Wake County, ages 18 and older. Offers overnight shelter, 3-5 day non-medical detox center, 7-12 month long-term recovery program. Pregnant women may stay in the overnight shelter but are not admitted to detox or the recovery program. Walk-ups are not allowed and beds are not reserved. In order to enter the emergency night shelter, women must be at the Women's Center at Blount and Hargett Streets by 3:00 pm each day for the van pick-up.

**The Helen Wright Center for Women..... 833-1748**  
401 W. Cabbarus Street, Raleigh, NC 27601  
Serving homeless women, no families. Please call or stop by to be placed on the waiting list. Open 24 hours a day on weekend, closed 9:00am to

4:00pm weekdays. You will be contacted when a bed is available.  
Emergency housing begins at 6:00 p.m. and ends at 7:00 a.m. Participation in case management services is required for all new clients. Initial stay is two months; assigned case manager must approve extensions.  
**\*\*Emergency Housing is available during White Flag nights\*\***

Interact..... 828-7740  
Shelter for victims of domestic violence. Call for assistance. Average 1-2 month length of stay. All meals provided.

**Raleigh Rescue Mission**  
314 E. Hargett Street, Raleigh, 27601

Men:.....828-9014 ext.231  
Women: .....828-4980 ext.111

Homeless men, women, & families

**Men:** Life Plan Program - – Long term program that focuses on breaking the cycle of homelessness and requires participants to work inside the Mission before working in outside jobs.

**Women:** Emergency Shelter - Women/ and or women and children’s emergency beds are assigned based on availability, Mon – Fri (closed on weekends and holidays). Arrive at 4pm to find out about availability.

Male children must be 12 years or younger.

Safe Space Inc.....(Crisis Line) 497-5444  
[www.safespace.org](http://www.safespace.org)

Domestic violence shelter for Franklin county and surrounding counties. All services are provided confidentially. Crisis line operates 24/7. Open Mon-Fri 9am-5pm. Assistance shelter, financial, court advocacy, and support groups available.

Salvation Army..... 834-6733  
215 S. Person Street, Raleigh, NC 27601

Women with children (boys 12 yrs of age and under & girls up to age 17). Must arrive at 3pm for overnight shelter. Call to get on waiting list. Case management provided. Case management once per week, meals three times per day, weekly parent support groups & workshops, tutoring for children, access to a children’s medical clinic, and access to our after-school program. Must pass a drug test on admission. Residents are required to work or be active in a training/treatment program after admission into shelter.

South Wilmington Street Center.....857-9428  
1420 South Wilmington Street, Raleigh, NC 27603

Homeless men, age 18 and older. Hours/Days: 7 days, 24 hours. Check-in is from 5:00 p.m. – 7:00 p.m. (anytime for new guests). Emergency shelter beds distributed daily using a lottery system, except for new guests who are guaranteed a bed for their first night only. All guests have access to services such as meals, comprehensive case management, and information and referral assistance. A transitional program and access to permanent housing assistance is also available to those motivated to become self-sufficient.

*\*Overflow emergency shelter is available during winter White Flag nights.*

PLM Families Together.....212-1123

908-101 Plainview Drive ( Administrative Office)

1410-105 Brookside Drive, Raleigh, NC .....836-9191

[www.plmft.org](http://www.plmft.org)

Families with children

Short-term transitional housing up to 3 months. Separate living quarters, weekly case management visits, life skills training, and after school program. Call to make a referral or schedule a screening assessment Mon-Fri. 9am-5pm.

Wake Interfaith Hospitality Network..... 832-6024

Day Center – 903 Method Road, Raleigh, NC 27606

[www.wihn.org](http://www.wihn.org)

Married Couples with or w/out children; single persons with minor children, single pregnant women in 1<sup>st</sup> or 2<sup>nd</sup> trimester. Short-term shelter program; application and background required. Support services provided. Must be prepared to work, be already working, or have some form of reliable income. Must have completed treatment if there is a known history of substance abuse. Assessment and referrals from service agencies preferred. Intake hours are Monday through Friday, 7:00 a.m. - 6:00 p.m. at the Day Center.

Wrenn House (Haven House)..... 833-3312

908 W. Morgan Street, Raleigh, NC 27607

[www.havenhouse.org](http://www.havenhouse.org)

Adolescents aged 10-17. Crisis intervention program for youth/families. 24 hour Telephone Crisis hotline: 832-7866. 24 hour walk-in services; temporary shelter for homeless runaway and other youth in crisis aged 10 – 17 years. Maximum length of stay, 21 days. Individual group and family counseling. Outreach through Project Safe Place aftercare services. Individual, group and family counseling.

White Flag Initiative: White Flag (WF) is a coordinated effort among area shelters to provide emergency overflow shelter to homeless persons in the

event of severe weather conditions. In extremely cold or extremely hot conditions, the WF sites will provide shelter beyond their regular capacity. WF events do not include natural disasters such as hurricanes, flooding, or tornadoes; in these events, all citizens will be able to access services at the community disaster shelters.

**HOUSING-TRANSITIONAL HOUSING**

**AME Incentive Program.....834-3734**  
412 Capital Blvd., Raleigh 27606  
Housing for single men. Capacity 40. Shared living space. \$60 per week.  
Some meals provided.

**The Caring Place..... 462-1800**  
919 Kildaire Farm Rd., Cary 27511  
[www.caringplace.org](http://www.caringplace.org)  
Working Families with children  
6 Families with a maximum of three children per family. 4 Month stay. Six 2-Bedroom Units. Attendance of weekly life skills training sessions required. Must be employed, working full-time and homeless.

**Triangle Family Services .....836-8633**  
700-101 Blue Ridge Rd., Raleigh, N. C. 27606. Info available at  
<http://www.tfsnc.org>  
Homeless Prevention and Rapid Re-housing program. Family must have a source of income. Application and assessment required. Call for an appointment.

**Incentive Housing Dormitory (IHD).....856-6109**  
220 Snow Avenue, Raleigh 27603  
Homeless Men Returning to Self-Sufficiency. Capacity for 19 Men. Length of stay is 1-6 Months. Studio Apartments (located inside the Cornerstone Building, Snow Ave.)  
Extension of South Wilmington Street Center’s transitional housing program, the program offers intensive case management, substance abuse support, and life skills development; voluntary program with a monthly program fee.

**Women’s Center of Wake County – Epiphany House ..... 829-3711**  
128 East Hargett Str., Raleigh 27601  
[www.wcwc.org](http://www.wcwc.org)

Single Women with no children. Capacity for 4 women in a shared home environment.

PLM Families Together.....212-1123

908-101 Plainview Drive ( Administrative Office)  
1410-105 Brookside Drive, Raleigh, NC 836-9191

[www.plmft.org](http://www.plmft.org)

Families with children

Short-term transitional housing up to 3 months. Separate living quarters, weekly case management visits, life skills training, and after school program. Call to make a referral or schedule a screening assessment Mon-Fri. 9am-5pm.

Step-Up Ministry ..... 781-0156

1701 Oberlin Rd, Raleigh 27608

[www.step-up.org](http://www.step-up.org)

Promote self-sufficiency. Program offers employment services, life skills, and transitional housing. Candidates attend a weeklong orientation before applying to any program. Orientation is open to adults 21 years or older. Must be employed for at least 6 months, full or part time, or enrolled full or part time in an educational or vocational program.

Christian Fellowship Home..... 833-6030

506 Cutler Str., Raleigh 27603

[www.cfhraleigh.org](http://www.cfhraleigh.org)

Half way house for men recovering from substance abuse. Referral required. Length of stay averaged 4 to 6 months. Program fee, 11pm curfew, attending AA, and work required during stay.

Passage Homes.....834-0666

712 West Johnson Str., Raleigh 27603

[www.passagehome.org](http://www.passagehome.org)

Harriet House provides re entry support services for 24 months for mothers exiting prison.

Matthew House provides 12 month program for women with children experiencing homelessness.

Hustead House..... 829-0806

People with AIDS that need daily care. Five Beds. As Long as Desired.

Residential facility for people with AIDS that need daily care. Full services provided by 24 hour staff (cooking, cleaning, pastoral care, etc.)

**Mission House for Women..... 829-0806**  
Group home setting for homeless women with substance abuse or mental health issues; provides basic living, budgeting, and employment skill training in supervised independent living quarters.

**Oxford House.....(800)486-6488**  
[www.oxfordhouse.org](http://www.oxfordhouse.org)

*General Information:* Self-run, self-supported group housing for recovering substance abusers; various homes in Raleigh; Fees required.

<b>Arrowwood:</b>	<b>Holly Drive:</b>	<b>Wimbleton:</b>
877-0151	844-3573	7816505
<b>Brinkley:</b>	<b>Lorimer:</b>	<b>State Office</b>
981-6523	851-1756	668-1998
<b>Brentwood:</b>	<b>Mordecai:</b>	
876-9260	0000000	
<b>Crosslink:</b>	<b>Northcliff:</b>	
755-0603	844-3543	
<b>Firelight:</b>	<b>Northhills:</b>	
834-8139	844-8311	
<b>Garner:</b>	<b>Oakridge:</b>	
329-0325	468-9306	
<b>Hearth:</b>	<b>Pincrest:</b>	
875-9656	873-9212	

**Emmaus House.....327-2545**  
10 North East Str., Raleigh 27601  
Providing housing to single men in recovery. Rent fees required. Portion of rent kept in savings plan for residents to move out.

**Christian Home Life.....510-5400**  
P.O.Box 31705 Raleigh 27601  
[www.christianlifehome.org](http://www.christianlifehome.org)  
Residential maternity home for pregnant women ages 10-23. Cannot have any other children with them. Discharge from home will occur at the time of the discharge from the hospital following child's birth.

