



# Community Resource Guide

*(Including Resources for People Who Speak Spanish Only)*



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*Adapted from the 2009 Latino Resource Guide; Network of Spanish-Speaking Therapist and Counselors, Network of Spanish-Speaking Community Support Professionals, and the Local Management Entity.*

***Disclaimer:** Inclusion in this guide does not imply approval or assurance of credentials or quality of service for any of the providers listed. Every attempt has been made to provide accurate and timely information in this guide. However, phone numbers, addresses and services provided are subject to change while this guide is in use. If there are questions about a provider's status with the Wake County LME, please visit the "Provider Network List" and the "Current Recommendations to Suspend Referrals" list on the LME webpage at: [www.wakegov.com/lme](http://www.wakegov.com/lme)*

The greatest achievement of the human spirit is  
to live up to one's opportunities  
and make the most of one's resources.

- Marquis de Vauvenargues

Disclaimer: Every attempt has been made to provide accurate and timely information in this guide. However, agency numbers may change, addresses may change and services offered by agencies may change while this guide is in use. In order to keep this guide up-to-date we need your assistance. Please pass on to Denise Kissel at [denise.kissel@wakegov.com](mailto:denise.kissel@wakegov.com) any updates you are aware of.

Thanks.

## INTRODUCTION

**The Community Resource Guide** is compilation of services and resources available for the general public and those who speak Spanish as their primary language in Wake County. It is a document developed by Wake County Human Services staff in collaboration with the Network of Spanish- speaking Therapists & Counselors and the Network of Spanish- speaking Community Support Professionals.

The purpose of **The Community Resource Guide** is to assist service providers in improving the connection to resources for their clients. Many of the services described in this guide are available in Spanish. **The Community Resource Guide** includes 27 categories of resources as well as six appendices (A through F.) As with any listing of resources, information changes with time. If you know of updates, inform Denise Kissel at [denise.kissel@wakegov.com](mailto:denise.kissel@wakegov.com)

**WAKE COUNTY HUMAN SERVICES  
COMMUNITY RESOURCE GUIDE  
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List of Wake County Human Services Health Clinics

## ADVOCACY

<p><b>Child Protective Services</b>.....</p> <p>Wake County Human Services, 220 Swinburne, Raleigh, 27610</p> <p>To make reports of child abuse, neglect and dependency.</p>	<p><b>Spanish Report Line 212-7963</b></p> <p><b>English Report Line 212-7990</b></p>
<p><b>City of Raleigh Community Services</b> .....</p> <p>Purpose: To actively seek out members of the Latin American community in an effort to facilitate their integration into our culture through City sponsored community initiatives and community-based initiatives. Provide comprehensive information as to the availability of human services in conjunction with the Wake County Human Services Department and other appropriate agencies. Network with other public and private entities to identify available community resources and services to enhance quality of life. Orient Latin American citizens to City ordinances and the enforcement of the same. Promote quality neighborhood improvement through citizen participation and civic leadership. Serve as a referral agency for quality of life issues both government and non- government. Encourage the respect and interfacing of all ethnic groups in our City.</p>	<p><b>96-6100 or 996-5717 (Español)</b></p> <p><a href="http://www.raleighnc.gov">www.raleighnc.gov</a></p>
<p><b>Consumer Rights</b>.....</p> <p>Wake County Human Services, 220 Swinburne, Raleigh, 27610</p> <p>Dedicated to the rights of consumers of services at Wake County Human Services (including contract agencies of WCHS)</p>	<p><b>212-7155 or 212-7167 (Español)</b></p>
<p><b>El Pueblo, Inc</b> .....</p> <p>4 N. Blount Street, Suite 200, Raleigh, 27601</p> <p>Non-profit statewide advocacy and public policy organization dedicated to strengthening the Latino Community. This mission is accomplished through leadership development, proactive and direct advocacy, education, and promotion of cross-cultural understanding in partnerships at the local, state, and national levels.</p>	<p><b>835-1525</b></p> <p><a href="http://elpueblo.org">elpueblo.org</a></p>
<p><b>Human Trafficking</b> .....</p> <p>US Dept of Health and Human Services provides rescue of victims of human trafficking, including immediate shelter, case management, health care, food, legal assistance, immigration assistance.</p>	<p><b>1-888-373-7888</b></p> <p><a href="http://www.acf.hhs.gov/trafficking">www.acf.hhs.gov/trafficking</a></p>
<p><b>Interact</b> .....</p> <p><b>24 hour Crisis Lines: Domestic Violence 828-7740 Sexual Assault: 828-3005</b></p> <p>Advocacy for victims of domestic violence and sexual assault. Community education. Court advocacy. Information and referral. Hospital response. Shelter.</p>	<p><b>828-8320</b></p> <p><a href="http://interactofwake.org">interactofwake.org</a></p>
<p><b>Immigrants Legal Assistance Project</b> .....</p> <p>NC Justice Center, 224 S. Dawson St., Raleigh, 27601</p> <p>Private, nonprofit anti-poverty organization whose mission is to reduce and eliminate poverty in North Carolina by helping to ensure that every North Carolina household gains access to the resources, services and fair treatment that it needs in order to enjoy economic security. Helps low-income immigrants with certain kinds of legal problems related to immigration law. Provides direct legal representation to immigrants and migrant workers in selected cases related to employment law.</p>	<p><b>856-2570</b></p> <p><a href="http://ncjustice.org">ncjustice.org</a></p>

**Immigration (INS) ..... 800-375-5283**

**Legal Aid of NC ..... 856-4647(Español)**  
224 S. Dawson St, Raleigh, 27601 **state office 856-2564**  
[legalaidnc.org](http://legalaidnc.org)

Provides free legal services in civil matters to low-income people in order to ensure equal access to justice and to remove legal barriers to economic opportunity. Helps children, families, individuals, and migrant workers solve problems that affect their basic needs, such as housing, safety from domestic violence or abuse, health care, subsistence income, environmental safety, and consumer loan problems.

**Mental Health Association of NC.....981-0740**  
Nora Hernandez **Information and Referral Line 1-800-897-7494**  
1331 Sunday Drive, Raleigh, 27607 [mha-nc.org](http://mha-nc.org)

Mission is to promote mental health, prevent mental disorders, and eliminate discrimination against people with mental disorders

**Mexican Consulate (Consulado Mexicano).....754-0046**  
336 E. Six Forks Rd, Raleigh, 27609 <http://portal.sre.gob.mx/raleigh>

Functions: obtaining documents, protection and legal matters, community affairs and promotion.

For obtaining a Matricula Consular, an official I.D. card, which is issued by the Mexican Government through its Consular Offices. The document ONLY proves that the bearer is of Mexican nationality and is living outside of Mexico. The Matricula operates as a Mexican citizen's primary identification and proof of residency in Mexico. It includes a photo.

**Requirements to obtain the Matricula Consular:**

Applicant must appear in person; Applicant must present an original birth certificate to prove Mexican nationality, an official government-issued photo I.D. to prove identity, and proof of address (utility bill, lease, etc) under the same name.

**Secondary requirements:**

Telephone number, next of kin information; If a married woman wishes to use her married name, she must present an original marriage certificate. In case of a lost or stolen ID the applicant must also provide a police report in order to obtain a new Matricula Consular. Call for an appt.

Will assist with return of remains of deceased Mexicans to Mexico.

**National Center For Missing & Exploited Children .....1-800-THE-LOST (1-800-843-5678)**  
[www.missingkids.com](http://www.missingkids.com)

Parents and guardians can speak to experts about internet safety from noon to 8 p.m. eastern time, in English or Spanish.

<p><b>National Council of La Raza</b> .....202-785-1670  <a href="http://nclr.org">nclr.org</a></p> <p>The largest national Hispanic civil rights and advocacy organization in the United States – works to improve opportunities for Hispanic Americans, focusing on five key areas – assets/investments, civil rights/immigration, education, employment and economic status, and health</p>
<p><b>NC Division of Child Development</b> ..... 662-4499  319 Chapanoke Road, Suite 120, Raleigh, 27603  <a href="http://ncchildcare.net">ncchildcare.net</a></p> <p>Handles reports of neglect and abuse in daycares; website allows one to lookup a daycare in Spanish</p>
<p><b>NC Hispanic Chamber of Commerce</b> .....782-8764  5800 Faringdon Pl., Raleigh, NC 27609  <a href="http://www.nchcc.org">www.nchcc.org</a></p> <p>Advocate, promote and facilitate the success of Hispanic businesses in collaboration with the business community at large.</p>
<p><b>NC Society of Hispanic Professionals</b> .....467-8424  <a href="http://thencshp.org">thencshp.org</a></p> <p>To enhance the integration and cooperation among the Hispanic professionals of North Carolina and concerned individuals (Hispanic, non-Hispanic, professionals, and non-professionals) and organizations to promote the education of Hispanic students at all levels.</p>
<p><b>Prevent Child Abuse North Carolina</b> ..... 829-8009  3725 National Drive, Suite 101  Raleigh, NC 27612  <a href="http://preventchildabusenc.org">preventchildabusenc.org</a></p>
<p><b>Raleigh Police Department Family Violence Unit</b> .....911 or 996-3335</p> <p>Crisis counseling for victims of domestic violence. Assistance in taking out a restraining order.</p>
<p><b>Victims Compensation Services</b>..... 733-7974  NC Dept of Crime Control and Public Safety  <a href="http://nccrimecontrol.org">nccrimecontrol.org</a></p> <p>Compensation for medical bills, funeral bills and for lost wages; Needs to be 100 % innocent and not involved in criminal activity at time of incident. Is a payer of last resort.</p>

## BANKING/ CREDIT COUNSELING

<p><b>Banco de la Gente (People’s Bank )</b>..... <b>747-8000</b>          4011 Capital Blvd , Suite 121          Raleigh, NC 27604</p>
<p><b>BB&amp; T</b> <span style="float: right;"><a href="http://www.bbt.com">www.bbt.com</a> or <a href="http://www.bbtvecino.com">www.bbtvecino.com</a></span></p> <p>Raleigh - North Ridge ..... <b>716-9635</b>          6659 Falls of Neuse Rd</p> <p>Raleigh – Capital Boulevard ..... <b>716-9535</b>          4424 Capital Blvd</p> <p>Fuquay Varina ..... <b>567-4750</b>          1405 Main St</p> <p>Fuquay Varina          Garner ..... <b>779-6705</b>          301 Vandora Springs Rd          Garner</p>
<p><b>Consumer Credit Counseling</b> ..... <b>821-0790 (Español)</b>          Triangle Family Services <span style="float: right;"><a href="http://tfsnc.org">tfsnc.org</a></span>  <b>3937 Western Boulevard Raleigh NC 27606</b>          Budget counseling; help for those who are overwhelmed with debt.</p>
<p><b>Latino Community Credit Union</b> (Cooperativa Comunitaria Latina de Credito)..... <b>855-9696</b>          1420 Hardimont Street, Raleigh, 27609 <span style="float: right;"><a href="http://cooperativelatina.org">cooperativelatina.org</a></span>          Banking services for members. Costs \$10.00 to open an account and a \$20.00 once in a lifetime family membership fee for other services. Membership includes access to help with financial problems, financial education and credit counseling. Car loans. Personal loans. Need current ID with photo, tax ID and/or social security card.</p>
<p><b>Nuestro Banco</b> ..... <b>582-2720</b>          1408 Garner Station Blvd, Raleigh, 27603 <span style="float: right;"><b>1-800-381-9061</b></span>          Monday – Friday 10 am to 7 pm, Saturday 9 am – 3 pm; financial education programs available.</p>

## CHILDCARE

<p><b>Child Care Services Association</b> ..... <b>779-2220</b>            319 Chapanoke Road, Suite 114, Raleigh, 27603 <a href="http://childcareservices.org">childcareservices.org</a>            For information about available quality child care slots. Conducts workshops in Spanish &amp; English on choosing and using daycares.</p>
<p><b>Christian Community In Action</b>  <b>Western Wake Crisis Ministries</b>..... <b>362-0657</b>  <a href="http://wwcm.org">wwcm.org</a>            Provides scholarships for children in western Wake County who need daycare, childcare, or after-school care.</p>
<p><b>Headstart</b>            Cary ..... <b>657-0577</b>            Raleigh ..... <b>856-5232</b>            Knightdale ..... <b>266-1240</b></p>
<p><b>More at Four (Mas a los Cuatro)</b>..... <b>851-9550 ext 1408</b>  <b>Smart Start</b> <a href="http://wakesmartstart.org">wakesmartstart.org</a>            4901 Waters Edge Drive, Suite 101, Raleigh NC 27606            Preschool for 4 year old children whose first language is not English; free but is income-based.            Application in English and Spanish at website; application allows one to apply for Title 1, Headstart, Mor @ Four and Child Care Subsidy all at once.</p>
<p><b>NC Division of Child Development</b> ..... <b>662-4499</b>            319 Chapanoke Road, Suite 120 , Raleigh, 27603 <a href="http://ncchildcare.net">ncchildcare.net</a>            Handles reports of neglect and abuse in daycares; website allows one to lookup a daycare in Spanish</p>
<p><b>Telamon Corporation Head Start</b> .....<b>851-7611</b>            3937 Western Blvd, Raleigh, 27606 <a href="http://telamon.org">telamon.org</a>            Preschool for 3 &amp; 4 year olds. August – May, Monday thru Friday 8:30 – 3 pm @ Crosby HeadStart, Knightdale Headstart, and Parkway Head Start.</p>
<p><b>Wake County Human Services Child Care Subsidy Program</b> ..... <b>773-7600</b>            319 Chapanoke Rd, Raleigh 27610            Provides funding for daycare/child care. Provides education re: daycares.</p>

## CLOTHING (free)

(Note: for low cost clothing see listing entitled Thrift Stores)

<p><b>Brooks Avenue Church of Christ Clothing Closet</b> .....821-2400            700 Brooks Ave., Raleigh, 27607            2<sup>nd</sup> and 4<sup>th</sup> Saturday of each month, 9:00a – 12:00p. No referral required.</p>
<p><b>Catholic Parish Outreach</b> ..... 873-0245            2013 North Raleigh Boulevard, Raleigh, 27607 <a href="http://cporaleigh.org">cporaleigh.org</a>            Monday through Saturday, 10:00a – 1:00p. Referral preferred. Clothing for children (up to children’s size 4); maternity clothing for expectant mothers. Limited supply of baby items. Can pick up items once a month.</p>
<p><b>Family Place, Inc.</b> ..... 834-0169            114 E. Lenoir Street, Raleigh, 27601            Clothing closet normally open 1<sup>st</sup> and 4<sup>th</sup> Thursdays. Must call for an appointment. Documents required: photo ID, proof of income and birth certificates of any children.</p>
<p><b>First Baptist Church</b> ..... 832-4485            99 N. Salisbury Street, Raleigh, 27603            Wednesdays 10:00a – 11:30a; Thursdays 1:00p – 2:30p (No Spanish speaking) <a href="http://fbcraleigh.org">fbcraleigh.org</a>            Can obtain clothing, shoes, coats, underwear, socks, and gloves for each household member. If your client has minimal English you should accompany them the first time. Can get clothing every 3 months.</p>
<p><b>Gethsemane Seventh Day Adventist Food Pantry</b> .....833-8526            2525 Sanderford Road, Raleigh, 27610             Wednesday 11- 1 pm            Thursdays 4 – 6 pm</p>
<p><b>Helping Hand Mission</b> ..... <a href="http://helpinghandmission.org">helpinghandmission.org</a>            102 East Third Street, Wendell 27591 ..... 365-0757            623 Rock Quarry Road, Raleigh 27610.....829-8048            414-C Old Apex Road, Cary 27511 ..... 481-1411</p>
<p><b>Life Care Center</b> ..... 873-2442            1001 Navaho Drive, Ste 101, Raleigh, 27609            Appointment required. Clothes for expectant mothers, babies up to 3 years and baby items for participants in the Life Skills Program. Thursday 6:30 pm – 7:30 pm-Spanish Speaking, new born items, diapers, car seats. Also provides parenting skills, budgeting skills and pregnancy tests. Note: agency is religious in its orientation and it’s goal is to <u>support pregnancy</u>. Wake County voucher needed.</p>
<p><b>Salvation Army Clothing Closet</b>..... 834-6733            215 S. Person Street, Raleigh <a href="http://keepthebellringing.org">keepthebellringing.org</a>            Provides free clothing on Thursday s at 9:00am. The first 25 people are served. SS card/ITIN and Photo ID required. Each family member may receive up to 10 items of clothing per visit. Shelter residents and homeless individuals may attend monthly; all others may come once every three months. Free coats for kids.</p>

