

## Child Mental Health/Substance Use IPRS Benefit Plans

Phase/Stage	Initial Assessment Packages - 30 days	Basic OPTX For most BHO, MUST include Family Therapy	Intensive In Home	Multi Systemic Therapy	Day Treatment
Initial	1 Assessment <u>AND</u> 16 units/OPTX <u>OR</u> 16 contacts/IIH <u>OR</u> 160 units/MST	Up to 48 units / 12 weeks (1 hour per week)  Up to 4 units OPTX for med. mgmt. <i>if needed</i> For SA: ASAM Level I	16 contacts per 30 days  Up to 4 units OPTX for med. mgmt. <i>if needed</i> For SA: ASAM Level II.1	160 units per 30 days  Up to 4 units OPTX for med. mgmt. <i>if needed</i> For SA: ASAM Level I or II.1	260 units per 60 days  Up to 4 units OPTX for med. mgmt. <i>if needed</i> For SA: ASAM Level II.5
Active		Up to 48 units / 12 weeks (1 hour per week)  Up to 4 units OPTX for med. mgmt. <i>if needed</i>	20 contacts per 60 days  Up to 4 units OPTX for med. mgmt. <i>if needed</i>	320 units per 60 days  Up to 4 units OPTX for med. mgmt. <i>if needed</i>	390 units per 90 days  Up to 4 units OPTX for med. mgmt. <i>if needed</i>
Transitional		Up to 24 units / 12 weeks (1 hour every other week )  Up to 4 units OPTX for med. mgmt. <i>if needed</i>	16 contacts per 60 days Reduction in intensity, followed by transition to lower level of care. Up to 4 units OPTX for med. mgmt. <i>if needed</i>	200 units per 60 days Reduction in intensity, followed by transition to lower level of care. Up to 4 units OPTX for med. mgmt. <i>if needed</i>	260 units per 60 days w/ specific transition plan  Up to 4 units OPTX for med. mgmt. <i>if needed</i>
Step-Down Plan		13 units / 12 weeks  (~ 1.25 hours per month)  Up to 4 units OPTX for med. mgmt. <i>if needed</i>	<p><b>EXCEPTION:</b> Concurrent authorization may be authorized for youth returning home from level III and IV residential services. Youth must be in the home setting at least four days per month.</p>		NOTE: For youth in Special Ed services, transition/step-down plan must be consistent with consumer's IEP and in coordination with WCPSS.
		Transition to lower level of care when expected outcomes have been accomplished and consumer is able to maintain level of functioning at lower level of care without significant risk of relapse.			

\*NOTE: Benefit packages for Community Support and Residential Treatment are still in development based on new state guidelines due to the planned changes and reduction of these services. Also in development are specialty services for certain priority populations.

## IPRS (State Funded) Developmental Disability – Adult Benefit Package

NOTE: Below is a listing of all IPRS services available to people with Developmental Disabilities. The Person-Centered Plan determines the amounts and types of services an individual could receive. The amounts listed below are the maximum for each level. Services and service levels are contingent upon availability of funding.

