

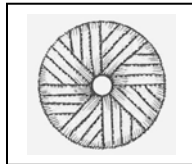
HISTORIC YATES MILL COUNTY PARK PROGRAMS July through September 2009

Please pre-register for programs at Historic Yates Mill County Park.
Call the park office at (919) 856-6675, or go to the website at www.wakegov.com/yatesmill,
for registration or for more information on our programs.

Escape from “the daily grind” by participating in our public programs!

WEEKEND MILL TOURS:

Half-Hour Corn Grinding Tours



Saturday 10:00am-4:00pm.

Sunday 1:00-4:00pm:

**July 18-19,
August 15-16, and
September 19-20**

Relive history the 3rd weekend of each month and experience the traditional way corn was ground into meal and wheat into flour, using waterpower, simple machines & millstones. Shell corn, see the mill in operation, and hear how the “gristmill” works from costumed interpreters. Pre-registration is encouraged but not required. Fee: \$5 for adults, \$3 for children age 16 & under, \$3 for seniors age 60 & over, babes age 6 & under are FREE.* Max limit: 15 participants. Last tour begins at 3:40pm.

One-Hour Mill Heritage Tours

Saturday and Sunday, 2:00-3:00pm:

**July 4-5, 11-12, 25-26;
August 1-2, 8-9, 22-23, 29-30; and
September 5-6, 12-13, and 26-27**

Additional Tour: Monday, Sept. 7 (Labor Day)

Explore Yates Mill’s business and social history. View a presentation on the mill’s owners and operations in the Finley Center auditorium, then head to the mill for a guided tour. Explore the first floor of the fully restored mill and see how power is transferred from the mill’s waterwheel to its grist-milling machinery. Pre-registration is encouraged but not required. Fee: \$5 for adults, \$3 for children age 16 & under, \$3 for seniors age 60 & over, babes age 6 & under are FREE.* Max limit: 15 participants per tour.

Yates Mill merchandise and cornmeal are for sale on the weekends when the mill is open for corn grinding.



Two-Hour Mill Technology Tour

Saturday, Sept. 26 from 10:00am-12:00pm:

Explore how power is transferred from the mill’s waterwheel to all 4 floors of milling machinery. View the fully restored mill and explore how its milling processes and industries changed over time. Pre-registration is required. Fee: \$10 for adults, \$6 for children ages 12 to 16, \$6 for seniors age 60 & over.* Max limit: 10 participants.

** All funds raised through tours are used to support Historic Yates Mill’s maintenance and operations.*

WEEKDAY MILL TOURS AND SCHOOL PROGRAMS:

Wednesdays-Fridays, between 10:00am-4:00pm

Organized groups may explore the mill’s history and operations by participating in weekday guided-mill tour and/or other hands-on park programs such as colonial history classes, pond studies, nature hikes, and more. Pre-registration is required and there is a charge for these programs. For details, please call park staff at (919) 856-7066 or visit the park website (listed above).

THE MILLER’S APPRENTICE PROGRAM:

Take all 4 of “The Miller’s Apprentice” programs to earn a graduation certificate and a free tour of Yates Mill!

Simple Machines and Power Trains

Saturday, July 11; 1:00-2:00pm

Children will learn about and explore simple machines - tools that make work easier - including the wheel and axle, gears, pulleys, screws, inclined planes, wedges, and levers. Learn how these machines are utilized in Yates Mill. This program is FREE but pre-registration is required. There is a limit of 20 participants. Ages: 8 & over.

Hand Mills and Millstones

Saturday, September 12; 1:00-2:00pm

Children will learn about millstones - tools that grind grains and mill other raw materials into usable products, and then will grind corn using a mortar-and-pestle, saddle-stone, quern, and other hand mills. This program is FREE but pre-registration is required. There is a limit of 20 participants. Ages: 8 & over.

(“Mill Dams and Ponds” will next be offered on March 13, 2010, and “Waterwheel Crafts” on May 8, 2010.)