<p><b>Tabernacle Linen Closet</b>..... 212-7084  8304 Leesville Road, Raleigh  Linen closet is a referral from Social Services. Linens are provided for families who have been displaced or are starting out and in need of basic supplies such as; sheets, towels, washcloths, blankets &amp; clothing, bedspreads, blankets, etc. <b><u>The program is from October through April.</u></b></p>
<p><b>Tri-Area Ministries</b> .....556-7144  149 E. Holding Ave, Wake Forest 27587  Open Monday, Wednesday &amp; Friday 9:00am – 12:00pm. Serves Wake Forest, Rolesville and Youngsville residents only. Photo ID required. Application in English only.</p>
<p><b>Women’s Center of Wake County Clothing Boutique</b>..... 829-3711  128 Hargett Street, Ste. 10, Raleigh, 27601 <a href="http://wcwc.org">wcwc.org</a>  Employment clothing provided to clients with appointment. Intake form in English only.</p>
<p><b>With Love from Jesus</b> .....233-8010  421 Chapanoke Road, Raleigh, 27603 <a href="http://withlovefromjesus.org">withlovefromjesus.org</a>  Hours: 10:00 a.m. – 12 p.m. Tuesday, Wednesday, Friday and Saturday. Clothing provided as well as other home furnishings, diapers, etc., when available. \$3.00 donation requested to shop for items. No charge for each individual item.</p>

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## DENTAL

See Appendix A for list of Wake County dentists providing services in Spanish.

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## DOMESTIC VIOLENCE

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See Appendix B for list of Wake County agencies providing services in Spanish to victims and perpetrators.

## EDUCATION

<p><b>Centro Para Familias Hispanas</b> ..... <b>873-0094</b>  Catholic Charities  2013 Raleigh Blvd, Raleigh, 27604</p> <p><b>ESL Classes</b> for adults (mornings only)  <b>Computer classes</b> (with fee)  <b>GED</b> in Spanish (M – Thurs 6:30pm-9pm)  <b>Literacy</b> program in Spanish (Mondays and Fridays 6pm-9pm)  <b>Grammar &amp; Middle School</b> in Spanish  <b>After-school tutoring</b> programs (Tuesdays and Thursdays)  <b>Preschool</b>  Preparation thru activities for parents and children ages 3 &amp; 4  Stories and activities based on ready  Book loan from our library for preschoolers  Assistance in the transition to kindergarten  Developmental screenings  Case management  Health education: sessions on Mondays from 10:30 till noon</p> <p><b>Accredited Immigration Specialist</b></p>
<p><b>GCF Global Learning</b>..... <a href="http://gcflearnfree.org">gcflearnfree.org</a>  Free online computer courses in Spanish, e.g. Office programs such as Word, Power Point, Excel, Access, etc.</p>
<p><b>La Red de Familias Latinas de Carolina del Norte</b> ..... <b>515-9156</b>  NC State University/A &amp; T State University Cooperative Extension  Andrew Behnke <span style="float: right;"><a href="mailto:Andrew_behnke@ncsu.edu">Andrew_behnke@ncsu.edu</a></span>  Connecting Latino families with child and family programming in Wake County. Providing financial literacy, after-school programs, parenting, nutrition, and health and safety information.</p>
<p><b>Raleigh Parks and Recreation</b> ..... <b>831-6844</b>  2401 Wade Avenue, Raleigh, 27607  Monica Quechol-Bradley <span style="float: right;"><b>664-5258</b></span>  ESL classes, computer classes, social dancing, events</p>
<p><b>Wake Technical Community College</b>  See Appendix C for list of Wake County ESL classes.</p>
<p><b>Wake Literacy Council</b> .....<b>787-5559</b>  <span style="float: right;"><a href="http://wakeliteracy.com">wakeliteracy.com</a></span>  GED classes in addition to Appendix C list of ESL classes</p>

## EMPLOYMENT

<p><b>Department of Labor</b> ..... <b>807-2796</b>  <span style="float: right;"><b>1 –800-625-2267</b></span>            Investigation of complaints about unpaid salaries, mistreatment @ work.</p>
<p><b>E.E.O.C.</b> ..... <b>856-4152</b>            1309 Annapolis Drive, Raleigh, 27608             Investigate workplace discrimination. Legal status is not an issue.</p>
<p><b>Employment Security Commission</b> .....<b>1-866-278-3822</b>            700 Wade Ave, Raleigh, 27605 <span style="float: right;"><a href="http://ncesc.com">ncesc.com</a></span>            Assistance with finding a job or entering a training program; must be documented</p>
<p><b>Joblink</b> .....<b>250-3770</b>            Wake County Human Services, 220 Swinburne, Raleigh, 27610            Self-help center using computers to do job search. For orientation in Spanish: Monday &amp; Friday            12:30 – 4:15.</p>
<p><b>Telamon Corporation</b> .....<b>851-7611</b>  <b>National Farmworker Jobs Program</b> <span style="float: right;"><a href="http://telamon.org">telamon.org</a></span>            3937 Western Blvd, Raleigh, 27606            Employment, training, and related services to migrant and seasonal farmworkers.  <b>Youth Opportunities</b> (for children of farmworkers or farmworkers who are under age 18. Project S.A.V.E. is a federal child labor demonstration effort. Its goals are to decrease the incidence of young children working in agriculture and to increase educational opportunities for school-age children of migrant farm workers. Work Experience, Classroom Training, and On-the-Job-Training (diploma or GED not required) for youth            Anthony Harris, Youth Specialist ext 261; Lamont Middleton, Youth Specialist ext 260</p>
<p><b>Work First</b> ..... <b>212-7000</b>            Wake County Human Services, 220 Swinburne, Raleigh, 27610            Provides families with temporary assistance while helping them with supportive services such as day care, transportation, cash assistance, training opportunities and Medicaid during their time of need.</p>

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## EYE DOCTORS

See Appendix A for list of Wake County opticians serving people in Spanish.

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## FAITH COMMUNITY RESOURCES

<p><b>Apex Hispanic Mission</b> ..... 362-6176          110 S Salem St .          Apex 27502-1823          Fax: 919-362-6761          Pastor: Rev. Alex Cosio          www.apexbaptist.org</p>	362-6176
<p><b>Apex United Methodist Church</b> ..... 362-7807          1005 Hughes St.          Apex, NC 27502          Fax: 919-362-8851          Rev. Jose Villaseñor          www.apexumc.org  <b>jose Luis.villasenor@apexumc.org</b></p>	362-7807
<p><b>Casa de Oración en Raleigh</b> .....559-5714          7000 Destiny Drive          Raleigh, NC 27604</p>	559-5714
<p><b>Catedral Sagrado Corazón</b> ..... 832-6030          (Sacred Heart Cathedral)          200 Hillsborough St.          (Correos: 219 W. Edenton St.)          Raleigh, NC 27603</p>	832-6030
<p><b>Catholic Charities</b> ..... 873-0094          226 Hillsborough St          Raleigh, NC 27603</p>	873-0094
<p><b>Comunidad Cristiana de Hosanna</b> ..... 834-4122          204 Sheldon Drive, Raleigh, NC 27610          Revs. Rafael Carattini Jr. y Maria Carattini          http://comunidadch.org</p>	834-4122
<p><b>El Luz del Pueblo</b> ..... 467-4685          White Plains United Methodist Church          500 S.E. Maynard Rd, Cary</p>	467-4685 413-0027
<p><b>Iglesia Adventista Hispana de Raleigh</b> ..... 326-9683          6317 Sunset Lake Rd          Fuquay Varina NC 27526-8609</p>	326-9683
<p><b>Iglesia Arcángel San Rafael</b> ..... 865-5700          5801 Falls of the Neuse Rd.          Raleigh, NC 27609</p>	865-5700

<b>Iglesia Bautista Nueva Esperanza</b> ..... 788-0060 3500 Edwards Mill Rd. Raleigh, NC 27612 <a href="http://www.iglesianuevaesperanzanc.org">www.iglesianuevaesperanzanc.org</a>
<b>Iglesia Bautista Nueva Vida</b> ..... 552-4644 301 N Woodrow St Fuquay Varina 27526-2048 <a href="http://www.fvbaptist.org">www.fvbaptist.org</a>
<b>Iglesia Bautista Open Door</b> ..... 847-6969 9801 Durant Rd Raleigh 27614 <a href="mailto:ministeriohispano@opendoorlife.com">ministeriohispano@opendoorlife.com</a>
<b>Iglesia Bautista Renovacion Cristiana</b> ..... 521-8576 2308 New Hope Rd Raleigh, NC 27604 <a href="mailto:traslasenda@gmail.com">traslasenda@gmail.com</a>
<b>Iglesia Bautista Vida Abundante</b> ..... 271-3952 7900 Ten Ten Rd. Raleigh, NC 27603
<b>Iglesia Hispana Eben-Ezer de los Hermanos En Cristo</b> ..... 337-5533 700 Old Apex Rd Cary, NC 27513
<b>Iglesia Raveh</b> ..... 619-8698 1009 Plexor Drive Knightdale, NC
<b>Iglesia San Bernadette</b> ..... 552-2922 1005 Wilbon Rd. Fuquay-Varina, NC 27526
<b>Iglesia Santa María</b> ..... 772-5524 1008 Vandora Springs Rd. Garner, NC 27529

<b>Iglesia Tabernaculo Pentecostal</b> ..... <b>834-4122</b> 204 Shelden Dr. Raleigh, NC 27610
<b>Ministerio Cristiano Bíblico</b> ..... <b>875-1422</b> 4501 Ryegate Dr Raleigh 27604-3537
<b>Primera Iglesia Pentecostal Unida</b> ..... <b>834-2230 or 539-4159</b> 2312 Lake Wheeler Rd Raleigh, NC 27603
<b>Renovación Cristiana</b> ..... <b>834-2230</b> 2308 N New Hope Rd Raleigh, NC 27604-4836

## FINANCIAL ASSISTANCE

<p><b>Crisis Support Center</b> .....</p> <p>Urban Ministries 1390 Capital Blvd, Raleigh, 27603</p> <p>Financial assistance for rent and utilities call on Mondays (only) between 8:30 – 9 for appointment. Appointments are scheduled for Monday – Friday 9:00 am – 11:30 am.</p>	<p><b>834-4707</b> <a href="http://urbanmin.org">urbanmin.org</a></p>
<p><b>North Raleigh Ministries</b>.....</p> <p>9650 Strickland Road - Suite 161, Raleigh NC 27615</p> <p>Currently, serves only Wake County residents who reside in the following zip codes: 27609, 27612, 27613, 27614, and 27615. Financial assistance interviews by appointment</p>	<p><b>844-6676</b> <a href="http://www.northraleighministries.org">www.northraleighministries.org</a></p>
<p><b>Salvation Army</b> .....</p> <p>215 S Person Street, Raleigh, 27601</p> <p>Will pay up to \$100 towards utility bill, rent or prescription; require final notice, photo ID, immigrant ID card, and proof of rent; Mon, Tues, Wed, Friday at 8:30 am; financial help provided 1/yr. No assistance with deposits or first month's rent</p>	<p><b>834-6733</b> <a href="http://keepthebellringing.org/clients/clients">keepthebellringing.org/clients/clients</a></p>
<p><b>Tri-Area Ministries</b> .....</p> <p>149 E. Holding Ave, Wake Forest 27587</p> <p>Open Monday, Wednesday &amp; Friday 9:00am – 12:00pm. Serves Wake Forest, Rolesville and Youngsville residents only. Photo ID required. Application in English only.</p>	<p><b>556-7144</b></p>
<p><b>Wake County Human Services Service Intake</b> .....</p> <p>Wake County Human Services 220 Swinburne, Raleigh, 27610</p> <p>Financial assistance for payment of light bills, rent, medications, etc.</p>	<p><b>212-7000</b></p>
<p><b>Western Wake Crisis Ministries</b>.....</p> <p>103 E Chatham St, Apex, 27502</p> <p>Mon – Thurs 10 – 1pm Apex/Holly Springs/New Hill residents only.</p>	<p><b>362-0657</b> <a href="http://wwcm.org">wwcm.org</a></p>
<p><b>Under One Roof</b> .....</p> <p>324 S. Harrington St.</p> <p>Financial assistance for HIV + individuals; also case management.</p>	<p><b>212-9500</b></p>

## FOOD

<p><b>Angel Food Ministries</b> .....1-888-819-3745 (for a list of local sites)</p> <p>Angel Food is available in a quantity that can fit into a medium-sized box at \$30 per unit. Each month's menu is different than the previous month. Generally, one unit of food assists in feeding a family of four for about one week or a single senior citizen for almost a month. Additionally, there is no limit to the number of units or bonus foods an individual can receive, and there are no applications to complete or qualifications to which participants must adhere.</p>
<p><b>Aldi</b> .....<a href="http://aldifoods.com">aldifoods.com</a></p> <p>4241 Louisburg Rd, Raleigh, 27604          4031 Wake Forest Rd, Raleigh, 27609          1375 N Main St, Fuquay-Varina, 27526</p> <p>Inexpensive food; Accept EBT, cash and debit cards; no credit cards; bring your own bag; grocery cart is \$.25 to rent which they return.</p>
<p><b>Brooks Ave Church of Christ</b> ..... <b>821-2400</b></p> <p>700 Brooks Ave          2<sup>nd</sup> and 4<sup>th</sup> Saturdays 9 - 12</p>
<p><b>Capital City Food Pantry</b> ..... <b>851-5958</b></p> <p>Capital Christian Church, 4112 Garland Drive, Raleigh 27606 <b>834-0169</b></p> <p>Tuesday 4:30 – 6:30 pm, Friday 10 am – 1 pm; no ID required; can get food 1/mth</p>
<p><b>Catholic Parish Outreach</b> ..... <b>873-0245</b></p> <p>2013 Raleigh Blvd, Raleigh, NC, 27604 <a href="http://cporaleigh.org">cporaleigh.org</a></p> <p>Monday through Saturday, 10:00a – 1:00p. Referral preferred. One week of food provided once a month. Includes soap powder, toothpaste, toilet paper, etc.</p>
<p><b>Christian Community in Action</b> ..... <b>469-9861</b></p> <p>1231 N E Maynard Rd, Cary, 27513</p> <p>Food Pantry for residents of Cary, Morrisville, Apex, Holly Springs, Willow Springs, Friendship, and New Hill.</p>
<p><b>Food Pantry</b> ..... <b>834-4707</b></p> <p>Urban Ministries <a href="http://urbanmin.org">urbanmin.org</a></p> <p>1390 Capital Blvd, Raleigh, 27603</p> <p>Food and Rx Assistance 9 – 1 pm Mon – Fri (no appt necessary); Photo ID is required.</p>
<p><b>Food Stamps</b> ..... <b>250-4720</b></p> <p>Monday through Friday, walk-in to apply (application times are 8:30am, 10:00am, 12:30pm, and 2:30pm). The application session lasts approximately 2 hours. Documents required: birth certificates, Social Security numbers, ID of head of household, verification of rent and utilities, all pay stubs for the prior 2 months and verification of any other income such as child support, self-employment income and contributions.</p>

