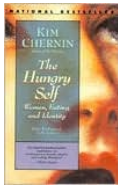


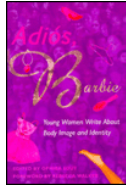
Body Image: What is the measure of a woman?

155.6 Chernin
The Hungry Self: women, eating and identity; by Kim Chernin.

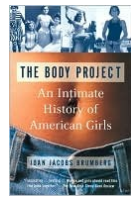


155.6 Freedman
Bodylove: Learning to like our looks and ourselves; by Rita Freedman.

155.9 Edut
Adios, Barbie; by Edut Ophira



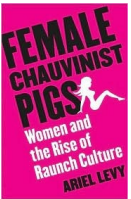
158 Roth (and other books by Roth)
Appetites: on the search for true nourishment; by Geneen Roth.



305.23 Brumberg
The Body Project: an intimate history of American girls; by Joan Brumberg.

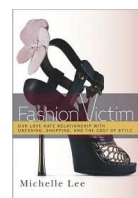
305.23 Pipher
Reviving Ophelia: Saving the Selves of Adolescent Girls; by Mary Pipher.

305.42 Levy
Female Chauvinist Pigs: women and the rise of raunch culture; by Ariel Levy.

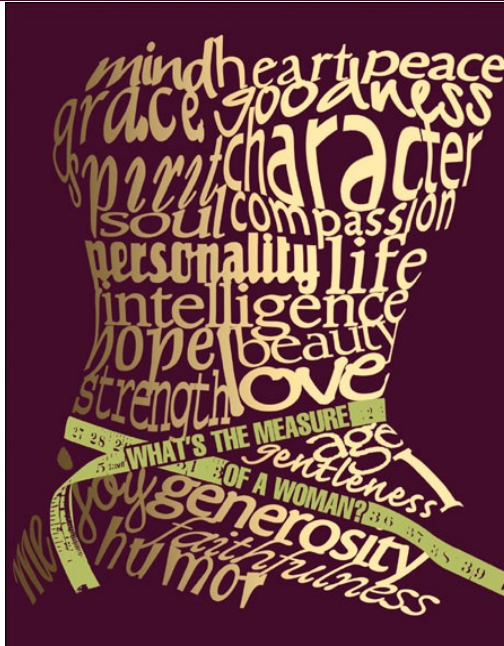


305.42 Wolf
The Beauty Myth: how images of beauty are used against women; by Naomi Wolf.

362.2 Heaton
Talking to Eating Disorders: simple ways to support someone who has anorexia, bulimia, binge eating or body-image issues; by Jean Heaton.



391 Lee
Fashion Victim: our love-hate relationship with dressing, shopping, and the cost of style; by Michelle Lee.



391 Schwartz
Never Satisfied: a cultural history of diets, fantasies, and fat; by Hillel Schwartz.

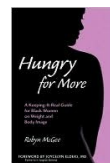


391.6 Etkoff
Survival of the Prettiest: the science of beauty; by Nancy Etkoff.



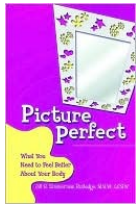
612.008 Redd
Body Drama: real girls, real bodies, real issues, real answers; by Nancy Redd.

616.3 McGee
Hungry for More: a keeping-it-real guide for Black women on weight and body image; by Robyn McGee.
(more books on the other side)

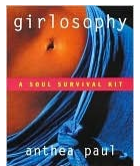


ESPECIALLY FOR TEENS

YA 155.53 Rutledge
Picture Perfect: what you need to feel better about your body; by Jill Rutledge.



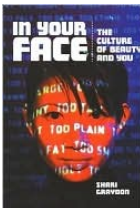
YA 305 Paul
Girlosophy: real girls' stories; by Anthea Paul.



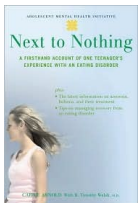
YA 305.235 Jeune
Feeling Freakish? How to be comfortable in your own skin; by Veronique LeJeune.



YA 391.6 Graydon
In Your Face: the culture of beauty and you; by Shari Graydon.

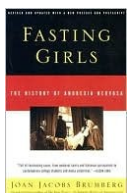


YA 618.92 Arnold
Next to nothing: a first-hand account of one teenager's experience with an eating disorder; by Carrie Arnold.

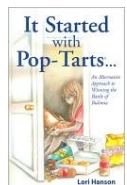


Body Image:

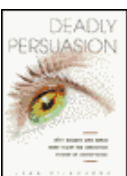
Let true beauty shine from within



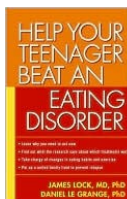
616.85 Brumberg
Fasting Girls: The Emergence of Anorexia as a Modern Disease; by Joan Brumberg.



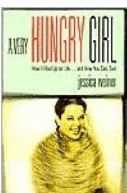
616.95 Hanson
It Started with Pop-Tarts: an alternative approach to winning the battle of bulimia; by Lori Hanson.



BUS 658.8 Kilbourne
Deadly Persuasion: why women and girls must fight the addictive power of advertising; by Jean Kilbourne. (in the Business collection)



616.85 Locke
Help Your Teenager Beat an Eating Disorder; by James Lock.



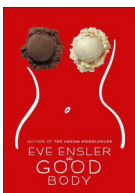
616.85 Weiner
A Very Hungry Girl: how I filled up on life – and how you can too! by Jessica Weiner.



646.7 Doonan
Eccentric Glamour: creating an insanely more fabulous you; by Simon Doonan.



796.42 Reed
The Extra Mile: one woman's personal journey to ultrarunning greatness.



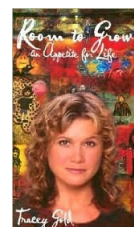
812 Ensler
The good body; by Eve Ensler.

TRUE STORIES, TRUE LIVES

B Burke
Delta Style: Eve wasn't a size 6 and neither am I; by Delta Burke and Alexis Lipsitz.



B Gold
Room to Grow: an appetite for life; by Tracey Gold.



B Gottlieb
Stick Figure: a diary of my former self; by Lori Gottlieb.



B Knapp
Appetites: why women want; by Cynthia Knapp.

B Latifah
Ladies First: revelations from a strong woman; by Queen Latifah.



B Manheim
Wake up, I'm fat! By Camryn Manheim.