HISTORIC YATES MILL COUNTY PARK PROGRAMS

July through September 2009

SPECIAL EVENTS:

These events are free & registration is not required.

Old-Time Fishin' Fun!

Saturday, July 18; 10:00am-4:00pm

Come on down to Yates Millpond learn about North Carolina's native freshwater fish species and see some live fish up close. Find out what type of fish live in the pond and about those that were historically associated with water mills. Try your hand at fishing the old-fashioned way, by using a cane pole, and then make a fish-print to take home.

Green Corn Festival

Saturday, August 15; 10:00am-4:00pm

The Green Corn Festival was historically celebrated by a variety of Native American groups in one form or another in the late summer to early fall, when corn was ripening on the stalk. Join us for some green corn-related storytelling, games, and other activities, and then sink your teeth into some roasted sweet corn!

From Field To Food: A Harvest Celebration

**Saturday, September 19;
10:00am-4:00pm**

Celebrate the fall season by participating in a variety of hands-on activities and demonstrations. Test your skills in a Corn-Shucking Contest or Cob Toss Game. Sample foods made from corn, or enter a Cornmeal-Cooking Contest and win a prize! Learn how corn and wheat were traditionally harvested, stored, and processed, and explore harvest-related handcrafts featuring corn shucks and wheat straw. Listen to old time music, and enjoy harvest songs and dance.

Historic Yates Mill is open for guided tours and corn-grinding demonstrations on these events days – please see the Corn-Grinding Tours description for details.



RECREATIONAL PROGRAMS:

Paddle The Pond

**Saturday, July 11, August 8 and September 12;
10:00am-1:00pm**

Come out to Yates Mill Pond for a morning canoe float. After basic instruction, participants will be able to “paddle the pond” and explore its many fascinating features as seen only from the water. Canoes, paddles, and lifejackets will be provided. Prior canoeing and swimming experience is desired but not required. Participants will meet at the Park Center. Pre-registration is required. Fee: \$5.00 per person or \$10.00 per boat. Max limit: 3 people per boat. This program is subject to suitable weather conditions. Ages: 6 & over.



NATURAL EXPLORATIONS:

The Buzz on Bees

Saturday, July 11; 10:00-11:30am

Help us celebrate “Pollinator Week” by learning about the busy bees of Yates Mill. We will have an expert Bee Keeper join us as we investigate the life of the honeybee and all the contributions it makes to our world. Pre-registration is required. Fee: FREE. Max limit: 15 participants. Ages: 6-10.



Cane Pole Fishing

**Saturday, July 25, August 22, and September 26;
10:00am-12:00pm**

Come to the millpond and try to catch the “one that got away”. Participants will be provided a cane pole with tackle, bait, and instruction, and assistance with identifying fish species. They'll need to bring their own luck and patience! Participants will meet at the pond boardwalk kiosk. This program is subject to suitable weather conditions, and NC Wildlife Resources Commission fishing rules and regulations apply. Fee: \$3.00 per participant. Ages: 6 & over. Pre-registration is required



TAKE A CHILD OUTSIDE:

Morning Outing With A Naturalist

Sunday, September 27; 10:00am-12:00pm

Spend the morning with a park naturalist and learn about some of N.C.'s native wildlife, while exploring the park's natural environment. Get some helpful hints on what to bring with you for a safe and enjoyable outing, and bring home a recycled-paper nature journal in which to record your outdoor adventures. Pre-registration is not required. Fee: FREE. Max limit: 10 participants. Ages: 7 & over.

Goodness Snakes Alive!

Saturday, August 1; 1:00-3:00pm

Are you perhaps curious about that snake you saw in the grass? Join Mr. Dave Woodward, retired herpetologist from N.C. State University, as he discusses the various types of native snakes that are found in the park. He will have LIVE snakes to show program participants. Participants will meet in the Finley Center Auditorium. Pre-registration is required. Fee: FREE. Max limit: 30 participants.