<b>Helping Hand Mission</b> ..... <b>829-8048</b> 623 Rock Quarry Rd, Raleigh 27610 <span style="float: right;"><b>834-2795</b>  <a href="http://helpinghandmission.org">helpinghandmission.org</a></span>
<b>Ministerio de Benevolencia</b> ..... <b>788-0060</b> Iglesia Nueva Esperanza, 3500 Edwards Mill Rd, Raleigh 27612 <span style="float: right;"><a href="http://iglesianuevaesperanzanc.org">iglesianuevaesperanzanc.org</a></span>  Needs name, address, # of children, names, birthdates. Will provide food and transportation to pick up food.
<b>North Raleigh Ministries</b> ..... <b>844-6676</b> 9650 Strickland Road - Suite 161, Raleigh NC 27615 <span style="float: right;"><a href="http://www.northraleighministries.org">www.northraleighministries.org</a></span>  Currently, serves only Wake County residents who reside in the following zip codes: 27609, 27612, 27613, 27614, and 27615. Financial assistance interviews by appointment
<b>St. Savior’s Church</b> <span style="float: right;"><b>No Phone</b></span> 616 Tucker Street, Raleigh, 27603 Referral required. Mon 1 – 3 pm, Wed. 10 – 12, Fri 10 – 12; must be there by 11:30 am
<b>Salvation Army</b> ..... <b>834-6733</b> 215 S Person Street, Raleigh, 27601 <span style="float: right;"><a href="http://keepthebellringing.org/clients/clients">keepthebellringing.org/clients/clients</a></span> Food given out on Tuesdays and Thursdays @ 1 pm; food tickets dispensed between 8:30 am – 1 pm; 1 – 3 bags of groceries every 3 months; Required: Social Security Card/ITIN, proof of Wake County residence, and photo ID; homeless may not apply.
<b>Tri-Area Ministries</b> ..... <b>556-7144</b> 149 E. Holding Ave, Wake Forest 27587 Open Monday, Wednesday & Friday 9:00am – 12:00pm. Serves Wake Forest, Rolesville and Youngsville residents only. Photo ID required.
<b>Under One Roof</b> ..... <b>212-9500</b> 324 S. Harrington St., Raleigh, NC 27601
<b>Urban Ministries</b> ..... <b>836-1642</b> 1390 Capital Blvd, Raleigh Monday thru Friday 9 – 1
<b>Western Wake Ministries</b> ..... <b>362-0657</b> 103 E Chatham St, Apex, 27502 <span style="float: right;"><a href="http://wwcm.org">wwcm.org</a></span> Mon – Thurs 10 – 1pm Apex/Holly Springs/New Hill residents only. Once a month food pantry.
<b>WIC</b> ..... <b>250-4737</b> WCHS, 10 Sunnybrook Road, Raleigh, 27610 Monday - Friday 8:30am – 5:15 pm. Food supplement program for pregnant women, breastfeeding women women who have had a baby in the last 6 months and children under five. Call to schedule an appointment to apply. Bring proof of identification,

residence and household income. Eligibility based on income and nutritional need. Vouchers are given out for milk, formula, cereal, fruit, juice and beans. Wellness Clinic for infants is also available .

**With Love From Jesus ..... 233-8010**

421 Chapanoke Road, Raleigh,27603

[withlovefromjesus.org](http://withlovefromjesus.org)

Hours: 10:00 a.m. – 12 p.m. Tuesday, Wednesday, Friday and Saturday. Clothing provided as well as home furnishings, diapers, etc, when available. \$3.00 entrance fee. Note: This agency prays with the client and gives a short religious message (in English) as a large group, prior to admittance.

## FURNITURE

<p><b>ReStore</b> .....833-6768                  Habitat for Humanity , 2400 Alwin Ct, Raleigh, 27604 <span style="float: right;"><a href="http://Habitatwake.org">Habitatwake.org</a></span>                  New and used building materials, appliances; sofas; <b>Hours:</b> Tuesday-Friday 10 a.m. to 6 p.m. and                  Saturday 9 a.m. to 5 p.m.</p>
<p><b>Helping Hand Mission</b> ..... 829-8048                  623 Rock Quarry Rd, Raleigh 27610 <span style="float: right;">834-2795</span>  <span style="float: right;"><a href="http://helpinghandmission.org">helpinghandmission.org</a></span></p>
<p><b>Furniture Experience</b> ..... 859-4979                  Haven House, 706 Hillsborough St, Suite 102, Raleigh 27603 <span style="float: right;"><a href="http://havenhouseenc.org">havenhouseenc.org</a></span>                  Pre-owned furniture and household store; <b>Hours:</b> Wednesday - Friday, 10:00 a.m. - 6:00 p.m.,                  Saturday, 9:00 a.m. - 2:00 p.m.</p>
<p><b>With Love from Jesus</b> .....233-8010                  421 Chapanoke Road, Raleigh, 27603 <span style="float: right;"><a href="http://withlovefromjesus.org">withlovefromjesus.org</a></span>  <b>Hours:</b> 10:00 a.m. – 12 p.m. Wednesdays, and Fridays. Sofas, coffee tables, beds, cribs, etc, when                  available. \$3.00 donation. No charge for each individual item. Note: This agency prays with the client                  and gives a short religious message (in English) as a large group, prior to admittance.</p>

## HOTLINES

<b>ASHA STD Hotline</b> .....	<b>1- 800-227-8922</b>
<b>Careline</b> .....	<b>1-800-662-7030</b> <a href="http://dhhs.state.nc.us/ocs/careline">dhhs.state.nc.us/ocs/careline</a>
Information and referrals regarding human services in government and non-profit agencies. For clients to call to learn of mental health providers anywhere in NC.	
<b>Child Support Hotline</b> .....	<b>1- 800-992-9457</b>
<b>Family Support Network</b> .....	<b>1-800-852-0042</b> <a href="http://fsnc.med.unc.edu/Services/CDR/espanol">fsnc.med.unc.edu/Services/CDR/espanol</a>
Information on: resources for children with special needs, disabilities, diseases, and diagnoses, local family support programs, evaluation and intervention, community services for families and children, parenting and sibling issues, working with the service system, financial resources, assistive technology.	
<b>Gang Prevention Hotline</b> .....	<b>256-0919</b>
To prevent youth gang activity and violence in Wake County through community mobilization, opportunities provision, social intervention, gang suppression, and organizational change and development.	
<b>United Way InfoLine</b> .....	<b>211</b> <b>1-800-831-1754</b> <a href="http://211.org">211.org</a>
Provides information on services available in Spanish.	
<b>Interact</b> .....	<b>828-8320</b>
24 hour Crisis Lines: Domestic Violence: <b>828-740</b> Sexual Assault: <b>828-3005</b> <a href="http://interactofwake.org">interactofwake.org</a>	
<b>National Migrant Education Hotline</b> .....	<b>1-800-234-8848</b> <a href="http://escort.org">escort.org</a>
The National Migrant Education Hotline is free and accessible to migrant farmworkers and their families anywhere in the United States and Puerto Rico. Migrant workers can call the Hotline when they move to get help enrolling their children in school or other educational services. There are pre-school, summer school and high school equivalency programs all around the country.	
<b>NC Family Health and Child Care Resource Line</b> .....	<b>1-800-367-2229</b> <a href="http://nchealthystart.org/ncfhr/owncfhrl">nchealthystart.org/ncfhr/owncfhrl</a>
For information on children and women’s health, social services, health, children’s health insurance, health and safety in child care settings, pregnancy, family planning, breastfeeding, nutrition, WIC, choosing quality childcare, etc	
<b>Mental Health Association of NC</b> .....	<b>981-0740</b>
1331 Sunday Drive, Raleigh, 27607	<b>Information and Referral Line 1-800-897-7494</b> <a href="http://mha-nc.org">mha-nc.org</a>
Nora Hernandez	
Mission: to promote mental health, prevent mental disorders, and eliminate discrimination against people with mental disorders.	

## HOUSING (including shelters)

<b>Helen Wright Center</b> ..... 833-1748 W. Cabarrus St, Raleigh, 27603 Homeless shelter for women
<b>Helping Hand Mission</b> ..... 829-8048 New Bern Transitional Housing ..... 828-9744 501 New Bern Ave, Raleigh 27601 <a href="http://helpinghandmission.org">helpinghandmission.org</a> Transitional housing for families with children
<b>Joyner Real Estate</b> .....832-1572 815 New Bern Ave, Raleigh, 27601
<b>Raleigh Rescue Mission</b> ..... <b>Men's shelter 828-9014</b> 314 E Hargett St, Raleigh, 27601 <b>Women's shelter 828-4980</b> <span style="float: right;"><a href="http://raleigh-rescue.org">raleigh-rescue.org</a></span> Homeless shelter for men, women and children
<b>Salvation Army</b> .....834-6733 215 S Person Street, Raleigh, 27601 <a href="http://keepthebellringing.org">keepthebellringing.org</a> Homeless shelter for women and children
<b>See Appendix D for list of Latino Apts and Trailer Parks in Wake County</b>
<b>South Wilmington Street Center</b> ..... 857-9428 1420 S. Wilmington Street, Raleigh, 27603 Homeless shelter for men; case management available; mental health services available

## IDENTIFICATION

<p><b>Department of Motor Vehicles</b> ..... <b>715-7000</b>            3148 Mail Service Center, Raleigh, 27699 <span style="float: right;"><a href="http://ncdot.org/dmv">ncdot.org/dmv</a></span>            To obtain NC ID; Requirements: proof of residency, proof of age and identity, <b>social security card or valid Visa</b>, additional documents if applicant is under 18</p>
<p><b>Centro Para Familias Hispanas</b> ..... <b>873-0094</b>            2539 Noblin Road, Ste. C, Raleigh, NC 27607            To obtain Tax Identification Number (ITIN); cost \$15; you have to file taxes when you apply; takes 6 – 12 weeks to come back</p>
<p><b>Costco</b> ..... <b>755-2801</b>            2838 Wake Forest Rd, Raleigh, NC 27609            To obtain a photo ID; Membership is \$50/yr; Photo ID required (e.g. Matricula Consular) and a bill/lease with current address</p>
<p><b>La Esquina Latina</b> ..... <b>790-0220</b>            2816 Trawick Rd, Raleigh, 27604            To obtain Tax Identification Number (ITIN); cost: \$95 to do taxes and \$30 for ITIN; you have to file taxes when you apply; takes 6 –12 weeks to come back</p>
<p><b>La Oficina</b> ..... <b>878-3800</b>            4020 Capital Boulevard Suite 136, Raleigh, NC 27604            To obtain Tax Identification Number (ITIN); cost: \$95 - \$200 to do taxes plus \$25 for ITIN; need birth certificate and photo ID (non-expired) plus Income Statement (W-2 or 1099); you have to file taxes when you apply; takes 6 –12 weeks to come back</p>
<p><b>Mexican Consulate (Consulado Mexicano)</b>..... <b>754-0046</b>            336 E. Six Forks Rd, Raleigh, 27609 <span style="float: right;"><a href="http://portal.sre.gob.mx/raleigh">http://portal.sre.gob.mx/raleigh</a></span>            For Mexican citizens only; apply for a Matricula Consular (photo ID from Mexico);call for appt.</p>
<p><b>Sam’s Club</b>            1801 Harrison Ave, Cary ..... <b>677-0225</b>            3001 Calvary Drive, Raleigh ..... <b>874-0112</b>            2537 S Saunders Street, Raleigh ..... <b>839-1700</b>            To obtain a photo ID; Membership is \$40/yr; Photo ID required (e.g. Matricula Consular)</p>
<p><b>Solución Latina</b> ..... <b>855-6995</b>            3601 Capital Blvd, Raleigh, 27604            To obtain Tax Identification Number (ITIN); cost \$70 for taxes plus \$35 for ITIN; you have to file taxes when you apply; takes 6 –12 weeks to come back. Need to take passport, W-2, driver’s license or NC ID, birth certificate, Matricula Consular. Call to make appt.</p>
<p><b>S. Wilmington Street Center</b> ..... <b>857-9428</b>            1420 S. Wilmington Street, Raleigh, 27603            Photo ID for homeless men living at shelter</p>

## LEGAL RESOURCES- General

<p><b>Battered Immigrant Project</b> ..... <b>1-866-204-7612</b>                  224 S. Dawson St, Raleigh 27601                  Provide legal assistance for immigration purposes to victims of crimes and battered victims. Covers NC.</p>
<p><b>Birth and Death Certificates</b> ..... <b>Wake County 856-5218</b>  <span style="float: right;"><b>State 733-3526</b></span></p>
<p><b>DHHS Division of Social Services</b> ..... <b>733-3055</b>                  Carlotta Dixon                  Provides training and technical support on Title VI for DSS</p>
<p><b>DHHS Office of the General Counsel</b> ..... <b>733-4534</b>                  Office of The Secretary                  101 Blair Drive, Adams Building, Raleigh                  Terry Hodges –Compliance Attorney                  Investigates complaints of Title VI violations within all of Department of Health and Human Services.                  Provides technical support, answers questions.</p>
<p><b>Immigrants Legal Assistance Project</b> ..... <b>856-2159</b>                  NC Justice Center, 224 S. Dawson St., Raleigh, 27601  <span style="float: right;"><a href="http://ncjustice.org">ncjustice.org</a></span>                  Private, nonprofit anti-poverty organization whose mission is to reduce and eliminate poverty in North Carolina by helping to ensure that every North Carolina household gains access to the resources, services and fair treatment that it needs in order to enjoy economic security. Helps low-income immigrants with certain kinds of legal problems related to immigration law. Provides direct legal representation to immigrants and migrant workers in selected cases related to employment law.</p>
<p><b>Legal Aid – Farmworker Unit</b> ..... <b>800-777-5869</b>                  224 S. Dawson St, Raleigh, 27601  <span style="float: right;"><b>856-2180</b>  <a href="http://legalaidnc.org/fwu">legalaidnc.org/fwu</a></span>                  Provide civil legal services to farmworkers. Legal residents, US citizens or those here on a work visa. Can answer questions regarding farm work or resources for farmworkers.</p>
<p><b>Legal Aid of NC</b> ..... <b>local office 856-4647</b>                  224 S Dawson St, Raleigh NC 27601  <span style="float: right;"><b>state office 856-2564</b>  <a href="http://legalaidnc.org">legalaidnc.org</a></span>                  Provides free legal services in civil matters to low-income people in order to ensure equal access to justice and to remove legal barriers to economic opportunity. Helps children, families, individuals, and migrant workers solve problems that affect their basic needs, such as housing, safety from domestic violence or abuse, health care, subsistence income, environmental safety, and consumer loan problems.</p>
<p><b>NC Advocates for Justice</b>..... <b>1-800-688-1413</b>                  1312 Annapolis Drive, PO Box 10918, Raleigh, 27605  <span style="float: right;"><a href="http://ncaj.com">ncaj.com</a></span>                  Directory of Spanish-speaking lawyers in NC. Click on “Find a Lawyer.”</p>

<b>NC Department of Health and Human Services</b> .....	<b>855-4414</b>
Office of Citizen Services Ombudsman –Rogelio Valencia Addresses inquiries and complaints that consumers have regarding services that DHHS oversees or administers.	
<b>NC Department of Labor</b> .....	<b>807-2796</b>
For workplace discrimination, unpaid salary issues. <b>807-2823</b>	
<b>NC Lawyer Referral Service</b> .....	<b>677-0561</b>
<b>Office of The Governor</b> .....	<b>733-5361</b>
116 W Jones Street, Raleigh, 27603 Axel Lluch, Director of Hispanic/Latino Affairs <a href="mailto:Axel.lluch@ncmail.net">Axel.lluch@ncmail.net</a> Cary de la Osa <a href="mailto:Cary.delaosa@ncmail.net">Cary.delaosa@ncmail.net</a> Liaison with non-profits, other governmental offices; outreach presentations	
<b>Office of Minority Health &amp; Health Disparities</b> .....	<b>431-1613</b>
NC Department of Health and Human Services, 1110 Navaho Drive, Suite 510, Raleigh, 27609 Marie Miranda-Robles Support community-based organizations. Provides cultural diversity training. Assist with grant information.	
<b>Office of President Pro Tempore</b> (Senator Marc Basnight) .....	<b>733-6854</b>
NC Senate Legislative Building, 16 West Jones Street, Raleigh, NC 27601-2808 Matty Lazo-Chadderton, Director of Hispanic and Latino Affairs <b>Ext 206</b> <a href="mailto:mattyl@ncleg.net">mattyl@ncleg.net</a> Constituent services, legislative issues, outreach presentations, liaison with non-profits and other governmental offices.	

