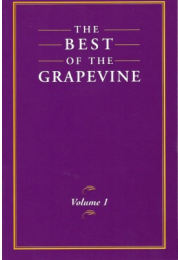


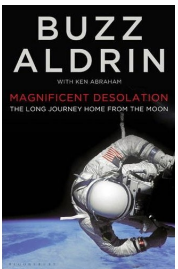
Recovering Addicts

NON-FICTION ABOUT ADDICTION RECOVERY



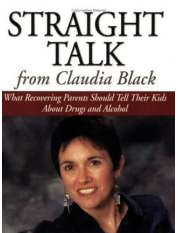
[Best of the Grapevine](#) [A.A. Grapevine]

This collection documents Alcoholics Anonymous through its periodical publication, *The AA Grapevine*, an international journal written, illustrated and edited by AA members for AA members.



[Magnificent Desolation: the long journey home from the moon](#) by Buzz Aldrin with Ken Abraham

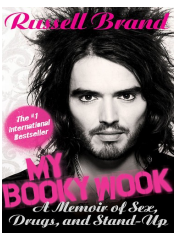
On July 19, 1968, millions witnessed Neil Armstrong and Aldrin become the first two people on the moon; an instant American hero, Aldrin was "greeted with ticker-tape parades." With a PhD from MIT, Aldrin had not only spent eight years training for the mission, but also helped developed technology needed for the mission; upon returning home from his world tour as an "unofficial space ambassador," however, he found the doors at NASA "pretty much closed." That would catapult Aldrin into a decades-long struggle with alcoholism and clinical depression (both his grandfather and mother committed suicide) that broke up two marriages before psychiatric treatment and rehab put him on the road to recovery.



[Straight Talk from Claudia Black: what recovering parents should tell their kids about drugs and alcohol](#) by Claudia Black

Claudia Black, Ph.D.
Author of the New York Times Bestseller *Joyce's War*

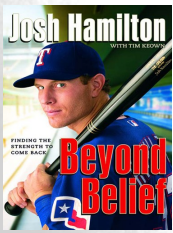
For 20 years, parents who are recovering from addictions have been asking Claudia Black to write this book. Whether they sobered up last year or 15 years ago, there comes a time when they have questions on what to tell their kids about their past addiction. Dr. Black introduces five very different families and reveals how the parents in each family talked to their kids about recovery, relapse and the child's own vulnerability to drug and alcohol addiction.



[My Booky Wook: a memoir of sex, drugs, and stand-up](#) by Russel Brand

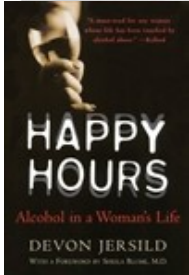
Russell Brand learned early on to make a joke of fear and failure. From a troubled childhood in industrial Essex, England, to his descent into addictions to alcohol, drugs, and sex in the seamy underbelly of London, Brand has seen his share of both and miraculously lived to tell the tale. In *My Booky Wook* he leads readers on a rollicking journey through his disastrous school career, his infamous antics on MTV, and his multifarious sexual adventures. But this irreverent memoir is a story not simply of struggle but also of redemption, a testament to the difficulty of discovering what you want from life and the remarkable power of a bloody-minded determination to get it.





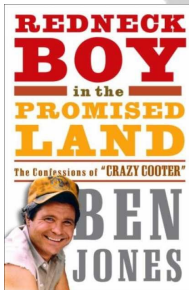
[Beyond Belief](#) by Josh Hamilton

Josh Hamilton was the first player chosen in the first round of the 1999 baseball draft. But in 2001, working his way from the minors to the majors, all of the plans for Josh went off the rails in a moment of weakness. What followed was a 4-year nightmare of drugs and alcohol, estrangement from friends and family, and his eventual suspension from baseball. Josh explains how a young man destined for fame and wealth could allow his life to be taken over by drugs and alcohol. But it is also the memoir of a spiritual journey that breaks through pain and heartbreak and leads to the spectacular rebirth of his major-league career.



[Happy Hours: alcohol in a woman's life](#) by Devin Jersild

This noteworthy examination of women and alcohol delivers compelling personal stories that illuminate previously neglected aspects of this devastating social problem. Jersild observes that, as for many other health-related issues, most research on and treatment for alcoholism have been based on male-only models.



[Redneck Boy in the Promised Land](#) by Ben Jones

A former congressman from Georgia, Jones earlier portrayed grease-covered garage owner Cooter Davenport on the early-1980s TV show *Dukes of Hazzard*. He studied TV-radio at the University of North Carolina, but graduated as a likker drinkin', hell raisin', dope smokin', fist-fightin', womanizin' jailbird wild man. During the 1960s he participated in civil rights sit-ins, established a theatrical career and kept on drinking. At 36, after three disastrous marriages and countless fractured relationships, he went on the road to recovery.



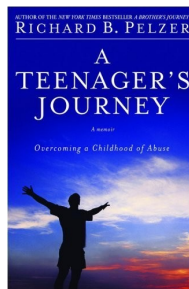
[Lit](#) by Mary Karr

Karr's longing for a solid family seems secure when her marriage to a handsome, Shakespeare-quoting blueblood poet produces a son they adore. But she can't outrun her apocalyptic past. She drinks herself into the same numbness that nearly devoured her charismatic but troubled mother, reaching the brink of suicide. A hair-raising stint in "The Mental Marriott," with an oddball tribe of gurus and saviors, awakens her to the possibility of joy and leads her to an unlikely faith. *Lit* is about getting drunk and getting sober; becoming a mother by letting go of a mother; learning to write by learning to live.



[Drinking: A Love Story](#) by Caroline Knapp

The roots of alcoholism in the life of a brilliant daughter of an upper-class family are explored in this stylistic, literary memoir of drinking by a Massachusetts journalist. Caroline Knapp describes how the distorted world of her well-to-do parents pushed her toward anorexia and then alcoholism. Fittingly, it was literature that saved her: She found inspiration in Pete Hamill's [A Drinking Life](#) and sobered up.



[A Teenager's Journey: overcoming a childhood of abuse](#) by Richard B. Pelzer

Pelzer's mother's treatment of her children was first revealed by Dave Pelzer in his own hugely successful memoir, [A Child Called "It"](#). Now, Richard reveals how the abuse inflicted on him as a child continued to affect his life as a teenager. He turned to drugs and contemplated suicide, while simultaneously trying to establish an autonomous life away from his destructive family situation.