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***Volunteers keep the “wheels turning”
at Historic Yates Mill County Park...***

VOLUNTEER OPPORTUNITIES:

Volunteer-In-Parks Interest Meeting

Saturday, July 25; 1:00-2:00pm

Might you be willing and able to donate some time and energy to Historic Yates Mill County Park? We could sure use your help! There are many different volunteer opportunities available at the park. Please consider attending this one-hour gathering to learn about the fun ways that you can help out. Refreshments are provided. Pre-registration is encouraged but not required.

Thanks to the generous assistance and great knowledge of the park volunteers, Historic Yates Mill is open for tours from March through November, with one-hour guided mill heritage tours on most weekends and half-hour corn grinding demonstrations by costumed interpreters on the third weekend of each month..

Mill Interpreter Refresher Course

Saturday, July 25; 2:00-4:00pm

This course is offered to those volunteers who have already taken the initial mill interpreter-training program and wish to enhance their knowledge and understanding of Yates Mill's history and operations. Interact with other mill interpreters and test your “mettle” by playing a Jeopardy-like game, covering many mill-related topics, and win one of several game prizes! Pre-registration is required.

Mill Interpreter Initial Training

Saturday, August 29; 10:00am-4:00pm

Are you interested in helping to interpret Historic Yates Mill and/or to lead guided tours? If so, please plan to join park staff for a day of hands-on training to be held both in the park center and old mill. This program is required for any volunteers who wish to become mill interpreters. Lunch and other refreshments are provided. Pre-registration is required.

New! - COLONIAL ARTS AND HANDCRAFTS SERIES:

Piecing Together the American Flag

Saturday, July 4; 1:00-2:00pm

Spend part of the 4th of July at Historic Yates Mill (which was around before the American Revolution). Participants will learn about the history and lore of the American flag and then will be taught to sew their own piece of the flag that they can take home. Pre-registration is required. Fee: \$3.00 per participant. Max limit: 10 participants. Ages: 7 & over.



A Cross-Stitch in Time

Saturday, September 5; 1:00-2:00pm

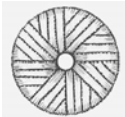
Cross-stitch was a valued skill in colonial society. Come join us at Yates Mill and learn about the history of cross-stitch and how to make your own cross-stitch project. Participants will be provided with supplies and patterns to work from. Pre-registration is required. Fee: \$3.00 per participant. Max limit: 10 participants. Ages: 7 & over.

PARK EXHIBITS:

“The Mill As Muse”

Yates Mill not only served as a place of business and a community-gathering place for more than two and a half centuries, but it also has been looked upon as a source of artistic inspiration. Wake County's last remaining water-powered mill has been the subject of numerous works of art created by local artists, both amateur and professional.

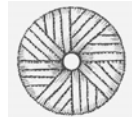
Entries for the 2010 “Mill as Muse” art and photography contests will be due February 1, 2010. We encourage you to get your paintbrushes and cameras ready and try to capture the best images of Historic Yates Mill, the surrounding park, and its flora and fauna, and then to enter next year's contests.



SPECIAL CLASS:

Cornmeal Cooking - Create Your Own Signature Cornbread

Sunday, August 30; 1:00-3:00pm



Do you enjoy a tasty, moist, golden cornbread that holds together well? Explore some of the food chemistry at work. This basic cornmeal baking class focuses on the ingredients and techniques to make a delicious, quick cornbread. The class will take place in the park center auditorium and kitchen. You will leave with summary notes about cornbread baking and several well-tested recipes. During the hands-on portion of the class, you will have a chance to mix in select ingredients to personalize your cornbread. All participants will be able to sample their creations at the end of the class. Pre-registration is required. Fee: \$10.00 per participant. Max limit: 8 participants. Ages: 16 & over.

Presented by Bonnie Heller, Registered Dietician and Yates Mill Cornmeal Cook-off Contest Winner