## LEGAL RESOURCES- Immigration

<b>Katy Strait Chavez</b> .....	<b>858-7840</b>
4609 Western Blvd., Raleigh, 27606	
<b>Sharon Cole</b> .....	<b>830-0092</b>
5540 McNeely Drive, Suite 301, Raleigh, 27612	
<b>Immigrants Legal Assistance Project</b> .....	<b>856-2159</b>
NC Justice Center, 224 S. Dawson St., Raleigh, 27601 <a href="http://ncjustice.org">ncjustice.org</a> Helps low-income immigrants with certain kinds of legal problems related to immigration law. Provides direct legal representation to immigrants and migrant workers in selected cases related to employment law.	
<b>Ann Robertson</b> .....	<b>834-7004</b>
16 W Martin Street, Suite 1101, Raleigh, 27601 Is also the attorney for Mexican Consulate.	
<b>Jason Scully-Clemmons</b> .....	<b>570-6593</b>
14101 Capital Blvd., Suite 1000, Wake Forest, 27587	

## LEGAL RESOURCES- Specific

(serving Wake County residents)

<b>Katy Strait Chavez</b> ..... 858-7840 4609 Western Blvd., Raleigh, 27606 Traffic, DWI, Criminal, Immigration
<b>Leonor Ortiz Childers</b> ..... 667-1788 108 E. Parrish Street, Durham, 27702 Criminal Defense, Consumer Fraud, Personal Injury, Workers’
<b>Joseph Dipierro</b> ..... 821-4640 5 West Hargett Street, Suite 1004, Raleigh, 27601 Criminal, Traffic, Personal Injury, Workers’ Comp, Some Immigration
<b>Kenneth J. Duke</b> ..... 683-2175 PO Box 546, Durham, 27702 Workers’ Comp, Personal Injury, Traffic
<b>Robert Fuerst</b> ..... 719-2715 4030 Wake Forest Road, Suite 300 Raleigh, NC 27609
<b>K. Gregory Gunter</b> ..... 829-0449 Hardison & Leone 225 Hillsborough Street, Suite 400, Raleigh, 27603 Worker’s Comp, Personal Injury, Medical Malpractice, Pharmaceutical Lit, Toxic Mold
<b>Robert Hale</b> ..... 838-0058 16 W Martin St, Suite 101, Raleigh Traffic, Criminal,
<b>Evonne S. Hopkins</b> ..... 599-4988 PO Box 1825, Raleigh, 27602 Criminal Defense, Traffic
<b>Laura S. Jenkins</b> ..... 846-7766 178 Mine Lake Court, Suite 100, Raleigh, 27615 Civil, Personal, Injury, Workers’ Comp
<b>Gabriel Jiminez</b> ..... 571-7788 3737 Glenwood Ave, Suite 100, Raleigh, 27612 Auto accident injury, Worker’s Comp, traffic violations, misdemeanors <a href="mailto:gfj@jiminezlaw.com">gfj@jiminezlaw.com</a>
<b>Enrique Loncan</b> .....271-8634 2500 Regency Pkwy, Cary, 27518 All misdemeanors, minor felonies, DWI <a href="mailto:eloncan@enriqueloncan.com">eloncan@enriqueloncan.com</a>

<b>Joseph Luzzi</b> .....	<b>833-4642</b>
5 W. Hargett Street, Suite 407, Raleigh, 27601 Felonies, misdemeanors, all traffic, personal injuries regarding car accidents	
<b>Gabriela Matthews</b> .....	<b>956-7888</b>
100 E Parrish St, Durham, 27701 Domestic Law	
<b>Terence McEnally</b> .....	<b>836-1580</b>
15 E. Martin St, Raleigh, 27601 Personal Injury, Traffic, Criminal, Worker's Comp	
<b>Elizabeth McLaughlin</b> .....	<b>828-1456</b>
P O Box 28186, Raleigh, 27601 Civil Rights, Employment, Worker's Comp	
<b>RS (Steve) Monks</b> .....	<b>401-1112</b>
P O Box 51666, Durham, 27717 Family, Criminal, Juvenile, Traffic, DSS	
<b>Meredith Nicholson</b> .....	<b>956-5555</b>
123 W Main St, Durham, 27701 Criminal, Traffic, DWI, Personal Injury	
<b>Robert Nunley</b> .....	<b>835-1977</b>
5 W. Hargett St, Suite 1012, Raleigh 27601 Criminal	
<b>A. Patrick Roberts</b> .....	<b>838-6643</b>
434 Fayetteville St, Suite 2300 Criminal	
<b>Lorena Sanchez</b> .....	<b>1 – 800-738-0449</b>
Hardison & Leone 225 Hillsborough St, Suite 400, Raleigh, 27603 Worker's Comp, Personal Injury, Medical Malpractice, Pharmaceutical Lit, Toxic Mold	
<b>Deborah Sandlin</b> .....	<b>850-9199</b>
5111 Falls of the Neuse Rd, Suite A – 20, Raleigh, 27609 Domestic	
<b>Jason Scully-Clemmons</b> .....	<b>570-6593</b>
14101 Capital Blvd., Suite 1000, Wake Forest, 27587 Criminal, Traffic, Immigration, Civil Litigation	
<b>Generosa Tabor</b> .....	<b>342-3008</b>
1220 S. E. Maynard Rd, Cary, 27511 Criminal, Family, Personal Injury, Traffic	

<b>Alice Tejada</b> .....	<b>851-3311</b>
5104 D Western Blvd, Raleigh Injured Workers	
<b>Ricardo Velasquez</b> .....	<b>765-5645</b>
107 Church St, Durham, 27701 Criminal, Traffic, Personal Injury, Worker's Comp, Wage Claims, Employment	
<b>Jeanne Washburn</b> .....	<b>821-7555</b>
414 W. Jones St, Raleigh, 27603 Civil, Worker's Comp	
<b>Robert Willis</b> .....	<b>821-9031</b>
5 W. Hargett St, Suite 104, Raleigh, 27601 Criminal, Traffic, Worker's Comp, Wage Claims, Employment, Personal Injury	
<b>Anna Worley</b> .....	<b>821-1860</b>
Two Hanover Square, Suite 1860, Raleigh, 27602 Domestic	

## MEDIA

<b>La Cascarita</b> ..... <b>793-5197</b> Hugo Flores 5712 Riverford Drive, Raleigh, 27616 Sports Newspaper – Produced twice a month
<b>La Conexion</b> ..... <b>832-1225</b> 15 E. Martin St., Raleigh, 27601
<b>La Ley (96.9 FM)</b> ..... <b>790-9392</b> 3012 Highwoods Blvd. Raleigh, 27604 Radio station <a href="http://laley969.com">laley969.com</a>
<b>Nuevas Lineas</b> ..... <b>614-4586</b> Latino Businesses in the triangle <a href="http://nclatino.com">nclatino.com</a>
<b>Que Pasa</b> ..... <b>645-1680</b> 150 Fayetteville Street Mall, Raleigh, NC 27601 Weekly newspaper Radio Station (AM) <a href="http://quepasamedia.com">quepasamedia.com</a>
<b>Univision 40</b> ..... <b>790-6148</b> TV station <a href="http://Univision.com">Univision.com</a>

## MEDICAL

<b>Alliance of AIDS Services Carolina</b> ..... 834 2437 324 S Harrington Street  Free testing for syphilis, gonorrhea, Chlamydia and HIV
<b>Bilingual Therapeutic Resources</b> ..... 367-9830 128 Salem Towne Court, Apex, 27502  Bilingual speech and language therapy services
<b>Child Service Coordination</b> ..... 250-1154 Wake County Human Services, 10 Sunnybrook, Raleigh, 27610 Coordination of services for children birth to 5 and their families; focus on child's development and strengthening relationship between child and parents.
<b>Educate Our Women (Eduquemos a Nuestras Mujeres)</b> .....431-4032 <a href="http://bcresourcedirectory.org/directory/05-hispanic_american">bcresourcedirectory.org/directory/05-hispanic_american</a> Assists low-income, uninsured African American and Latina women in Wake County with mammograms. Provides education about breast health through lay health advisors. Conducts Latina Support Group for Breast Cancer (Fe, Amor e Esperanza) on 2 <sup>nd</sup> Saturday of the month @ El Pueblo.

<b>Healthcheck/Healthchoice</b> .....	<b>212-7000</b> <a href="http://wakegov.com/humanservices/family/medicalchildren/healthchoice">wakegov.com/humanservices/family/medicalchildren/healthchoice</a>
Free or low-cost health insurance to children 21 or younger who were born in the US whose families cannot pay for private insurance and who do not qualify for Medicaid.	
<b>HIV Information &amp; Testing</b> .....	<b>250-3950</b>
<b>Immunization Hotline</b> .....	<b>Spanish 1- 800-232-0233</b> English 1-800-344-7432
Can answer questions related to vaccinations, vaccine-preventable diseases.	
<b>Immunization Request Line</b> .....	<b>250-3853</b>
To request copies of shot records from WCHS	
<b>Low Cost Vasectomy Program</b> .....	<b>250-3954</b>
<b>Mariam Clinic</b> .....	<b>824-4672</b> <a href="http://mariamclinic.org">mariamclinic.org</a>
3126 Blue Ridge Rd Free medical clinic providing acute care and short-term chronic care to uninsured adults; open Sundays from 2 – 5 pm; must call on Thursdays between 2 – 5 pm for a Sunday appointment; no pregnancy care.	
<b>Maternity Care Coordination</b> .....	<b>250-4640</b>
Wake County Human Services 10 Sunnybrook, Raleigh, 27610 Coordination of services for pregnant women.	
<b>Medline</b> .....	<a href="http://medlineplus.gov/spanish">medlineplus.gov/spanish</a>
Website operated by US Library of National Medicine and The National Institutes of Health; contains information in Spanish on illnesses and treatments.	
<b>Project Access</b> .....	<a href="http://wakedocs.org/physician_information">wakedocs.org/physician_information</a>
Free medical (specialty) services donated by area doctors to people referred by their physician. Client needs to speak with their medical provider to access this service.	
<b>See Appendix A for list of Wake County medical doctors and clinics serving adults and children in Spanish.</b>	
<b>See Appendix E for list of Clinics @ Wake County Human Services Sunnybrook Building (La Clinica Roja.)</b>	

## MENTAL HEALTH

<p><b>Children’s Developmental Services Agency (CDSA) ..... 662-4600</b>            3500 Edwards Mill Rd, Raleigh, 27612            Provides services for children ages 0-3 at risk for or with developmental delays</p>
<p><b>Child Mental Health .....212-8405</b>             Wake County Human Services            3010 Falstaff Rd, Raleigh, 27610            For mental health evaluations and referrals for Wake County children up to age 18</p>
<p><b>Crisis and Assessment Services..... 250-3133</b>            Wake County Human Services            3000 Falstaff Rd, Raleigh, 27610            Mental health and substance abuse assessments for adults without insurance. CAS will link client to a contract agency using state and federal funds. Client does not need to be in crisis. Open 24 hours/day, 7 days per week. (Located in same building as the Alcohol Treatment Center.)</p>
<p><b>Iglesia Nueva Esperanza ..... 788-0060</b>            3500 Edwards Mill RD, Raleigh 27612 <span style="float: right;"><a href="http://iglesianuevaesperanzanc.org">iglesianuevaesperanzanc.org</a></span>             Free marriage counseling and marriage classes; counseling groups for young people. Note: this is religiously oriented.</p>
<p><b>Mental Health Association of NC ..... 981-0740</b>  <span style="float: right;"><b>Information and Referral Line 1-800-897-7494</b></span>            1331 Sunday Drive, Raleigh, 27607 <span style="float: right;"><a href="http://mha-nc.org">mha-nc.org</a></span>             Mission is to promote mental health, prevent mental disorders, and eliminate discrimination against people with mental disorders.</p>
<p><b>Postpartum Depression Support Group..... 212-7256 (Español)</b>            Wake County Human Services            10 Sunnybrook Rd, Raleigh, 27603            Maria Robayo            1<sup>st</sup> and 3<sup>rd</sup> Wednesdays 12 – 2</p>
<p><b>School-Based Mental Health .....212-8465</b>            Wake County Human Services            10 Sunnybrook, Raleigh, 27610            Mental health services provided in the schools.</p>
<p style="color: green; text-align: center;"><b>See Appendix B for list of Mental Health Agencies serving adults and children in Spanish.</b></p>
<p><b>Sex Abuse Treatment Program ..... 250-3134</b>            Wake County Human Services            220 Swinburne, Raleigh, 27610            Provides treatment to child and adolescent victims and perpetrators of sexual abuse as well as their families. Has Spanish-speaking therapist.</p>