**Southlight.....787-6131**  
3125 Poplarwood Crt. #203, Raleigh 27604 (Admin. Office)  
[www.southlight.org](http://www.southlight.org)  
Supervised living for pregnant and post partum homeless substance abusing women. Housing and treatment provided.

Lutheran Family Services.....832-2620  
616 Hutton Str., Raleigh 27606  
[www.lfscarolinas.org](http://www.lfscarolinas.org)

Transitional housing program for adults with severe persistent mental illness. Housing, transportation, job training, and clinical counseling services provided for 12 months.

Florence Crittenton Service of NC.....704-372-4663  
1300 Blythe Blvd., Charlotte NC 28203  
[www.fcsnc.org](http://www.fcsnc.org)

Maternity home for women ages 10-40. Application required. Referral from State social worker needed

#### OTHER HOUSING PROGRAMS/SERVICES

Raleigh Housing Authority..... 919-831-6620  
900 Haynes Street, Raleigh, NC 27604  
Public Housing and Housing Choice Vouchers, Scattered Sties housing

Wake County Housing Authority ..... 919-269-6404  
100 Shannon Street, Zebulon, NC 27597  
Public housing and Housing Choice Vouchers

Supportive Housing Program ..... 856-5277  
Provides case management services to help participants maintain housing. Offers housing education through the Ready To Rent class. Call for dates and location,

CASA.....754-9960  
624 West Jones Str., Raleigh 27610  
[www.casanc.org](http://www.casanc.org)

Casa develops, owns, and manages affordable housing for consumers of Wake County Human Services (WCHS) who have a disability. There are some limited housing for persons who are not homeless and not receiving services from WCHS. Housing applications are made to CASA. Must have a service provider (250-1260 for list of service providers)

NC Housing Search  
[www.nchousingsearch.org](http://www.nchousingsearch.org)

Search for affordable housing options by area, size, price, and other categories.

North Carolina Human Relations Commission.....789-5930  
121 West Jones Street, Raleigh NC 27603  
This state agency enforces the fair housing laws. You can file complaints with them or get information on fair housing.

**ARE YOU READY TO RENT?**

Before you begin your housing search, review the following steps for helpful housing hints.

**FIRST:** Determine what you can afford and order your credit report.

According to HUD, Affordable means:

- A family should not spend more than 30% of their gross income for rent and utilities combined.
- A family who is spending more than 50% of their gross income on housing is in serious crisis and is at a high risk for homelessness.

Multiply your monthly income by .30 to determine the maximum rent and utility you should pay.

$$\frac{\text{monthly income}}{\text{monthly income}} \times .30 = \frac{\text{affordable rent \& utility}}{\text{affordable rent \& utility}}$$

To order your credit report call:

Equifax at 1-800-685-1111 or order online at [www.equifax.com](http://www.equifax.com)

Know what's on your credit report. Take the time to improve your rating before you apply for housing.

**SECOND:** Determine your Move-In Costs and SAVE

Estimate the amount you'll need to move into your new home. You may have to save for some or all of the following:

<i>Security Deposit</i>	<i>\$300</i>
<i>First Month Rent</i>	<i>\$600</i>
<i>Gas Deposit</i>	<i>\$150</i>
<i>Water Deposit</i>	<i>\$50</i>

<i>Telephone</i>	<i>\$150</i>
<i>Truck Rental -</i>	<i>\$30</i>
<hr/>	
<b>TOTAL ESTIMATED MOVING COSTS</b>	<b>\$1,280</b>

Note: These are only estimates. Your actual move-in costs may be more or less than \$1,280.

Deposit amounts can be very high or low and the amount depends on your credit rating, your previous pay history with the utility company and the previous utility history at the new home in which you plan to move. If you are moving, call the utility company well before you move to get an idea of what your deposit may be.

Tips:

Truck Rentals may be cheaper during the week. Call around to get the best rates.

Get family and friends to help you move instead of renting a truck.

**THIRD: Locate Housing**

Here are a few things to consider when choosing a home:

Do I NEED/WANT a home close to my employer to reduce gas cost and transportation fees?

Do I NEED/WANT a home in close proximity to my child's school?

Do I NEED/WANT a luxury unit with a high rent or can I take a smaller unit with a lower rent and use

the money I save to pay off bills and build my emergency savings account?

Once you've made a list of your wants and needs for the type of unit you seek, check the following websites for housing resources.

[www.wakegov.com](http://www.wakegov.com) - enter 'Housing' in the search feature. Select 'Renting - Vacancies'

[www.hud.gov](http://www.hud.gov) - select the 'A to Z' search and choose 'Subsidized Apartment Search'

[www.rurdev.usda.gov](http://www.rurdev.usda.gov) - select 'List of Apartment Complexes'

[www.nchfa.com](http://www.nchfa.com) - follow the 'Renters path'

**FOURTH:** Tips for establishing a good rental history.

**TIPS:**

- √ Pay your rent on the 1<sup>st</sup> of the month. Your rent is the most important payment and usually the largest. Make paying your rent on time a priority - always pay it first.
- √ Create a monthly budget and use it to plan how you'll spend your money.
- √ Rental agreements should be in writing. Read your lease agreement and ask questions if you don't understand the terms.
- √ Contact your landlord as soon as you know you'll have problems with paying your rent on time. Some landlords may work with you if you've paid your rent on time in the past and are in good standing with the landlord.

For additional information on Ready To Rent classes call 919-856-5277 for details or visit

[www.wakegov.com/humanservices/economic/housing/resources](http://www.wakegov.com/humanservices/economic/housing/resources)

## **FAIR HOUSING IS THE LAW**

The Fair Housing Act prohibits discrimination in housing because of:

- Race or color
- National origin
- Religion
- Sex
- Family Status (including children under the age of 18 living with parents or legal custodians; pregnant women and people securing custody of children under 18)
- Handicap

### **What Housing Is Covered?**

The Fair Housing Act covers most housing. In some circumstances, the Act exempts owner-occupied building with no more than four units, single-family housing sold or rented without the use of a broker and housing operated by organizations and private clubs that limit occupancy to members.

### **What is Prohibited?**

In the Sale and Rental of Housing: No one may take any of the following actions based on race, color, national origin, religion, sex, familial status or handicap:

- Refuse to rent or sell housing
- Refuse to negotiate for housing
- Make housing unavailable
- Deny a dwelling
- Set different terms, conditions or privileges for sale or rental of a dwelling
- Provide different housing services or facilities
- Falsely deny that housing is available for inspection, sale or rental
- For profit, persuade owners to sell or rent (blockbusting)
- Deny anyone access to or membership in a facility or service (such as a multiple listing service) related to the sale or rental of housing.

### **Protections For People With Disabilities**

- People with handicaps are to be treated the same as other people.

- **Accommodations should be made for handicapped person that are not required for others:**
  - Reasonable changes or exceptions to rules may be necessary. Example: A landlord must make an exception to a “no-pets” policy to allow a tenant who is sight –impaired to live with his/her seeing eye dog.
  - Handicapped tenants must be allowed to make reasonable changes to properties if they are necessary to allow the tenants to use the property. The landlord’s duty is to permit the changes, NOT pay for them. Example: A landlord must allow a handicapped tenant to install a wheelchair ramp, but is not obligated to pay for it.
  
- **Apartment buildings with four or more units built after March 12, 1991 must be accessible to the physically handicapped.**

**If You Are Discriminated Against You can file a complaint with:**

**North Carolina Human Relations Commission  
121 West Jones Street  
Raleigh, NC 27603-1336  
(919)733-7996 or 1-800- 662-7030**

**The Human Relations Commission is a state agency that enforces the Fair Housing Law**

<b>Subsidized Housing</b>			<b>Seniors Only</b>	<b>Families / singles</b>
Baytree Apts	113 Bay Tree St, Fuquay Varina	919-552-2216		√
Carriage House	116 St. Mary's St, Raleigh	919-831-6340	√	
Cary Central	122 S. Harrison St., Cary	919-934-6066	√	
Cedar Crest New Life Center	2821 Ladies Dr, Raleigh	919-828-1192	√	
Cedarmoor	2448 Melvid Ct, Raleigh	919-231-9596		√
Chadwick Apts	305 East Garner Rd, Garner	919-772-5430	√	
Club Plaza	2835 Club Plaza Rd, Raleigh	919-662-1910	√	
Cosmo & Lewis Estates	1121-102 Hadley Rd, Raleigh	919-832-1119	√	
Crestfield Apts	719 Marshburn Rd, Wendell	919-365-6001	√	
Dorothy Nixon Allen Manor	127 New Hill Rd, Holly Springs	919-552-1825	√	
Episcopal Hsg Ministry	Po Box 17111, Raleigh 27619	919-881-0110	√	
Fuquay-Varina Homes for Elderly	1012 S. Main St, Fuquay- Varina	919-552-3671	√	
Glenwood Towers	509 Glenwood Ave, Raleigh	919-831-6768	√	
Highland Manor Apts	200 Highland Manor Pl, Cary	919-463-7774	√	
Holly Springs Apts I	127 New Hill Rd, Holly Springs	919-552-9725	√	
Holly Springs Apts II	215 Earp St, Holly Springs	919-552-1825	√	
Lynnwood Park	6200 North Hills Dr, Raleigh	919-847-0349	√	
Magnolias	2151 Glascock St, Raleigh	919-833-9365	√	
Meadows at Brier Creek	11700 Arnold Palmer Dr, Raleigh	919-572-5147	√	
Millbank Court Apts	1201 Glascock St, Raleigh	919-833-4827		√
Murphey School	443 N. Person Rd, Raleigh	919-831-1072	√	
Pine Hill Apts	1650 Royal Pines Dr, Raleigh	919-212-0667	√	
Raleigh Gardens	6145 Giles St., Raleigh	919-781-9538		√
Raleigh North	1201 Glasscock St., Raleigh	919-833-4827		√
Rich Park	1822 Gormon St., Raleigh	919-833-8891		√
Roanoke Commons Apts	2911 Madelyn Watson Ln. Raleigh	919-546-0052	√	
Sir Walter Apts	400 Fayetteville St Mall, Raleigh	919-832-1300	√	
Summershaven	511 E. Martin St, Raleigh	919- 828-5786	√	
Turnberry Apts	755 S. White St, Wake Forest	919-554-9743	√	
Wintershaven	500 E. Hargett St, Raleigh	919-828-9464	√	
Woodland Apts	815-A Suffolk Blvd	919-833-0908		√

