



Wake County 4-H Youth Development Programs and Initiatives...

4-H Clubs and Teen Programming

Adult Volunteer led community-based groups for *all youth ages 5-19*. 4-H'ers help choose club activities to make learning fun and build skills to use throughout their lifetime.

Initial Contacts: Heather A. Tart, 4-H Agent 250-1093, heather.tart@wakegov.com, or Martha B. Smith, 4-H Secretary 250-1092, martha.smith@wakegov.com

4-H SPACES

4-H Spaces is a juvenile justice funded prevention / intervention program offering youth the opportunity to enhance their lives through experiential learning educational life skills activities. Spaces serves youth ages 10-16 in a small group setting (no more than 13 youth per group) in 4 regions of Wake County. Youth develop skills in the areas of critical thinking, decision-making as well as goal setting and social skills development. Parents, schools, juvenile justice professionals and law enforcement agencies refer youth to Spaces.

Contacts: Charlenzo Belcher – (Program Supervisor) 856-7308 cbelcher@wakegov.com, Durrell McCray (Youth Development Educator) 856-5585 dmccray@wakegov.com or, Les Thompson (Youth Development Educator) 404-3608 Les.Thompson@wakegov.com

4-H Sleep Away Camp

Operated by the North Carolina Cooperative Extension through NCSU, highly trained staff provides continual supervision of campers to ensure a safe, high quality, camp experience. Located at the Betsy-Jeff Penn Center in Reidsville, NC and accredited by the American Camping Association, this weeklong summer program includes transportation to and from camp, and all food and lodging. **(fee-based)**

🏕️ Traditional sleep-away camp, ages 8-12 - Activities include swimming, teambuilding, climbing wall, rope courses, horseback riding, nature classes, arts and crafts, canoeing, archery and other sports.

🏕️ Adventure sleep-away camp, ages 12-14 - Traditional camp activities plus orienteering and outdoor living skills as preparation an outpost camping experience.

🏕️ Trekker sleep-away camp, ages 13-14 - Youth experience consists of teambuilding, high ropes activities, paddling and climbing skills development to prepare for a 2 day, 1 night off-site camping trip that includes canoeing on the Mayo River and rock-climbing at Pilot Mountain.

Contacts: Diane Schmidt 212-9587 dschmidt@wakegov.com or Andrew Meyer 250-3977 ameyer@wakegov.com

4-H Youth Development Teen Discovery

Teen Discovery is a life skills experience intended to engage adolescents age 12-19. The interactive series of lessons exposes youth to various positive youth development learning ecologies that are experiential in nature. 4-H staff members partner with a co-facilitator from the school or community that hosts the program. One of the goals of the project is to peak the youth's interest to transition their group into an official 4-H Club. Teen Discovery groups begin with 4-H staff facilitation and lead to co-facilitation by the group's volunteer leader. Teen Discovery can be facilitated in either school or community based settings depending on need.

Please call **Wake County 4-H Youth Development Office at 919-250-1100**

Teen Talk Program

Teen Talk is an adolescent pregnancy prevention initiative designed to bring together 4-H staff, volunteers and community partners who work with youth regarding sexual health issues that include: peer pressure, decision-making, contraceptive use, communication, etc. This program increases accessibility to honest, accurate sexual health information while utilizing comprehensive scientifically based curricula utilizing a multidisciplinary approach. The annual Teen Talk Lock-In is a Wake County 4-H signature event to bring together public health educators, peer educators, teens and parents in a fun and educational overnight setting to facilitate a dialog about sexual health, relationship building and other pertinent teen issues. *Contact: Tangela Keaton, (919) 212-9305*

tangela.keaton@wakegov.com

Community Mapping Assets Project

Community Mapping Assets Project (CMAP) places powerful tools in the hands of powerful youth in neighborhoods across Wake County. Participants gain marketable technology and life skills through hands on service learning projects that have a significant community impact. Youth are trained in survey techniques, Geographic Information Systems (GIS), global positioning systems (GPS), and presentation technologies and skills as well as making connections and problem solving skills. Each team of five to seven youth meets once a week to learn, plan, and implement neighborhood projects.

For more information, contact Ann Godwin at 919.250.3976 or Thomas Ray at 919.212.7835. Email inquiries may be directed to cmapwake@gmail.com



Wake County 4-H Youth Development Programs and Initiatives...

Fuquay Youth Initiative (FYI)

This initiative is a collaborative partnership that provides positive and comprehensive youth development activities during non-school hours to *middle school youth in Southern Wake County*. The focus areas include: increased community involvement, enhancing healthy behaviors, improving academic performance, and increasing commitment to school.

Contact: Chiffonda Holloway 557-5630 chiffonda.holloway@wakegov.com or Brandy Burnett program_coordinator4fyi@yahoo.com

Strengthening Families Program (SFP)

Strengthening Families Program is a science-based program that seeks to provide youth and families of Wake County with the most effective family-focused and parenting intervention strategies available. The goal of SFP is to reduce the potential for alcohol and other drug abuse, juvenile delinquency, and domestic violence. To be eligible the family must:

- Live in Wake County
- Have at least one child between 6-14 years of age

Groups currently meet from 5:30pm - 8:00pm at Cooperative Extension located at 4001-E Carya Drive in Raleigh for about 15 weeks in length. All family members can participate and healthy, family style meals are provided at each group. Transportation is also provided for those in need on a first come, first serve basis.

Contact: Deborah Hendren at 919-857-3840 or Deborah.Hendren@wakegov.com;

StrengtheningFamiliesProgram@wakegov.com

SuperSeed

The SuperSeed Prevention Program is a substance use prevention program that is provided to youth at existing school and community based sites throughout Wake County. Groups of youth meet with a trained youth development specialist once to twice weekly in the community for at least 3 months to work on important issues such as:

- Decision-making
- Stress management
- Communication skills
- Substance use education

Site coordinators select youth to participate in the SuperSeed Program.

Contact: Deborah Hendren at 919-857-3840 or Deborah.Hendren@wakegov.com

STEP (Student Tobacco Education Program) – formerly known as Synar

The STEP program is a program targeted to help reduce tobacco access among teens. Youth involved in the STEP program are in 7th grade or older and have a true interest in tobacco prevention and are ready to learn how to be an advocate in their local communities as tobacco merchant educators. These trained youth then use their new skills to:

- educate employees at stores about tobacco laws in North Carolina
- encourage managers, shop owners, and sales clerks to make a pledge to follow the laws
- provide the stores current signs and information on these laws

The youth also get trained in making GIS maps to share information about tobacco retailers and their levels of compliance.

Contacts:

Dan Bulatek 919-250-4534

Susan Foster 919-856-5358

Deborah Hendren 919-857-3840

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Youth Development Network

A network of community, faith based, and public service providers in the eastern region of Wake County whose primary purpose is to more effectively engage and deliver services and programs to families through relationship building, effective communication, and regional planning. Contact: Andrew Meyer 250-3977 ameyer@wakegov.com

Internship Opportunities Contact:

Gina Garcia-somuk,
Community Youth Development Director
4-H Youth Development
NCSU and NCA&T
NC Cooperative Extension, Wake County Center
919/ 231-5536 (voice)
919/250-1097 (fax)

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Volunteer Opportunities Contact:

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Extension Agent
4-H Youth Development
NCSU and NCA&T
NC Cooperative Extension, Wake County Center
(919) 250-1093 (voice mail)
919/250-1097 (fax)

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