## PARENTING CLASSES

<p><b>Centro Para Familias Hispanas</b> ..... <b>873-0094</b>                  Catholic Charities                  2539-C Noblin Road, Raleigh, 27604  <b>Support group</b> for parents of children with autism  <b>Preschool</b>                  Preparation thru activities for parents and children ages 3 &amp; 4                  Stories and activities based on ready                  Book loan from our library for preschoolers                  Assistance in the transition to kindergarten                  Developmental screenings                  Case management                  Health education</p>
<p><b>La Red de Familias Latinas de Carolina del Norte</b> .....<b>515-9156</b>                  NC State University/A &amp; T State University Cooperative Extension                   Connecting Latino families with child and family programming in Wake County. Providing financial literacy, after-school programs, parenting, nutrition, and health and safety information.</p>
<p><b>La Red de Familias Latinas de Carolina del Norte</b> .....<b>515-9156</b>                  NC State University/A &amp; T State University Cooperative Extension                   Referral services, support groups for parents, parenting workshops, financial counseling, presentations</p>
<p><b>Project Enlightenment</b> ..... <b>856-7785</b>                  Wake County Public Schools <span style="float: right;"><a href="http://projectenlightenment.wcpss.net">projectenlightenment.wcpss.net</a></span>                  501 S Boylan Ave, Raleigh, 27603 <span style="float: right;"><a href="http://parentsasteachers.org">parentsasteachers.org</a></span>                  Screenings for early detection in 3 – 5 year olds for developmental or speech delays; Parents as Teachers Program (Padres Como Maestros)-teaching parents to recognize and prepare for the developmental stages of their children and to recognize accomplishments of their children; Home Visits; Library; Parent Meetings; Parenting counseling. Observations in preschool classroom. Parent workshops on child development. Teacher training. Literacy workshops for parents. Spanish consultation phone line. Handouts in Spanish on child development. Resource center for parents on child development.</p>
<p><b>Prevent Child Abuse North Carolina</b> .....<b>829-8009</b>                  3725 National Drive, Suite 101, Raleigh, 27612 <span style="float: right;"><b>1-800-Children</b></span>  <span style="float: right;"><b>256-6607</b></span>  <span style="float: right;"><a href="http://preventchildabusenc.org/just_for_families/spanish">preventchildabusenc.org/just_for_families/spanish</a></span>                  Information and Referral Line; Parenting tips in Spanish; publish and distribute information on child abuse and neglect.</p>
<p><b>Safe Child (Crianza Con Carino)</b> .....<b>743-6140</b>                  864 W. Morgan Street, Raleigh, 27603 <span style="float: right;"><a href="http://safechildnc.org">safechildnc.org</a></span>                  Parenting classes dealing with discipline and children’s behavior</p>

## RECREATION & SOCIALIZATION

<p><b>4-H</b> .....231-5536                  NC Cooperative Extension                  4001-E Carya Dr, Raleigh, 27610                  Gina Garcia-Somuk                  Programs, clubs, and camps are open to youth ages 5 to 19</p>
<p><b>Boy Scouts</b>..... 872-4884                  Occoneechee Council, Boy Scouts of America <span style="float: right;"><a href="http://ocscouts.org">ocscouts.org</a></span>                  3231 Atlantic Avenue, Raleigh, 27604</p> <p>Based out of Kiwanis Park off Wake Forest Rd; Meet once a week. 45 min soccer game plus 15 – 20 min scouting session. Games on Saturday. Uniforms provided. \$50 for season.</p>
<p><b>Brentwood Girls &amp; Boys Club</b> ..... 427-3105  <span style="float: right;"><b>790-8310</b></span>                  2025 New Hope Church Rd, Raleigh, 27604 <span style="float: right;"><a href="http://wakebgc.org/kids_clubs/brentwood">wakebgc.org/kids_clubs/brentwood</a></span>                  Provides: A safe place to learn and grow; ongoing relationships with caring, adult professionals; and offers life enhancing programs and character developing experiences that give youth hope and opportunity.</p>
<p><b>Club de Mujeres Latinoamericanas</b> ..... 981-0740 Ext 276  <span style="float: right;"><a href="http://lawcusa.org">lawcusa.org</a></span>                  1331 Sunday Drive, Raleigh, 27607                  To encourage the emotional, social, intellectual and economic development of Latinas.</p>
<p><b>Colombian American Association</b> ..... 467-8553                  Promotes appreciation of the Columbian community.</p>
<p><b>Diamante Arts &amp; Cultural Center</b> ..... 852-0075  <span style="float: right;"><a href="http://diamanteinc.org">diamanteinc.org</a></span>                  Lizette Watko                  315 N. Academy Street, Suite 256, Cary, 27513                  “Nourishing Cultural &amp; Community Participation Among North Carolina Hispanics”</p>
<p><b>Girl Scouts</b> .....782-3021                  Pines Of Carolina                  6901 Pinecrest Road, Raleigh, 27613                  There are no Latina-specific troops, however Latinas are integrated into all troops. No one speaks Spanish at main office.</p>
<p><b>Kid’s Café</b> .....<a href="http://foodbanknc.org/programs/kidscafe">foodbanknc.org/programs/kidscafe</a>                  3 Raleigh locations                  An after-school program that offers tutoring, nutrition education, mentoring, and nutritious meals to children at risk of hunger.</p>
<p><b>La Liga</b> ..... 890-6260  <span style="float: right;"><a href="http://laligaraleigh.com">laligaraleigh.com</a></span>                  1323 Capital Blvd, Raleigh, 27603                  Soccer leagues for men, women and children</p>

<b>La Liga Maya</b> .....	<b>931-1940</b>
Youth soccer teams	
<b>La Vazquez Dance Company</b> .....	<b>612-4325</b>
Rosa Vasquez African, Carribean, Latin, Spiritual Dance; Thursdays 6:30 – 8:30 pm; Call for location	
<b>Libraries</b> .....	<a href="http://wakegov.com/libraries/libraryservices/spanish">wakegov.com/libraries/libraryservices/spanish</a>
Most Wake County libraries have books in Spanish	
<b>East Regional Center</b> .....	<b>217-5300</b>
946 Steeple Square Court, Knightdale, 27545 Bilingual Story Times on Saturdays once a month for whole family Audiotapes for learning English Large selection Spanish materials Have one staff member who speaks Spanish	
<b>Green Road Library</b> .....	<b>790-3200</b>
4101 Green Rd, Raleigh, 27604 First Tuesday Bilingual story time 7 pm	
<b>Mambo Dinamico</b> .....	<b>656-8845</b>
Salsa/Mambo Dance Company Betto Herrera Carmen’s Cuban Cafe 108 D Factory Shops Rd. Morrisville 27560	
<b>NC Museum of Natural Sciences</b> .....	<b>733-7450 Ext 525</b>
11 W. Jones St., Raleigh, 27601  Story time reading book in Spanish and use live animals that relate to the story and talk about the animals and how they relate. First and Third Sat. of the month at 11:30am for 30 minutes. The Museum will do presentation for groups of kids in Spanish on 25 different topics with a cost of \$90 non-profits, \$100 for everybody else. They are often go to ESL camps or libraries in the area for these presentations. Audio tour of museum in Spanish. Bilingual staff at big events.	
<b>Raleigh Parks and Recreation</b> .....	<b>831-6844</b>
2401 Wade Avenue, Raleigh, 27607  Educational opportunities such as English as a Second Language classes, computer classes, and fitness classes to recreational opportunities such as social dancing, biking, swimming, arts, athletics, nature programs, teen programs, tennis, senior programs, specialized recreation, and festivals.	
<b>SavvYouth Services</b> .....	<b>833-1256</b>
2235 Garner Rd, Raleigh The Dubois Center, 518 N Franklin Street, Wake Forest .....	
	<b>554-1436</b>
Assistance with employment and educational goals for 14 – 21 year olds	
<b>Second Round</b> .....	<b>719-0872</b>
Haven House 919 W Morgan St, Raleigh Boxing program for at risk youth; hours are Monday, Wednesday, and Friday 5 – 7 pm	

## SCHOOLS

<p><b>Helping Hand Mission</b> .....</p> <p>623 Rock Quarry Rd, Raleigh 27610</p> <p>School supplies</p>	<p><b>829-8048</b></p> <p><b>834-2795</b></p> <p><a href="http://helpinghandmission.org">helpinghandmission.org</a></p>
<p><b>Project Enlightenment</b> .....</p> <p>Wake County Public Schools</p> <p>501 S Boylan Ave, Raleigh, 27603</p> <p>Screenings to identify children ages 3 to 5 who may have special needs. Parents can refer children if they have concerns about: speech, language, motor, behavior, hearing, vision, health, socio-emotional, and learning.; Parents as Teachers Program (Padres Como Maestros) is a home visit program that provide information and support to the parents to help children develop optimally during the crucial early years of life; parent meetings; parenting counseling. Observations in preschool classroom; parent workshops about several issues on child development; teacher training; literacy workshops for parents so they can support literacy at home with their children, and <b>Spanish Help Line</b> for consultation over the phone on simple issues <b>856-7785</b>. Resource center and library for parents who want to learn more about child development open 3:00pm to 5:00pm every Tuesday with Spanish speaking staff available. Families can always call to set up an appointment at <b>856-7785</b>.</p>	<p><b>856-2799</b></p> <p><a href="http://projectenlightenment.wcpss.net">projectenlightenment.wcpss.net</a></p> <p><a href="http://parentsasteachers.org">parentsasteachers.org</a></p>
<p><b>Latino Outreach Services</b> .....</p> <p>Wake County Public Schools</p> <p>Helps with communication between schools and parents; provides school training re: Latinos; provides 5 week training to parents on school issues. Serves as Latino liaison between schools and media.</p>	<p><b>858-3227</b></p> <p><a href="http://wcpss.net/espanol">wcpss.net/espanol</a></p>

**SUBSTANCE ABUSE**

**Mother Against Drunk Drivers (in Spanish) .....787-6599**  
5104 Western Blvd Suite B, Raleigh, 27606  
**National Website** [madd.org/spanish/3727](http://madd.org/spanish/3727)  
**North Carolina Website** [madd.org/chapter/3700\\_9595](http://madd.org/chapter/3700_9595)

**See Appendix F for list of bilingual Wake County Substance Abuse Treatment Providers serving people in Spanish**

## THRIFT STORES (Segundas)

<b>Around Again.....</b> 872-7283 1830 E Millbrook Owner also of A Bridal World, a shop that sells new quincianera gowns.
<b>Bargain Box .....</b> 833-7587 401 Woodburn Road, Raleigh
<b>Children's Orchard .....</b> 876-8550 6132 Falls of Neuse Rd, Raleigh 5860 Holly Springs Rd, Holly Springs ..... 852-0550
<b>Dorcas Thrift Shop .....</b> 769-9861 Christian Community In Action 600-E E. Chatham Street, Hours: 9- 4 Monday thru Friday, 10 – 2 Saturday
<b>Goodwill Industries</b> 321 W. Hargett Street, Raleigh ..... 834-0504 6808 Davis Circle Drive, Raleigh ..... 782-2435 12269 Capital Blvd., Raleigh ..... 572-8292 1677 North Market Drive, Raleigh ..... 431-8392 220 Kilmayne Drive, Cary ..... 319-5558
<b>Habitat For Humanity Re-Store .....</b> 833-1999 2420 Raleigh Blvd, Raleigh Tuesday thru Saturday
<b>Kid To Kid .....</b> 859-4222 430 Crossroads Blvd, Cary
<b>Mustard Seed .....</b> 828-1166 1504 New Bern Ave, Raleigh
<b>NC Children's Promise.....</b> 832-8387 2409 Crabtree Blvd., Raleigh
<b>NEXT .....</b> 554-8040 210 S White Street, Wake Forest
<b>Salvation Army .....</b> 779-8867 205 Tryon Road, Raleigh, ..... 773-3004 6714 Old Wake Forest Rd, Raleigh, ..... 713-0300

## TRANSPORTATION

<b>Cary Transit</b> ..... <b>481-2020</b> <span style="float: right;"><a href="http://townofcary.org">townofcary.org</a></span>
<b>CAT Bus</b> ..... <b>833-5701</b> For help in Spanish with bus schedules <span style="float: right;"><a href="http://raleighnc.gov/transit">raleighnc.gov/transit</a></span>
<b>Cooperativa Comunitaria Latina de Credito</b> ..... <b>855-9696</b> Latino Community Credit Union <span style="float: right;"><a href="http://cooperativalatina.org">cooperativalatina.org</a></span> 1420 Hardimont Road, Raleigh Car loans
<b>Taxis</b> Acapulco..... 320-3659 Amigos ..... 247-5566 Angeles .....796-1371 Apolo ..... 332-7947 El Espresso.....602-9722 El Paisa .....673-9844 Excel .....831-9011 Fiesta ..... 524-8105 <span style="float: right;">625-8257</span> Hossana .....395-2613 Los Tigres .....398-8274 Poli .....538-1749 Velo ..... 271-5719 <span style="float: right;">875-0391</span> Star ..... 761-3895 Worldwide ..... 625-3427
<b>TRACS Wake Coordinated Transportation Service</b> ..... <b>212-7005</b> <span style="float: right;">Cancellations 772-2218 Ext 100</span> Hours: 7:00am – noon and 1pm-6pm Require 24 hour notice. \$2 one way for in-zone, \$4 round trip; \$4 one way for Out-of-Zone, \$8 round trip
<b>Wake County Human Services</b> ..... <b>212-7000</b> 220 Swinburne St., Raleigh NC 27610 Transportation to medical appointments for Medicaid recipients and OB patients.

## WEBSITES

<p><b>El Futuro</b>.....<a href="http://elfuturo-nc.org">elfuturo-nc.org</a> List of mental health providers and programs in North Carolina</p>
<p><b>Hablemos en Confianza</b> (Let's Talk in Confidence) .....<a href="http://soyunica.gov/adults/default.aspx">soyunica.gov/adults/default.aspx</a> Website providing materials designed to help Spanish-speaking parents and their children talk about the dangers of substance abuse</p>
<p><b>Medline</b> .....<a href="http://Medline.Plus.Gov/Esp">Medline Plus.Gov/Esp</a> Website conducted by US Library of National Medicine and The National Institutes of Health; contains information in Spanish on illnesses and treatments.</p>
<p><b>National Institute on Aging</b> .....<a href="http://nia.nih.gov/Espanol">nia.nih.gov/Espanol</a> Information on health issues affecting seniors in Spanish.</p>
<p><b>NC Care Link</b>.....<a href="http://nccarelink.gov">nccarelink.gov</a> A complement to traditional help-line resources and is geared to people who use computers in their homes or in the community. The site will soon be fully translated to Spanish.</p>
<p><b>NC Coalition Against Domestic Violence</b> .....<a href="http://nccadv.org/spanish_espanol">nccadv.org/spanish_espanol</a> Information on domestic violence in Spanish.</p>
<p><b>NC Coalition Against Sexual Assault</b> .....<a href="http://nccasa.org/espanol">nccasa.org/espanol</a> Information for victims of abuse and sexual assault in Spanish.</p>
<p><b>NC Folic Acid Council</b> .....<a href="http://getfolic.com/espanol">getfolic.com/espanol</a> To promote the benefits and consumption of folic acid in Spanish.</p>
<p><b>NC Health Info</b> .....<a href="http://nchealthinfo.org">nchealthinfo.org</a> Health information, Health resources, information on health insurance, prescription plans, etc. Conducted by librarians at the Health Sciences Library @ UNC –CH with help from the National Library of Medicine. (Not available in Spanish.)</p>
<p><b>United Methodist Latino Ministries</b> .....<a href="http://raleighboardofmissions.org/hispanicMinistries">raleighboardofmissions.org/hispanicMinistries</a> List of outreach ministries in Raleigh.</p>

# Appendix A

## List of doctors, dentists, and eye doctors serving Latinos in Wake County

¡ ESTOY BUSCANDO UN MEDICO PARA ADULTOS!