### Homeownership Education

Agency	Phone	Services
Triangle Family Services 3937 Western Blvd. Raleigh 27606 <a href="http://www.tfsnc.org">www.tfsnc.org</a>	919-821-0790	Homebuyer Education, Loss Mitigation, Money/Debt Management, Mortgage Delinquency, and Default Resolution Counseling,
DHIC Homeownership Center 113 S. Wilmington Str. Raleigh 279601 <a href="http://www.dhic.org">www.dhic.org</a>	919-832-4345	Homebuyer education, pre-purchase counseling, revolving loan fund
Passage Home CDC 712 W. Johnson Str. Raleigh 27603 <a href="http://www.passagehome.org">www.passagehome.org</a>	919-834-0666	Pre-purchase counseling, renter's assistance
Resources for Seniors 1110 Navaho Drive #400 Raleigh 27606 <a href="http://www.resourcesforseniors.com">www.resourcesforseniors.com</a>	919-812-7933	Home equity conversion Mortgage Counseling
Habitat for Humanity of Wake County 2470 Raleigh Blvd. Raleigh 27604 <a href="http://www.habitatwake.org">www.habitatwake.org</a>	919-833-1999	Construction and sale of affordable homes for low-income households, <a href="http://www.habitatwake.org">www.habitatwake.org</a>
USDA Rural Development <a href="http://www.rurdev.usda.gov">www.rurdev.usda.gov</a>	919-934-6089 ext 4	

NC Housing Finance Agency.....877-5700  
 3508 Bush Str., Raleigh 27609 (800)393-0988  
[www.nchfa.org](http://www.nchfa.org)  
 Low interest rates, down payment assistance, foreclosure prevention

Raleigh Area Development Authority (RADA).....807-8400  
4030 Wake Forest Rd #205, Raleigh 27609  
[www.rada-nc.org](http://www.rada-nc.org)  
Foreclosure prevention services. Homeowner education.

[www.fightNCforclosure.org](http://www.fightNCforclosure.org).....(866)234-4857  
Active partnership with HUD approved housing counseling agencies, legal assistance organizations, mortgage servicers and community organizations to assist home owners to avoid foreclosure.

### **HOME REPAIR AND REHABILITATION**

Cary Housing Rehabilitation Program.....462-3887  
316 N. Academy Str., Cary 27511  
Loan program for home repairs. Loan converts of grant that is forgiven if homeowner remains in home 5 years. Elderly, disabled, and low income.

City of Raleigh Community Development.....996-4300  
310 W. Martin Str., Raleigh 27610  
[www.raleigh-nc.org](http://www.raleigh-nc.org)  
Deferred payment home rehab loans for low income elderly homeowners living in City of Raleigh. Some home repairs loans offered to other low income households. Loan programs for moderate income families for home rehabilitation also available. Call for more information.

Weatherization Assistance Program.....713-1543  
1104 Navaho Dr. #400, Raleigh 27606  
[www.resourceforseniors.com](http://www.resourceforseniors.com)  
Household with elderly, disabled, and children under 18. Must meet income eligibility. Can be a rental property. Tune up & repairs on heating and cooling system, sealing and insulating ducts, installing insulation in walls, floors, and attics, etc.

Rebuilding Together of the Triangle.....341-5980  
324 S. Wilmington Str. #118, Raleigh 27601  
[www.rebuiltogethertriangle.org](http://www.rebuiltogethertriangle.org)  
Rehabilitation of homes for low income families. Volunteer based and materials are donated. Homeownership and residency in the home required. Must meet income guidelines. Serving Wake, Durham, Chatham, and Orange counties.

Wake County Emergency Grant Program.....773-4446  
Raleigh and Garner residents may apply. This program is offered to low income residents that are in need of emergency repairs to their home. Eligible repairs include but are not limited to HVAC, Well/Septic systems, and roof repairs. One time only \$5000 program limited to emergency repairs. Homeowner must reside in property, property taxes are current, proof of income, most recent bank statements, and meet income requirements.

**HYGIENE SERVICES ( Laundry, Showers, Toiletries)**

Cornerstone.....508-0777  
220 Snow Avenue, Raleigh 27603  
Monday-Friday 8:30- 5pm. Offering showers, laundry services, and toiletries from Mon-Fri 1:30pm-4:30pm. Subject to availability.

The Women’s Center.....829-3711  
128 E. Hargett Str., Raleigh NC 27601  
Collection of donated toiletries are distributed to those in need.

**IDENTIFICATION**

**BIRTH, DEATH, MARRIAGE, DIVORCE, SOCIAL SECURITY CARDS, DRIVER’S LICENSE**

N. C. Division of Vital  
Records.....855-4400  
225 N. McDowell St., Raleigh, N. C. 27601  
[www.vitalchek.com](http://www.vitalchek.com)  
Can immediately obtain birth certificates in person from any North Carolina county. \$24.00 fee; \$15.00 fee for each additional copy. Death , marriage, and divorce certificates available also  
Can use a credit card for requests online or by fax or telephone (1-800-669-8310)

Wake County Vital Records Division.....856-5218  
One Bank of America Plaza  
421 Fayetteville Str., #300, Raleigh  
[www.web.co.wake.nc.us/rdeeds](http://www.web.co.wake.nc.us/rdeeds)  
Monday through Friday 8:30 a.m. – 5 p.m. Wake County birth and death certificates. Must bring driver’s license and \$10.00 fee.

For more information on birth, death, marriage and divorce certificates:

Wake County Birth certificates also issued at:

Eastern Regional Center,  
1002 Dogwood Dr., Zebulon, N. C. 27597 .....404-3900  
Southern Regional Center,  
130 N. Judd Parkway NE, Fuquay Varina, N. C. ....557-2501  
Northern Regional Center  
350 E. Holding Ave. Wake Forest NC.....562-6300

**SOCIAL SECURITY CARDS:**

Social Security Administration .....790-2782  
4701 Old Wake Forest Rd., Raleigh, N. C. 27609  
Monday through Friday 9:00 a.m. – 4:00 p.m. Walk-in; identification  
required. Takes 12 – 14 days to get card. On-line services available at  
[www.socialsecurity.gov/onlineservices](http://www.socialsecurity.gov/onlineservices)

**N. C. STATE IDENTIFICATION CARD/DRIVER'S LICENSES:**

N. C. Division of Motor Vehicles .....816-9128  
1110 New Bern Ave., Raleigh 27607  
[www.ncdot.org/dmv](http://www.ncdot.org/dmv) (see for list of other locations)  
Many services available online.  
Monday through Friday 8:00 a.m. – 5:00 p.m. Valid or expired photo ID or 3  
forms of approved identification required.

**OTHER ID (FOR HOMELESS INDIVIDUALS):**

South Wilmington Street Center (SWSC) Resource Room .....857-9428  
1420 S. Wilmington St., Raleigh, N. C. 27603  
Friday 12:00 p.m. – 2:00 p.m.  
ID FOR MEN and WOMEN

**LATINO FAMILY RESOURCES**

Catholic Charities.....873-0094  
2013 North Raleigh Blvd, Raleigh 27604  
[www.cpfhraleigh.org](http://www.cpfhraleigh.org)  
Family support, parenting programs, support groups. ESL, GED, HEP,  
computer classes available.

National Migrant Education Hotline.....800-234-8848

[www.escort.org](http://www.escort.org)

**National Council of La Raza .....202-785-1670**

[www.nclr.org](http://www.nclr.org)

Advocacy organization for Hispanic rights and interests.

**El Pueblo, Inc..... 835-1525**

4 North Blount Str. #200, Raleigh 27601

[www.elpueblo.org](http://www.elpueblo.org)

El Pueblo is a N. C. non-profit statewide advocacy and public policy organization dedicated to strengthening the Latino community. Provides leadership development, proactive and direct advocacy, education, and promotion of cross-cultural understanding in partnerships at the local, state and national levels

**Governor’s Advisory Council on Latino Affairs..... 733-5361**

116 West Jones Str., Raleigh 27603

**Hispanic Ministry Coordination..... 468-3013**

Coordinates Hispanics ministries for 13 parishes in Wake and Franklin Counties

**Immigrants Legal Assistance Project - NC Justice Center..... 856-2570**

224 S. Dawson St. Raleigh, NC 27601

[www.ncjustice.org](http://www.ncjustice.org)

The North Carolina Justice Center provides legal assistance to low-income North Carolinians in selected, “high-impact” cases that are designed to help alleviate poverty by protecting or expanding important rights for large numbers of vulnerable people. Client intake for immigration law matters takes place on alternate Tuesdays from 9:00 a.m. to 5:00 p.m. only. Appt. required; no “walk-ins”.

**Hispanic Ministry Coordinator.....468-3013**

Coordinates Hispanic ministries for 13 parishes in Wake and Franklin counties

**Harvest of Hope Foundation.....(888)922-4673**

[www.harvestofhope.net](http://www.harvestofhope.net)

Providing emergency aid and assistance to migrant farm worker and their families with education, immunizations, medical and social services.

**Interact..... 828-8320**  
**24 Hour Crisis Lines: Domestic Violence: 828-7740 Sexual Assault:**  
**828-3005**

**612 Wade Avenue, Raliegh**  
[www.interactofwake.org](http://www.interactofwake.org)

Interact is a private, non-profit, United Way agency that provides safety, support, and awareness to victims and survivors of domestic violence and rape/sexual assault. Services are confidential and free of charge.