Level A Description	Level B Description	Level C Description	Level D Description	Level E Description
ADSN Target Population and NC-SNAP Index < 24 and Service Dependent	ADSN Target Population and NC-SNAP Index 24 – 44	ADSN Target Population and NC-SNAP Index 45 - 78	ADSN Target Population and NC-SNAP Index 80 - 92	ADSN Target Population and NC-SNAP Index 93 and above
<p><b>Targeted Case Management</b></p> <ul style="list-style-type: none"> <li>•20 units annually to develop Person-Centered Plan</li> <li>•8 units/month</li> </ul> <p><b>Personal Assistance, Personal Care, Developmental Therapy*</b></p> <ul style="list-style-type: none"> <li>•Up to 129 units/month</li> </ul> <p><b>Long Term Vocational Support</b></p> <ul style="list-style-type: none"> <li>•144 units/year</li> </ul> <p><b>Supported Employment Individual</b></p> <ul style="list-style-type: none"> <li>•Hours authorized varies, up to 3 month duration</li> </ul>	<p><b>Targeted Case Management</b></p> <ul style="list-style-type: none"> <li>•20 units annually to develop Person-Centered Plan</li> <li>•8 units/month</li> </ul> <p><b>Personal Assistance, Personal Care, Developmental Therapy*</b></p> <ul style="list-style-type: none"> <li>•Up to 155 units/month alone or in combination</li> </ul> <p><b>Long Term Vocational Support</b></p> <ul style="list-style-type: none"> <li>•144 to 192 units/year</li> </ul> <p><b>Supported Employment Individual</b></p> <ul style="list-style-type: none"> <li>•Hours authorized varies, up to 3 month duration</li> </ul> <p><b>Supported Employment Group</b></p> <ul style="list-style-type: none"> <li>• 172 units/month</li> </ul>	<p><b>Targeted Case Management</b></p> <ul style="list-style-type: none"> <li>•20 units annually to develop Person-Centered Plan</li> <li>•8 units/month</li> </ul> <p><b>Personal Assistance, Personal Care, Developmental Therapy*</b></p> <ul style="list-style-type: none"> <li>•Up to 207 units/month alone or in combination</li> </ul> <p><b>Long Term Vocational Support</b></p> <ul style="list-style-type: none"> <li>•144 to 192 units/year</li> </ul> <p><b>Supported Employment Individual</b></p> <ul style="list-style-type: none"> <li>•Hours authorized varies, up to 3 month duration</li> </ul> <p><b>Supported Employment Group</b></p> <ul style="list-style-type: none"> <li>• 172 units/month</li> </ul>	<p><b>Targeted Case Management</b></p> <ul style="list-style-type: none"> <li>•20 units annually to develop Person-Centered Plan</li> <li>•8 units/month</li> </ul> <p><b>Personal Assistance, Personal Care, Developmental Therapy*</b></p> <ul style="list-style-type: none"> <li>•Up to 258 units/month alone or in combination</li> </ul> <p><b>Long Term Vocational Support</b></p> <ul style="list-style-type: none"> <li>•144 to 192 units/year</li> </ul> <p><b>Supported Employment Individual</b></p> <ul style="list-style-type: none"> <li>•Hours authorized varies, up to 3 month duration</li> </ul> <p><b>Supported Employment Group</b></p> <ul style="list-style-type: none"> <li>• 172 units/month</li> </ul>	<p><b>Targeted Case Management</b></p> <ul style="list-style-type: none"> <li>•20 units annually to develop Person-Centered Plan</li> <li>•8 units/month</li> </ul> <p><b>Personal Assistance, Personal Care, Developmental Therapy*</b></p> <ul style="list-style-type: none"> <li>•Up to 258 units/month alone or in combination</li> </ul> <p><b>Supported Employment Group</b></p> <ul style="list-style-type: none"> <li>• 172 units/month</li> </ul> <p><b>ADVP</b></p> <ul style="list-style-type: none"> <li>602 units/month</li> </ul> <p><b>Residential Daily</b></p> <ul style="list-style-type: none"> <li>Family Living Low</li> <li>Supervised Living Low</li> <li>Group Living Low</li> <li>Group Living Mod A &amp; B</li> </ul>

**IPRS (State Funded) Developmental Disability – Adult Benefit Package**

	<p><b><u>ADVP</u></b> • 602 units/month</p> <p><b><u>Residential Daily</u></b> Family Living Low Supervised Living Low Group Living Low Group Living Mod A &amp; B</p>	<p><b><u>ADVP</u></b> • 602 units/month</p> <p><b><u>Residential Daily</u></b> Family Living Low Supervised Living Low Group Living Low Group Living Mod A &amp; B</p>	<p><b><u>ADVP</u></b> • 602 units/month</p> <p><b><u>Residential Daily</u></b> Family Living Low Supervised Living Low Group Living Low Group Living Mod A &amp; B</p>	
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\*Developmental Therapy is a short term service (3-6 months) and will be approved based on the criteria developed by the LME, CFAC & provider representatives

NOTE: In-Home Respite is available up to 12 hours/month. No authorization required. Direct access through Tammy Lynn Center after eligibility established through Wake County Local Management Entity (LME).

**IPRS (State Funded) Developmental Disabilities – Child Benefit Package**

NOTE: Below is a listing of all IPRS services available to children with Developmental Disabilities. The Person-Centered Plan determines the amounts and types of services an individual could receive. The amounts listed below are the maximum for each level. Services and service levels are contingent upon availability of funding.