Alliance Family Practice 2406 Blue Ridge Rd, Suite 170, Raleigh	783-9600
Alianza (Alliance Medical Ministries) 101 Donald Ross Drive, Raleigh Alguien en la casa necesita estar trabajando; no atienden a los con aseguranza; bajo costo	250-3320
Apex Family Medicine 212 Salem St, Apex	362-5201
Carolina Express Care 502 McKnight Drive, Suite 110, Knightdale	217-1411
Carolina Immediate Care/ Esperanza Ordonez, MD 4814 Six Forks Rd Suite 202, Raleigh	334-0245
Cleveland Family Health 22 Shipwash Drive, Garner	662-7600
Duke Med at Briarcreek 10441 Moncreife Rd, Raleigh	484-8345
Friendship Medical 400 Asheville Ave, Suite 315, Cary	851-6260
Patricia Herrera, MD 2501 Atrium Drive Suite 310, Raleigh	783-8334
Holly Springs Med Center 500 Holly Springs Rd, Suite 100, Holly Springs	552-5845
Horizon Health Center 102 N Tarboro, Raleigh	743-3315
Mariam Clinic 3126 Blue Ridge Rd, Raleigh	824-4672
Rajendra Nigalye 111 N First Ave, Knightdale	266-2101
North Raleigh Medical Center/ Vincent Nacouzi, MD 6733 Falls of Neuse Rd, Raleigh	844-4344
Puerta Abierta (Open Door Clinic)	836-1642 Ext 318

1390 Capital Blvd, Raleigh

Llame los días Lunes a Viernes de 9 am a 5 pm. No aceptan Medicaid ni otras aseguranzas. Para la primera cita lleve prueba de residencia, prueba de ingreso y el 1040 (forma de los taxes) a la primera cita. Foto ID es obligatorio. La Segunda cita es con el doctor.

Planned Parenthood 833-7526  
100 S Boylan Ave., Raleigh  
Cuidado para las mujeres: planificación familiar, PAP, anticonceptivo de emergencia

QuikMed Urgent Care 779-7890  
133 Glen Road, Garner

Rapid Response Urgent Care 779-7890  
220 Hwy 70W, Garner

Rock Quarry Family Medicine 833-3111  
1001 Rock Quarry Rd, Raleigh

Southern Wake Family Medicine 557-1110  
103 Judd Pkwy, Fuquay-Varina

Torres Quality Healthcare 789-8857  
2500 Blue Ridge Rd Suite 401, Raleigh

Triangle Family Care 319-6363  
106 A Ridgeview Drive, Cary

Wake Urgent and Family Clinic 329-5000  
5156 NC Hwy 42 West, Garner

## ¡ESTOY BUSCANDO UN PEDIATRA!

Apex Pediatrics 290-1090  
1021 W Williams St, Apex

Apex Family Medicine 362-5201  
212 S Salem St, Apex

Blue Ridge Peds 782-0021  
3124 Blue Ridge Rd, Suite 102, Raleigh

Capital Physicians Group 787-0486  
3126 Blue Ridge Rd, Raleigh

Capitol Peds & Adolescent Center 782-5273  
3801 Computer Drive, Suite 200, Raleigh

Carolina Express Care 217-1411  
502 McKnight Drive, Suite 110, Knightdale

Cary Peds 467-3211  
1001 Crescent Green, Cary

Cleveland Family Health 22 Shipwash Drive, Garner	662-7600
Clinica Peditra del Condado de Wake County La Clinica Roja, 10 Sunny brook, Raleigh (Clinicas B y C)	250-4570
Clinica Peditra del Condado de Wake County 247 S Allen Rd, Wake Forest	554-8490
Clinica Peditra del Condado de Wake County 102 Dogwood Drive, Zebulon	404-3900
Duke Med at Briarcreek 10441 Moncreife Rd, Raleigh	484-8345
Friendship Medical 400 Asheville Ave, Suite 315, Cary	851-6260
Fuquay Peds 1000 N Main St, Fuquay-Varina	557-2362
Growing Child Pediatrics 4551 New Bern Ave. Suite 160, Raleigh	861-7793
Growing Child Pediatrics 7790 Arco Corporate Drive, Raleigh	544-5900
Growing Child Pediatrics 11130 Capital Blvd, Wake Forest	488-4094
Holly Springs Med Center 500 Holly Springs Rd, Suite 100, Holly Springs	552-5845
Jeffers & Mann Pediatric & Adolescent 2406 Blue Ridge Rd, Suite 100, Raleigh	786-5001
Kids First 1708 Trawick Rd, Suite 111, Raleigh	250-3478
Murthy Mann 934 Vandora Springs Rd, Garner	779-2850
New Bern Ridge Pediatrics 2620 New Bern Ave, Raleigh	231-3180
Premier Health Center 1621 N. Main St, Fuquay-Varina	567-9001
Rex Pediatrics of Cary 1515 SW Cary Parkway, Suite 220, Cary	387-3160
Rock Quarry Rd Family Medicine 1001 Rock Quarry Rd, Raleigh	833-3111

Schmidt & Catchings Family Practice 600 New Waverly, Suite 205, Cary	468-6820
Southern Wake Family Medicine 130 N Judd Parkway NE, Fuquay-Varina	557-1110
Sunshine Pediatrics 1631 Midtown Place, Suite 107, Raleigh	876-1515
Triangle Pediatrics 101 SW Cary Parkway, Suite 270 Cary	467-5543
Wakefield Peds & Adolescent 14341 New Falls of Neuse Rd, Raleigh	570-7010
Wake Med Faculty 3024 New Bern Ave, Raleigh	350-8000
Wake Teen Medical 505 Oberlin Rd, Raleigh	828-0035
Wake Urgent and Family Clinic 5156 NC Hwy 42 West, Garner	329-5000
Western Wake Pediatrics 940 SE Cary Parkway Suite 200, Cary	859-9991

### ¡ ESTOY BUSCANDO UN DENTISTA !

Dr Mercedes Aybar-Diaz 6308 Falls of The Neuse Rd, Suite 400, Raleigh	431-9111
Capital Dental Care	865-8300
Community Dental Care 501 E Davie St, Raleigh	834-4932
Crescent Family Dentistry 2442 SW Cary Parkway, Cary	674-6070
Dr Knight & Malek 509 N Arendell Ave, Zebulon	404-2121
El Diente Feliz 301 Keisler Drive Suite E, Cary	852-1811
New Bern Ridge Dental Center 2620 New Bern Ave, Raleigh	250-2930
Richard Soto/ Dentista Hispano 3901 Capital Blvd, Suite 161, Raleigh	301-8622

Smile Starters at Carolina Dental Care 3212 S. Wilmington St, Raleigh	800.898.1117
Wake Dental Clinic La Clinica Roja, 10 Sunnybrook, Raleigh Solamente para mujeres embarazadas y niños con Medicaid o Healthchoice	250-4610
Wake Med Dental Clinic 3000 New Bern Ave, Raleigh Adultos solamente; Hay que tener una enfermedad grave para asistir a esta clínica. No rebajadas.	350-8015
Wake Smiles 2620 New Bern Ave, Raleigh	250-2952
Wake Tech Comm.College Dental Hygiene Clinic 2901 Holston Lane, Raleigh Limpiezas solamente	212-3073
Wake Forest Smiles 1655 Wake Drive, Suite 102, Wake Forest	570-2845

## ¡ ESTOY BUSCANDO UN MEDICO ESPECIALISTA !

### De Los Ojos

Juan Orellana 3211 Rogers Rd Suite 101, Wake Forest	453-1462
Andres Quintana, Optician, NCLEC 1241-14 South Main St, Wake Forest	554-0860
Fuquay Ophthalmology 1000 N Main St., Fuquay Varina	567-3709

### Del Corazon

Cary Cardiology 300 Keisler Drive, Cary	233-0059
Carolina Children's Cardiology 3000 New Bern Ave, Suite 1120, Raleigh	966-4601

### Para Alergias

Duke Medical Center 3713 Benson Drive, Raleigh	855-0306
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## Del Oido, Nariz y Garganta

Wake Med Faculty Physicians 350-2800  
3024 New Bern Ave, Raleigh

Mann Ear, Nose & Throat 859-4744  
601 Keisler Drive, Cary

## De Los Huesos

Wake Med Faculty Physicians 350-7332  
3024 New Bern Ave, Raleigh

## De Los Pies

Foot and Ankle Associates 231-7969  
2701 New Bern Ave, Raleigh

## De Sirugia

University Pediatric Surgeons 783-7809  
3948 Browning Place, Raleigh

Premier Surgical Associates 571-1170  
3410 Six Forks Rd, Raleigh

## De Urologia

Mark McClure/Landmark Urology 571-4339  
3200 Blue Ridge Rd, Raleigh

## De La Piel

Fernando Puente/ Raleigh Dermatology 876-3656  
800 Springfield Commons, Suite 116

# Appendix B

List of Mental Health and Domestic Violence Agencies serving  
Latinos in Wake County

## COMMUNITY MENTAL HEALTH PROVIDERS FOR SPANISH- SPEAKING CLIENTS IN WAKE COUNTY

Agency	Contact	Phone/Address	Payment	Adults/Children	Referral Info-Call before Referring
<b>A United Community, LLC</b>	Yanet Fernandez	878-1590 / 878-9269 4921 Professional Court Suite 100 Fax	Medicaid Healthchoice	Adults Children	Community Support
<b>Bowman Family Services</b>	Amy Allen	<b>556-6501 Press 2</b> 1725 Main St, Suite 202, Wake Forest	Medicaid; Healthchoice; BCBS	Children	Office-based Child-Centered Play Therapy; adolescents also
<b>Alison Burke, PLLC</b>	Alison Burke, LCSW	<b>649-7084</b> 128 Windchime Court Suite 201, Raleigh Fax 926-1509	Medicaid Healthchoice	Adults Children	Office-based Therapy; <b>No MD</b>
<b>Catholic Charities</b>	Ana Maria Keane	<b>790-8533</b> 3000 Highwoods Blvd Fax 790-8836	Sliding Fee	Adults	Office-based Therapy; <b>No MD</b>
<b>Jeff Chambers, MD</b>	Receptionist	<b>490-9787</b> 4016 Barrett Drive Suite 104 Fax 490-3099	Private Pay; Insurances	Adults	Spanish-speaking <b>MD</b>

<b>Ceiba Counseling Center</b>	Receptionist	<b>873-1551</b> 1100 Navaho Drive, Suite 120	Medicaid Sliding fee	Adults	Office-based Therapy; also Dual DX; Spanish-speaking <b>MD</b>
<b>Coordinated Health Services</b>	Shelley Welch	<b>861-2546 Ext 228</b> 11030 Ravens Ridge Suite 117 Fax 861-5636	<b>IPRS</b> , Medicaid	DD Clients only	Targeted Case Management
<b>Empowered Counseling</b>	Joe Wilkins	<b>870-0524</b> 10940 Raven Ridge Rd Fax 870-0873	Medicaid, Healthchoice, Private Pay	Children Adults	Community Support
<b>Agency</b>	<b>Contact</b>	<b>Phone/Address</b>	<b>Payment</b>	<b>Adults/Children</b>	<b>Referral Info-Call before Referring</b>
<b>Family Legacy</b>	Jeff Christensen	<b>757-3440</b> 6612 Six Forks Rd Suite 204, Fax 212-3400	Medicaid	Children Adults	In-home Therapy
<b>First Step Services</b>	Mandy Hopper	<b>614-2811</b> 211 E Six Forks Rd #117, Raleigh 136 US Hwy 70 Suite 201 Garner Fax 833-8894	Private Insurance Private Pay	Adults Adolescents	Office-based therapy; Dual Dx; Spanish-speaking <b>MD</b>
<b>Haven House</b>	Patricia Cardoso	<b>833-3312 Ext 118</b> 706 Hillsborough Suite 200 Fax 833-3512	<b>IPRS (children only)</b> ; Medicaid; Healthchoice; Sliding Scale	Children 7- 17	Intensive In-Home Therapy; MST; Short-term Crisis Center (Wrenn House)
<b>Joe Hazel Counseling</b>	Natasha Camacho	<b>452-0738 441-8959</b> 2940-6 Trawick Rd Fax 329-9848	Sliding Fee	Families Adults Children	In-home and office based counseling; <b>no MD</b>
<b>HealthCore Resource, Inc</b>	Lindsey Ebling	<b>872-1178</b> 100 Navaho Drive Suite 128 Fax 872-1170	Medicaid	Adults Children	In-home and office-based therapy; Intensive In-Home, Targeted CM, Community Support, <b>MD</b>
<b>Institute For Family Centered Services</b>	Sandy Pierce	<b>786-8000</b> 2414 Wycliff Rd, Ste. 101 Fax 786-2591	Medicaid; Healthchoice	Children	Community Support

<b>Integrated Health Care</b>	Sonia Vega	<b>260-1202</b> 146 Windchime Court Raleigh, NC 27615 Fax 861-8893	Magellan; Cigna; United; BCBS; & others	Adults	Office-based Therapy, Spanish-speaking <b>MD</b>
<b>Kim Lillig, LCSW</b>	Kim Lillig	<b>208-5100</b> 301 Kilmayne Drive Suite 204 Cary Fax 467-1268	<b>IPRS (children only);</b> Medicaid, Healthchoice	Adults Children	Office-based Therapy; <b>No MD</b>
<b>Agency</b>	<b>Contact</b>	<b>Phone/Address</b>	<b>Payment</b>	<b>Adults/Children</b>	<b>Referral Info-Call before Referring</b>
<b>Enrique Lopez-Claros, MD</b>	Receptionist	<b>821-1433</b> 871 Washington St Raleigh, 27610	Private Pay; Insurances	Adults	Spanish-speaking <b>MD</b>
<b>Lucy Daniels Center</b>	Jessica Soule	<b>459-1635 Ext 155</b> 9003 Weston Pkwy, Cary Fax 677-1489	Free (Can bill Medicaid if available)	Children 0 – 5	In-home therapy
<b>Mental Health Association in NC</b>	Nora Hernandez	<b>866-3276</b> 1331 Sunday Drive Raleigh 27607	N/A	N/A	Advocacy, education, women empowerment in collaboration with Latin American Women’s Club; <b>www.mha-nc.org</b>
<b>John Paul Olarte, MD</b>	Receptionist	<b>782-9554</b> 5530 Munford Rd Suite 119 Fax 782-9130	Private Pay; Insurances	Adults	Spanish-speaking <b>MD</b>
<b>Heloisa Portela</b>	Heloisa Portela	<b>368-5207</b> 8400 Six Forks Rd, Suite 203, Raleigh Fax 882-9505	Medicaid Healthchoice Insurances TriCare	Children Adults	Office-based Therapy <b>www.drportela.com</b>
<b>Prevent Child Abuse North Carolina</b>	Diana Urieta	<b>256-6607, 829-8009</b> 3725 National Drive, Suite 101	N/A	N/A	Training, technical assistance and advocacy re: child abuse; <b>www.preventchildabusenc.org</b>

<b>Raleigh Psychological Associates</b>	Jackie Veloz-Jefferson	<b>274-4476</b> 523 E Wait Ave Wake Forest and 10931 Raven Ridge Rd, Suite 109, Fax 570-0382	<b>IPRS (children only);</b> Medicaid; Medicare; insurance; sliding fee	Adults Children	Office-based Therapy; psychological testing; <b>No MD</b>
<b>Rise Up</b>	Gemimah Rodriguez	<b>345-5230</b> 1140 Holly Springs Rd Suite 207, Holly Springs Fax 319-1855	Free/Sliding Fee	Adults Families Couples	Office-based Family Counseling; Couples Counseling; Substance Abuse Counseling; Educational Workshops