**Latino Community Credit Union**  
**1420 Hardimont Rd., Raleigh 27609.....855-9696**  
**4418 Fayetteville Rd., Garner 27603..... 773-9180**

[www.latinoccu.org](http://www.latinoccu.org)

**Open Monday-Thursday; 9am-5pm and Friday 9am-6pm.**  
**Services tailored to new immigrants**

**Office of Minority Health & Health Disparities, NC DHHS..... 431-1613**  
**1110 Navaho Drive, Suite 510, Raleigh, NC 27609**

[www.ncminorityhealth.org](http://www.ncminorityhealth.org)

**Mission: To promote and advocate for the elimination of health disparities among all racial and ethnic minorities and other underserved populations in North Carolina.**

**Legal Services of NC..... 856-2180**  
**224 S. Dawson Str., Raleigh 27601 (866)219-5262**

[www.legalaidnc.org](http://www.legalaidnc.org)

**Legal representation for farm workers and discrimination issues.**

**Lutheran Family Services..... 861-2807**  
**112 Cox Avenue Post Office Box 12287 Raleigh 27605**

[www.lfscarolina.org](http://www.lfscarolina.org)

**Provides a variety of refugee and immigration services**

**NC Society of Hispanic Professionals..... 467-8424**  
**2450 Chape Hill Rd., Cary 27511**

[www.thencshp.org](http://www.thencshp.org)

**Acknowledging the under representation of Hispanic youths in higher education... it is the intent of the NCSHP to develop and secure educational opportunities and financial support to improve Hispanic youth's success and school performance."**

**NC Hispanic Chamber of Commerce.....782-8764**  
**150 Fayetteville Str. #110, Raleigh 27601**

[www.nchispanicchamber.org](http://www.nchispanicchamber.org)

New Hope Baptist Church Hispanic Ministry.....876-5250  
4301 Louisburg Road, Raleigh, NC 27604

National Alliance for Hispanic Health.....(202)387-5000  
1501 16<sup>th</sup> Str. N.W. Washington DC 20036-1401  
[www.hispanichealth.org](http://www.hispanichealth.org) Helpline (866) 783-2645  
Provides information to the hispanic community regarding health issues.

Raleigh International Church ..... 919-875-0950  
4020 Capitl Boulevard, Raleigh, NC 27604

#### LEGAL SERVICES

Attorney General – Consumer Protection.....Local Concerns 716-6400  
or for out of area concerns1-800-566-7226  
[www.ncdoj.gov](http://www.ncdoj.gov)

Governor’s Citizen Helpline .....1-800-662-7952  
[www.governor.state.nc.us.govoffice](http://www.governor.state.nc.us.govoffice)

Legal Services of North Carolina..... 856-2564  
224 S. Dawson Street, Raleigh, NC 27601  
[www.legalaidnc.org](http://www.legalaidnc.org)  
Provides free legal advice and assistance for low income individuals in civil matters related to fair housing, mental disability benefits, prison issues, and justice issues.

N. C. Lawyer Referral Service .....1-800-662-7952

SouthLight (Court Services) .....828-4892  
19 West Hargett Str. #809, Raleigh 27601  
[www.southlight.org](http://www.southlight.org)  
Assists individuals with drug violations to avoid further criminal involvement by providing intervention, education and monitoring services

The Women's Center ..... 829-3711  
128 E. Hargett St., Suite 10, Raleigh, NC 27601  
[www.wcwc.org](http://www.wcwc.org)  
Domestic Law attorney held every 2 weeks. Call for next date.

Attorney Hotline: Monday and Thursday 4:00 p.m. - 5:30 p.m. Call main number and ask for Attorney Hotline number.

Carolina Dispute Settlement Services.....755-4646

2300 Rexwood Dr#120, Raleigh 27607

[www.notrials.com/fileityourself](http://www.notrials.com/fileityourself)

Providing mediation services for Child custody and visitation issues, small claims, community services, and district criminal court. Sliding scale costs based on income. Court fees and processing fees apply. File it yourself clinic open on Thursdays 9am-3pm. Call for appointment.

### MEDICAL CARE-PRIMARY CARE

#### HOMELESS AND/OR UNINSURED

Horizon Health Center .....743-3315

102 N. Tarboro Rd., Raleigh, N. C. 27610-2352

[www.whsi.org](http://www.whsi.org)

Monday through Friday 8:30 a.m. – 5:15 p.m.

Proving services to the homeless and those in transition.

Services provided include General Primary Medical Care (Camp Physicals, Diagnostic Tests/

Screens, Family Planning, Geriatric Care, Gynecological Care, Health Checks, Hearing & Vision

Screening, Immunizations, Pediatric Care, Sports Physicals).

Support Services include Diabetes Education, Diagnostic Tests/Screens, Drug Assistance, Health

Education, Eligibility Assistance, Substance Abuse Services, Social Workers.

Alliance Medical Ministries .....250-3320

101 Donald Ross Dr., Raleigh 27610

[www.alliancemedicalministry.org](http://www.alliancemedicalministry.org)

Monday through Friday, 8am-5pm p.m. Provides affordable health and dental care to the uninsured. Must be employed or living with someone who is employed. Appointment required. Bilingual services provided.

This is a faith-based medical clinic for the working poor in Wake County.

The clinic serves many Hispanic and other minority families and operates on a sliding fee scale.

Urban Ministry (Open Door Clinic).....832-0820

1390 Capital Blvd., Raleigh 27603

[www.urbanmin.org](http://www.urbanmin.org)

Health care facility providing services at no charge to uninsured, low-income residents of Wake County. The Open Door Clinic provides acute and chronic medical care, prescription medications, and laboratory services on site. Walk-in care available for acute illness and minor injury. Services include: Continuing care for chronic illness, prescription medications, specialty care on site and by referral, laboratory services, health education, social work counseling. Interpreter Services available for Spanish-speaking patients. Appointments are available.

Wake County Human Services .....212-7000

Public Health Center - 10 Sunnybrook Rd., Raleigh, NC 27610

Monday through Friday, 8:15 a.m. - 5:15 p.m. Call for appointments for all types of health care needs including education, immunizations and treatment. Public Health Clinics also at:

Southern Regional Center

130 N. Judd Parkway NE, Fuquay Varina, N. C. ....557-2501

Eastern Regional Center

1002 Dogwood Dr., Zebulon, N. C. ....404-3900

Northern Wake Health Clinic

350 East Holding Ave., Wake Forest, N. C.....554-8490

Wake Faculty Physicians Internal Medicine .....350-8000

3024 New Bern Avenue, Raleigh, N. C. 27610 (1<sup>st</sup> floor of Andrews Center)

Monday through Friday 7:30 a.m. – 4:30 p.m.

Provides care and management of many common diseases, including but not limited to congestive heart failure, diabetes and Coumadin management. Practice is open to established patients only, except for inpatient follow-up visits.

Wake Health Services, Inc. (Admin.).....255-6721

<http://www.whsi.org>

Apex Family Medicine .....362-5201

212 South Salem St., Apex, N. C. 27502

Monday- Friday 8:00 a.m. – 5 p.m.

Services provided include General Pharmacy, Medical Care (Camp, sports Physicals, Complete Physicals, Diagnostic Tests/Screens, Family Planning, Geriatric Care, Gynecological Care, Health Checks, Hearing & Vision Screening, Immunizations, Pediatric Care, Sports Physicals).

Support Services include Case Management, Diabetes Education, Diagnostic Tests/Screens, Drug Assistance Program, Health Education, Eligibility Assistance, Social Workers.

**New Bern Ridge Dental .....250-2930**

**2620 New Bern Avenue, Raleigh, N. C. 27610**

**Monday through Thursday 8:00 a.m. – 5:15 p.m.**

**Services provided include Comprehensive Dental Services, Cleanings-Hygiene, Dental Exams, Emergency Services, Extractions, Fillings, Tooth Varnishing, Fluoride Treatment, Restorative Services, Preventative & Children’s Services.**

**Support Services include Eligibility Assistance, Oral Hygiene Education.**

**Rock Quarry Road Family Medicine .....833-3111**

**1001 Rock Quarry Rd., Raleigh, N. C. 27610**

**Monday, Wednesday, Thursday & Friday 7:00 a.m. – 5:15 p.m.; Tuesday 7:00 a.m. – 6:00 p.m.**

**Services provided include General Primary Medical Care (Camp Physicals, Complete Physicals, Diagnostic Tests/Screens, Family Planning, Geriatric Care, Gynecological Care, Health Checks, Hearing & Vision Screening, Immunizations, Pediatric Care, Sports Physicals).**

**Support Services include Case Management, Diabetes Education, Diagnostic Tests/Screens, Drug Assistance Program, Health Education, Eligibility Assistance, Social Workers.**

**Southern Wake Family Medicine .....557-1110**

**130 N. Judd Parkway NE, Fuquay Varina, N. C. 27526**

**Monday – Friday 8:30 a.m. – 5:30 p.m.**

**Services provided include General Primary Medical Care (Camp Physicals, Complete Physicals, Developmental/screening, Diagnostic Tests/Screens, Family Planning, Geriatric Care, Gynecological Care, Health Checks, Hearing & Vision Screening, Immunizations, Pediatric Care, Sports Physicals).**

**Support Services include Diabetes Education, Diagnostic Tests/Screens, Drug Assistance Program, Health Education, Eligibility Assistance, Social Workers.**

**St. Bernadette’s Catholic Church.....552-8758 or 623-1487**

**1005 Wilbon Rd., Fuquay Varina 27526**

**Thursday evenings and every 3<sup>rd</sup> Sunday afternoon.**

**Shepard’s Medical.....404-2474**

**304 B Pony Rd Zebulon 27597**

[www.shepardscareclinic.com](http://www.shepardscareclinic.com)

**Mariam Clinic.....824-4672**

3126 Blue Ridge Rd., Raleigh 27612

[www.mariamclinic.org](http://www.mariamclinic.org)

Free for those who meet income eligibility. Must be age 18 or over. One Member of the household must be employed. Must live in Wake or Durham counties. Appointments only. Call on Wednesday 10am-5pm or Thursday 2pm-5pm. Clinic hours are Sunday 1pm-5pm. Services provided Acute care, short term chronic care, referrals, discount labs and radiology services, psychiatry and counseling, and interpreter services. No emergency or obstetric services.