<p align="center">Level A Description CDSN Target Population And NC SNAP Index 24 – 50</p>	<p align="center">Level B Description CDSN Target Population And NC-SNAP Index 50 – 77</p>	<p align="center">Level C Description CDSN Target Population And NC Snap Index 77 and above</p>	<p align="center">Level D** Description CDSN Target Population, Level A, B or C and a new Behavior Plan is being implemented or there are Challenging/Disruptive Behaviors that could result in out of home placement</p>
<p><b>Targeted Case Management</b> -20 units annually to develop the Person-Centered Plan -8 units/mo</p> <p><b>Developmental Therapy, Personal Assistance, Personal Care (alone or in combination)</b> -138 units/month</p> <p><b>Developmental Day</b> -172 units/month after school -516 units/month summer</p>	<p><b>Targeted Case Management</b> -20 units annually to develop the Person-Centered Plan -8 units/mo</p> <p><b>Developmental Therapy, Personal Assistance, Personal Care (alone or in combination)</b> -172 units/month</p> <p><b>Developmental Day</b> -172 units/month after school -516 units/month summer</p>	<p><b>Targeted Case Management</b> -20 units annually to develop the Person-Centered Plan -8 units/mo</p> <p><b>Developmental Therapy, Personal Assistance, Personal Care (alone or in combination)</b> -207 units/month</p> <p><b>Developmental Day</b> -172 units/month after school -516 units/month summer</p>	<p><b>Targeted Case Management</b> -20 units annually to develop the Person-Centered Plan -8 units/mo</p> <p><b>Developmental Therapy, Personal Assistance, Personal Care (alone or in combination)</b> -258 units/month (limited to 6 months)</p> <p><b>Developmental Day</b> -172 units/month after school -516 units/month summer</p>

NOTE: In-Home Respite is available up to 12 hours/month. No authorization required. Direct access through Tammy Lynn Center after eligibility established through Wake County Local Management Entity (LME).

\*\*Level D is meant to be a short term authorization, no more than 6 months total, it is felt that if a Behavior Plan cannot be implemented in this amount of time than DT is not the appropriate service or the Plan is in need of revision or there are family circumstances that interfere with implementation of the Plan. If this is the case other services need to be researched.

## Adult Substance Abuse Specialty Services Benefit Plan

Phase/Stage	Adult Drug Treatment Court Program	Opioid Treatment/Methadone Maintenance Program	DBT	Supervised Independent Living	CASAWorks/Perinatal and Maternal Residential Treatment
I	SAIOP – 30 events/10 weeks (3 hours per day, 3 days per week)  Up to 4 units OPTX for med mgmt, <i>if needed</i>	Need to discuss	160 units / 90 days (1.5 - 2 hours of group tx per week) (1 hour per week individual therapy) (4 med evals)	90 units/90 days  Supervised Living Moderate	Up to 365 units/365 days  Group Living moderate
II	Group Therapy – 120 units/10 weeks (2 – 1.5 hour groups per week)		160 units / 90 days (1.5 - 2 hours of group tx per week) (1 hour per week individual therapy)  (4 med evals)	?????? Additional 90 days?? Additional 180 days??	
III	Group Therapy – 60 units/10 weeks (1 – 1.5 hour group per week)		Transition to Basic OPTX, Active or Maintenance phase		
IV	Group Therapy – 18 units/10 weeks (1 – 1.5 hour group per month)				
V	Program monitoring by Adult Drug Treatment Court staff – 12 weeks				

## AMH Services Benefit Package

**9-15-09**

Phase/Stage	Basic OPTX	DBT	CST	ACT	PSR
Initial	56 units / 90 days  (1 hour per week OPT) (4 Med. Evals.)	160 units / 90 days  (1.5 - 2 hours of group tx. per week) (1 hour per week individual therapy) (4 Med. Evals.) *Limited eligibility for this service based on diagnostic and clinical criteria	32-48 units per 30 days  (2-3 hours / week) (2 Med. Evals.)	4 events per 30 days (3 contacts per week)  <i>Eligible Consumer Groups for ACT:</i> 1. High Risk 2. SPMI/SA 3. SPMI 5. SPMI Stable	936 – 1560 units per 90 days  (18-30 hours / week)  <i>Eligible Consumer Groups for PSR:</i> 1. High Risk 2. SPMI/SA 3. SPMI 5. SPMI Stable
Active	30 units / 90 days  (every other week OPT sessions) (2 Med. Evals)	160 units / 90 days  (1.5 - 2 hours of group tx. per week) (1 hour per week individual therapy) (4 Med. Evals.)	144-216 units per 60 days  (4-12 hours / week) (2 Med. Evals.)	4 events per 90 days  (3 contacts per week)	1872 – 3120 units per 6 months  (18-30 hours / week)
Transitional	13 units / 90 days  (3 OPT sessions) (1 Med. Eval.)	Transition to Basic OPTX, Active or Transitional phase	Reduction in intensity of CST, followed by transition to lower level of care.		
Maintenance / Step-Down Plan	10 units / 180 days  (Quarterly OPT session) (Quarterly Med. Eval.)		Transition to lower level of care when expected outcomes have been accomplished and consumer is able to maintain level of functioning at lower level of care without significant risk of relapse.		Reduction in frequency of PSR participation should be pursued gradually as consumer makes progress on recovery, community inclusion, and vocational goals and is able to be linked to natural supports