<b>Agency</b>	<b>Contact</b>	<b>Phone/Address</b>	<b>Payment</b>	<b>Adults/Children</b>	<b>Referral Info-Call before Referring</b>
<b>Lita Russell, PhD</b>	Lita Russell	<b>601-7985</b> 4020 W Chase Blvd Fax 249-6339	BCBS; Sliding scale; MedCost; Out-of Network; TriCare	Adults Children	Office-based therapy
<b>Anna D. Skinner, PLLC</b>	Anna Skinner	<b>395-0663</b> 833-F Wake Forest Business Park Wake Fores	Medicaid; BCBS; Self-pay; Sliding scale; TriCare	Adults Children	Office-based; Individual & Family Therapy, MH and Substance Abuse; <b>No MD</b> ; Call before referring anna@annaskinner.com
<b>Southlight</b>	Erwin Chasteen	<b>832-4453 Ext 204</b> 2101 Old Garner Rd, Suite 107 Fax	<b>IPRS</b> ; Medicaid; Sliding Fee	Adults only	Office-based Substance Abuse Counseling and Dual Diagnosis; <b>MD</b>
<b>The Tooley Group</b>	Joe Tooley	<b>467-2464 656-0950</b> 106-D Ridgeview Drive, Cary Fax 467-86532464	<b>IPRS (children only);</b> Medicaid; all insurances	Adults, Children, Adolescents, Couples	Office-based Spanish-speaking psychologist/ Marriage & Family Therapist; psych testing; <b>no MD</b>
<b>Triangle Pastoral Counseling</b>	Robert Cooke	<b>845-9977 Ext 202</b> 312 W Millbrook Suite 109	Sliding fee	14 and up Individuals Families	Pastoral Counseling; <b>no MD</b>
<b>Triumph</b>	Lois Gonzalez	<b>852-5352 Ext 222</b> 5505 Creedmoor Rd. Suite 100 Fax 852-5323	<b>IPRS</b> ; Medicaid; Medicare; Health Choice	Adults Children	Office-based Therapy; Spanish-speaking <b>PA</b> ; Community Support; Intensive In-Home

<b>Juan Velosa, MD</b>	Receptionist	<b>782-9554</b> 5530-119 Munford Rd Fax 782-9130	Private Pay; Insurances	Adults Children	Spanish-speaking <b>MD</b>
<b>Visions of Hope</b>		<b>876-6211</b> 5886 Farrington Place Fax 876-6212	IPRS Medicaid	Adults Children	Community Support only
<b>W.E.B. DuBois Center</b>	Robin or Sylvia	<b>556-5903</b> 150A N White St Wake Forest Fax 556-0199	<b>IPRS Children &amp; Adults,</b> Medicaid, Healthchoice	Adults Children	Community Support only

<b>Agency</b>	<b>Contact</b>	<b>Phone/Address</b>	<b>Payment</b>	<b>Adults/Children</b>	<b>Referral Info-Call before Referring</b>
<b>Wellness Supports</b>	Carla	<b>782-8730</b> 8390 Six Forks Rd Suite 201 Fax 782-8731	<b>IPRS Children &amp; Adults;</b> Medicaid	Adults Children	Office-based Therapy; <b>MD</b>
<b>Maria Young</b>	Maria Young	<b>467-1267</b> Suite 204 301 Kilmayne Drive Cary Fax 467-1268	<b>IPRS (children only);</b> Medicaid; BCBS	Adults Children	Office-based Therapy- <b>No MD; No patients with psychosis</b>

### SPANISH-SPEAKING MH PROVIDERS JUST OUTSIDE WAKE COUNTY

<b>Agency</b>	<b>Contact</b>	<b>Phone/Address</b>	<b>Payment</b>	<b>Adults/Children</b>	<b>Referral Info-Call before Referring</b>
<b>Joe Hazel Counseling</b>	Natasha Camacho  Mariana Estrada	<b>452-0738</b> 274 A W. Depot St Angier, NC 27501  <b>753-3645</b> 103 ½ Market Street Louisburg, NC	Sliding Fee	Families Adults Children	In-home and office based; <b>no MD</b>
<b>El Futuro</b>	Connie Garcia	<b>338-1939</b> 110 W Main St Suite 2H Carrboro, NC	<b>IPRS;</b> Medicaid; Sliding Fee	Adults Children	Office-based therapy; Spanish-speaking <b>MD</b>

<b>Triangle Pastoral Counseling</b>	Robert Cooke	<b>845-9977 ext 202</b> The Church at Clayton Crossings, 11407 US Highway 70 West, Clayton, NC	Sliding Fee	Individuals Couples Age 14 and up	Pastoral Counseling
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## SPANISH-SPEAKING PROVIDERS RELATED TO DOMESTIC VIOLENCE

<b>Agency</b>	<b>Contact</b>	<b>Phone/Address</b>	<b>Payment</b>	<b>Adults/Children</b>	<b>Referral Info-Call before Referring</b>
<b>Costran</b>	Minerva Keeton	<b>291-3140</b> 225 Hillsborough St Fax 688-4504 Or 836-1837	\$70 Assessment \$15 Intake \$15/ class	Adults (Men and Women) who abuse their partners	26 week course; clients can be voluntary or court-ordered; classes are once a week; 5 Spanish-speaking groups (4 men and 1 women); no wait list; outpt therapy for SA
<b>DOSE Program @ Triangle Family Services</b>	Osiry Murillo	<b>821-0790 Ext 319</b> 401 Hillsborough St. Fax 861-8961	\$10 down/ \$25 Intake/ \$25 each for sessions 1 – 4 \$15 each for sessions 5 – 26	Adults (Men and Women) who abuse their partners	26 week course; clients can be voluntary or court-ordered; classes are once a week; 4 Spanish-speaking groups (3 men and 1 women); no wait list; will also do SA assessment;
<b>Interact</b>	Dolores Soto	<b>828-8320 Ext 119</b> <b>828-7740 (Crisis Line)</b> 1012 Oberlin Road Fax 828-6386	Free	Adult Victims	DV Shelter; DV Counseling; (Agency specializes in services to abused women)
<b>Raleigh Police Dept. Family Violence Intervention Unit</b>	Yvonne Breve	<b>664-5221</b> 221 Front Street Fax 664-5268	Free	Adult Victims	Crisis Counseling for victims of domestic violence; will assist victim in taking out a restraining order
<b>Safechild (Crianza Con Carino)</b>	Stephanie Castillo	<b>743-6140</b> 864 W Morgan Street Fax 743-6143	Free except for domestic violence court clients	Adults	Office-based Parenting Classes; some case management (Agency specializes in providing services to abused and neglected children)

# RECURSOS PARA PERSONAS CON PROBLEMAS DE VIOLENCIA DOMÉSTICA

(Condado de Wake)

Agencia	Contacto	Tel/Dirección	Pago	Adultos/Menores	Información
<b>Costran</b>	Minerva Keeton	<b>291-3140</b> 225 Hillsborough St Raleigh Fax 688-4504	\$70 Evaluación \$15 Admisión \$15/ Clase	Adultos (hombres y mujeres) que abusan a su pareja	Curso de 26 semanas; clases una vez por semana; los clientes pueden asistir voluntariamente o enviados por la corte; hay 5 grupos en español (4 de hombres, 1 de mujeres); no hay lista de espera; ofrece terapia para abuso de sustancias
<b>DOSE Program (Triangle Family Services)</b>	Osiry Murillo	<b>821-0790 Ext 319</b> 3439 western Blvd. Raleigh Fax 821-8449	\$10 Al condado \$25 Admisión \$25 Cada vez p/ sesiones 1 – 4 \$15 Cada vez p/sesiones 5 – 26	Adultos (hombres y mujeres) que abusan a su pareja	Curso de 26 semanas; no hay lista de espera; los clientes pueden asistir voluntariamente o enviados por la corte; clases una vez por semana; actualmente hay 3 grupos en español (2 de hombres, 1 de mujeres); evaluaciones de abuso de sustancias.
<b>Interact</b>	Dolores Soto	<b>828-8320 Ext 119</b> <b>828-7740 (Línea de Crisis)</b> 1012 Oberlin Road Fax 828-6386	Gratis	Adultos víctimas	Refugio p/Violencia Doméstica; consejería de VD (la agencia se especializa en servicios para mujeres abusadas)
<b>Dpto de Policía Intervención en Violencia Familiar</b>	Yvonne Breve	<b>664-5221</b> 221 Front Street Raleigh Fax 664-5268	Ninguno	Adultos víctimas	Consejería de crisis para víctimas de violencia doméstica; se asiste a las víctimas a sacar una orden de restricción.
<b>Safechild (Crianza Con Cariño)</b>	Stephanie Castillo	<b>743-6140</b> 864 W Morgan Street Raleigh Fax 743-6143	Gratis menos para clientes enviados por la corte por violencia doméstica	Adultos	Clases para padres en oficina; algo de trabajo social (la agencia se especializa en brindar servicios a niños abusados y abandonados/descuidados)

# Appendix C

## List of ESL and other Classes Offered in Spanish in Wake County

### CLASES DE INGLES OFRECIDO EN EL CONDADO DE WAKE

\* Indica Proveedor de Cuidado de Niños durante las clases de Ingles

LUGAR	DIRECION	TELEFONO	DIA DE LA SEMANA
* Holy Trinity Evangelical Lutheran Church	2723 Clark Ave (La esquina de Clark con Brooks), Raleigh	828-1687	Martes y Jueves 9:30 - 11:30 a.m. <u>Clases cuestan \$15 por semestre;</u>
Profamilia	2815 Kidd Rd, Raleigh	212-9396	Miércoles 6:30 - 8:30 pm
*Providence Baptist Church	6339 Glenwood Ave	326-3000 Ext 621 english2language@gmail.com	Martes 7:00 - 9:00 pm- segundo piso Jueves 7:00 - 9:00 pm - sexton piso
*Wake Literacy Council	916 W Morgan St Raleigh	787-5559	Diario; clases de grupo o atención individual
CLASES DE INGLES DE PARQUES Y RECREACION DE RALEIGH			<a href="http://www.monica.quechol-bradley@ci.raleigh.nc.us">http://www.monica.quechol-bradley@ci.raleigh.nc.us</a> (919) 664-6844
Barwell Rd.	3935 Barwell Rd. 27610	329-5954	6 Mayo - 10 Junio 6:30 pm 8 Julio - 12 Agosto 6:30 pm
Chavis Community Center	505 MLK Jr. Blvd. 27601	831-6989	23 Mayo - 27 Junio 11:30 am 11 Julio - 15 Agosto 11:30 am
Green Rd.	4201 Green Rd. 27604	872-4140	2 Mayo - 6 Junio 11:30 am 20 Junio - 25 Julio 11:30 am
Method Rd.	514 Method Rd. 27607	831-6066	2 Mayo - 6 Junio 11:30 am 20 Junio - 1 Agosto 11:30 am
Peach Rd.	911 Ileagnes Rd. 27603	807-8545	9 Junio - 14 Julio 6:30 pm 21 Julio - 25 Agosto 6:30 pm

CLASES DE INGLÉS DE WAKE TECH			<a href="http://conted.waketech.edu/schedules">http://conted.waketech.edu/schedules</a> 919-334-1501
LUGAR	DIRECION	TELEFONO	DIA DE LA SEMANA
Adult Education Center	1920 Capital Blvd Raleigh	334-1501	Lunes a Viernes 9 am - 12 pm Lunes a Viernes 12:30 pm - 3:30 pm Lunes a Viernes 6:30 pm - 9:30 pm
LUGAR	DIRECION	TELEFONO	DIA DE LA SEMANA
Allied Health Building	2901 Holston Lane (cerca de la Clinica Roja)	334-1509	Para personas que quieren ser asistentes de enfermeria Martes y Jueves 1 - 4 pm Cuarto # 324 Martes y Jueves 6 - 9 pm Cuarto # 312
Athens Drive High School	1420 Athens Drive Raleigh	334-1510	Lunes a Jueves 6:30 - 9:30 pm
*Centro Para Familias Hispanas	2013 Raleigh Blvd Raleigh	334-1515	Lunes a Jueves 10 am - 1 pm
Church of Christ	700 Brooks Ave Raleigh	334-1516	Lunes a Viernes 9 am - 1 pm Clase de conversación Martes y Jueves 1 - 2 pm
Fuquay-Varina United Methodist	1100 Judd Rd Fuquay-Varina	334-1512	Martes y Jueves 9 am - 12 pm Lunes y Jueves 7 - 9:30 pm
*Garner United Methodist Church	201 Methodist Drive Garner	334-1512	Martes, Jueves y Viernes 9:30 am - 12:30 pm
Highland United Methodist Church	1901 Ridge Rd Raleigh	334-1510	Lunes y Miercoles 9 - 11:30 am Martes, Jueves y Viernes 9 am - 12 pm
Millbrook High School	2201 Spring Forest Rd Raleigh	334-1516	Lunes a Jueves 6:30 - 9:30 pm
Reedy Creek Middle School	930 Reedy Creek Rd Cary	334-1511	Lunes a Jueves 6:30 - 9:30 pm
Sanderson High School	5500 Dixon Drive, Raleigh	334-1515	Lunes a Jueves 6:30 - 9:30 pm
St. Rafael's	5815 Falls of The Neuse Rd, Raleigh	334-1515	Martes y Jueves 6:30 a 9:30 pm

St. Saviour's Center	618 Tucker Street, Raleigh	334-1509	Lunes a Viernes 9 am - 1 pm Lunes a Jueves 6:30 - 9:30 pm
Main Campus	9101 Fayetteville Rd, Raleigh	334-1512	Lunes y Miercoles 7 - 9:30 pm
Wake Tech 401	6600 Louisburg Rd 4 piso Raleigh	334-1514	Lunes a Jueves 7 - 9:30 pm
Western Wake Campus	3434 Kildaire Farm Rd, Cary	334-1511	Lunes a Jueves 6:30 - 9:30 pm
White Plains United Methodist Church	500 SE Maynard Rd, Cary	334-1511	Martes y Jueves 9 am - 12 pm

### **CLASES DE COMPUTACIÓN EN ESPAÑOL**

<b>LUGAR</b>	<b>DIRECION</b>	<b>TELEFONO</b>	<b>DIA DE LA SEMANA</b>
Peach Rd	911 Ileagnes Road	807-8545	4 Mayo - 15 Junio Lunes 6:30 -8:30 pm 29 Junio - 3 Agosto 6:30 -8:30 pm Costo: \$40
Pullen Community Center	520 Ashe Ave. 27606	831-6468	12 Mayo -16 Junio Martes 6:30 -8:30 PM 30 Junio - 4 Agosto Martes 6:30 -8:30 PM Costo: \$40
Wake Tech	Varios lugares	532-5524	Varios dias

### **PLAZA COMUNITARIA (Continuar, iniciar o finalizar la Primaria y/o la Secundaria)**

<b>LUGAR</b>	<b>DIRECCIÓN</b>	<b>TELEFONO</b>	<b>DIA DE LA SEMANA</b>
Centro Para Familias Hispanas	2013 Raleigh Blvd Raleigh	866-5852 532-5524 (Maribel)	Viernes 6 - 9 pm