**MEDICAL-HIV TESTING/AIDS SERVICES**

**Alliance of AIDS Services Carolina .....834-2437**

324 S. Harrington St., Raleigh, N. C. 27603

[www.aascnc.worldpress.com](http://www.aascnc.worldpress.com)

Free confidential HIV testing and other STDs. Mon-Thur 9am-12pm and 6pm-8:30pm. Appointments available also. Offering primary care and continuum of care, preventative education, counseling, substance abuse treatment, mental health counseling , nutritional counseling, food pantry, case management, family care homes, emergency financial assistance, transportation, housing info and referrals.

**Horizon Health Center ( homeless population).....743-3315**

102 N. Tarboro Rd., Raleigh, N. C. 27610-2352

Monday through Friday 8:30 a.m. – 5:15 p.m.

Provides HIV treatment services and related medical care.

**National CDC Hotline .....1-800-242-4636**

**St. John’s Metropolitan Community Church .....834-2611**

805 Glenwood Ave., Raleigh, N. C. 27605

Free confidential HIV testing 2<sup>nd</sup> and 4<sup>th</sup> Saturdays 9 – 11 a.m.

**Southlight .....832-1400**

1201 Garner Rd., Raleigh 27601

Outreach and case management services focusing on HIV/AIDS and substance abuse awareness, prevention, and education. Services offered at various locations. Call for more information.

Under One Roof (WCHS).....571-6600  
3622 Haworth Dr., Raleigh 27609  
Free counseling, financial assistance and initial intake by appointment only.

Strengthening the Black Family.....856-5302  
568 East Lenior Str., Raleigh 27601  
[www.stbf.org](http://www.stbf.org)  
Free HIV testing. Basic nutrition and sex education programs for teens.

Urban Ministries .....834-4707  
1319 Capital Blvd., Raleigh  
Free confidential testing Tuesdays from 5:30 p.m. – 7:30 p.m. Last person taken at 7:00 p.m. Spanish speaking employees present.

Wake County Human Services ..... 250-3950  
Public Health Center - 10 Sunnybrook Road, Raleigh, NC 27610  
All clinics will do free, confidential testing. Call for an appointment and information regarding all testing centers.  
Monday through Friday 8:30 a.m. – 11:30 a.m. and Wednesday evenings from 5:00 p.m. – 7:00 p.m. at Clinic E. Spanish speaking employees available on Wednesday evenings. Testing for all STDs and treatment for HIV/AIDS patients also done Monday through Friday at Clinic A. Call for appointments and times for Clinic A at 250-4410.

WCHS, 350 E. Holding Ave Wake Forest 27587.....562-6300  
WCHS, 1002 Dogwood Dr., Zebulon 27597.....404-3900  
WCHS, 130 N. Judd Pkwy., Fuquay Varina 27526.....557-2501

BERT Center, Inc.....632-6283  
211 West Martin Str. #160, Raleigh 27601  
Case management service for those diagnosed with HIV/AIDS

H.O.P.E .Foundation.....713-0267  
3712 Benson Drive #101, Raleigh 27609  
[www.hopefoundations.com](http://www.hopefoundations.com)  
Case management services

M.Q.A Support.....833-7310  
812 New Bern Ave., Raleigh 27601  
[www.mqasupport.com](http://www.mqasupport.com)  
Case management services

Women’s Center .....8283711

128 E. Hargett Str., Raleigh 27601

[www.wcwc.org](http://www.wcwc.org)

Testing and counseling service

**MEDICAL-PRESCRIPTIONS**

**Dorcas Ministries.....469-9861**

1231 NE Maynard Road, Cary, N. C. 27513

[www.dorcas-cary.org](http://www.dorcas-cary.org)

Assistance for Cary, Morrisville, New Hill, Friendship, and Willow Springs. Residents of Fuquay, Apex, and Holly springs must have a written referral from Western Wake Crisis Ministry. Durable medical supplies also available as resources allow.

**Drug Assistance Program (HIV/AIDS) .....715-3111**

Division of Public Health, N. C. Dept of Health & Human Services

1902 Mail Service Center, Raleigh, N. C. 27699-1902

**N. C. Division of Medical Assistance.....(800)662-7030**

1918 Umstead Dr., Kirby Building, Raleigh, N. C. 27699-2501

[www.dhhs.state.nc.us/dma](http://www.dhhs.state.nc.us/dma)

State resource for questions regarding Medicaid or NC Health Choice

**North Raleigh Ministries.....**

2431 Spring Forest Rd, Ste. 152, Raleigh 27615

Mon thru Thursday. Call for appt. between 10am-1pm. Help with prescriptions. Serves Raleigh residents in zip codes 27604, 27609, 27612, 27613, 27614 and 27615.

**Urban Ministries .....834-4707**

1390 Capital Blvd., Raleigh 27603

[www.urbanmin.org](http://www.urbanmin.org)

Prescription assistance for low-income and homeless individuals. First come first served. N. C. ID required. Will pay copays. Monday-Friday 10am-1pm.

**Wake County Human Services, Mental Health Services .....250-3100**

3010 Falstaff Rd., Raleigh, N. C. 27610

Prescription assistance for mental health clients.

**Wake County Human Services, Medicaid.....212-7000**

220 Swinburne Rd., Raleigh 27610

Residents of Wake County may visit the Human Services building in their area to apply for Medicaid. Medicaid provides assistance to income eligible persons for prescriptions, doctor and hospital visits, vision, and dental care.

Southern Regional Center, Fuquay Varina.....557-2501  
Eastern Regional Center, Zebulon.....404-3900  
Northern Regional Center, Wake Forest.....3626300

Medicare Prescription Drug Plan.....(800)633-4222  
[www.formularyfinder.medicare.gov](http://www.formularyfinder.medicare.gov)

this tool will allow you to find plans in your state that match your required drug list.

[www.freemedprogram.com](http://www.freemedprogram.com)

There are over 200 patient assistance programs in place to help people receive free medications.

[www.ncrx.gov](http://www.ncrx.gov)

Help with Medicare prescription drug plan premiums

[www.ssa.gov](http://www.ssa.gov)

Help with Medicare prescription drug premiums. Form SSA-1020.

## **MEDICAL-MENTAL HEALTH & SUBSTANCE ABUSE SERVICES**

### **WAKE COUNTY HUMAN SERVICES**

Cornerstone ..... 508-0777  
Path and Community Outreach Team Referral Line..... 508-0770  
220 Snow Avenue, Raleigh, NC 27603

Outreach and engagement, psychiatric services, and intensive case management services offered to homeless individuals with severe and persistent mental illness and/or substance abuse problems. Please call to make a referral on Tuesdays 1pm-4pm.

Drop-In Center (A Division of Wake County Human Services)... 856-5240  
567 E. Hargett St., Raleigh, NC 27601

Psychosocial educational program for Wake County residents who are 18 or older who have a primary diagnosis of severe mental illness and sometimes co-occurring substance abuse. They must be referred by their primary mental health provider and complete the admission process. Activities include social skills and independent living skills training, AA meetings,

support and recovery groups, Job Club, exercise, arts and crafts, and recreational activities.

**Evaluation and Emergency Services..... 250-3133**  
**Wake County Human Services**  
**3000 Falstaff Road, Raleigh, NC 27610**  
**Evaluations for Mental Health and Substance Abuse services.**

**Larry B. Zieverink Sr. Alcoholism Treatment Center (ATC).....250-1500**  
**Wake County Human Services, 3000 Falstaff Road, Raleigh, NC 27610**  
**Providing Intensive Outpatient (12 weeks), Medically Supervised**  
**Detoxification and Inpatient Treatment Services (avg. 8-14 days) to Adult**  
**Wake County Residents. All services offer a comprehensive, Dual**  
**Diagnosis, 12-step based program of evidence based, best practice**  
**education and therapy to assist in the establishment of abstinence and**  
**beyond.**

**Adult Treatment Center.....212-7850**  
**220 Swinburne Rd., Raleigh 27601**  
**Adults dealing with mental illness. Mon-Fri 8:30am-5:15pm**

**Easter Seals UCP North Carolina-ASAP .....(800)662-7119**  
**Regional Office: 2315 Myron Drive, Raleigh, N. C. 27607**  
**[www.eastersealsupc.com](http://www.eastersealsupc.com)**

**For children, adults and families who are dealing with mental health issues,**  
**Easter Seals UCP North Carolina offers a variety of supports available in the**  
**home, community, or at a clinic. Our services are structured around best-**  
**practice models, with a continuing focus on maintaining a person- center,**  
**strengths-based approach. Community Support, Respite, Intensive In-**  
**Home Therapy, Assessment, Individual Therapy and Multi-Systemic**  
**Therapy are provided.**

**The Healing Place of Wake County (Men's Facility) .....838-9800**  
**1251 Goode Drive, Raleigh, N. C. 27603**  
**Target Group: Homeless men, age 18 and older, who are from Wake**  
**County. Length of stay: Shelter – one night/ Non-medical Detox – 3 to 5**  
**days; Recovery Program – 7 to 12 months/**  
**Other: The Sobering Up Center offers non-medical detoxification. The**  
**overnight shelter offers emergency shelter one night at a time. The**  
**recovery program is a long-term, 12-Step based, peer-run program for**  
**homeless men with alcohol and other drug problems. Walk-ups are not**

allowed and beds are not reserved. In order to enter the emergency night shelter, men must be at the South Wilmington Street Center by 4:00 p.m. each day for the van pick-up.

