

Support Groups for Persons with Developmental Disabilities in the Triangle Area

Cary Hospital Support Group (Brain Injury)

1st Monday of Each Month, 6:30-8:00 pm

Meeting Location: WakeMed Cary Hospital, 1900 Kildare Farm Rd, Cary, NC

Contact: Leslie Johnson, 919-363-2576, 919-231-3325 or Dave Baack, 919-460-9094

Triangle Brain Injury Support Group

3rd Tuesday of each month at 7:00 PM

Meeting Location: WakeMed, Rehab, 1st floor: Dining/conference area

Contact: Monica McGrath, 1-800-377-1464

Cerebral Palsy Support Group

2nd Tuesday of each month, 7pm-9pm

Location: Micheal Dean's Restaurant, 6004 Falls of Neuse Rd, Raleigh

Contact: Rachel Pack, 319-0286, Rapack29@aol.com

<http://web.mac.com/jpfaltz12/Site/WakeCPSupport.html>

Triangle Down Syndrome Network

New parent meetings, parent and teen gatherings, other events. Check website for details

Contact: 788-3646, tdsnmail@triangledownsyndrome.org

www.triangledownsyndrome.org

Holland Tour Group – Sponsored by Family Support Network of Wake County

Meets quarterly; topic/issue focused meetings around 2hrs each. Must register for all meetings. Additional information at www.familysupportonline.com

Contact: Rene Morrison, 662-4600 x257, rene@familysupportonline.com

Teen to Adulthood

2nd Saturday of each month, 9am-10:30am

Millbrook Exchange Community Center, 1905 Spring Forest Rd, Raleigh, NC

Contact: Arc of Wake County, 832-2660 x100

People We Are

Self-advocacy group through the ARC of Wake County

2nd and 4th Tuesdays of each month, 6:30pm-8:00pm

Location: Hayes Barton United Methodist Church, 2209 Fairview Rd, Raleigh, NC 27608

Contact: Revonda Russos, 876-4515, revonda.russos@arcwake.org

BEST Buddiez Groups

Children with severe social, emotional, behavioral, and/or mental health issues.

Children and parents meet both separately and together for group time. Groups usually meet for 8 sessions for 2hrs each. Groups run for 4-8 weeks depending on frequency of meetings.

Contact Alvina McCallop, 856-5386, for assessment and screening.

Hispanic Triangle Support Group

Families of persons with Autism

1st Wednesday of each month

Contact: Mariela Maldonado, 743-0204 x21

Abilities Enabled at Crossroads Church

Monthly respite meetings, usually meets the 2nd Friday of the month, 6pm-9:30pm

Location: Usually Crossroads Church

Contact: Teresa Strom, 212-7459, Teresa.Strom@co.wake.nc.us

Support Network of Parents/Teens with Asperger's/High Functioning Autism

Ongoing online group

Email Robin Schiffmiller to join the group, rschiffmiller@nc.rr.com

www.wakecountyautismsociety.org for more information and calendar

Parents of Adults 18 and Over Support Group (Wake County Autism Society)

2nd Tuesday of the month, does not meet in July and August

Location: Creative Living, 6300 Chapel Hill Rd

Contact: Jeanie Timberlake, ptimberlake1233@bellsouth.net

www.wakecountyautismsociety.org for more information and calendar

Parents of Children with High Functioning Autism/Asperger's (Wake County Autism Society)

Meets once a month at Autism Society of NC, has active Yahoo group to ask questions and find information on local resources, contact Laura Graham

Location: 505 Oberlin Rd, Suite 230, Raleigh

Contact: Laura Graham, lgraham@nc.rr.com

www.wakecountyautismsociety.org for more information and calendar

Parents of Teens and Young Adults with High Functioning Autism/Asperger's (Wake County Autism Society)

Contact: Robin Schiffmiller, rschiffmiller@nc.rr.com

www.wakecountyautismsociety.org for more information and calendar

Sibling Support Group (Wake County Autism Society)

For 8-15 yr old siblings of children with an autism spectrum disorder.

Location: Elks Lodge #735, 5538 Lead Mine Road, Raleigh, NC 26612

Contact: Robin Schiffmiller, rschiffmiller@nc.rr.com

www.wakecountyautismsociety.org for more information and calendar

Youth Social Group (Wake County Autism Society)

For children ages 5-12 yrs old who would like to meet for outings and socializing

Contact: Kim Feller, kimfeller@juno.com

Newly Diagnosed Workshops for Parents and Guardians of Children with Autism Spectrum Disorder (Autism Society of NC)

Parents/guardians learn how to advocate as well as learn about available resources

Location: 505 Oberlin Road, Suite 230

Contact: Call Theresa Brennan or Linda Griffin at 734-0204 or 1-800-442-2762 for more information or to register

Spina Bifida Support Group

Location: Raleigh Neurology, 1520 Sunday Drive, Raleigh, NC

Contact: Anna Romanosky, 919-420-1682

aromanosky@raleighneurology.com