# Appendix D

## List of Apartments and Trailers Parks In Wake County Where Many Latinos Live

### LATINO HOUSING IN WAKE COUNTY

#### Housing Areas - high concentrations of Latinos

##### Trailer Parks

- f* Poole Rd
- f* Foxhall Village 878-0050
- f* Stoneybrook 872-2346
- f* Maple Street (Cary)
- f* Reed Street (Cary)
- f* Schenley Square (off Rush and Garner Rds)
- f* Buffaloe Rd
- f* Green Spring Valley (off Old Stage Rd) 772-6407
- f* Reconciliation Drive (off Ransdell Rd)
- f* Deerhurst (Wendell) 365-4314

##### Apartment Complexes

- f* Dominion @ Spring Forest
- f* Dominion @ Courtney Place
- f* Foxridge (off Rock Quarry)
- f* Southridge (off Rock Quarry)
- f* Merriwood (Cary)
- f* Oxford Square (Cary)
- f* Village Green (Cary)
- f* Brentwood East & West
- f* Greencastle
- f* Pines of Ashton (near Health Dept)
- f* Birchwood Gardens
- f* Northhampton
- f* The Trestles (off Capital Blvd)
- Remington on the Green
- f* Fairway (New Hope Rd)
- f* The Tapers (New Hope Rd)
- f* The Oaks (New Hope Rd)
- f* The Lakes
- f* Dacian Rd (off MLK Blvd)
- f* Peach Rd Apts/Dover Apts
- f* Williamsburg Apts (Cary)
- f* Hidden Oaks Apts (Off Maynard in Cary)
- f* Wrenn Drive (Cary)
- f* Deep Hollow (off Duraleigh)
- f* Navaho Drive
- f* The Landing (off Six Forks)

# Appendix E

## List of Substance Abuse Treatment Providers in Wake County

### RECURSOS PARA PERSONAS CON PROBLEMAS DE ALCOHOL/ DROGAS Resources For Spanish-speaking Persons With a Substance Abuse Problem

#### ADETS -Clases Requeridos Por la Ley Por Tener Un DWI (ADETS)

Agencia / Agency	Dirección / Address	Teléfono / Phone
Costran	225 Hillsborough, Suite 135, Raleigh 315 N. Academy, Suite 102, Cary	836-9021 388-0310
*Joe Hazel Counseling	2940-6 Trawick Rd, Raleigh	441-8959 452-0738
*Rise Up	1140 Holly Springs Rd, Holly Springs	274-4318

#### Consejos / Pláticas (Outpatient Counseling)

Agencia / Agency	Dirección / Address	Teléfono / Phone
Ceiba Counseling Center	1100 Navaho Drive, Suite 120, Raleigh	873-1551
Costran	225 Hillsborough, Suite 135, Raleigh 315 N. Academy, Suite 102, Cary	836-9021 388-0310
*Joe Hazel Counseling	2940-6 Trawick Rd, Raleigh	441-8959 452-0738
KV Consultants	1001 Navaho Drive, Suite 103, Raleigh	872-0023
Primer Paso (First Step)	211 E Six Forks Rd, Building B, Suite 214, Raleigh 136 US Hwy 70 Suite 201, Garner	614-2811
Murray & Associates	3900 Merton Drive, Suite 250, Raleigh	623-0622
*Rise Up	1140 Holly Springs Rd, Holly Springs	345-5230

*Anna Skinner	10405-C Ligon Mill Rd Suite 101, Wake Forest	395-0663
*Southlight-Lifeplus	2101 Garner Rd, Suite 111, Raleigh	832-4453

Desintoxicación ([Detox](#))

Agencia / Agency	Dirección / Address	Teléfono / Phone
*ATC	3000 Falstaff Rd, Raleigh	250-3133
*Servicios de Crisis y Evaluación (MSO)	3000 Falstaff Rd, Raleigh	250-3133
Holly Hill Hospital	3019 Falstaff Rd, Raleigh	250-7000
Wake Med Hospital	3000 New Bern Ave, Raleigh	350-8000

Grupos de Apoyo ([AA](#), [NA](#), [Al Anon](#), [Support Groups](#)) [Son gratis]

Grupo / Group	Dirección / Address	Teléfono / Phone
AA Volver a Empezar	4427 St. James Church Rd, Raleigh Todos los días de 8 pm a 10 pm	Isidro 601-3020 Oscar 559-5981
NA (Libres de Adicción)	S. Wilmington St. Center, 1420 S. Wilmington Street, Raleigh Los Viernes a las 7:30 pm a 8:30 pm	Joe 434-9989
AA Una Luz en Mi Camino	7 W Fourth St, Wendell Los Jueves a las 7 pm	Jorge 961-3179 Oscar 269-4158
AA	1501 N. Raleigh Street, Suite 3 (Hwy 55) Angier, Lunes a Sabado de 8 a 9:30pm; Domingo, 7 a 8:30pm	
Grupo de Apoyo - Amigos al Dia	S. Wilmington St. Center, 1420 S. Wilmington Street, Raleigh Los Miercoles a las 7 pm	Blondine 601-3325
Al Anon-El Valor Para Cambiar	Tac Club, 177 High House Rd, Cary Los Sabados a las 9:30 am	Andrea 924-4260 Maria 677-3200

Tratamiento de Ingreso ([Inpatient Treatment](#))

Agencia / Agency	Dirección / Address	Teléfono / Phone
*Casa Cosecha/ Harvest House	(Está en Dunn, NC) Para calificar vaya a Servicios de Crisis y Evaluación en 3000 Falstaff Rd, Raleigh	250-3133

## Appendix F - Wake County Human Services Health Clinics – 10 Sunnybrook Road, Raleigh, NC 27610

*Some services are also offered at other locations. Please call (919) 212-7000 to learn about other locations and the services provided there.*

Clinic	Specialty	Phone	Appointment Required?	Hours	Cost	Payment Accepted	Serving	Services
A	STD/HIV	250-4410	STD: No HIV: Yes	M,TH,F 830 am - 1230pm T 930am - 1230pm W 830am - 430pm	STD: none HIV: Sliding Scale	STD: none HIV: Medicaid, Medicare and Private Insurance		Diagnosis and treatment of STD/HIV HIV Information and counseling  Medical and Social Services Information and Education Case Management
B & C	Children's Clinics	250-4570	Yes	M - F  800am - 500pm	Sliding Scale	Medicaid NC Health Choice		Vaccines  Physical Exams Sick Child Treatment Follow up for chronic conditions Flouide Application Asthma Education Development Assessment Behavior Services referrals
D	Dental Clinic	250-4610	Yes	M - W 830am - 515pm  TH 830am - 7pm F 830am - noon	Sliding Scale	Medicaid NC Health Choice	Children  Pregnant Women	Preventative Services  Treatment
E	Preventative Services	250-3900	Some services require an appointment. Please call.	M - F 830am - 515pm	Depends on service			Vaccines for adults and children Vaccines for foreign travelers TB testing Services for people with TB Review refugee and asylum Immigrant Exams HIV tests (Weds 530-630pm)
F	Women's Health	212-7000	Yes	M - F 830am - 515pm  T, W 5pm - 7pm	Sliding Scale	Medicaid	Women	Teen Clinic: Monday 5pm - 7pm Contraception and Pregnancy Tests Physical Exams PAP tests

<b>G</b>	Pre-Natal Clinic	250-4701	Yes	M - Sa 800am - 800pm 2nd and 4th Saturdays: 900am - 12noon	Sliding Scale	Medicaid	<b>Pregnant Women</b>	Pregnancy Services WIC information Social Services Information
<b>WIC</b>	WIC	250-4720	Some services require an appt. Please call.	M - TH 800am - 800pm Fri - Sa 830 - 430pm	None		<b>Women Infants</b>	Nutrition program for pregnant women and
	Mental Health for Children and Families	212-8405	Yes	M - F 830am - 515pm	Sliding Scale	Medicaid NC Health Choice Private Insurance	<b>Children</b> (4-18 yrs)	Therapy and case management for emotional and behavioral problems
	Pharmacy		No	M - F 830am - 515pm	Yes	Medicaid NC Health Choice Project Access		Prescriptions filled for WCHS clients and eligible Wake Med clients
	Medicaid	250-4556	No	M - F 830am - 515pm	Depends on legal status and income		<b>Children Pregnant Women</b>	Covers pregnancy and birth Medical care costs for children

## Clínica F

### Salud de la Mujer

Una cita es necesaria

Horario: Lunes a viernes 8:30 am—5:15 pm

Martes y miércoles de 5:00 pm—7:00 pm

Costo: Es basado en los ingresos de la familia. Se acepta Medicaid.

Teléfono: 212-7000



Servicios:

- ◆ **Métodos Anticonceptivos:** Incluyendo pastillas anticonceptivas, parches, anillos vaginales, Depo-provera, condones, planificación natural y otros métodos
- ◆ Pruebas de embarazo
- ◆ Exámenes físicos: Incluyendo el papanicolao, examen de los senos, etc. para mujeres que usan métodos anti-conceptivos
- ◆ Clínica para adolescentes: los lunes de 3:00 pm— 7:00 pm

## Clínica G

### Cuidado Pre-natal

Una cita es necesaria

Horario: Lunes a viernes 8:00 am—8:00 pm

Segundo y cuarto sábados 9:00 am-12:00

Costo: Es basado en los ingresos de la familia. Se acepta Medicaid.

Teléfono: 250-4701



Servicios:

- ◆ Cuidado prenatal para mujeres embarazadas
- ◆ Información sobre servicios sociales
- ◆ Información sobre el WIC

## Programa WIC

### Mujeres, Infantes y Niños

Algunos servicios requieren cita. Por favor llame para más información.

Horario: Lunes a jueves 8:00 am—8:00 pm

Viernes y sábados 8:30 am—4:30 pm

Costo: Completamente gratis. Es basado en los ingresos de la familia y su riesgo nutricional.

Teléfono: 250-4720



Servicios:

- ◆ Programa de nutrición para mujeres embarazadas, madres de infantes y niños de 0 a 5 años de edad.
- ◆ Stampillas para comida, educación nutricional individual y en grupos

## Clínica de Salud Mental

### Para Niños y Familias

Una cita es necesaria

En caso de emergencia llame al 250-3133

Horario: Lunes a viernes 8:30 am—5:15 pm

Costo: Es basado en los ingresos de la familia. Se acepta algunos seguros privados, Medicaid y NC Health Choice.

Teléfono: 212-8405

Servicios: Terapia y manejo de casos para niños con problemas emocionales o de comportamiento entre 4 a 18 años de edad



# Las Clínicas de Salud

Clínica A

Clínica B

Clínica C

Clínica D

Clínica E

Clínica F

Clínica G

Medicaid

Salud Mental

Farmacia

WIC



Human  
Services

Teléfono: (919) 212-7000

Se Habla Español

Dirección: 10 Sunnybrook Road, Raleigh

Desde la carretera 440-I tome la salida 13-A, New Bern Avenue. Es el edificio de ladrillos rojos al lado del hospital WakeMed.

Algunos servicios se ofrecen en otras localidades. Para más información sobre esas localidades y los servicios que se ofrecen, favor de llamar.

## Clínica A

### Enfermedades de Transmisión Sexual/VIH

**Citas y Horario:** El primero que llegue es el primero que se atiende: los lunes, miércoles, jueves y viernes la inscripción es a las 8:30 am y las 12:30 pm. Los martes se inscribe a las 9:30 am y las 12:30 pm. Los miércoles también hay clínica por la tarde: se inscribe a las 4:30 pm.

**Clínica de VIH:** con cita solamente

**Costo:** ETS—Completamente gratis. VIH—es basado en los ingresos. Se acepta Medicaid, Medicare y seguros.

**Teléfono:** 250-4410



**Servicios:**

- ◆ Diagnóstico y tratamiento de enfermedades de transmisión sexual
- ◆ Pruebas y consejería del VIH (SIDA)
- ◆ Servicios médicos comprensivos y servicios sociales para personas con VIH/SIDA (250-3999)
- ◆ Información y materiales educativos (250-3882)
- ◆ Manejo de Casos para personas con VIH/SIDA (212-9500)

## Farmacia

Una cita NO es necesaria

**Horario:** Lunes a viernes 8:30 am— 5:15 pm

**Costo:** Hay descuento para nuestros clientes. Se acepta Medicaid, NC Health Choice, ADAP y Project Access.

**Servicios:**

- ◆ Se preparan recetas medicas para clientes de WCHS y de WakeMed que son elegibles



## Clínicas B & C Clínicas para Niños

Una cita es necesaria

**En caso de emergencia llame al 911**

**Horario:** Lunes a viernes 8:00am—5:00pm

**Costo:** Es basado en los ingresos de la familia. Se acepta Medicaid y NC Health Choice.

**Teléfono:** 250-4570

**Servicios:**

- ◆ Cuidado médico preventivo para niños: vacunas, exámenes físicos, exámenes físicos requeridos antes de entrar guarderías, escuelas, o deportes
- ◆ Cuidado médico para niños enfermos
- ◆ Seguimiento de condiciones crónicas
- ◆ Evaluación de desarrollo
- ◆ Aplicación de fluoruro
- ◆ Educación sobre el asma
- ◆ Referencias para servicios de comportamiento



## MEDICAID

Una cita NO es necesaria

**Horario:** Lunes a viernes, 8:30 am—5:15 pm

**Elegibilidad:** Determinada por ciudadanía o estatus legal y los ingresos de la familia.

**Teléfono:** 250-4556

**Servicios:**

- ◆ Cubre el costo de visitas medicas durante el embarazo y el parto
- ◆ Cubre el costo del cuidado médico y las medicinas para niños
- ◆ Transportación: 212-9361

## Clínica D

### Cuidado Dental Para Niños (3—20 años) y Mujeres Embarazadas

Una cita es necesaria

**Horario:** Lunes a miércoles

8:30 am – 5:15 pm

Jueves 8:30am — 7:00 pm

Viernes 8:30 am — Mediodía

**Costo:** Es basado en los ingresos de la familia. Se acepta Medicaid y NC Health Choice.

**Teléfono:** 250-4610

**Servicios:**

- ◆ Servicio dental preventivo y tratamiento para niños (3-20 años) y mujeres embarazadas que viven en Wake



## Clínica E

### Servicios Preventivos

Algunos servicios requieren cita. Por favor llame para más información.

**Horario:** Lunes a viernes

8:30 am — 5:15 pm

**Costo:** Es basado en los servicios rendidos.

**Teléfono:** 250-3900

**Servicios:**

- ◆ Vacunas para adultos y niños
- ◆ Vacunas para viajeros al extranjero
- ◆ Pruebas de la tuberculina (TB)
- ◆ Servicios diagnósticos y medicina para personas con la tuberculosis
- ◆ Pruebas y consejería del VIH (SIDA). También se ofrecen pruebas los miércoles de 5:00 pm—6:30 pm
- ◆ Vacunas para inmigrantes
- ◆ Examen para refugiados y asilados



Para quejar de los servicios de una de estas agencias, llame a Fabiola Sherman a 919-212-7167 o [Fabiola.Sherman@wakegov.com](mailto:Fabiola.Sherman@wakegov.com)  
To complain about services provided by any of the above agencies call Fabiola Sherman @ 919-212-7167 or email  
[Fabiola.Sherman@wakegov.com](mailto:Fabiola.Sherman@wakegov.com)

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