**The Healing Place (Women’s Facility) .....865-2550**  
3304 Glen Royal Road, Raleigh, N. C. 27617

**Target Group:** Homeless women, age 18 and older, who are from Wake County. **Length of Stay:** Shelter – one night; Non-medical Detox – 3 to 5 days; Recovery Program – 7 to 12 months.

**Other:** The Sobering Up Center offers non-medical detoxification. The overnight shelter offers emergency shelter one night at a time. The recovery program is a long-term, 12-Step based, peer-run program for homeless women with alcohol and other drug problems. Pregnant women may stay in the overnight shelter but are not admitted to Detox or the recovery program. Walk-ups are not allowed and beds are not reserved. In order to enter the emergency night shelter, women must be at the Women’s Center at Blount and Hargett Streets by 3:15 p.m. each day for the van pick-up.

**Holly Hill Hospital .....250-7000**  
3019 Falstaff Road, Raleigh, N. C. 27610

Provides treatment programs for children, adolescents, and adults covering a wide range of behavioral health issues. Provides treatment for: Depression; Anxiety and Stress, Bipolar Disorder; Other Emotional and Mood Disorders; Behavioral Problems; Alcohol Abuse and Dependency; Illicit and Prescription Drug Abuse and Dependency. A no-cost, confidential evaluation of a patient’s needs is available 24 hours a day, seven days a week through the RESPOND department.

**SouthLight .....787-6131**  
3117 Poplarwood Court, Suite 203, Raleigh 27604 (Administrative offices)  
[www.southlight.org](http://www.southlight.org)

SouthLight is an organization which offers numerous services for substance abuse including assessment, education, treatment, counseling, youth and juvenile offender services, court services, intervention, intensive outpatient treatment, methadone treatment, independent living skills, supervised living services. SouthLight also offers a wide variety of programs to address these issues. If you would like more information about the admission process, services or facilities, please call the above number. Below are just a few of the programs/services offered:

**Adult Services .....832-4453**  
2101 Garner Rd., Suite 107, Raleigh 27610

**Adult/Adolescent Services.....872-7373**  
1012 Oberlin Rd, Raleigh 27604

**Judicial Services.....828-4892**  
12 W. Martin Street, Raleigh, N. C. 27601

**CASAWORKS/Perinatal Programs, Fuquay, N. C. ....557-6967**  
Residential program for pregnant/post-partum women

**Triangle Family Services .....821-0790**  
3937 Western Blvd, Raleigh 27609  
Individual, group, and family counseling. Fees based on a sliding fee scale.

**UNC Alcohol and Substance Abuse Program .....966-60339**  
1101 Weaver Dairy Rd., Chapel Hill, N. C. 27514  
[www.med.unc.edu.alcohol](http://www.med.unc.edu.alcohol) or (888)457-7457  
Outpatient mental health and substance abuse services. Payment  
Accepted: Self payment, Medicaid, Medicare, Private health insurance,  
Military insurance, Payment Assistance. Mon-Fri 9am-6pm

**Catholic Social Ministries.....821-9764**  
715 Nazareth Str., Raleigh 27606  
[www.dioceseofraleigh.org](http://www.dioceseofraleigh.org)

**Jewish Family Services.....676-2200**  
8210 Creedmoor Rd., Raleigh 27613  
[www.shalomraleigh.org](http://www.shalomraleigh.org)

**Wake Teen Medical Services.....828-0035**  
505 Oberlin Rd Raleigh 27605  
[www.waketeen.org](http://www.waketeen.org)  
Providing adolescent focused medical and mental health care, community  
education and provider training. Serving ages 10-23. Hours: Mon- Thur.  
8:30am-7:30pm, Fri 8:30am-5pm, Sat 8:30am-1pm.

**Women's Center.....828-3711**  
128 E. Hargett Str., Raleigh 27601  
[www.wcwc.org](http://www.wcwc.org)  
Providing support services and mental health counseling to women in need.

**MEDICAL-DENTAL**

Wake Smiles.....250-2952

2620 New Bern Ave. Raleigh 27610

[www.rwcds.com](http://www.rwcds.com)

Dental care for children. Eligibility forms located at Wake Health Services, Raleigh Rescue Mission, and Horizon Health services. Must be approved before making an appointment.

Wake Tech Dental Hygiene.....747-0126

Health Sciences Building, 2<sup>nd</sup> Floor

2901 Holston Ln., Raleigh 27610

<http://dentalhygiene.waketech.edu>

Dental Cleaning, fluoride treatments, sealants, and radiography performed By supervised students. Clinic hours vary according to semester schedule. Appointment only. Referrals given for additional dental work needed.

UNC Chapel Hill Dental School.....966-2805

Manning Dr. & Columbia Ave, Chapel Hill

[www.dent.unc.edu](http://www.dent.unc.edu)

Services provided for children beginning age 4 and adults. Application Required. Two clinic sessions held Mon-Fr from 10am-1pm & 2pm-5pm. Monthly drawings held to determine patient selection. Some fees apply.

**MEDICAL-EYECARE**

Division of Services for the Blind.....(866) 222-1546

Must meet income eligibility based on household size. Must be a citizen or have Permanent Residency Card. Can include children up to age 22 ( if listed on income tax return as dependents). Co-pays to providers are required.

UNC Department of Ophthalmology.....966-5296

130 Mason Farm Rd., Chapel Hill, NC

Free or low cost eye exams for people of all ages. Income verification is required. Call 966-5296 with questions regarding financial assistance.

EyeCare America.....(800)222-3937

[www.eyecareamerica.org](http://www.eyecareamerica.org)

A public service foundation of the American Academy of Ophthalmology. Provides comprehensive eye exams and care for up to one year to eligible callers. Glaucoma eye exam available for some.

Vision USA.....(800) 766-4466

[www.aoa.org](http://www.aoa.org)

Provides free eye care to uninsured, low income workings and families. Eligibility based on income and household size.

Lions Clubs International.....(headquarters) (605) 571-5466

[www.LionsClubs.org](http://www.LionsClubs.org)

Provides financial assistance for eye care through local clubs. Eligibility based on income and household size. Applications submitted at WCHS, Service Intake, Mon-Fri 7:30am-4pm, 1<sup>st</sup> floor Swinburne Bldg, 212-7000

Knights Templar Eye Foundation.....(847) 490-3838

[www.knightstemplar.org](http://www.knightstemplar.org)

Provides assistance for eye surgery for people who are unable to pay or receive adequate services from current government agencies or similar sources.

Prevent Blindness NC.....755-5044

4011 West Chase Blvd. #225, Raleigh 27607

[www.preventblindness.org](http://www.preventblindness.org)

Delivers direct service programs through screening, publications, safety, education, information, and referral. Healthy Eyes Eyeglasses Program is for adults and children. Must be income eligible (200% poverty level), no other eyeglass benefits, valid prescription less than 2 years old provided by partner agency.

NC Association of Educators.....(800) 662-7924 ext 205

[www.ncae.org](http://www.ncae.org)

No income requirements. Eyeglasses and other items provided as deemed necessary. Must be a student enrolled in public school. Citizenship not required. School staff or school nurse must request assistance on behalf of the child. Parents cannot request the assistance. Cost of eye exam not covered. Application available September- June.

Sight for Students.....(888) 290-4964

[www.sightforstudents.org](http://www.sightforstudents.org)

Vision Service Plan program that provides eye exams and glasses to children 18 years and younger whose families cannot afford vision care.

ZenniOptical.....(800) 211-2105

[www.zenniOptical.com](http://www.zenniOptical.com)

Online ordering of low cost eyeglasses. Must have valid prescription. Must have credit card, debit card, or gift card (visa or mastercard) to make purchase.

WCHS.....856-5974

401 East Whitaker Mill Rd, Raleigh 20608

Contact for appointment Mon-Fri 8am-5pm. Must meet household and income requirements. Cannot have received assistance in the last 2 years. Must supply last 6 months of income information, ID, social security cards.

**MEDICAL-HEARING AIDS**

Lions Clubs International.....(Headquarters) (800) 955-5466

[www.LionsClubs.org](http://www.LionsClubs.org)

Provides financial assistance for hearing aids through local clubs. Eligibility based on income and household size. Contact Wayland Rhodes Jr. 733-6659/872-7770 locally.

NC Services of the Deaf and Hard of Hearing.....(800) 874-2212

[www.dhhs.state.nc.mhddsas/deafservices](http://www.dhhs.state.nc.mhddsas/deafservices)

Foundation for Sight and Sound.....(866) 432-7500

[www.foundationforsightandsound.org](http://www.foundationforsightandsound.org)

EarQ provider participation required; call for provider in your area. No hearing aid benefits, yearly income below \$25000, and co pays may apply.

Miracle Ear Children’s Foundation.....(800) 234-5422

[www.miracle-ear.org](http://www.miracle-ear.org)

Must be age 16 or younger. Application required, medical documentation (medical clearance from DR. audiogram dated within last 6 months), income between \$20,000-\$45,000. Must not be eligible for public assistance programs. Must show that you have been denied assistance for public assistance program in writing. Forms downloadable from website.

NC Assistive Technology Program.....(800)622-7030

[www.ncatp.org](http://www.ncatp.org)

Provides any type of equipment that helps people with disabilities or older individuals be more independent at home, school, work, leisure, or community life.

**PREGNANCY & CHILD CARE**

**Birthchoice.....781-5423**

**3820 Merton Dr. #219, Raleigh 27609**

[www.birthchoicewake.org](http://www.birthchoicewake.org)

**Free pregnancy testing, Free limited ultrasounds. Abortion information and post-abortion counseling. Referral and resources for maternity homes and adoption agencies.**

**Community Partnerships, Inc.....781-3616 ext. 235**

**3522 Haworth Dr., Raleigh 27609**

[www.compart.org](http://www.compart.org)

**Early intervention services for children age 5 and younger who have a disability or who are at risk for a disability/ Offering assistance with daycare, preschools or after school programs. Inclusion assistance also offered.**

**North Carolina Department of Health and Human Services ...662-4499**

**Division of Child Development Toll free in-state 1-800-859-0829**

**2201 Mail Service Center, Raleigh, N. C.**

**See State Child Care Licensing Office below.**

**Planned Parenthood .....833-7526**

**100 S. Boylan Ave., Raleigh 27603**

[www.pphsinc.org](http://www.pphsinc.org)

**Preventive reproductive healthcare and education**

**Life Care Pregnancy Center .....873-2442**

**1001 Navaho Dr., Suite 101, Raleigh 27609**

**Provides support for women, men and their families 24/7 free of charge.**

**Offers counseling and information to allow the person to make an informed choice.**

**State Child Care Licensing Office .....662-4499**

**(Regulatory Services Section) Toll free NC residents only 1-800-859-0829**

**319 Chapanoke Rd., Suite 120, Raleigh, N. C. 27699-2201**

**2201 Mail Service Center, Raleigh, N. C. 27699-2201**

**Regulates the health, safety, and well-being of children in out-of-home care; provides support and quality control services to child care providers.**

<http://www.ncchildcare.net>

Wake County Health Department.....212-7000

10 Sunnybrook Rd, Raleigh 27601

Women’s Clinic F provides pregnancy testing and Clinic G provides prenatal care for uninsured and low income. Maternal Care Coordination is offered to the prenatal patients. Nurse Family Partnership program works with 1<sup>st</sup> time mothers.

WIC Program provides various food and supplies for mothers and their newborns to enhance healthy outcomes.

Wake County Child Care Subsidy Program ..... 773-7600

Main location: 319 Chapanoke Rd., Suite 104, Raleigh, N. C. 27603

Southern Regional Center: 130 North Judd Parkway NE, Fuquay, N. C. 27526....557-1076

Eastern Regional Center: 1002 Dogwood Lane, Zebulon, N. C. 27597 .....404-3958

Northern Regional Center – 247 S. Allen Rd., Wake Forest, N. C. 27587 .....554-8493

Only available for families in Wake County. Provides financial assistance to parents for their child care needs. The child care subsidy is based on an assessment of need, income and family size. If the person is eligible, the case manager will assist in finding a program that meets the needs of the child/children. Parental choice is honored whenever possible. Parental fees are assessed for families who are income eligible.

**REFUGEE PROGRAMS**

Lutheran Family Services in the Carolinas.....(919) 861-2807

Raleigh Office: 112 Cox Avenue, P. O. Box 12287, Raleigh, N. C. 27605

[www.lfscarolinas.org/refugeeimmigration](http://www.lfscarolinas.org/refugeeimmigration)

Provides a variety of refugee and immigration services. Offers immigration counseling, refugee social services, sponsorships and assistance with resettlement

NC Justice Center.....856-2570

224 Dawson Str., Raleigh 27611

[www.ncjustice.org](http://www.ncjustice.org)

USCRI-Raleigh/ Boat People SOS.....344-0072

400 Oberlin Rd. #300, Raleigh 27605

3801 Computer Dr. #110, Raleigh 27609

[www.uscri.org](http://www.uscri.org)

[www.bpsos.org](http://www.bpsos.org)

Working on human trafficking and refugee resettlement. Emergency relief and recovery, domestic violence, labor exploitation, citizenship preparation, livelihood development, and workforce readiness training.

State Refugee Coordinator.....733-4650  
325 Salisbury Str., Raleigh 27603

### SENIOR RESOURCES

Council for Senior Citizens.....688-8247  
406 Rigsbee Avenue, Suite 202, Durham 27701  
[www.councilseniorcitizens.org](http://www.councilseniorcitizens.org)

Division of Aging and Adult Services, Dennis W. Streets.....733-3983  
Taylor Hall, 693 Palmer Drive  
Mailing Address: 2101 Mail Service Center, Raleigh, N. C. 27699-2101  
[www.dhhs.state.nc.us/aging](http://www.dhhs.state.nc.us/aging)

Eastern NC Chapter of the Alzheimer's Association .....832-3732  
1305 Navaho Dr. #101 Raleigh 27605 1-800-228-8738  
[www.alznc.org](http://www.alznc.org)  
Alzheimer's research and care giver information and education

Hospice of Wake County .....828-0890  
250 Hospice Circle , Raleigh 27605  
[www.hospiceofwake.org](http://www.hospiceofwake.org)  
Providing end of life care and resource information

North Carolina Assisted Living Association .....467-2486  
3392 Six Forks Rd., Raleigh 27608  
[www.ncala.org](http://www.ncala.org)  
Information regarding assisted living facilities in NC

Resources for Seniors .....872-7933  
1110 Navaho Dr., Suite 400, Raleigh, N. C. 27609  
[www.resourcesforseniors.com](http://www.resourcesforseniors.com)  
Provides information on support services, affordable senior housing, medical care, facilities, etc.

City of Raleigh Retired Senior Volunteer Services .....831-6295  
310 W. Martin St. #201, Raleigh 27602  
[www.raleigh-nc.org/communityservices/rsvp](http://www.raleigh-nc.org/communityservices/rsvp)

Match seniors age 55 and older with volunteer activities that serve vulnerable senior in the Raleigh area.

Senior Center Telecare / Friendly Visitor Programs .....856-6444  
401 E. Whitaker Mill Road, Raleigh, N. C. 27608  
Provides outreach services by phone or 1 hour weekly home visit.

Center for Volunteer Caregiving.....460-0567  
975 Walnut Str., #311, Cary 27511  
[www.volunteercaregiving.org](http://www.volunteercaregiving.org)  
Provides transportation, respite care, visiting, phone calls, and light housekeeping and yard work.

Wake County Human Services (Senior/Adult Services).....856-5833  
Whitaker Mill Rd., Raleigh  
Providing short term generic case management to bridge consumers with community services

[www.ssa.gov](http://www.ssa.gov)  
Help with Medicare prescription drug premiums. Form SSA-1020.

North Carolina SHIIP .....800-443-9354  
[www.ncshiip.com](http://www.ncshiip.com)  
Senior's Health Insurance Information Program (SHIIP) is a consumer information division of North Carolina Department of Insurance that assists people with Medicare, Medicare Part D, Medicare supplements, etc.  
[www.ncdoi.com](http://www.ncdoi.com)  
Answers questions and counsels Medicare beneficiaries about Medicare supplements, Medicare Advantage, Medicare prescription plans, long term care insurance and other health concerns

## TRANSPORTATION

Accessible Raleigh Transportation (A.R.T.) .....890-3459  
[www.raleigh-nc.org](http://www.raleigh-nc.org)  
The City of Raleigh provides transportation services for persons with disabilities. There are two levels of services:  
Tier 1 service is available for permanent Raleigh residents who do not have a valid driver's license, and are identified as a person with a physical or mental disability.  
Tier II service is available to persons who qualify under the Americans with Disabilities Act (ADA). Call for instructions on how to apply.

**C-Tran .....481-2020**

[www.townofcary.org](http://www.townofcary.org)

**Hours of Operation Monday through Saturday, 6:00 a.m. to 7:00 p.m.**

**The Town of Cary provides two types of service: fixed route and door-to-door service. The new fixed route system replaces the previous general public door-to-door service. Cary citizens who are disabled or at least 55 years old will continue to have the option of door-to-door service. Cost is \$2.00 each way in Cary; \$4.00 for out of town (Chatham, Durham, Orange or Wake Counties for work). Registered seniors and disabled passengers pay \$1.00 each way from 10:00 a.m. to 3:00 p.m. for trips in Cary. Children aged 6 and younger ride free. Make a reservation to ensure a seat 2 hours to 2 weeks in advance.**

**Capital Area Transit (CAT).....828-7228**

**1430 & 214 S. Blount St., Raleigh 27603**

[www.raleigh-nc.org/transit](http://www.raleigh-nc.org/transit)

**Call for information and schedule.**

**Resources for Seniors, Inc. ....872-7933**

**1110 Navaho Dr. #404, Raleigh 27609**

[www.resourcesforseniors.com](http://www.resourcesforseniors.com)

**Limited medical transportation, nutrition site transportation and grocery shopping transportation available. Call for more information.**

**Traveler’s Aid (Cornerstone) .....508-0777**

**220 Snow Avenue, Raleigh 27603**

**One time assistance to displaced/stranded travelers when funds are available. Call before coming to Cornerstone to apply in order to see if funds are available. Must be able to contact someone on destination end to ensure willingness to accept traveler.**

**Triangle Transit Authority (TTA).....4857433**

**4600 Emperor Blvd. #100, Durham 27703**

[www.triangletransit.org](http://www.triangletransit.org)

**Office Hours Monday through Friday 6:00 a.m. – 6:30 p.m. Bus hours Mon-Fri 6:00 a.m. – 10:30 p.m.; Sat 8:00am-5:30pm. Free vanpool matching available to the general public (485-7461) and regional bus service to Raleigh, Durham, Chapel Hill, RTP, and RDU. Bus schedules available at Moore Square information booth. Offers direct airport shuttles from Regional Transfer Center**

Wake County Transportation Center .....212-7005  
220 Swinburne Rd., Raleigh, N. C. 27610  
[www.wakegov.com](http://www.wakegov.com)  
Monday – Friday, 8:00 a.m. – 5:00 p.m.  
Walk-ins: Monday - Friday, 9:00 – 11:00 a.m. and 2:00 – 4:00 p.m.  
Medical transportation through Medicaid and other transportation services  
for Wake County citizens.

TRACS (Wake County Human Services).....212-7005  
220 Swinburne Rd., Raleigh 27610  
[www.wakegov.com](http://www.wakegov.com)  
Transportation to residents of non urbanized areas of the county. 24 hour  
or more advance notice for pick up. First come first served. Fees charged  
per trip. Mon-Fri 7:00am-12:00pm and 1:00pm-6:00pm.

Wolfline.....515-3424  
2721 Sullivan Dr., Raleigh  
[www.ncsu.edu](http://www.ncsu.edu)  
Open to students and the general public. No fare or Student ID required to  
ride. Operates everyday classes are in session. Routes vary between Fall,  
Spring, and Summer service.

Wheels for Hope.....832-1941  
929 S. Saunders Str., Raleigh 27603  
[www.wheels4hope.org](http://www.wheels4hope.org)  
Faith based nonprofit that repairs donated cars and recycles them back in  
the community. Referral by partner agency required. General public sales  
also provided on Tuesday and Thursday from 9:00am-4:00pm.

**VETERAN'S SERVICES**

Durham VA Hospital ..... 286-0411  
Raleigh VA Clinic.....212-0129  
3305 Sungate Blvd., Raleigh 27601  
Medical Care available @ 508 Fulton St, Durhan and at the Raleigh Clinic.  
Limited transitional, housing for homeless veterans. Primary care and  
behavioral services.

Employment Security Commission, Raleigh.....212-3849 ext250  
3351 Carl Sandburg Crt., Raleigh 27610

Homeless and formerly incarcerated veterans programs offering employment assistance, veteran’s benefits information, shelter, food, educational assistance, legal assistance, drug and alcohol treatment referrals, and mental health treatment referrals.

**NC Division of Veteran's Affairs ..... 733-3851**  
1325 N. Salisbury Str., Raleigh  
[www.doa.state.nc.us/vets](http://www.doa.state.nc.us/vets)

State level office that assists veterans and their dependents with applying for and obtaining veterans benefits. Open Monday thru Friday from 8:00am-5:00pm.

**The Raleigh Vet Center..... 856-4616**  
1649 Old Louisburg Road, Raleigh, NC 27604

Free counseling and referral services for veterans suffering from combat trauma and sexual trauma provided by a qualified team of counselors. Hours of operation-8:00am-4:30pm. Services available after hours and on weekends with appointment. Call for more information.

**Wake County Human ServicesVeterans Services ..... .856-6533**  
567 E. Hargett Street, Raleigh 27602 (A.A.Thompson Center)

Assists veterans with obtaining military paperwork, employment assistance, medical care, help with transportation and other services for veterans.

**Veterans Services.....,.....857-9428**  
1420 S. Wilmington St., Raleigh 27603 (Men’s Shelter)

Assists homeless veterans with obtaining military paperwork, housing, employment assistance, medical care, help with transportation and other services.

**Veterans Services.....508-0777**  
220 Snow Ave., Raleigh (Cornerstone Bldg.)

Assists homeless veterans with obtaining military paperwork, housing, employment assistance, medical care, help with transportation and other services. Thursdays from 1:00pm-4:30pm.

**National Record Center.....(314)801-0800**  
9700 p0age Ave., St. Louis, MO 63132-5100

[www.archives.gov](http://www.archives.gov)

Military personnel records, health, and medical records of discharged and deceased veterans of service during the 20<sup>th</sup> century. Records prior to WWI see National Archives Building in Washington DC.

**US Department of Labor.....(866)487-2365**

3rd Str. NW, Washington DC  
[www.dol.gov.vets](http://www.dol.gov.vets)

[www.NationalResourceDirectory.gov](http://www.NationalResourceDirectory.gov)  
Online partnership for wounded, ill, and injured service members, veteran, families, and those who support them.

National Call Center for Homeless Veterans.....(877) 424-3838  
[www.va.gov](http://www.va.gov)  
Providing transition services to discharged and wounded veterans. One on one employment assistance.

**YOUTH SERVICES**

Boys and Girls Clubs of Wake County.....834-6282  
701 N. Raleigh Blvd., Raleigh 27601  
[www.wakebgc.org](http://www.wakebgc.org)  
Offers arts, sports, health, life skills, educational and career development, and character and leadership development in a fun atmosphere. Open after school from 2:30pm- 8:00pm daily. Programs are administered and supervised by trained and caring staff.

Youth & 4H.....250-1100  
4004 E Carya Dr., Raleigh 27610 (NC Extension Bldg.)  
[www.wakegov.com](http://www.wakegov.com)  
4-H club , summer camps, teen programs, leadership experiences, afterschool programs.

Fuquay Varina Youth Initiative Inc.....557-5630  
607 East Academy Street, Fuquay Varina  
After school tutoring and enrichment program for middle school age children. Registration and orientation in August. \$20 fee covers the year. Provides hours that cover the school year, teacher workdays and summer vacation.

City of Raleigh Parks and Recreation.....831-6640  
2401 Wade Ave., Raleigh 27607  
[www.raleigh-nc.gov](http://www.raleigh-nc.gov)  
Various youth oriented programs, camps, recreation, tutoring, arts programs, and character education. Facilities located Raleigh and surrounding areas.

City of Raleigh Youth Services.....966-6100  
310 W. Martin Str. #201, Raleigh 27601

Vocational, educational, and social skills training. Offers summer employment opportunities also age 14-21.

Work Force Investment.....733-4151

301 N. Wilmington Str., Raleigh 27601

[www.capitalareaswdb.com](http://www.capitalareaswdb.com)

Young people ages 14-21, out of school youth or at risk of dropping out. Tutoring, employment opportunities (paid and unpaid), mentoring, occupational skill training, leadership development, alternative secondary school.

NC Theatre 4 Change.....855-9960

1 East South Str., Raleigh 27601

[www.nctheatre.com](http://www.nctheatre.com)

Using theatre games, exercises, role playing tactics, and processing to facilitate constructive conflict resolution strategies. Children in 4<sup>th</sup>-9<sup>th</sup> grades. Programs at various community centers.

Job Corps.....(252) 438-6161

1096 US Hwy 1 South, Kittrell 27544

[www.jobcorps.gov](http://www.jobcorps.gov)

Education and job training program. Must be at least 16. No cost to participants and family.

Tarheel Challenge Academy.....(910) 525-550

600 N. Main Str., Salemburg 28385

(800) 573-9966

[www.ngycp.org](http://www.ngycp.org)

Mission to improve the life coping skills and employment potential for high school drop outs and expellees. No cost to families. Quasi-military program. No military obligation upon completion of program. Anyone can recommend a candidate.

Hip Hop Haven.....833-3700

135 S. Wilmington Str., P.O. Box 97153, Raleigh 27624

[www.hiphophaven.org](http://www.hiphophaven.org)

Nonprofit serving the triangle area. Hip Hop used to identify/address issues of poverty, racism, gangs, crime, violence, drugs, teen pregnancy, HIV/AIDS, education, etc. Safe haven/ recreational outlet through art, music, culture, and sport.

Kids Peace.....872-6447

3109 Poplarwood Crt. Cedar West Bldg #310, Raleigh 27604

[www.kidspeace.org](http://www.kidspeace.org)

Foster care, community support, outpatient counseling, juvenile justice programs

Riley Hill Family Life Center.....365-7899

5901 Riley Hill Rd., Wendell 27591

[www.rhflc.org](http://www.rhflc.org)

Youth programs that focus on academics, leadership development, character building

Jordan Counseling (The Promised Kingdom).....803-5218

610 W. South Str., Raleigh 27603

Non profit serving the Southeast Raleigh area. Programs focusing on youth and family development. Some transportation to programs available.

Haven House.....833-3312

706 Hillsborough Str., Raleigh 27603

[www.havenhousenc.org](http://www.havenhousenc.org)

Arts programs, teen shelter, structured day program for suspended youth, community service, life skills training, counseling, Second Round Boxing program for ages 11-18.

YMCA.....719-9633

801 Corporate Center Pkwy #200 (Admin. Office, Raleigh

[www.ymcatriangle.org](http://www.ymcatriangle.org)

Several locations in Wake County. Summer day camps, after school programs, track out programs, fitness, sports, and fitness.

Youth Empowerment Solutions.....878-8777

4418 Louisburg Rd., Ste.13, Raleigh 27616

[www.youthempowermentsolutions.org](http://www.youthempowermentsolutions.org)

Y.E.S! Academy (Youth Empowerment School) is designed to empower, educate youth for personal growth, leadership development, creativity, financial literacy, volunteerism, and civic education.

Big Brother Big Sister.....828-1140

1600 Hillsborough Str., Raleigh 27605

[www.bbbs.org](http://www.bbbs.org)

Volunteer organization for mentoring youth

100 Black Men.....662-4925

POBox 26365, Raleigh 27611

[www.100-blackmentriangle.org](http://www.100-blackmentriangle.org)

Providing mentoring, education, health and wellness, economic development, and leadership skills to young men.

**Backpack Tutoring.....800-8787**  
[www.backpacktutoring.com](http://www.backpacktutoring.com)

Our tutor program places volunteers in elementary schools throughout Wake County for children in grades K-5 at no cost to the school or the parents. Our tutors work one-on-one with children who are below grade level in math, reading, and writing and at risk of retention.

**J. Peter Two.....919-791-1109**  
3948 Browning Place, Ste. 211, Raleigh 27609

[www.jpetertwo.org](http://www.jpetertwo.org)

J Peter TWO is an at-risk youth, young adult re-entry and family service agency, with a mission to provide assistance in the development of their talents in order to have a brighter future for themselves and their families. Services provided include life skills and life choice training, mentoring programs, STD education, Obesity awareness, and bullying prevention.

